

Advice of Umar Ibn Khattab (RA)

PodAdvice – Vol 2



Achieve Noble Character

Advice of Umar Ibn Khattab (RA)

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All praises are for Allah, the Exalted, Lord of the worlds, who has given us the inspiration, opportunity and strength to complete this volume. Blessings and peace be upon the Holy Prophet Muhammad whose path has been chosen by Allah, the Exalted, for the salvation of mankind.

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We pray that Allah, the Exalted, completes His favour on us and accepts each letter of this book in His august court and allows it to testify on our behalf on the Last Day.

All praise to Allah, the Exalted, Lord of the worlds and endless blessings and peace be upon the Holy Prophet Muhammad, on his blessed Household and Companions, may Allah be pleased with them all.

Compiler's Notes

We have tried diligently to do justice in this volume however if there are any short falls found then the compiler is personally and solely responsible for them.

We accept the possibility of faults and shortcomings in an effort to complete such a difficult task. We might have unconsciously stumbled and committed errors for which we ask for indulgence and forgiveness of our readers and the drawing of our attention thereto will be appreciated. We earnestly invite constructive suggestions which can be made to ShaykhPod.Books@gmail.com.

Introduction

The following short book discusses some Advice given by the Great Companion of the Holy Prophet Muhammad, peace and blessings be upon him, the Second Rightly Guided Caliph of Islam, Umar Ibn Khattab, may Allah be pleased with him.

Implementing the lessons discussed will aid a Muslim to Achieve Noble Character. According to the Hadith found in Jami At Tirmidhi, number 2003, the Holy Prophet Muhammad, peace and blessings be upon him, has advised that the heaviest thing in the Scales of Judgment Day will be Noble Character. It is one of qualities of the Holy Prophet Muhammad, peace and blessings be upon him, which Allah, the Exalted, complimented in Chapter 68 Al Qalam, Verse 4 of the Holy Quran:

“And indeed, you are of a great moral character.”

Therefore, it is a duty on all Muslims to gain and act on the teachings of the Holy Quran and the traditions of the Holy Prophet Muhammad, peace and blessings be upon him, in order to Achieve Noble Character.

Advice of Umar Ibn Khattab (RA)

When Umar Ibn Khattab, the Second Rightly Guided Caliph, may Allah be pleased with him, accepted Islam he convinced the Holy Prophet Muhammad, peace and blessings be upon him, to pray openly at the House of Allah, the Exalted, the Kaaba, in Mecca, with the Companions, may Allah be pleased with them. This was not possible to do before as their numbers and influence was too weak. The non-muslims of Mecca dared not to attack them when they saw Umar, may Allah be pleased with him, with them. After this the Holy Prophet Muhammad, peace and blessings be upon him, gave the title of Al Farooq to Umar, may Allah be pleased with him, meaning, the one who distinguishes between truth and falsehood. (Imam Al Asfahani, Hilyat Al Awliya, Number 63)

Muslims must strive to follow in his footsteps by adopting truthfulness in all aspects of their lives.

In a Hadith found in Jami At Tirmidhi, number 1971, the Holy Prophet Muhammad, peace and blessings be upon him, discussed the importance of truthfulness and avoiding lies. The first part advises that truthfulness leads to righteousness which in turn leads to Paradise. When a person persists on truthfulness they are recorded by Allah, the Exalted, as a truthful person.

It is important to note, that truthfulness has three levels. The first is when one is truthful in their intention and sincerity. Meaning, they act only for the sake of Allah, the Exalted, and do not benefit others for an ulterior motive, such as fame. This in fact is the foundation of Islam as every action is judged on one's intention. This is confirmed in a Hadith found in Sahih Bukhari, number 1. The next level is when one is truthful through their words. This in reality means they avoid all types of verbal sins not just lies. As the one who indulges in other verbal sins cannot be a real truthful person. An excellent way of achieving this is by acting on a Hadith found in Jami At Tirmidhi, number 2317, which advises that a person can only make their Islam excellent when they avoid getting involved in the things which do not concern them. The majority of verbal sins occur because a muslim discusses something which does not concern them. The final stage is truthfulness in actions. This is achieved through the sincere obedience of Allah, the Exalted, by fulfilling His commands, refraining from His prohibitions and being patient with destiny according to the traditions of the Holy Prophet Muhammad, peace and blessings be upon him, without cherry picking or misinterpreting the teachings of Islam which suit one's desires. They must adhere to hierarchy and priority order set by Allah, the Exalted, in all actions.

The consequences of the opposite of these levels of truthfulness namely, lying, according to the main Hadith under discussion, is that it leads to disobedience which in turn leads to the fire of Hell. When one persists on this attitude they will be recorded as a great liar by Allah, the Exalted.

Ali Bin Abu Talib, may Allah be pleased with him, once commented that the Companions, may Allah be pleased with them, believed that there was an Angel which spoke with the tongue of Umar Ibn Khattab, may Allah be pleased with him. (Imam Al Asfahani, Hilyat Al Awliya, Number 64)

This indicates the importance of only using one's speech in ways pleasing to Allah, the Exalted

In a Hadith found in Jami At Tirmidhi, number 2501, the Holy Prophet Muhammad, peace and blessings be upon him, declared that whoever is silent is saved.

This means the one who is silent from vain or evil speech and only speaks good words will be saved by Allah, the Exalted, in both worlds. This is important to understand as the main reason people will enter Hell is because of their speech. This has been warned in a Hadith found in Jami At Tirmidhi, number 2616. In fact, it only takes a single evil word to cause a person to plunge into Hell on Judgement Day which has been confirmed in a Hadith found in Jami At Tirmidhi, number 2314.

Speech can be of three types. The first is evil speech which should be avoided at all costs. The second is vain speech which only causes one to waste time which will lead to a great regret on Judgment Day. In addition,

the first step of sinful speech is often vain speech. So it is safer to avoid this type of speech. The final type is good speech which should always be adopted. Based on these aspects two thirds of speech should be removed from one's life.

In addition, the one who speaks too much will only reflect on their actions and the hereafter a little as this requires silence. This will prevent one from assessing their deeds which inspires one to perform more righteous deeds and sincerely repent from their sins. This person will then be prevented from changing for the better.

Finally, those who speak too much often discuss worldly things and things which are entertaining and fun. This will cause them to adopt a mentality whereby they dislike discussing or listening to serious issues like death and the hereafter. This will prevent them from preparing adequately for the hereafter which will lead to a great regret and a potential punishment.

All of this can be avoided if one simply remains silent from sinful and vain speech and instead only speaks good words. Therefore, the one who is silent in this way will be saved from trouble in this world and from punishment in the next world.

Ali Bin Abu Talib, may Allah be pleased with him, once commented that the Companions, may Allah be pleased with them, believed that there was an Angel which spoke with the tongue of Umar Ibn Khattab, may Allah be pleased with him. (Imam Al Asfahani, Hilyat Al Awliya, Number 64)

This indicates the importance of only using one's speech in ways pleasing to Allah, the Exalted. Chapter 4 An Nisa, verse 114:

“No good is there in much of their private conversation, except for those who enjoin charity or that which is right or conciliation between people. And whoever does that seeking means to the approval of Allah - then We are going to give him a great reward.”

In this verse Allah, the exalted, explains how people should conduct themselves when conversing with others so that they derive benefit for themselves and others. The first is that when muslims gather they should discuss how to benefit others which encompasses charity in the form of wealth and physical aid. If a muslim is not in a position to help a needy person then this is an excellent way of gaining reward equal to actually helping them. A Hadith found in Sahih Muslim, number 6800, advises that the one who inspires someone else towards good will be rewarded as if they performed the good action themselves. If one cannot aid someone in difficulty or inspire another to fulfill this task they can at least encourage others to supplicate for the one in need. Supplication for an absent person causes the Angels to pray for the supplicator. This has been advised in a Hadith found in Sunan Abu Dawud, number 1534. This mentality can

inspire the group to visit the needy person which provides them with emotional support. This has a powerful psychological impact and provides them with a new mode of strength when dealing with their hardship. The important thing to note is that when one mentions the situation of a needy person their intention must be to aid them in their hour of need. It should never be for the sake of passing time and making them a target of ridicule.

The second way to gain blessings is when one converses about anything lawful that will provide benefit to someone in this world or the next. This aspect includes advising others to do good and refrain from evil in every aspect of their life.

The third aspect mentioned in this verse involves conversing with others with a constructive mindset which brings people together in a positive way instead of possessing a destructive mindset which causes divisions within society. If a person cannot bring people together in a loving way then the minimum they can do is not cause divisions amongst them. Even this is recorded as a good deed when done for the pleasure of Allah, the Exalted. This has been indicated in a Hadith found in Sahih Bukhari, number 2518.

In fact, a Hadith found in Sunan Abu Dawud, number 4919, advises that reconciling between two opposing muslims for the pleasure of Allah, the Exalted, is superior to voluntary prayer and fasting. Every good thing found within society was the outcome of this pious attitude such as the construction of schools, hospitals and Mosques.

But it is important to note, that a muslim will only obtain the great reward mentioned in this verse when they perform the righteous deeds for the pleasure of Allah, the Exalted. Each person will be rewarded based on their intention not just their physical action. This is confirmed in a Hadith found in Sahih Bukhari, number 1. The insincere muslim will find that on Judgment Day they will be told to gain their reward from those who they acted for which will not be possible. This is confirmed in a Hadith found in Jami At Tirmidhi, number 3154.

***Umar Ibn Khattab, the Second Rightly Guided Caliph, may Allah be pleased with him, once said, "...You (people) were the most humiliated people on Earth and Allah, the Exalted, honoured you with His Holy Prophet Muhammad, peace and blessings be upon him. Whenever you seek honour in anything else, Allah, the Exalted, will humiliate you."* (Imam Al Asfahani, Hilyat Al Awliya, Number 69)**

In a Hadith found in Sunan Abu Dawud, number 4297, the Holy Prophet Muhammad, peace and blessings be upon him, warned that a day would soon come when other nations would attack the muslim nation and even though they would be great in number they would be deemed insignificant by the world. Allah, the Exalted, would remove the fear of muslims from the hearts' of the other nations. This would occur because of the muslim nation's love for the material world and their hatred for death.

The Companions, may Allah be pleased with them, were small in number yet, they overcame entire nations whereas the muslims today are greater in number yet, have no social or political influence in the world. This is because the Companions, may Allah be pleased with them, lived their lives according to the teachings of Islam thereby, favouring and preparing for the hereafter over enjoying the lawful pleasures of this world. Whereas, most of the muslims today have adopted the opposite mind-set. It is important to understand that the root of all sins is the love of the material world. This is because any sin which is committed is done out of love and desire for it. The material world can be split into four aspects: fame, fortune, authority and one's social life, such as their relatives and friends. It is in the excess pursuit of these things which lead to sins, such as earning unlawful wealth out of love for fortune. It is why a Hadith found in Jami At Tirmidhi, number 2376, warns that love for wealth and authority is more destructive to one's

faith than the destruction two hungry wolves would cause if they were let loose on a herd of sheep. Whenever people seek the excess of these aspects of the material world it always leads to disobedience of Allah, the Exalted. When this occurs the mercy of Allah, the Exalted, is removed which leads to nothing but trouble.

Even though, some muslims believe pursuing the excess things of the material world is harmless it is something the Holy Prophet Muhammad, peace and blessings be upon him, warned against in many Hadiths such as the one found in Sahih Bukhari, number 3158. He warned that he did not fear poverty for muslims. What he feared was that muslims would pursue the excess of this material world, such as excess wealth, and this would cause them to compete with each other over it and this would lead to their destruction. As warned in this Hadith this was the behaviour of the past nations.

As the material world is limited it is obvious that people would have to compete over it if they desired more than their necessities. This competition would cause them to adopt the characteristics which contradict the character of a true muslim, such as envy and enmity for others. They would stop caring for each other as they are too busy competing in gathering and hoarding the material world. And they would contradict the advice given in a Hadith found in Sahih Bukhari, number 6011, which advises that muslims should act like one body when any part of the body suffers from an illness the rest of the body shares in the pain. This competition would drive a muslim to stop loving for others what they love for themselves which is a characteristic of a true believer according to a Hadith found in Jami At Tirmidhi, number 2515, as they desire to outdo their fellow muslims in worldly things. Persisting on this competition will cause a muslim to love,

hate, give and withhold all for the sake of the material world instead of for the sake of Allah, the Exalted, which is an aspect of perfecting one's faith according to a Hadith found in Sunan Abu Dawud, number 4681. This competition is the difference between the Companions, may Allah be pleased with them, and many of the muslims today.

If muslims desire to regain the strength and influence Islam once had they must strive and prioritise preparing for the hereafter over striving for obtaining and hoarding the excess of this material world. This must occur from an individual level until it affects the whole nation.

***Umar Ibn Khattab, the Second Rightly Guided Caliph, may Allah be pleased with him, once said, "...You (people) were the most humiliated people on Earth and Allah, the Exalted, honoured you with His Holy Prophet Muhammad, peace and blessings be upon him. Whenever you seek honour in anything else, Allah, the Exalted, will humiliate you."* (Imam Al Asfahani, Hilyat Al Awliya, Number 69)**

Even though the number of muslims have increased over time it is obvious that the strength of muslims has only decreased. Each muslim irrespective of the strength of their faith believes in the authenticity of the Holy Quran as doubting it would cause them to lose their faith. In the following verse Allah, the Exalted, has given the key to obtaining superiority and success which would remove the weakness and grief muslims are experiencing all around the world. Chapter 3 Alee Imran, verse 139:

"So do not weaken and do not grieve, and you will be superior if you are [true] believers."

Allah, the Exalted, has made it clear that muslims only need to become true believers in order to achieve this superiority and success in both worlds. True belief involves fulfilling the commands of Allah, the Exalted, refraining from His prohibitions and facing destiny with patience according to the traditions of the Holy Prophet Muhammad, peace and blessings be upon him. This includes the duties towards Allah, the Exalted, and those towards people, such as loving for others what one loves for themselves which has been advised in a Hadith found in Jami At Tirmidhi, number 2515. This requires one to learn and act on Islamic teachings. Through this attitude

was success and superiority granted to the Companions, may Allah be pleased with them. And if muslims desire to achieve it then they must return to this rightly guided attitude. As muslims believe in the Holy Quran they should understand this simple teaching and act on it.

***Umar Ibn Khattab, the Second Rightly Guided Caliph, may Allah be pleased with him, once visited Syria during his reign. He was advised to ride a ceremonial horse in order to meet with the elite of society. He replied, "I do not agree with you here," and then pointed towards his camel and said, "the truth resides there, make way for my camel."
(Imam Al Asfahani, Hilyat Al Awliya, Number 70)***

Umar, may Allah be pleased with him, understood the correct definitions of success and failure, honour and disgrace, as he did not measure these things according to worldly standards.

Greatness and true success is not connected to worldly things, such as wealth or fame. A person may obtain some worldly success through these things but it is quite obvious if one turns the pages of history that this type of success is very temporary and it eventually becomes a burden and regret for a person. A muslim should never believe that superiority lies in these things thereby dedicating themselves to obtaining them while neglecting their duties to Allah, the Exalted, and the creation. Nor should they look down at others who do not possess these worldly things believing they have no value or significance as this attitude contradicts the teachings of Islam. In fact, the Holy Prophet Muhammad, peace and blessings be upon him, has advised in a Hadith found in Sahih Bukhari, number 6071, that the people of Paradise are those who are considered insignificant by society and concluded that if they took an oath on something Allah, the Exalted, would fulfil it for them.

True honour, success and greatness in this world and the next only lies in piety. So the more one sincerely strives to fulfil the commands of Allah, the Exalted, refrain from His prohibitions and faces destiny with patience according to the traditions of the Holy Prophet Muhammad, peace and blessings be upon him, the greater they are even if they appear insignificant to society. Chapter 49 Al Hujurat verse 13:

“...Indeed, the most noble of you in the sight of Allah is the most righteous of you...”

A muslim should therefore search for true success in this and not waste their time and efforts in searching for it in worldly things otherwise they may well reach the hereafter a great loser. Chapter 18 Al Kahf, verses 103-104:

“Say, “Shall we [believers] inform you of the greatest losers as to [their] deeds? [They are] those whose effort is lost in worldly life, while they think that they are doing well in work.””

***Umar Ibn Khattab, the Second Rightly Guided Caliph, may Allah be pleased with him, once visited Syria during his reign. He was advised to ride a ceremonial horse in order to meet with the elite of society. He replied, "I do not agree with you here," and then pointed towards his camel and said, "the truth resides there, make way for my camel."
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Umar, may Allah be pleased with him, understood the correct definitions of success and failure, honour and disgrace, as he did not measure these things according to worldly standards.

It is important for muslims to understand that they should not define a situation as good or bad according to worldly definitions. For example, according to a worldly definition being wealthy is good whereas being poor is bad. Instead, muslims should ascribe good and bad to events and things according to the teachings of Islam. Meaning, anything which takes one closer to the obedience of Allah, the Exalted, in the form of fulfilling His commands, refraining from His prohibitions and by facing destiny with patience, is good even if it is seen as bad from a worldly point of view. And anything which takes one away from the obedience of Allah, the Exalted, is bad even if it appears good.

There are many examples throughout the teachings of Islam which demonstrate this. For example, Qarun was an extremely wealthy person who lived in the time of the Holy Prophet Mosa, peace be upon him. Many people then and now may consider his wealth to be a good thing but as it

led him to pride it became a means of his destruction. So in his case being wealthy was a bad thing. Chapter 28 Al Qasas, verses 79-81.

“So he came out before his people in his adornment. Those who desired the worldly life said, “Oh, would that we had like what was given to Qārūn. Indeed, he is one of great fortune. But those who had been given knowledge said, “Woe to you! The reward of Allah is better for he who believes and does righteousness. And none are granted it except the patient.” And We caused the earth to swallow him and his home. And there was for him no company to aid him other than Allah, nor was he of those who [could] defend themselves.”

On the other hand, the third rightly guided Caliph of Islam, Usman Bin Affan, may Allah be pleased with him, was also wealthy yet he used his wealth in the correct way. In fact, once after donating a large amount of wealth he was told by the Holy Prophet Muhammad, peace and blessings be upon him, that nothing could harm his faith after that day. This has been indicated in a Hadith found in Jami At Tirmidhi, number 3701. So in his case wealth was a good thing.

To conclude, a muslim should remember that every difficulty they face has wisdoms behind it even if they do not observe them. So they should not believe something is good or bad from a worldly point of view. Meaning, if the thing encourages them towards the obedience of Allah, the Exalted, then it is good even if it looks bad. Chapter 2 Al Baqarah, verse 216:

“...But perhaps you hate a thing and it is good for you; and perhaps you love a thing and it is bad for you. And Allah knows, while you know not.”

Talha, may Allah be pleased with him, once observed Umar Ibn Khattab, may Allah be pleased with him, leaving his house secretly at night. He then followed him and observed that Umar, may Allah be pleased with him, entered a house and shortly after left it. Talha, may Allah be pleased with him, visited the house the next day and found that Umar, may Allah be pleased with him, had been secretly aiding a poor and old blind woman with her daily chores. (Imam Al Asfahani, Hilyat Al Awliya, Number 71)

Generally speaking, this indicates the importance of aiding the needy.

This includes all types of aiding others not just financial aid. Any type of lawful need of others should be fulfilled according to one's strength and if a Muslim finds they cannot provide this aid then they should direct the needy person to someone who can help them. This will ensure they gain the same reward as the one who aids the needy person. This is confirmed in a Hadith found in Jami At Tirmidhi, number 2671. Muslims must sincerely aid others in ways which benefit them solely for the pleasure of Allah, the Exalted, without desiring any payback from people as this only leads to their reward being cancelled. Chapter 2 Al Baqarah, verse 264:

“O you who have believed, do not invalidate your charities with reminders [of it] or injury...”

Simply put, if a Muslim desires the aid of Allah, the Exalted, in their moment of need then they must strive to aid others when they are in need. This has been advised in a Hadith found in Sunan Abu Dawud, number 4893. But those who turn away from helping others may well be left stranded in their time of need.

If Muslims desire to demonstrate true gratitude to Allah, the Exalted, so that they receive an increase in blessings then they must use the blessings they already possess correctly as prescribed by Islam. Chapter 14 Ibrahim, verse 7:

“And [remember] when your Lord proclaimed, 'If you are grateful, I will surely increase you [in favor]...”

An aspect of this is helping the needy with whatever one possesses such as good advice.

One should understand a vital point which will prevent them from becoming proud. Namely, the help they offer the needy is not innately theirs. It was created and therefore belongs to Allah, the Exalted, and they must therefore use it according to the wishes of the true owner by helping the needy. In reality, the needy are doing their helper a favor as they will receive reward from Allah, the Exalted. If there was no one in need people would lose out on this method of gaining much reward.

Umar Ibn Khattab, the Second Rightly Guided Caliph, may Allah be pleased with him, once passed a trash dump and stood there, pondering. When he noticed his companions disliked what he was doing he said, "This is the world you care so much for and love to hoard. This is the outcome of what you trust most and rely upon for you needs!" (Imam Al Asfahani, Hilyat Al Awliya, Number 72)

It is important to note, the material world which one should detach from actually refers to one's desires. It does not refer to the physical world, such as the mountains. This is indicated by chapter 3 Alee Imran, verse 14:

"Beautified for people is the love of that which they desire - of women and sons, heaped-up sums of gold and silver, fine branded horses, and cattle and tilled land. That is the enjoyment of worldly life, but Allah has with Him the best return [i.e., Paradise]."

These things are connected to the desires of people and by them one becomes distracted from preparing for the hereafter. When one abstains from their desires they are in fact detaching from the material world. This is why a muslim who does not possess worldly things can still be regarded a worldly person because of their inner desire and love for it. Whereas, a muslim who possesses worldly things, like some of the righteous predecessors, can be considered detached from the material world as they do not desire and occupy their minds, hearts and actions with them. Instead they desire lies in the eternal hereafter.

The first level of abstinence is turning away from unlawful and vain desires which are not connected to the pleasure of Allah, the Exalted. This person busies themselves in fulfilling their duties and responsibilities all the while focusing on the hereafter. They turn away from things and people who prevent them from fulfilling this important deed.

The next stage of abstinence is when one takes only the things they need from the material world in order to fulfil their necessities and responsibilities. They do not occupy their time on things which will not derive them benefit in the next world. This is the advice given by the Holy Prophet Muhammad, peace and blessings be upon him, in a Hadith found in Sahih Bukhari, number 6416. He advised a muslim to live in this material world as a stranger or a traveller. Both types of people will only take what they need from the material world in order to reach their destination meaning, the hereafter safely. A muslim can achieve this by understanding how close their death and departure to the hereafter is. Not only can death pounce on a person at any time but even if one lives a long life it seems as though it passed in a moment. By realising this reality one sacrifices the moment for the sake of the eternal hereafter. Shortening one's hope for a long life in this material world will encourage them to perform righteous deeds, sincerely repent from their sins and prioritise preparing for the hereafter over all else. The one who hopes for a long life will be inspired to behave in the opposite manner.

The one who is truly abstinent in the material world neither blames it nor praises it. They do not rejoice when they gain it nor do they grieve when it passes them by. The mind of this pious muslim is too focused on the eternal hereafter to greedily notice the small material world.

Abstinence consists of several different levels. Some muslims abstain in order to free their hearts of every vain and useless occupation so that they can fully concentrate on obeying Allah, the Exalted, and fulfil their responsibilities towards people. According to the Hadith found in Sunan Ibn Majah, number 257, the one who behaves in such a manner will find that Allah, the Exalted, will suffice them by taking care of their worldly issues. But the one who is only concerned with worldly things will be left to their devices and will find nothing but destruction. This is why it is been said that the one who pursues the excess of this material world, such as excess wealth, will find that the minimal effect it has on them is that it distracts them from the remembrance and obedience of Allah, the Exalted. This is still true even if a person commits no sins in their pursuit of the excess aspects of the material world.

Some abstain from the world in order to lighten their accountability on the Day of Judgement. The more one possesses the more they will be held accountable. In fact, whoever has their deeds scrutinised by Allah, the Exalted, on Judgement Day will be punished. This has been warned in a Hadith found in Sahih Bukhari, number 6536. The lighter one's accountability the less likely this will occur. It is why the Holy Prophet Muhammad, peace and blessings be upon him, warned in a Hadith found in Sahih Bukhari, number 6444, that those who possess plenty in the world will possess very little good on the Day of Rising except for those who dedicated their belongings and wealth in ways pleasing to Allah, the Exalted, but these are a few in number. This long accountability is the reason why each person, rich or poor, will wish on the Day of Judgement that they were only given their daily provision during their lives on Earth. This has been confirmed in Hadith found in Sunan Ibn Majah, number 4140.

Some muslims abstain from the excess of this material world out of desire for Paradise which will make up for losing out on the pleasures of this material world.

Some abstain from the excess of the material world out of fear of Hell. They rightfully believe that the more one indulges in the excess of this material world the closer they are to the unlawful, which leads to Hell. This has been warned in a Hadith found in Jami At Tirmidhi, number 1205. In fact, it is why the Holy Prophet Muhammad, peace and blessings be upon him, advised in a Hadith found in Sunan Ibn Majah, number 4215, that a muslim will not become pious until they abstain from something which is not a sin out of fear it may lead to a sin.

The highest degree of abstinence is to understand and act on what Allah, the Exalted, desires from His servants which has been mentioned throughout the Holy Quran and the Hadiths of the Holy Prophet Muhammad, peace and blessings be upon him. Namely, to abstain from the excess of the material world out of servanthood to Allah, the Exalted, knowing that their Lord does not like the material world. Allah, the Exalted, has condemned the excess of this material world and has belittled its worth. These pious servants were embarrassed that their Lord should see them inclining towards something which He dislikes. These are the greatest servants as they only act according to the wishes of their Lord even when they are given an opportunity to enjoy the lawful luxuries of this world. This is the very reason why the Holy Prophet Muhammad, peace and blessings be upon him, chose poverty even though he was offered the treasuries of

the Earth. This has been advised in a Hadith found in Sahih Bukhari, number 6590. The Holy Prophet Muhammad, peace and blessings be upon him, chose this as he knew it was what Allah, the Exalted, desired for His servants. As Allah, the Exalted, disliked the material world the Holy Prophet, peace and blessings be upon him, rejected it out of love for His Lord. How can a true servant love and indulge in what their Lord dislikes?

Umar Ibn Khattab, the Second Rightly Guided Caliph, may Allah be pleased with him, once passed a trash dump and stood there, pondering. When he noticed his companions disliked what he was doing he said, "This is the world you care so much for and love to hoard. This is the outcome of what you trust most and rely upon for you needs!" (Imam Al Asfahani, Hilyat Al Awliya, Number 72)

One must adopt the correct perception and understanding in respect to this world and hereafter in order to understand this truth.

In a Hadith found in Sunan Ibn Majah, number 4108, the Holy Prophet Muhammad, peace and blessings be upon him, advised that the material world compared to the hereafter is like a drop of water compared to an ocean.

In reality, this parable was given in order for people to understand how small the material world is compared to the hereafter. But in reality they cannot be compared as the material world is temporal whereas the hereafter is eternal. Meaning, the limited cannot be compared to the unlimited. The material world can be split into four categories: fame, fortune, authority and one's social life, such as their family and friends. No matter what worldly blessing one obtains which falls within these groups it will always be imperfect, transient and death will cut a person off from the blessing. On the other hand, the blessings in the hereafter are lasting and perfect. So in this respect the material world is no more than a drop compared to an endless ocean.

In addition, a person is not guaranteed to experience a long life in this world as the time of death is unknown. Whereas, everyone is guaranteed to experience death and reach the hereafter. So it is foolish to strive for a day, such as one's retirement, which they may never reach over striving for the hereafter which they are guaranteed to reach.

This does not mean one should abandon the world as it is a bridge which must be crossed in order to reach the hereafter safely. Instead, a muslim should take from this material world enough to fulfill their necessities and the necessities of their dependents according to the teachings of Islam without waste, excessiveness or extravagance. And then dedicate the rest of their efforts in preparing for the eternal hereafter by fulfilling the commands of Allah, the Exalted, refraining from His prohibitions and by facing destiny with patience according to the teachings of Islam.

An intelligent person will not prioritize the drop of water over an endless ocean and an intelligent muslim would not prioritize the temporal material world over the eternal hereafter.

Umar Ibn Khattab, the Second Rightly Guided Caliph, may Allah be pleased with him, once passed a trash dump and stood there, pondering. When he noticed his companions disliked what he was doing he said, "This is the world you care so much for and love to hoard. This is the outcome of what you trust most and rely upon for you needs!" (Imam Al Asfahani, Hilyat Al Awliya, Number 72)

One must adopt the correct perception and understanding in respect to this world and hereafter in order to understand this truth.

It is important for muslims to develop the correct perception so that they can increase their obedience to Allah, the Exalted, which involves fulfilling His commands, refraining from His prohibitions and facing destiny with patience. This is what the righteous predecessors possessed and it encouraged them to avoid the excess luxuries of the material world and instead prepare for the hereafter. This is an important characteristic to possess and it can be explained with a worldly example. Two people are extremely thirsty and come across a cup of murky water. They both desire to drink it even though it is not pure and even if it means they have to argue over it. As their thirst grows the more focused on the cup of murky water they become to the point they lose focus on everything else. But if one of them shifted their focus and observed a river of pure water which was only a short distance ahead they would immediately lose focus on the cup of water to the point they would no longer care about it and no longer argue over it. And instead they would endure their thirst patiently knowing a river of pure water is close. The person who is unaware of the river would probably believe the other person is crazy after observing their change in attitude. This is the case of the two types of people in this world. One group greedily focuses on the material world. The other group has shifted their

focus to the hereafter and the pure and eternal blessings therein. When one shifts their focus to the bliss of the hereafter worldly problems do not seem like such a big deal. Therefore, patience becomes easier to adopt. But if one keeps their focus on this world then it will seem like everything to them. They will argue, fight, love and hate for it. Just like the person in the example mentioned earlier who only focuses on the cup of murky water.

This correct perception is only achieved through gaining and acting on Islamic knowledge found within the Holy Quran and the traditions of the Holy Prophet Muhammad, peace and blessings be upon him. Chapter 41 Fussilat, verse 53:

“We will show them Our signs in the horizons and within themselves until it becomes clear to them that it is the truth...”

Umar Ibn Khattab, the Second Rightly Guided Caliph, may Allah be pleased with him, was once advised to lead a more comfortable life. He replied by mentioning the difficult and simple lives of the Holy Muhammad, peace and blessings be upon him, and the Companions, may Allah be pleased with them, who had already passed away and then said, "By Allah, the Exalted, I said to myself that if I could share with them some of their hardships in this world then perhaps I could share with them some of their comforts in the hereafter." (Imam Al Asfahani, Hilyat Al Awliya, Number 74)

Umar, may Allah be pleased with him, understood that if he chose a path other than theirs he would not end up with them in the hereafter.

Every muslim openly declares that they desire the companionship of the Holy Prophet Muhammad, peace and blessings be upon him, the other Holy Prophets, peace be upon him them, and the Companions, may Allah be pleased with them, in the hereafter. They often quote the Hadith found in Sahih Bukhari, number 3688, which advises that a person will be with those they love in the hereafter. And because of this they openly declare their love for these righteous servants of Allah, the Exalted. But it is strange how they desire this outcome and claim love for the Holy Prophet Muhammad, peace and blessings be upon him, yet they barely know him as they are too busy to study his life, character and teachings. This is foolish as how can one truly love someone they do not even know?

In addition, when these people are asked for proof of their love for the Holy Prophet Muhammad, peace and blessings be upon him, on Judgment Day

what will they say? What will they present? The proof of this declaration is studying and acting on the life, character and teachings of the Holy Prophet Muhammad, peace and blessings be upon him. A declaration without this evidence will not be accepted by Allah, the Exalted. This is quite obvious as no one understood Islam better than the Companions, may Allah be pleased with them, did and this was not their attitude. They declared love for the Holy Prophet Muhammad, peace and blessings be upon him, and supported their claim through actions by following in his footsteps. This is why they will be with him in the hereafter.

Those who believe love is in the heart and does not require it to be shown through actions is as foolish as the student who hands back a blank exam paper to their teacher claiming that knowledge is in their mind so they do not need to practically write it down on paper and then still expects to pass.

The one who behaves in such a manner does not love the righteous servants of Allah, the Exalted, only their own desires and they have undoubtedly been fooled by the Devil.

Finally, it is important to note that members of other religions also claim love for their Holy Prophets, peace be upon them. But as they failed to follow in their footsteps and act on their teachings they will certainly not be with them on Judgment Day. This is quite obvious if one ponders over this fact for a moment.

Umar Ibn Khattab, the Second Rightly Guided Caliph, may Allah be pleased with him, once said, "I do not care about the pleasures of this world. I eat the most inferior of food when I am hungry...I want to save my pleasures and comfort for the hereafter as I have heard Allah, the Exalted, say in chapter 46 Al Ahqaf, verse 20:

"... You exhausted your pleasures during your worldly life and enjoyed them..." (Imam Al Asfahani, Hilyat Al Awliya, Number 76)

In a Hadith found in Jami At Tirmidhi, number 2377, the Holy Prophet Muhammad, peace and blessings be upon him, declared that he was not concerned over the excess of this material world and his example in this world is of a rider who takes a short rest under the shade of a tree and then leaves it behind by moving on.

In reality, each person is a traveller who stays in this world for a very limited time compared to where they came from meaning, the world of the souls and to where they are heading which is the eternal hereafter. In fact, this world in comparison is like waiting at a bus stop. In this Hadith this world has been compared to a shadow. This is because a shadow does not last long and fades away quickly without people even taking notice which is exactly how a person's days and nights pass away. The Holy Prophet Muhammad, peace and blessings be upon him, did not mention a traveller's inn or a hotel as these are solid structures which indicate permanence. A fading shadow better describes this material world. This is because no matter how old a person is they always admit that their life flashed by and felt like a moment. Chapter 79 An Naziat, verse 46:

“It will be, on the Day they see it (Judgment Day), as though they had not remained [in the world] except for an afternoon or a morning thereof.”

The Holy Prophet Muhammad, peace and blessings be upon him, indicated a rider not someone walking as the one who is walking would rest more under the shade of the tree than a rider. This further indicates the limited time people spend in this world.

Taking a rest in the shade indicates the importance of one correctly using the material world in order to obtain the provisions they need just like the rider takes the provision they need namely, rest. A muslim should therefore prepare for their immediate departure from this world by preparing for the hereafter by fulfilling the commands of Allah, the Exalted, refraining from His prohibitions and by facing destiny with patience.

This does not mean one should abandon this world as this Hadith clearly indicates one should make use of the material world in order to prepare for the hereafter. The rider takes a rest and muslims must gather the things which will benefit them in the hereafter instead of dedicating their time to unnecessary things which will leave them empty handed on Judgment Day. Chapter 89 Al Fajar, verses 23-24:

“And brought [within view], that Day, is Hell - that Day, man will remember, but how [i.e., what good] to him will be the remembrance? He will say, "Oh, I wish I had sent ahead [some good] for my life.”

Umar Ibn Khattab, the Second Rightly Guided Caliph, may Allah be pleased with him, once said, "I reflected and realized that if I desired comfort in this world, I would harm my lasting comfort in the next world. And if I desired the hereafter, I must renounce (the excess) comfort in this world. Therefore, I decided to renounce the temporary abode. If you agree with this then do the same as it is surely better to endure a little discomfort in this life (for the sake of the permanent hereafter)." (Imam Al Asfahani, Hilyat Al Awliya, Number 79)

When people, irrespective of their faith, go on holiday they only pack the things they need and maybe a little extra but they try to avoid over packing. Even the amount of money they take with them they limit in respect to their stay abroad. When they arrive they often stay in a hotel which usually has the main necessities of living with a few extras. If they believe they will never return to the same destination in the future they will never buy a house as they will claim they stay is short and they will not return. They do not get a job during their holiday claiming that they stay is short so they do not need to earn more money. They do not get married nor have children claiming the holiday destination is not their homeland where they would get married and have children. Generally speaking, this is the attitude and mind-set of holiday makers.

It is strange how muslims truly believe they will depart from this world soon meaning, they stay in the world is temporary just like being on holiday, and they believe their stay in the hereafter will be permanent yet, they do not adequately prepare for it. If they truly realised the short time they have, similarly to a holiday, they would not dedicate too much effort on their homes and instead be content with a simple home just like the traveller who is content with a simple hotel. So in reality, this world is like the holiday

destination in the example yet, muslims do not treat it like one. Instead, they dedicate the majority of their efforts in beautifying their world while neglecting the eternal hereafter. It is sometimes hard to believe some muslims actually believe in the permanent hereafter when one observes the amount of effort they dedicate to the temporal world. Muslims should therefore strive in preparing for the hereafter by fulfilling the commands of Allah, the Exalted, refraining from His prohibitions and by facing destiny with patience while being pleased with obtaining and utilising the necessities of this world. It is why the Holy Prophet Muhammad, peace and blessings be upon him, advised muslims to live in this world as travellers in a Hadith found in Sahih Bukhari, number 6416. They should not take this world as a permanent home and instead treat it like a holiday destination.

Umar Ibn Khattab, the Second Rightly Guided Caliph, may Allah be pleased with him, once said, "I reflected and realized that if I desired comfort in this world, I would harm my lasting comfort in the next world. And if I desired the hereafter, I must renounce (the excess) comfort in this world. Therefore, I decided to renounce the temporary abode. If you agree with this then do the same as it is surely better to endure a little discomfort in this life (for the sake of the permanent hereafter)." (Imam Al Asfahani, Hilyat Al Awliya, Number 79)

Some muslims often claim that one's faith and the material world need to walk hand in hand with each other without a person being extreme in either. It is strange how most of those who claim this and use this statement as a way to enjoy the lawful luxuries and pleasures of this world do not truly understand nor adhere to it. This statement is true but applies to those worldly and religious matters which are pleasing to Allah, the Exalted. For example, occasionally exercising in order to keep the body healthy which is a trust given to a person. It does not mean one can enjoy the lawful pleasures of this world in excess while neglecting following the footsteps of the Holy Prophet Muhammad, peace and blessings be upon him, by gaining and acting on Islamic knowledge even if they fulfil the standard obligatory duties. As gaining knowledge in itself is a duty on all muslims according to a Hadith found in Sunan Ibn Majah, number 224.

In addition, walking hand in hand would suggest that one dedicates equal attention, effort and time to each thing. How many muslims can honestly say that they dedicate equal effort, energy and time to the material world and preparing for the hereafter? If they do not, and most do not, then how exactly are they fulfilling this statement?

A muslim should not fool themselves as their time on Earth is limited and they will not be given a second chance once they depart from it. Therefore, they should honestly strive to fulfil this statement by at least dedicating equal time, effort and energy to both the material world and preparing for the hereafter. It is important to note, that some would argue that treating a temporary abode and an everlasting abode equal is not wise.

Umar Ibn Khattab, the Second Rightly Guided Caliph, may Allah be pleased with him, once advised his governor, Abu Musa Al Ash'ari, may Allah be pleased with him, and said, "The most pleased of governors in the hereafter is the one whose people were pleased with him, in this world. The most wretched of governors on Judgement Day is the one whose people had suffered under him in this world. Beware in delaying to serve your people..." (Imam Al Asfahani, Hilyat Al Awliya, Number 80)

In a Hadith found in Sahih Muslim, number 4721, the Holy Prophet Muhammad, peace and blessings be upon him, advised that those who acted with justice will be sitting on thrones of light close to Allah, the Exalted, on Judgment Day. This includes those who are just in their decisions in respect to their families and those under their care and authority.

It is important for muslims to always act with justice in all occasions. One must show justice to Allah, the Exalted, by fulfilling His commands, refraining from His prohibitions and by facing destiny with patience. They must use all the blessings they have been granted in the correct way according to the teachings of Islam. This includes being just to their own body and mind by fulfilling their rights of food and rest as well as using each limb according to its true purpose. Islam does not teach muslims to push their body and minds beyond their limits thereby causing themselves harm.

One should be just in respect to people by treating them how they wish to be treated by others. They should never compromise on the teachings of Islam by committing injustice to people in order to obtain worldly things. This will be a major cause of people entering Hell which has been indicated in a Hadith found in Sahih Muslim, number 6579.

They should remain just even if it contradicts their desires and the desires of their loved ones. Chapter 4 An Nisa, verse 135:

“O you who have believed, be persistently standing firm in justice, witnesses for Allah, even if it be against yourselves or parents and relatives. Whether one is rich or poor, Allah is more worthy of both.¹ So follow not [personal] inclination, lest you not be just...”

One must be just towards their dependents by fulfilling their rights and necessities according to the teachings of Islam which has been advised in a Hadith found in Sunan Abu Dawud, number 2928. They should not be neglected nor handed over to others such as school and Mosque teachers. A person should not take on this responsibility if they are too lazy to act with justice in regards to them.

To conclude, no person is free of acting with justice as the minimum is acting with justice in respect to Allah, the Exalted, and oneself.

Umar Ibn Khattab, the Second Rightly Guided Caliph, may Allah be pleased with him, once advised his governor, Abu Musa Al Ash'ari, may Allah be pleased with him, and said, "When one's intention is sincere to Allah, the Exalted, He will suffice his needs, protect him and guide him in his dealings with the public..." (Imam Al Asfahani, Hilyat Al Awliya, Number 81)

In a Hadith found in Sahih Muslim number 196, the Holy Prophet Muhammad, peace and blessings be upon him, advised that Islam is sincerity towards Allah, the Exalted.

Sincerity towards Allah, the Exalted, includes fulfilling all the duties given by Him in the form of commands and prohibitions, solely for His pleasure. As confirmed in a Hadith found in Sahih Bukhari, number 1, all will be judged by their intention. So if one is not sincere towards Allah, the Exalted, when performing good deeds they will gain no reward in this world or in the next. In fact, according to a Hadith found in Jami At Tirmidhi, number 3154, those who performed insincere deeds will be told on Judgement Day to seek their reward from those who they acted for, which will not be possible. Chapter 98 Al Bayyinah, verse 5.

"And they were not commanded except to worship Allah, [being] sincere to Him in religion....."

If one is lax in fulfilling their duties towards Allah, the Exalted, it proves a lack of sincerity. Therefore, they should sincerely repent and struggle to fulfil them all. It is important to bear in mind Allah, the Exalted, never burdens one with duties they cannot perform or handle. Chapter 2 Al Baqarah, verse 286.

"Allah does not charge a soul except [with that within] its capacity...."

Being sincere towards Allah, the Exalted, means that one should always choose His pleasure over the pleasure of themselves and others. A Muslim should always give priority to those actions which are for the sake of Allah, the Exalted, over all else. One should love others and dislike their sins for the sake of Allah, the Exalted, and not for the sake of their own desires. When they help others or refuse to take part in sins it should be for the sake of Allah, the Exalted. The one who adopts this mentality has perfected their faith. This is confirmed in a Hadith found in Sunan Abu Dawud, number 4681.

Umar Ibn Khattab, the Second Rightly Guided Caliph, may Allah be pleased with him, once said, "Patience is the healthiest ingredient in life." (Imam Al Asfahani, Hilyat Al Awliya, Number 82)

A Hadith found in Musnad Ahmad, number 2803, advises that being patient over the things one dislikes leads to a great reward. Chapter 39 Az Zumar, verse 10:

"...Indeed, the patient will be given their reward without account [i.e., limit]."

Patience is a key element required in order to fulfil the three aspects of faith: fulfilling the commands of Allah, the Exalted, refraining from His prohibitions and facing destiny. But a higher and more rewarding level than patience is contentment. This is when a muslim deeply believes that Allah, the Exalted, only chooses the best for His servants and they therefore prefer His choice over their own. Chapter 2 Al Baqarah, verse 216:

"...But perhaps you hate a thing and it is good for you; and perhaps you love a thing and it is bad for you. And Allah knows, while you know not."

A patient muslim understands that anything which effected them, such as a difficulty, could not have been avoided even if the entire creation aided

them. Similarly, whatever missed them could not have affected them. The one who truly accepts this fact will not exult and grow proud over anything they obtain knowing Allah, the Exalted, allocated that thing to them. Nor will they grieve over anything which they fail to obtain knowing Allah, the Exalted, did not allocate that thing to them and nothing in existence can alter this fact. Chapter 57 Al Hadid, verses 22-23:

“No disaster strikes upon the earth or among yourselves except that it is in a register¹ before We bring it into being - indeed that, for Allah, is easy. In order that you not despair over what has eluded you and not exult [in pride] over what He has given you...”

In addition, the Holy Prophet Muhammad, peace and blessings be upon him, has advised in a Hadith found in Sunan Ibn Majah, number 79, that when something occurs a muslim should firmly believe it was decreed and nothing could have changed the outcome. And a muslim should not have regrets believing they could have prevented the outcome if they somehow behaved differently as this attitude only causes the Devil to encourage them towards impatience and complaining about destiny. A patient muslim truly understands that whatever Allah, the Exalted, has chosen is best for them even if they do not observe the wisdom behind it. The one who is patient does desire a change in their situation and even supplicates for it but they do not complain about what has occurred. Being persistently patient can lead a muslim to a greater level namely, contentment.

The one who is content does not desire things to change as they know the choice of Allah, the Exalted, is better than their choice. This muslim firmly

believes and acts on the Hadith found in Sahih Muslim, number 7500. It advises that every situation is best for the believer. If they encounter a problem they should show patience which leads to blessings. And if they experience times of ease they should show gratitude which also leads to blessings.

It is important to know that Allah, the Exalted, tests those He loves. If they show patience they will be rewarded but if they are angered it only proves their lack of love for Allah, the Exalted. This is confirmed in a Hadith found in Jami At Tirmidhi, number 2396.

A muslim should be patient or content with the choice and decree of Allah, the Exalted, in both times of ease and hardship. This will reduce one's distress and provide them with much blessings in both worlds. Whereas, impatience will only destroy the reward they could have received. Either way a muslim will go through the situation decreed by Allah, the Exalted, but it is their choice whether they desire reward or not.

A muslim will never reach full contentment until they behaviour is equal in times of difficulty and ease. How can a true servant go to the Master namely, Allah, the Exalted, for a judgment and then become unhappy if the choice does not match their desire. There is a real possibility that if a person gets what they desire it will destroy them. Chapter 2 Al Baqarah, verse 216:

“...But perhaps you hate a thing and it is good for you; and perhaps you love a thing and it is bad for you. And Allah knows, while you know not.”

A muslim should not worship Allah, the Exalted, on the edge. Meaning, when the divine decree matches their wishes they praise Allah, the Exalted. And when it does not they become annoyed acting as if they know better than Allah, the Exalted. Chapter 22 Al Hajj, verse 11:

“And of the people is he who worships Allah on an edge. If he is touched by good, he is reassured by it; but if he is struck by trial, he turns on his face [to unbelief]. He has lost [this] world and the Hereafter. That is what is the manifest loss.”

A muslim should behave with the choice of Allah, the Exalted, as if they would behave with a skilled trustworthy doctor. The same way a muslim would not complain taking bitter medicine prescribed by the doctor knowing it is best for them they should accept the difficulties they face in the world knowing it is best for them. In fact, a sensible person would thank the doctor for the bitter medicine and similarly an intelligent muslim would thank Allah, the Exalted, for any situation they encounter.

In addition, a muslim should review the many verses of the Holy Quran and the Hadiths of the Holy Prophet Muhammad, peace and blessings be upon him, which discuss the reward given to the patient and content muslim.

Deep reflection on this will inspire a muslim to remain steadfast when facing difficulties. For example, Chapter 39 Az Zumar, verse 10:

"...Indeed, the patient will be given their reward without account [i.e., limit]."

Another example is mentioned in a Hadith found in Jami At Tirmidhi, number 2402. It advises that when those who patiently faced trials and difficulties in the world receive their reward on Judgment Day those who did not face such trials will wish they patiently faced difficulties such as their skin being cut off with scissors.

In order to gain patience and even contentment with what Allah, the Exalted, chooses for a person they should seek and act on the knowledge found within the Holy Quran and the traditions of the Holy Prophet Muhammad, peace and blessings be upon him, so that they reach the high level of excellence of faith. This has been discussed in a Hadith found in Sahih Muslim, number 99. Excellence in faith is when a muslim performs deeds, such as the prayer, as if they can witness Allah, the Exalted. The one who reaches this level will not feel the pain of difficulties and trials as they will completely be immersed in the awareness and love of Allah, the Exalted. This is similar to the state of the women who did not feel pain when cutting their own hands when they observed the beauty of the Holy Prophet Yusuf, peace be upon him. Chapter 12 Yusuf, verse 31:

“...and gave each one of them a knife and said [to Joseph], "Come out before them." And when they saw him, they greatly admired him and cut their hands and said, "Perfect is Allah! This is not a man; this is none but a noble angel.””

If a muslim cannot reach this high level of faith they should at least try to reach the lower level mentioned in the Hadith quoted earlier. This is the level where one is constantly aware they are being observed by Allah, the Exalted. The same way a person would not complain in front of an authoritative figure they feared, such as an employer, a muslim who is constantly aware of the presence of Allah, the Exalted, will not complain about the choices He makes.

Umar Ibn Khattab, the Second Rightly Guided Caliph, may Allah be pleased with him, once said in one of his sermons, “You must know that greed is poverty...” (Imam Al Asfahani, Hilyat Al Awliya, Number 83)

The one who is greedy is constantly needy, which is another name for the poor.

An aspect of hypocrisy is greed. Their extreme greed places them far from Allah, the Exalted, far from the people and close to Hell. This has been warned in a Hadith found in Jami At Tirmidhi, number 1961. They dislike when others donate charity as their greed becomes manifest to others. They also put people off from donating charity as they dislike society labelling others as generous. So they always try to put people off from donating charity with poor reasons such as labelling charities as con artists. These people should be ignored as Allah, the Exalted, judges people on their intention which is confirmed in a Hadith found in Sahih Bukhari, number 1. So even if their donated wealth does not reach the poor as long as a person donates through a trustworthy well known charity they will receive their reward according to their intention. Chapter 9 At Tawbah, verse 67:

“The hypocrite men and hypocrite women are of one another. They enjoin what is wrong and forbid what is right and close their hands...”

Umar Ibn Khattab, the Second Rightly Guided Caliph, may Allah be pleased with him, once said in one of his sermons, "You must know that...despair is wealth. When a person gives up hope in having something, it means that they no longer need it and therefore, being free of need leads to abundance." (Imam Al Asfahani, Hilyat Al Awliya, Number 83)

When one despairs and gives up hopes in acquiring unnecessary worldly things, they become wealthy through contentment.

In a Hadith found in Sahih Bukhari, number 6470, the Holy Prophet Muhammad, peace and blessings be upon him, advised that is content with what they possess will be made self-sufficient.

The truly rich person is the one who is not needy and greedy for things. This occurs when one becomes satisfied with what they have been granted by Allah, the Exalted, which is achieved when one rightfully believes that Allah, the Exalted, gives what is best to each person according to His infinite knowledge. Chapter 2 Al Baqarah, verse 216:

"...But perhaps you hate a thing and it is good for you; and perhaps you love a thing and it is bad for you. And Allah knows, while you know not."

This person is truly rich whereas the one who is always greedy and needy for things is poor even if they possess much wealth. This has been indicated in a Hadith found in Sahih Muslim, number 2420.

Umar Ibn Khattab, the Second Rightly Guided Caliph, may Allah be pleased with him, once said, “My (spiritual) heart was mellowed in the (obedience) of Allah, the Exalted, to such a degree that it became softer than butter...” (Imam Al Asfahani, Hilyat Al Awliya, Number 84)

It is important for muslims to strive to soften their heart as it leads to its purification. As advised by the Holy Prophet Muhammad, peace and blessings be upon him, in a Hadith found in Sahih Muslim, number 4094, when the spiritual heart is purified all the limbs of the body become purified also. This purification will encourage one to perform righteous deeds and abandon sins for the sake of Allah, the Exalted.

There are many ways to soften the spiritual heart, such as spending time remembering Allah, the Exalted, via the tongue and heart. It is important to involve one's heart by concentrating on what is being recited so that it can become softened. But even if one fails to constantly involve the heart they should never give up. As remembering Allah, the Exalted, only via the tongue is much better than not remembering Him at all. The most superior form of remembering Allah, the Exalted, is reciting the Holy Quran. In order for one to involve their heart in the recitation they should strive to understand what they are reciting by either learning Arabic or by studying the Holy Quran in a language they understand. Chapter 39 Az Zumar, verse 23:

“Allah has sent down the best statement: a consistent Book wherein is reiteration. The skins shiver therefrom of those who fear their Lord; then

their skins and their hearts relax at the remembrance [i.e., mention] of Allah...”

The next action which can lead to a soft spiritual heart is being kind to the poor, such as poor orphans and widows. Aiding the poor reminds one of the countless blessings Allah, the Exalted, has bestowed on them. The fact that Allah, the Exalted, has made a person self-sufficient and the helper of others can soften the heart as long as the muslim has a good intention.

Pondering about death often can cause the spiritual heart to become soft. This is why the Holy Prophet Muhammad, peace and blessings be upon him, advised in a Hadith found in Sunan Ibn Majah, number 4258, that muslims should often remember the destroyer of pleasures meaning, death. This will cause one to take things seriously as they know they must prepare for death and the hereafter. This preparation will lead to a soft spiritual heart.

Muslims can also soften their spiritual heart by visiting graves regularly. In fact, the Holy Prophet Muhammad, peace and blessings be upon him, advised in a Hadith found in Sunan Ibn Majah, number 1569, that muslims should visit graves as it will remind them of the hereafter. But it is important to note, that this deed will only cause one's spiritual heart to become soft if they ponder over their death, grave and hereafter. Merely visiting graves will make a person's mood more serious but it will not soften their spiritual heart until this self-reflection is done.

Muslims can also contemplate on the past nations who were destroyed by Allah, the Exalted, because of their persistent disobedience. As discussed extensively throughout the Holy Quran and Hadith of the Holy Prophet Muhammad, peace and blessings be upon him, the past nations were more powerful, lived longer and obtained more worldly blessings than the people of the modern world yet, as they disobeyed Allah, the Exalted, none of these things benefited them. Their massive and unparalleled empires faded away leaving only a few signs behind in order to warn those who came after them. When a muslim truly reflects on these things their spiritual heart will soften which will encourage them to prepare for the hereafter before their time runs out.

Muslims must strive to soften their hearts through the advice given. Only then will they be able to focus on the hereafter and adequately prepare for it. The person whose spiritual heart is cured of hardness becomes one whose heart is soft, pure and strong. This means that its purity recognises the difference between truth and falsehood. Its softness encourages the person to act on the truth. Its strength allows one to reject falsehood through struggle and effort. When all these combine within a person through the mercy of Allah, the Exalted, they will obtain success in this world and the next. Chapter 26 Ash Shu'ara, verses 88-89:

"The Day when there will not benefit [anyone] wealth or children. But only one who comes to Allah with a sound heart."

***Umar Ibn Khattab, the Second Rightly Guided Caliph, may Allah be pleased with him, once said, "My (spiritual) heart...was steeled in Allah, the Exalted, to the degree that it became harder than a rock."
(Imam Al Asfahani, Hilyat Al Awliya, Number 84)***

This indicates being steadfast on the sincere obedience of Allah, the Exalted.

In a Hadith found in Sahih Muslim, number 159, the Holy Prophet Muhammad, peace and blessings be upon him, gave a short but far reaching piece of advice. He advised people to sincerely declare their belief in Allah, the Exalted, and then remain steadfast on it.

Remaining steadfast on one's faith means that they must strive in the sincere obedience of Allah, the Exalted, in all aspects of their life. It consists of fulfilling the commands of Allah, the Exalted, which relate to Him, such as the obligatory fasts and those which relate to people, such as treating others kindly. It includes refraining from all the prohibitions of Islam which are between a person and Allah, the Exalted, and those involving others. A muslim must also face destiny with patience truly believing Allah, the Exalted, chooses what is best for His servants. Chapter 2 Al Baqarah, verse 216:

“...But perhaps you hate a thing and it is good for you; and perhaps you love a thing and it is bad for you. And Allah knows, while you know not.”

Steadfastness can include refraining from both types of polytheism. The major type is when one worships something other than Allah, the Exalted. The minor type is when one shows off their good deeds to others. This has been warned in a Hadith found in Sunan Ibn Majah, number 3989. Therefore, an aspect of steadfastness is to always act for the sake of Allah, the Exalted.

It includes obeying Allah, the Exalted, at all times instead of obeying and pleasing oneself or others. If a Muslim disobeys Allah, the Exalted, by pleasing themselves or others they should know neither their desires nor people will protect them from Allah, the Exalted. On the other hand, the one who is sincerely obedient to Allah, the Exalted, will be protected from all things by Him even if this protection is not apparent to them.

Remaining steadfast on one's faith includes following the path set out by the Holy Quran and the traditions of the Holy Prophet Muhammad, peace and blessings be upon him, and not adopting a path which deviates from this. The one who strives to adopt this path will not need anything else as this is enough to keep them steadfast on their faith.

As people are not perfect they will undoubtedly make mistakes and commit sins. So being steadfast in matters of faith does not mean one has to be perfect but it means they must strive to adhere strictly to the obedience of Allah, the Exalted, as outlined earlier, and to sincerely repent if they commit a sin. This has been indicated in chapter 41 Fussilat, verse 6:

“...so take a straight course to Him and seek His forgiveness...”

This is further supported by a Hadith found in Jami At Tirmidhi, number 1987, which advises to fear Allah, the Exalted, and to erase a (minor) sin which has occurred by performing a righteous deed. In another Hadith found in Imam Malik's Muwatta, book 2, Hadith number 37, the Holy Prophet Muhammad, peace and blessings be upon him, advised muslims to try their best to remain steadfast on the obedience of Allah, the Exalted, even though they will not be able to do it perfectly. Therefore, a muslim's duty is to fulfil the potential they have been given through their intention and physical actions in the steadfast obedience of Allah, the Exalted. They have not been commanded to achieve perfection as this is not possible.

It is important to note, that one cannot remain steadfast in the obedience of Allah, the Exalted, through their physical actions without purifying their heart first. As indicated in a Hadith found in Sunan Ibn Majah, number 3984, the limbs of the body will only act in a pure way if the spiritual heart is pure. Purity of heart is only achieved by gaining and acting on the teachings of the Holy Quran and the traditions of the Holy Prophet Muhammad, peace and blessings be upon him.

Steadfast obedience requires one to control their tongue as it expresses the heart. Without controlling the tongue steadfast obedience to Allah, the Exalted, is not possible. This has been advised in a Hadith found in Jami At Tirmidhi, number 2407.

Finally, if any deficiency in the steadfast obedience of Allah, the Exalted, occurs one must make sincere repentance to Allah, the Exalted, and seek the forgiveness of people if it involves their rights. Chapter 46 Al Ahqaf, verse 13:

“Indeed, those who have said, “Our Lord is Allah,” and then remained on a right course - there will be no fear concerning them, nor will they grieve.”

Umar Ibn Khattab, the Second Rightly Guided Caliph, may Allah be pleased with him, once said, "Socialise with those who have patience for their hearts are the softest." (Imam Al Asfahani, Hilyat Al Awliya, Number 85)

This indicates the importance of good companionship.

In a Hadith found in Sahih Bukhari, number 5534, the Holy Prophet Muhammad, peace and blessings be upon him, described the difference between a good and bad companion. The good companion is like a person who sells perfume. Their companion will either obtain some perfume or at least be affected by the pleasant smell. Whereas, a bad companion is like a blacksmith, if their companion does not burn their clothes they will certainly be affected by the smoke.

Muslims must understand that the people they accompany will have an effect on them whether this affect is positive or negative, obvious or subtle. It is not possible to accompany someone and not be affected by it. A Hadith found in Sunan Abu Dawud, number 4833, confirms that a person is on their companion's religion. Meaning, a person adopts the characteristics of their companion. It is therefore important for muslims to always accompany the righteous as they will undoubtedly affect them in a positive way meaning, they will inspire them to obey Allah, the Exalted, by fulfilling His commands, refraining from His prohibitions and by facing destiny with patience. Whereas, bad companions will either inspire one to disobey Allah, the Exalted, or they will encourage a muslim to concentrate on the material world over preparing for the hereafter. This attitude will become a

great regret for them on Judgment Day even if the things they strive for are lawful but beyond their needs.

Finally, as a person will end up with those they love in the hereafter according to the Hadith found in Sahih Bukhari, number 3688, a muslim must practically show they love for the righteous by accompanying them in this world. But if they accompany bad or heedless people then it proves and indicates they love for them and their ultimate destination in the hereafter. Chapter 43 Az Zukhruf, verse 67:

“Close friends, that Day, will be enemies to each other, except for the righteous.”

Umar Ibn Khattab, the Second Rightly Guided Caliph, may Allah be pleased with him, once gave a sermon and said, "Become the bearers of the Book of Allah, the Exalted..." (Imam Al Asfahani, Hilyat Al Awliya, Number 86)

This is achieved when one fulfils the rights of the Holy Quran.

In a Hadith found in Imam Munzari's, Awareness and Apprehension, number 30, the Holy Prophet Muhammad, peace and blessings be upon him, advised that the Holy Quran will intercede on Judgment Day. Those who follow it during their lives on Earth will be led to Paradise on Judgment Day. But those who neglect it during their lives on Earth will find that it pushes them into Hell on Judgment Day.

The Holy Quran is a book of guidance. It is not merely a book of recitation. Muslims must therefore strive to fulfill all aspects of the Holy Quran to ensure that it guides them to success in both worlds. The first aspect is reciting it correctly and regularly. The second aspect is to understand it. And the final aspect is to act on its teachings according to the traditions of the Holy Prophet Muhammad, peace and blessings be upon him. Those who behave in such a manner are the ones who are given glad tidings of right guidance through every difficulty in this world and its intercession on the Day of Judgment. But as warned by this Hadith the Holy Quran is only guidance and a mercy for those who correctly act on its aspects according to the traditions of the Holy Prophet Muhammad, peace and blessings be upon him. But those who misinterpret it and instead act according to their desires in order to gain worldly things, such as fame, will be deprived of this

right guidance and its intercession on Judgment Day. In fact, their complete loss in both worlds will only increase until they sincerely repent. Chapter 17 Al Isra, verse 82:

“And We send down of the Quran that which is healing and mercy for the believers, but it does not increase the wrongdoers except in loss.”

Finally, it is important to understand that even though the Holy Quran is a cure for worldly problems a muslim should not only use it for this purpose. Meaning, they should not only recite it in order to fix their worldly problems thereby, treating the Holy Quran like a tool which is removed during a difficulty and then placed back in a toolbox. The main function of the Holy Quran is to guide one to the hereafter safely. Neglecting this main function and only using it to fix one's worldly problems is not correct as it contradicts the behaviour of a true muslim. It is like the one who purchases a car with many different accessories yet, it possesses no engine. There is no doubt that this person is simply foolish.

Umar Ibn Khattab, the Second Rightly Guided Caliph, may Allah be pleased with him, once gave a sermon and said, "Become...the fountainhead of knowledge..." (Imam Al Asfahani, Hilyat Al Awliya, Number 86)

In a Hadith found in Sahih Muslim, number 6853, the Holy Prophet Muhammad, peace and blessings be upon him, advised that whoever follows a path seeking knowledge Allah, the Exalted, will make the path to Paradise easy for them.

This indicates both a physical path someone takes seeking knowledge, such as attending lectures and classes, and a path whereby someone seeks knowledge without a physical journey. It encompasses all forms of knowledge, such as listening, reading, studying and writing about knowledge. The path to Paradise has many obstacles preventing a muslim from reaching it. Only the one who possesses knowledge of them and how to overcome them will reach Paradise safely. In addition, it is easily understood that a person cannot reach a city in this world without knowledge of its location and the route which leads to it. Similarly, Paradise cannot be obtained without knowing these things about it, such as the path leading to it.

But the important thing to note is that a muslim's intention to seek and act on knowledge must be to please Allah, the Exalted. Whoever seeks religious knowledge for a worldly reason, such as showing off, will end up in Hell if they fail to sincerely repent. This has been warned in a Hadith found in Sunan Ibn Majah, number 253.

In addition, a muslim must strive to act on their knowledge as knowledge without action is of no value or benefit. This is like the one who possesses knowledge of a path to safety but does not take it and instead remains in an area full of dangers. This is why knowledge can be split into two categories. The first is when one acts on their knowledge, which leads to piety and an increase in the obedience of Allah, the Exalted. The second is when one fails to act on their knowledge. This type will not increase one's obedience to Allah, the Exalted, in fact, it will only increase them in arrogance believing they are superior to others even though they are like donkeys which carry books that do not benefit it. Chapter 62 Al Jumu'ah, verse 5:

“...and then did not take it on (did not act on their knowledge) is like that of a donkey who carries volumes [of books]...”

Umar Ibn Khattab, the Second Rightly Guided Caliph, may Allah be pleased with him, once gave a sermon and said, "...Ask Allah, the Exalted, for your food one day at a time." (Imam Al Asfahani, Hilyat Al Awliya, Number 86)

This indicates the importance of not being overly concerned about one's provision.

In a Hadith found in Sahih Muslim, number 6748, the Holy Prophet Muhammad, peace and blessings be upon him, advised that Allah, the Exalted, allocated all things, such as provision, to all creatures over fifty thousand years before He created the Heavens and the Earth.

It is important to understand that there are two aspects in respect to all situations, such as gaining one's provision. The first aspect is what Allah, the Exalted, has decided meaning, destiny; this will occur and nothing in creation can prevent this from occurring. As this is out of a person's hands it makes no sense to stress over this aspect as they have no influence on destiny irrespective of what they or anybody else does.

The second aspect is one's own efforts. This aspect a person has full control over and they should therefore concentrate on this aspect by using the means they have been provided such as their physical strength to obey Allah, the Exalted, by fulfilling His commands, refraining from His

prohibitions and by facing destiny with patience, which they have no control over, according to the traditions of the Holy Prophet Muhammad, peace and blessings be upon him. This includes striving to gain lawful provision in order to fulfill their needs and the needs of their dependents while avoiding the unlawful, excess, waste and extravagance.

To conclude, a muslim should never waste time stressing over things they have no control or influence over instead they should use the means they possess and act on those things which they have control over according to the teachings of Islam. This is what Allah, the Exalted, has commanded.

Umar Ibn Khattab, the Second Rightly Guided Caliph, may Allah be pleased with him, once said, "The winter is a special opportunity for worshippers." (Imam Al Asfahani, Hilyat Al Awliya, Number 89)

The winter days are often shorter and cooler than the summer days thereby making it easier to perform voluntary fasts.

In a Divine Hadith found in Sunan An Nasai, number 2219, the Holy Prophet Muhammad, peace and blessings be upon him, advised that all righteous deeds people perform are for themselves except for fasting as this is for Allah, the Exalted, and He shall reward it directly.

This Hadith indicates the uniqueness of fasting. One of the reasons it is described in this manner is because all other righteous deeds are visible to people, such as the prayer, or they are between people, such as secret charity. Whereas, fasting is a unique righteous deed as others cannot know someone is fasting by only observing them.

In addition, fasting is a righteous deed which puts a lock on every aspect of oneself. Meaning, a person who fasts correctly will be prevented from committing verbal and physical sins, such as looking at and hearing unlawful things. This is also achieved through the prayer but the prayer is only performed for a short time and is visible to others whereas, fasting

occurs throughout the day and is invisible to others. Chapter 29 Al Ankabut, verse 45:

“...Indeed, prayer prohibits immorality and wrongdoing...”

It is clear from the following verse a person who does not complete the obligatory fasts without a valid reason will not be a true believer as the two have been directly connected. Chapter 2 Al Baqarah, verse 183:

“O you who have believed, decreed upon you is fasting as it was decreed upon those before you that you may become righteous”

In fact, the Holy Prophet Muhammad, peace and blessings be upon him, has warned in a Hadith found in Jami At Tirmidhi, number 723, that if a muslim does not complete a single obligatory fast without a valid reason they cannot make up for the reward and blessings lost even if they fasted every day for their entire life.

In addition, as indicated by the verse quoted earlier fasting correctly leads to piety. Meaning, simply starving during the day does not lead to piety but paying extra attention to abstaining from sins and performing righteous deeds during the fast will lead to piety. It is why a Hadith found in Jami At

Tirmidhi, number 707, warns that a fast will not be significant if one does not abstain from speaking and acting on falsehood. A similar Hadith found in Sunan Ibn Majah, number 1690, warns that some fasting people obtain nothing except hunger. When one becomes more aware and careful in obeying Allah, the Exalted, while they are fasting this habit will eventually affect them so they behave in a similar way even when they are not fasting. This is in fact true piety.

The righteousness mentioned in the verse quoted earlier is connected to fasting as fasting reduces one's evil desires and passions. It prevents pride and the encouragement of sins. This is because fasting hinders the appetite of the stomach and one's carnal desires. These two things lead to many sins. In addition, the desire for these two things is greater than the desire for other unlawful things. So whoever controls them through fasting will find it easier to control the weaker evil desires. This leads to true righteousness.

As briefly indicated earlier there are different levels of fasting. The first and lowest level of fasting is when one abstains from the things which will break their fast, such as food. The next level is abstaining from sins which damages one's fast thereby reducing the reward of their fast, such as lying. This has been indicated in a Hadith found in Sunan An Nasai, number 2235. Fasting which involves each member of the body is the next level. This is when each body part fasts from sins for example, the eyes from looking at the unlawful, the ears from listening to the unlawful and so on. The next level is when one behaves in this manner even when they are not fasting. Finally, the highest level of fasting is abstaining from all things which are not connected to Allah, the Exalted.

A muslim should also fast inwardly as their body fasts outwardly by abstaining from sinful or vain thoughts. They should fast from persisting on their own plans in respect to their desires and try to concentrate on fulfilling their duties and responsibilities. In addition, they should fast from inwardly challenging the decree of Allah, the Exalted, and instead except destiny and whatever it brings knowing Allah, the Exalted, only chooses the best for His servants even if they do not understand the wisdom behind these choices. Chapter 2 Al Baqarah, verse 216:

“...But perhaps you hate a thing and it is good for you; and perhaps you love a thing and it is bad for you. And Allah knows, while you know not.”

Finally, a muslim should aim for the highest reward by keeping their fast a secret and not informing others if it is avoidable as informing others unnecessarily leads to a loss of reward as it is an aspect of showing off.

Umar Ibn Khattab, the Second Rightly Guided Caliph, may Allah be pleased with him, once said, "The winter is a special opportunity for worshippers." (Imam Al Asfahani, Hilyat Al Awliya, Number 89)

The winter nights are longer and cooler than the summer nights thereby making it easier to perform voluntary night worship.

In a Divine Hadith found in Sahih Bukhari, number 1145, the Holy Prophet Muhammad, peace and blessings be upon him, advised that Allah, the Exalted, descends every night to the nearest Heaven according to His infinite majesty and invites people to ask Him to fulfill their needs so that He can fulfill them.

Voluntary night time worship proves one's sincerity towards Allah, the Exalted, as no other eyes are watching them. Offering it is a means to having an intimate conversation with Allah, the Exalted. And it is a sign of one's servanthood to Him. It has countless virtues for example, a Hadith found in Sunan An Nasai, number 1614, declares that it is the best voluntary prayer.

No one will have a rank higher on Judgment Day or in Paradise than the Holy Prophet Muhammad, peace and blessings be upon him, and this rank has been directly connected to the voluntary night prayer. This shows that

those who establish the night voluntary prayer will be blessed with the highest ranks in both worlds. Chapter 17 Al Isra, verse 79:

“And from [part of] the night, pray with it [i.e., recitation of the Quran] as additional [worship] for you; it is expected that your Lord will resurrect you to a praised station.”

A Hadith found in Jami At Tirmidhi, number 3579, advises that a muslim is closest to Allah, the Exalted, in the last part of the night. Therefore, one can derive countless blessings if they remember Allah, the Exalted, at this time.

All muslims desire their supplications to be answered and their needs to be fulfilled. Therefore, they should strive to offer the voluntary night prayer as a Hadith found in Sahih Muslim, number 1770, advises that there is a special hour in every night when good supplications are always answered.

Establishing the voluntary night prayer is an excellent way to prevent one from committing sins, it helps a person to stay away from pointless social gatherings and it protects a person from many physical illnesses. This has been advised in a Hadith found in Jami At Tirmidhi, number 3549.

One should prepare for the voluntary night prayer by not over eating or drinking especially, before bed as it induces laziness. One should not unnecessarily tire themselves out during the day. A short nap during the day can help with this. Finally, one should avoid sins and strive to obey Allah, the Exalted, by fulfilling His commands, refraining from His prohibitions and by facing destiny with patience as the obedient find it easier to offer the voluntary night prayer.

Umar Ibn Khattab, the Second Rightly Guided Caliph, may Allah be pleased with him, had two dark lachrymal lines on his face, marking the effect of his frequent crying in fear of Allah, the Exalted. (Imam Al Asfahani, Hilyat Al Awliya, Number 90)

Piety/Fearing Allah, the Exalted, cannot be achieved without gaining and acting on Islamic knowledge so that one can fulfill the commands of Allah, the Exalted, refrain from His prohibitions and face destiny with patience according to the traditions of the Holy Prophet Muhammad, peace and blessings be upon him. Chapter 35 Fatir, verse 28:

“...Only those fear Allah, from among His servants, who have knowledge...”

In a Hadith found in Jami At Tirmidhi, number 2451, the Holy Prophet Muhammad, peace and blessings be upon, advised that a muslim cannot become pious until they avoid something which is not harmful to their religion out of caution that it will lead to something which is harmful. Therefore, an aspect of piety is to avoid things which are doubtful not just unlawful. This is because doubtful things takes a muslim one step closer to the unlawful and the closer one is to the unlawful the easier it is to fall into it. It is why a Hadith found in Jami At Tirmidhi, number 1205, advises that the one who avoids unlawful and doubtful things will protect their religion and honor. If one observes those who have become misguided in society, in most cases, this occurred gradually not in one sudden step. Meaning, the person first indulged in doubtful things before falling into the unlawful. This is the reason why Islam stresses the need to avoid unnecessary and

vain things in one's life as they can lead them to the unlawful. For example, vain and useless speech which is not classified sinful by Islam often leads to evil speech, such as backbiting, lying and slander. If a person avoids the first step by not indulging in vain speech they will undoubtedly avoid evil speech. This process can be applied to all things which are vain, unnecessary and especially, doubtful.

Umar Ibn Khattab, the Second Rightly Guided Caliph, may Allah be pleased with him, had two dark lachrymal lines on his face, marking the effect of his frequent crying in fear of Allah, the Exalted. (Imam Al Asfahani, Hilyat Al Awliya, Number 90)

In a long Hadith found in Sahih Bukhari, number 6806, the Holy Prophet Muhammad, peace and blessings be upon him, mentioned seven groups of people who will be granted shade on the Day of Judgment by Allah, the Exalted.

This shade will protect them from the horrors of the Day of Judgment which includes the unbearable heat caused by the Sun being brought within two miles of the creation. This has been warned in a Hadith found in Jami At Tirmidhi, number 2421.

These groups includes a person who remembers Allah, the Exalted, in solitude and cries. Firstly, the fact that this reaction occurs in solitude indicates the sincerity of the muslim meaning, their reaction is purely for the sake of Allah, the Exalted. This reaction could be due to a number of factors which include one's realisation of the uncountable blessings they have been granted even though they show a lack of gratitude for them by using them incorrectly. One's understanding of the mercy of Allah, the Exalted, when He conceals their sins from the creation. A muslim continuously receiving blessings from Allah, the Exalted, even when they sin. A muslim's reflection and assessment of their own deeds which encourages them to sincerely repent. One's realisation that they will only be forgiven and granted Paradise through the mercy of Allah, the Exalted,

and not because of their righteous deeds, which is confirmed in a Hadith found in Sahih Bukhari, number 6467. The important thing to note is that this reaction only occurs when one truly reflects on this material world, the afterlife, death, Judgment Day and their deeds. The one who is heedless to this will never achieve this outcome.

Umar Ibn Khattab, the Second Rightly Guided Caliph, may Allah be pleased with him, one said, "If a caller announced that all people will enter Paradise except one person, I would fear that this one person would be me. And if the caller announced that all people will enter Hell except one person, I would hope that this one person would be me." (Imam Al Asfahani, Hilyat Al Awliya, Number 94)

This indicates the perfect balance between fear and hope in Allah, the Exalted, that Umar, may Allah be pleased with him, possessed.

In a long divine Hadith found in Sahih Bukhari, number 7405, Allah, the Exalted, advises that He acts and treats His servant according to their perception of Him. This means if a muslim has good thoughts and expects good from Allah, the Exalted, He in turn will not disappoint them. Similarly, if a person harbours negative thoughts about Allah, the Exalted, such as believing they will not be forgiven then Allah, the Exalted, may act according to their belief.

It is important to note, there is a vast difference between true hope in Allah, the Exalted, which this Hadith refers to and wishful thinking. Wishful thinking is when one fails to strive in the obedience of Allah, the Exalted, by fulfilling His commands, refraining from His prohibitions and by facing destiny with patience and then expects Allah, the Exalted, to forgive them. This is not true hope it is merely wishful thinking. This is like a farmer who fails to plant any seeds, fails to water their crop and still hopes to reap a large harvest. True hope is when one strives to obey Allah, the Exalted, and whenever they slip up they sincerely repent and then hope for the

mercy and forgiveness of Allah, the Exalted. This is like a farmer who plants seeds, waters their crop, dedicates effort to keeping the crop healthy and then hopes for a large harvest. The Holy Prophet Muhammad, peace and blessings be upon him, has summarised this explanation in a Hadith found in Jami At Tirmidhi, number 2459.

Generally speaking, a muslim should harbour more fear of Allah, the Exalted, during their life as it prevents sins which is superior to hope which inspires one to perform righteous deeds especially, the voluntary type. But during periods of illness and difficulty and especially at the time of death a muslim should have nothing but hope in the mercy of Allah, the Exalted, even if they have spent their life disobeying Him as this has specifically been commanded by the Holy Prophet Muhammad, peace and blessings be upon him, in a Hadith found in Sahih Muslim, number 2877.

The Holy Prophet Muhammad, peace and blessings be upon him, once advised Umar Ibn Khattab, may Allah be pleased with him, to supplicate to Allah, the Exalted, and say, “Lord, make my inner being better than my outer being...” (Imam Al Asfahani, Hilyat Al Awliya, Number 95)

This includes one's hidden intention.

In a Hadith found in Jami At Tirmidhi, number 3154, the Holy Prophet Muhammad, peace and blessings be upon him, warned that those who perform deeds for the sake of people, such as showing off, instead of doing them for the pleasure of Allah, the Exalted, will be told to gain their reward on Judgment Day from the people they acted for which in reality is not possible to do.

It is important to understand that the foundation of all deeds and even Islam itself is one's intention. It is the very thing which Allah, the Exalted, judges people on according to a Hadith found in Sahih Bukhari, number 1. A muslim should ensure they perform all religious and useful worldly actions for the sake of Allah, the Exalted, so that they gain reward from Him in both worlds. A sign of this correct mentality is that this person neither expects nor desires people to appreciate or show gratitude to them for the deeds they perform. If one desires this then it indicates their incorrect intention.

In addition, acting with the correct intention prevents sadness and bitterness as the one who acts for the sake of people will eventually encounter ungrateful people who will make them annoyed and bitter as they feel they wasted their effort and time. Unfortunately, this is seen in parents and relatives as they often fulfill their duties towards their children and relatives for their sake instead of for the pleasure of Allah, the Exalted. But the one who acts for the sake of Allah, the exalted, will fulfill all their duties towards others such as their children and never become bitter or enraged when they fail to show gratitude towards them. This attitude leads to peace of mind and general happiness as they know Allah, the Exalted, is fully aware of their righteous deed and will reward them for it. This is the way all Muslims must act otherwise they may well be left empty handed on the Day of Judgment.

The Holy Prophet Muhammad, peace and blessings be upon him, once advised Umar Ibn Khattab, may Allah be pleased with him, to supplicate to Allah, the Exalted, and say, "Lord...make my outer look true and pleasing to You." (Imam Al Asfahani, Hilyat Al Awliya, Number 95)

In a Hadith found in Sunan Ibn Majah, number 4119, the Holy Prophet Muhammad, peace and blessings be upon him, advised that the best people are those who remind others of Allah, the Exalted, when they are observed.

This does not refer to those who adopt an Islamic outward appearance, such as growing a beard or wearing a scarf, as many of these people do not remind others of Allah, the Exalted, at all. This Hadith refers to those who learn and act on Islamic knowledge so that they sincerely obey Allah, the Exalted, by fulfilling His commands, refraining from His prohibitions and by facing destiny with patience according to traditions of the Holy Prophet Muhammad, peace and blessings be upon him. This leads to the purification of one's heart which leads to the purification of their outward limbs. This has been advised in a Hadith found in Sunan Ibn Majah, number 3984. This will cause others to remember Allah, the Exalted, when they observe these righteous muslims. And this remembrance will only increase when these righteous muslims speak as they only speak in ways pleasing to Allah, the Exalted, meaning, they avoid evil and vain speech and only speak on beneficial matters in respect to the world and the hereafter. This remembrance further increases when one observes their actions as they practically implement the teachings of Islam thereby, acting only in ways pleasing to Allah, the Exalted. For example, they love, dislike, give and withhold only for the sake of Allah, the Exalted. This leads to

perfecting one's faith according to a Hadith found in Sunan Abu Dawud, number 4681.

Umar Ibn Khattab, the Second Rightly Guided Caliph, may Allah be pleased with him, one said in his sermon, "Weigh your actions before they are weighed and judge yourselves before you are judged, this will make it easier for you Tomorrow (on Judgement Day)..." (Imam Al Asfahani, Hilyat Al Awliya, Number 98)

It is important for muslims to regularly assess their own deeds as no one except Allah, the Exalted, is better aware of them than themselves. When one honestly judges their own deeds it will inspire them to sincerely repent from their sins and encourage them towards righteous deeds. But the one who fails to regularly assess their deeds will lead a life of heedlessness whereby they commit sins without sincerely repenting. This person will find the weighing of their deeds on the Day of Judgment extremely difficult. In fact, it may well cause them to be hurled into Hell.

A clever business owner will always regularly assess their accounts. This will ensure their business heads in the right direction and ensures they complete all the necessary accounts such as a tax return correctly. But the foolish business owner will not regularly take accounts of their business. This will lead to a loss in profits and a failure in correctly preparing for their accounts. Those who fail to file their accounts correctly with the government face penalties which only makes their lives more difficult. But the key thing to note is that the penalty of failing to correctly assess and prepare one's deeds for the Scales of Judgment Day does not involve a monetary fine. Its penalty is more severe and truly unbearable. Chapter 99 Az Zalzalah, verses 7-8:

“So whoever does an atom's weight of good will see it. And whoever does an atom's weight of evil will see it.”

Umar Ibn Khattab, the Second Rightly Guided Caliph, may Allah be pleased with him, one said in his sermon, “Weigh your actions before they are weighed and judge yourselves before you are judged, this will make it easier for you Tomorrow (on Judgement Day)...” (Imam Al Asfahani, Hilyat Al Awliya, Number 98)

Merely performing worship will not raise someone to the highest levels of faith. Muslims can only reach this level by purifying their inner beings. This is achieved by removing the negative characteristics they possess and replacing them with good characteristics. But this is only achieved through serious reflection and self-assessment.

When one recognises their own reality this will encourage them to live like a servant and fulfil the purpose of their creation. This will lead them to recognising Allah, the Exalted, as their Lord, which is the ultimate goal. Chapter 51 Adh Dhariyat, verse 56:

“And I did not create the jinn and mankind except to worship Me.”

This self-assessment is vital for triggering one to take the steps needed to purify their character and soul of evil characteristics which is the path of success in both worlds. Some are so lost in the material world they never perform this important deed and therefore decades pass by without them changing one single bit. Muslims must use the time of strength they have

been given in order to self-assess and change for the better before they reach the final stage of weakness. At this point they will desire to change but they will not possess the intelligence or strength to do so. This has been indicated in a Hadith found in Sahih Bukhari, number 6412.

One only needs to turn the pages of history to observe those who were given great power and wealth but eventually a time came when their moment of strength ran out and because of their persistent disobedience they were destroyed.

Those who used their moments of strength in the correct way by pleasing Allah, the Exalted, will be blessed by Him in such a way that even after departing from this world they will still be honoured by society.

As the majority of muslims do not understand the Arabic language an abundant amount of worship will not trigger this inner purification. One can only reach it by reflecting on this material world, death, the grave and Hell. Because of this a single moment of reflection can become better than sixty years of voluntary worship.

Those who live without wisdom or reflection habitually make mistakes which only lead to constant stress. It is these people who lead an aimless life with no higher aspirations and move through each day without understanding their true purpose.

The pious always take time out of their day to reflect on their aims, what actions they have performed and whether they have pleased Allah, the exalted, or not. This mentality will ensure that one avoids sins, performs righteous deeds and if they happen to commit sins to sincerely repent. This mentality fits the advice given by the second rightly guided Caliph of Islam, Omar Bin Khataab, may Allah be pleased with him, which is recorded in Imam Asfahani's, Hilyat Al Awliya, number 98. He advised that one should judge their own actions before someone else judges them namely, Allah, the exalted, on the Day of Judgement.

This self-assessment is the key which inspires one to sincerely repent and change for the better. This is the best stage compared to the stage where one only realises their mistakes when another points it out to them. But even this stage requires one to possess good friends and relatives who are wise and sincerely concerned over their eternal welfare instead of only being concerned with the material world. A truly blessed muslim is the one who possesses these types of relatives and friends who aid them to adopt piety.

Reflecting at the start of one's day also ensures a person prioritises their daily tasks and saves time by avoiding those tasks which should be delayed.

The following verse describes the state of successful muslims. They reflect on and are deeply affected by the teachings of Islam and strive to implement them in their lives. If one is affected in this way they should be grateful to Allah, the Exalted, and show no signs of pride. But if one is not affected in this way they must repent and change before it is too late. Chapter 5 Al Ma'idah, verse 83:

“And when they hear what has been revealed to the Messenger, you see their eyes overflowing with tears because of what they have recognized of the truth...”

A lack of self-reflection has caused muslims to become lost in the material world even though Islamic knowledge is more readily available than it ever was. Voluntary worship will only take one so far but to reach the height of faith they must reflect and assess their character. This will inspire them to abandon their evil traits and replace them with good ones. The vital ingredient needed to stimulate this self-assessment and reflection is Islamic knowledge which must be obtained from a reliable source. This is one of the reasons the Holy Prophet Muhammad, peace and blessings be upon him, declared in a Hadith found in Sunan Ibn Majah, number 224, that obtaining this type of knowledge is obligatory on all muslims.

Umar Ibn Khattab, the Second Rightly Guided Caliph, may Allah be pleased with him, once supplicated and said, “My Lord...do not let me lose the awareness of You for even a moment...” (Imam Al Asfahani, Hilyat Al Awliya, Number 103)

This indicates adopting excellence of faith.

In a long Hadith found in Sahih Muslim, number 99, the Holy Prophet Muhammad, peace and blessings be upon him, explained the meaning of Ihsan, which can be translated to mean excellence. This excellence refers to one’s conduct and behavior towards Allah, the Exalted, and the creation. Acting with excellence has been mentioned throughout the Holy Quran, such as chapter 10 Yunus, verse 26:

“For them who have done excellent is the best [reward] - and extra...”

The Holy Prophet Muhammad, peace and blessings be upon him, has explained this verse in Hadiths found in Sahih Muslim, numbers 449 and 450. The word extra in this verse refers to when the inhabitants of Paradise will be blessed with the divine vision of Allah, the Exalted. This reward befits the muslim who acts with excellence. As excellence means to lead one’s life as if they can witness Allah, the Exalted, observing their outer and inner being at all times. A person who can observe a powerful authority watching them will never misbehave out of awe of them. In fact, the Holy

Prophet Muhammad, peace and blessings be upon him, once advised someone to always behave as if they were constantly being observed by a righteous man they respected. This has been advised in a Hadith found in Imam Tabarani's, Al Mu'jam Al Kabir, number 5539.

Whoever acts in this manner will very rarely commit sins and always hasten towards good deeds. This attitude creates the fear of Allah, the Exalted, and acts as a shield from the fire of trials in this world and the fire of Hell in the hereafter. This vigilance will ensure one not only fulfills all their duties towards Allah, the Exalted, but it also encourages them to fulfill their responsibilities towards the creation. The peak of which is to sincerely treat others with kindness. This person will fulfill the Hadith found in Jami At Tirmidhi, number 251, which advises that a person cannot be a true believer until they love for others what they love for themselves.

This level of excellence ensures one acts with the right intention, which is the foundation of faith according to the Hadith found in Sahih Bukhari, number 1. Success is guaranteed for the one who performs good deeds and demonstrates good behavior with the right intention namely, to please Allah, the Exalted. The more excellent a person acts the stronger their faith becomes until they become a muslim who is far from heedlessness and is always struggling to beautify their hereafter and worldly life according to the teachings of Islam.

It is feared that the opposite of this reward will be given to those who turned away from Allah, the Exalted. As they lived without fearing the all-

encompassing gaze of Allah, the Exalted, they will be veiled from seeing Him in the hereafter. Chapter 83 Al Mutaffifin, verse 15:

“No! Indeed, from their Lord, that Day, they will be partitioned.”

Those who fail to reach the level of acting as if they witness Allah, the Exalted, must act on the second part of the advice given in the main Hadith quoted at the beginning. This person should sincerely believe that Allah, the Exalted, is constantly observing them. Even though this state is lower in rank than the one who acts as if they observe Allah, the Exalted, none the less, it is a great way of adopting true fear of Allah, the Exalted. As mentioned earlier this attitude will prevent one from committing sins and encourage them towards good deeds. As advised by the Holy Prophet Muhammad, peace and blessings be upon him, in Imam Tabarani's, Al Mu'jam Al Kabir, number 7935, the one who strives to adopt this mentality will be granted shade on the Day of Judgment by Allah, the Exalted.

The divine presence of Allah, the Exalted, is mentioned throughout the Holy Quran, such as Chapter 57 Al Hadid, verse 4:

“...He is with you wherever you are. And Allah, of what you do, is Seeing.”

The Holy Prophet Muhammad, peace and blessings be upon him, has advised to adopt the true awareness of the divine presence of Allah, the Exalted, in many Hadiths. For example, in one divine Hadith found in Sahih Bukhari, number 7405, Allah, the Exalted, declares that He is with whoever remembers Him. This is the reason why it has been reported in Hilyat Al Awliya, volume 1, pages 84 and 85, about the Commander of the Faithful, Ali Bin Abu Talib, may Allah be pleased with him, that he shied away from the glitter and pomp of the material world and only found solace in the lonely night. Meaning, he sought the companionship of Allah, the Exalted, rather than the companionship of people.

Adopting the awareness of the divine presence of Allah, the Exalted, not only prevents sins and encourages good deeds but it also prevents loneliness and depression. A person is very rarely affected by mental health issues when they are constantly surrounded by a person who loves them and aids them. No one loves the creation more than Allah, the Exalted, and there is no doubt that He is the source of all aid. Therefore, acting with excellence benefits one's faith, actions, emotional state and the wider society.

A muslim must avoid becoming like those who treat Allah, the Exalted, as the most insignificant of those who observe them. This is a serious spiritual illness which leads to all types of sins and evil behavior towards Allah, the Exalted, and the creation.

***Umar Ibn Khattab, the Second Rightly Guided Caliph, may Allah be pleased with him, once supplicated and said, "My Lord...do not gather me on the Day of Judgement among the heedless ones."
(Imam Al Asfahani, Hilyat Al Awliya, Number 103)***

In a Hadith found in Sunan Abu Dawud, number 4031, the Holy Prophet Muhammad, peace and blessings be upon him, advised that a person who imitates a people is counted as one of them.

All muslims irrespective of the strength of their faith desire to be counted and end up with the righteous in the next world. But this Hadith clearly warns that a muslim will only be considered a righteous person and end up with them if they imitate the righteous. This imitation is a practical thing not only a declaration through words. This imitation is correctly done by fulfilling the commands of Allah, the Exalted, refraining from His prohibitions and by facing destiny with patience according to the traditions of the Holy Prophet Muhammad, peace and blessings be upon him.

But those who verbally declare their love for the righteous and fail to imitate them and instead imitate the characteristics found in hypocrites and the sinful will be considered and judged as one of them. This does not mean they will lose their faith but it means they will be judged as disobedient muslims. How can a disobedient muslim be counted as an obedient muslim and end up with the righteous? This is only wishful thinking which has no value in Islam. Chapter 59 Al Hashr, verse 20:

*“Not equal are the companions of the Fire and the companions of Paradise.
The companions of Paradise - they are the attainers [of success].”*

Umar Ibn Khattab, the Second Rightly Guided Caliph, may Allah be pleased with him, once said, "Do not criticise something which has no immediate link to your interests..." (Imam Al Asfahani, Hilyat Al Awliya, Number 107)

In a Hadith found in Jami At Tirmidhi, number 2317, the Holy Prophet Muhammad, peace and blessings be upon him, advised that a muslim cannot make their Islam excellent until they avoid the things which do not concern them.

This Hadith contains an all-encompassing advice which should be applied to every aspect of one's life. It includes a person's speech as well as their other physical actions. It means that a Muslim who desires to perfect their faith must avoid those things, through speech and actions, which do not concern them. And instead they must occupy themselves with those things that do. One should take the things that concern them very seriously and strive to fulfil the responsibilities which accompany them according to the teachings of Islam solely for the pleasure of Allah, the Exalted. It is important to note, that one would not be perfecting their faith if they avoided things according to their own thinking or desires. But the one who perfects their faith avoids the things which Islam has advised to avoid. Meaning, one should strive to fulfil all their duties, avoid all sins and the things which are disliked in Islam and even avoid the excess use of unnecessary lawful things. Achieving this excellence is a characteristic of the excellence of faith mentioned in a Hadith found in Sahih Muslim, number 99. This is when one acts and worships Allah, the Exalted, as if they can observe Him or they at least become fully aware of Allah, the Exalted, observing their every thought and action. Being aware of this divine surveillance will encourage a muslim to always abstain from sins and hasten towards

righteous deeds. The one who does not avoid the things which do not concern them will not reach this level of excellence.

A major aspect of avoiding the things which do not concern a person is linked to speech. The majority of sins occur when a person utters words which do not concern them, such as backbiting and slander. The definition of vain talk is when a person utters words which may not be sinful but are useless and therefore not their concern. As confirmed in a Hadith found in Sahih Bukhari, number 2408, vain speech is hated by Allah, the Exalted. Countless arguments, fights and even physical harm have occurred simply because someone spoke about something which did not concern them. Many families have become divided; many marriages have ended because someone did not mind their business. It is why Allah, the Exalted, has advised in the Holy Quran the different types of useful speech which people should concern themselves with. Chapter 4 An Nisa, verse 114:

“No good is there in much of their private conversation, except for those who enjoin charity or that which is right or conciliation between people. And whoever does that seeking means to the approval of Allah - then We are going to give him a great reward.”

In fact, uttering words which are not a person's concern will be the main reason people enter Hell. This has been indicated in a Hadith found in Jami At Tirmidhi, number 2616. This is why the Holy Prophet Muhammad, peace and blessings be upon him, advised in a Hadith found in Jami At Tirmidhi, number 2412, that all speech will be counted against a person unless it is connected to advising good, forbidding evil or the remembrance of Allah,

the Exalted. This means that all other forms of speech are not a person's concern as they will not benefit them. It is important to note, that advising good encompasses anything which is beneficial in one's worldly and religious life, such as their occupation.

Therefore, Muslims should strive to avoid the things which do not concern them through words and actions so that they can perfect their faith. Put simply, the one who dedicates time to the things which do not concern them will fail in the things which do concern them. And the one who occupies themselves with the things which do concern them will not find time to spend on the things which do not concern them. Meaning, they will achieve success through the mercy of Allah, the Exalted, in both worlds.

Umar Ibn Khattab, the Second Rightly Guided Caliph, may Allah be pleased with him, once said, "...Be aware of your close companions, except for the trustworthy ones. For nothing equals the trustworthy companion..." (Imam Al Asfahani, Hilyat Al Awliya, Number 107)

In a Hadith found in Sahih Bukhari, number 2749, the Holy Prophet Muhammad, peace and blessings be upon him, warned that betraying trusts is an aspect of hypocrisy.

This includes all the trusts one possesses from Allah, the Exalted, and people. Every blessing one possesses has been entrusted to them by Allah, the Exalted. The only way to fulfill these trusts is by using the blessings in the way which is pleasing to Allah, the Exalted. This will ensure they gain further blessings as this is true gratitude. Chapter 14 Ibrahim, verse 7:

"And [remember] when your Lord proclaimed, 'If you are grateful, I will surely increase you [in favor]..."

The trusts between people are important to fulfill also. The one who has been entrusted with someone else's belongings should not misuse them and only use them according to the wishes of the owner. One of the greatest trusts between people is keeping conversations secret unless

there is some obvious benefit in informing others. Unfortunately, this is often overlooked amongst muslims.

Umar Ibn Khattab, the Second Rightly Guided Caliph, may Allah be pleased with him, once said, "...Be aware of your close companions, except for the trustworthy ones. For nothing equals the trustworthy companion..." (Imam Al Asfahani, Hilyat Al Awliya, Number 107)

In a Hadith found in Sahih Bukhari, number 2749, the Holy Prophet Muhammad, peace and blessings be upon him, warned that breaking promises is an aspect of hypocrisy.

The greatest of promises a muslim has made is with Allah, the Exalted, which is to obey Him sincerely. This involves fulfilling His commands, refraining from His prohibitions and facing destiny with patience. All other promises made with people must also be kept unless one has a valid excuse especially, the ones a parent makes with children. Breaking promises only teaches children bad character and encourages them to believe being deceitful is an acceptable characteristic to possess. In a Hadith found in Sahih Bukhari, number 2227, Allah, the Exalted, declares that He will be against the one who makes a promise in His name and then breaks it without a valid excuse. How can the one who has Allah, the Exalted, against them on Judgment Day possibly succeed?

Umar Ibn Khattab, the Second Rightly Guided Caliph, may Allah be pleased with him, once said, "...Be aware of your close companions, except for the trustworthy ones. For nothing equals the trustworthy companion. Do not socialise with an evil person lest he influences you with his bad character..." (Imam Al Asfahani, Hilyat Al Awliya, Number 107)

This warns against bad companionship.

Muslims should note that a major sign of true love is when one directs their beloved towards the obedience of Allah, the Exalted, which involves fulfilling His commands, refraining from His prohibitions and facing destiny with patience. This is because obedience leads to success and safety in both this world and in the hereafter. A person who does not desire safety and success for a person can never truly love them irrespective of what they claim or how they treat the other person. The same way a person becomes happy when their beloved obtains worldly success, like a job, they will also desire their beloved to obtain success in the hereafter. If a person does not care about another obtaining safety and success especially, in the next world then they do not love them.

A true lover could not bear knowing and seeing their beloved facing difficulties and punishment in this world or in the next. This is only avoidable through the sincere obedience of Allah, the Exalted. Therefore, they would always direct their beloved towards the obedience of Allah, the Exalted. If a person directs another towards their own selfish interest or the interest of others instead of the obedience of Allah, the Exalted, it is a clear

sign that they do not truly love them. This applies to all relationships such as friendships and relatives.

Therefore, a muslim should assess whether those in their life direct them towards Allah, the Exalted, or not. If they do then it is a clear sign of their love for them. If they do not then it is a clear sign that they do not truly love them. Chapter 43 Az Zukhruf, verse 67:

“Close friends, that Day, will be enemies to each other, except for the righteous.”

Umar Ibn Khattab, the Second Rightly Guided Caliph, may Allah be pleased with him, once said, "...Seek advice only from the those who fear Allah, the Exalted." (Imam Al Asfahani, Hilyat Al Awliya, Number 107)

Muslims should only consult a few people in respect to their affairs. They should select these few people according to the advice of the Holy Quran. Chapter 16 An Nahl, verse 43:

"...So ask the people of the message if you do not know."

This verse reminds muslims to consult those who possess knowledge. As consulting an ignorant person only leads to further trouble. Just like a person would be foolish to consult a car mechanic over their physical health a muslim should only consult those who possess knowledge about it and the Islamic teachings linked to them.

In addition, a muslim should only consult those who fear Allah, the Exalted. This is because they will never advise others to disobey Allah, the Exalted. Whereas, those who do not fear or obey Allah, the Exalted, might possess knowledge and experience but they will easily advise others to disobey Allah, the Exalted, which only increases one's problems. In reality, those who fear Allah, the Exalted, possess true knowledge and only this

knowledge will guide others through their problems successfully. Chapter 35 Fatir, verse 28:

“...Only those fear Allah, from among His servants, who have knowledge...”

Umar Ibn Khattab, the Second Rightly Guided Caliph, may Allah be pleased with him, once said, "Allah, the Exalted, has blessed slaves who destroy evil by renouncing it..." (Imam Al Asfahani, Hilyat Al Awliya, Number 108)

It is important to understand a Hadith of the Holy Prophet Muhammad, peace and blessings be upon him, which discusses this mentality and is found in Jami At Tirmidhi, number 1205. It warns that when one journeys close to a forbidden zone, even though they are still in a lawful area, a time may come when they take an incorrect step and end up in the forbidden zone. This is like the person who spends time with others who smoke even if they do not smoke themselves. But with the passing of time smoking will seem normal to them which is one step closer to them becoming a smoker.

Similarly, when one excessively indulges in unnecessary lawful things they move that much closer to the things which are unlawful such as, wasting wealth. And with the passing of time the unlawful things which seemed unimaginable for them to commit becomes a normal thing in their eyes. Then it is only a matter of time until they too commit those unlawful things.

This is the reason why it is important for Muslims to be on guard against over indulging in things which are unnecessary even if they are lawful as this attitude will protect their faith and honour in the long run which the Hadith quoted earlier declares.

Umar Ibn Khattab, the Second Rightly Guided Caliph, may Allah be pleased with him, once wrote to his governor, Utbah Ibn Ghazwan ,may Allah be pleased with him, and said, "...do not transgress on those who are under you." (Ibn Abd Rabbih, Al Iqad Al Farid, 3/111)

In a Hadith found in Sahih Muslim, number 6579, the Holy Prophet Muhammad, peace and blessings be upon him, warned that the bankrupt muslim is the one who accumulates many righteous deeds, such as fasting and prayer, but as they mistreated people their good deeds will be given to their victims and if necessary their victim's sins will be given to them on Judgement Day. This will lead to them being hurled into Hell.

It is important to understand that a muslim must fulfil two aspects of faith in order to achieve success. The first are the duties in respect to Allah, the Exalted, such as the obligatory prayer. The second aspect is in respect to people which includes treating them kindly. In fact, the Holy Prophet Muhammad, peace and blessings be upon him, has declared in a Hadith found in Sunan An Nasai, number 4998, that a person cannot be a true believer until they keep they physical and verbal harm away from the life and possessions of others.

It is important to understand that Allah, the Exalted, is infinitely forgiving meaning, He will forgive those who sincerely repent to Him. But He will not forgive the sins which involve other people until the victim forgives first. As people are not so forgiving a muslim should be fearful that those who they have wronged will exact revenge on them by taking away their precious good deeds on Judgment Day. Even if a muslim fulfils the

rights of Allah, the Exalted, they may still end up in Hell simply because they have wronged others. It is therefore important for muslims to strive to fulfil both aspects of their duties in order to obtain success in both worlds.

Umar Ibn Khattab, the Second Rightly Guided Caliph, may Allah be pleased with him, once wrote to his governor, Utbah Ibn Ghazwan ,may Allah be pleased with him, and said, "...Be aware more of worldly blessings (times of ease) than difficulties..." (Ibn Abd Rabbih, Al Iqad Al Farid, 3/111)

Muslims often increase their obedience to Allah, the Exalted, such as attending the Mosques for the congregational prayers or reciting more spiritual exercises in times of difficulty. But in times of ease they often relax and become lazy. But it is important to note, that generally it is more important to be more on guard and increase one's obedience during times of ease than times of difficulty. This is because one often sins more during times of ease than difficulty, such as abandoning their obligatory duties. If one reviews the different misguided people in history, such as Pharaoh and Quroon they will observe that their sins only multiplied during times of ease. Someone who is facing a difficulty where they are stuck and have no option but to patiently wait for relief is less likely to sin as they desire to be relieved of their difficulty. Whereas, a person experiencing times of ease will be in a better position to enjoy and over indulge in worldly things which often leads to sins. For example, a person facing poverty is less likely to sin as many sins require wealth. Whereas, a wealthy person is in an easier position to commit those sins, such as purchasing alcohol or drugs. Therefore, muslims should take note of this and ensure they maintain or even increase their obedience to Allah, the Exalted, during times of ease so that they do not fall into sins and disobedience.

In addition, the one who is obedient to Allah, the Exalted, by fulfilling His commands and refraining from His prohibitions during times of ease will gain the support of Allah, the Exalted, during their times of difficulty which will aid them to overcome them successfully. Chapter 47 Muhammad, verse 7:

“O you who have believed, if you support Allah, He will support you and plant firmly your feet.”

Umar Ibn Khattab, the Second Rightly Guided Caliph, may Allah be pleased with him, once wrote to his son, Abdullah Bin Umar, may Allah be pleased with him, and said, "Allah, the Exalted...suffices the one who places his trust in Him..." (Ibn Abd Rabbih, Al Iqad Al Farid, 3/114)

In a Hadith found in Jami At Tirmidhi, number 2344, the Holy Prophet Muhammad, peace and blessings be upon him, advised that if people truly trusted Allah, the Exalted, He would provide for them just like He provides for birds. They leave their nests hungry in the morning and return in the evening satisfied.

Truly trusting in Allah, the Exalted, is something which is felt in the heart but is proven through the limbs meaning, when one sincerely obeys Allah, the Exalted, by fulfilling His commands, refraining from His prohibitions and by facing destiny with patience. Chapter 65 At Talaq, verse 3:

"...And whoever relies upon Allah - then He is sufficient for him..."

The aspect of trust which is internal involves firmly believing that only Allah, the Exalted, can provide one with beneficial things and protect them from harmful things both in worldly and religious matters. A muslim understands that no one except Allah, the Exalted, can give, withhold, harm or benefit someone.

It is important to note, that truly trusting in Allah, the Exalted, does not mean one should abandon using the means which Allah, the Exalted, has provided, such as medicine. As the main Hadith under discussion clearly mentions that the birds leave their nests actively searching for provision. When one uses the strength and means provided by Allah, the Exalted, according to the teachings of Islam they are undoubtedly obeying Him. This is in fact, the outward element of trusting in Allah, the Exalted. This has been made clear in many verses and Hadiths. Chapter 4 An Nisa, verse 71:

“O you who have believed, take your precaution...”

In reality, the outward activity is a tradition of the Holy Prophet Muhammad, peace and blessings be upon him, and trusting Allah, the Exalted, inwardly is the inward state of the Holy Prophet Muhammad, peace and blessings be upon him. One should not abandon the outward tradition even if they possess the inward state of trust.

Actions and using the means provided by Allah, the Exalted, is an aspect of trusting Him. In this respect, actions can be split into three categories. The first are those actions of obedience which Allah, the Exalted, commands Muslims to do so that they can avoid Hell and obtain Paradise. Abandoning these while claiming trust that Allah, the Exalted, will forgive them is simply wishful thinking and is therefore blameworthy.

The second type of actions are those means which Allah, the Exalted, has created in this world in order for people to live in it safely, such as eating when hungry, drinking when thirsty and wearing warm clothes in cold weather. A person who abandons these and causes harm to themselves is blameworthy. However, there are some people who have been provided special strength by Allah, the Exalted, so that they can avoid these means without harming themselves. For example, the Holy Prophet Muhammad, peace and blessings be upon him, used to fast for days on end uninterrupted but forbade others from doing the same as Allah, the Exalted, provided for him directly without the need for food. This is confirmed in a Hadith found in Sahih Bukhari, number 1922. The Holy Prophet Muhammad, peace and blessings be upon him, prayed for the fourth rightly guided Caliph Ali Bin Abu Talib, may Allah be pleased with him, so that he would not feel excess cold or heat. This is confirmed in a Hadith found in Sunan Ibn Majah, number 117. Therefore, if a person turns away from these means but is provided with the strength to endure without failing in their duties to Allah, the Exalted, and people then it is acceptable otherwise it is blameworthy.

The third type of actions in respect to trusting in Allah, the Exalted, are those things which have been set as a customary practice which Allah, the Exalted, sometimes breaks for certain people. An example of this are the people who become cured of illnesses without the need of medicine. This is quite common especially in poorer countries where medicine is difficult to obtain. This is linked to a Hadith found in Sunan Ibn Majah, number 2144, which advises that no person will die until they utilize every ounce of their provision which was allocated to them, which according to another Hadith found in Sahih Muslim, number 6748, was over fifty thousand years before Allah, the Exalted, created the Heavens and the Earth. So the one who truly realises this Hadith might not seek provision actively knowing that what was allocated to them so long ago cannot miss them. So for this person the customary means of obtaining provision such as obtaining it through a job is broken by Allah, the Exalted. This is a high and rare rank. Only the one who can behave in such a manner without complaining or panicking nor expecting things

from people is free of blame if they choose this path. It is important to note, that the Holy Prophet Muhammad, peace and blessings be upon him, has warned in a Hadith found in Sunan Abu Dawud, number 1692, that it is a sin for a person to fail in providing for their dependents even though they may be on this high rank.

Having real trust in Allah, the Exalted, leads to being content with destiny. Meaning, whatever Allah, the Exalted, chooses for them they accept without complaint and without desiring things to change as they firmly trust that Allah, the Exalted, only chooses the best for His servants. Chapter 2 Al Baqarah, verse 216:

“...But perhaps you hate a thing and it is good for you; and perhaps you love a thing and it is bad for you. And Allah knows, while you know not.”

To conclude, it is best to follow the traditions of the Holy Prophet Muhammad, peace and blessings be upon him, by using the lawful means one has been granted firmly believing they are from Allah, the Exalted, and trust internally that only what Allah, the Exalted, decides will occur, which is undoubtedly the best choice for each person whether they observe this or not.

Umar Ibn Khattab, the Second Rightly Guided Caliph, may Allah be pleased with him, once wrote to his son, Abdullah Bin Umar, may Allah be pleased with him, and said, "Allah, the Exalted...suffices the one who places his trust in Him..." (Ibn Abd Rabbih, Al Iqad Al Farid, 3/114)

Muslims often question how they can build up and strengthen their trust in Allah, the Exalted, especially during difficulties. One of the main ways of doing this is through the sincere obedience of Allah, the Exalted, by fulfilling His commands, refraining from His prohibitions and by facing destiny with patience. This is because the one who is disobedient to Allah, the Exalted, will always believe Allah, the Exalted, will not help them which in turn weakens their trust in Him. Whereas, the obedient muslim will firmly believe that as they have fulfilled their duties Allah, the Exalted, will definitely respond to them in their moment of need which in turn strengthens their trust in Allah, the Exalted.

In addition, a Hadith found in Sahih Bukhari, number 7405, advises that Allah, the Exalted, responds to a person according to their perception of Him. The disobedient person will always have negative thoughts about Allah, the Exalted, because of their disobedience. Whereas, an obedient muslim will always have positive thoughts about Allah, the Exalted, because of their obedience. This thinking can weaken or strengthen a muslim's trust in Allah, the Exalted. The obedient muslim trusts that if they fulfilled their side of a business contract their business partner would do the same. Similarly, an obedient muslim trusts that as they through the mercy of Allah, the Exalted, have fulfilled their duties Allah, the Exalted, will fulfil His promises by aiding them throughout their life especially, through difficulties. Whereas, the one who does not fulfil their side of a business contract would not trust or hope that their business partner will fulfil their side. Similarly, a disobedient person would not trust that Allah, the Exalted, would aid them as they failed to fulfil their duties.

To conclude, having and building trust in Allah, the Exalted, is directly linked to His obedience. The more one is obedient the more they will trust in Him. The less they are obedient they less they will trust in Him.

Umar Ibn Khattab, the Second Rightly Guided Caliph, may Allah be pleased with him, once wrote to his son, Abdullah Bin Umar, may Allah be pleased with him, and said, "Allah, the Exalted...gives more to the one who is grateful to Him..." (Ibn Abd Rabbih, Al Iqad Al Farid, 3/114)

A muslim must ensure they fulfill all three aspects of gratitude so that they avoid becoming a denier of Allah, the Exalted, as the one who is ungrateful in reality, scorns the One who granted them the blessings. Chapter 2 Al Baqarah, verse 152:

"...And be grateful to Me and do not deny Me."

The three aspects of gratitude are to internally acknowledge Allah, the Exalted, as the sole Creator and Provider of all blessings. An aspect of this is to correct one's intention so that they only perform actions to please Allah, the Exalted. The next aspect is to praise Allah, the Exalted, via the tongue. And the final and highest aspect is to practically show gratitude through one's actions by using each blessing as prescribed by Islam in order to please Allah, the Exalted. Chapter 14 Ibrahim, verse 7:

"And [remember] when your Lord proclaimed, 'If you are grateful, I will surely increase you [in favor]; but if you deny, indeed, My punishment is severe.'"

As true gratitude leads to an increase in blessings muslims should fear that showing ingratitude may cause the blessings they possess to either be taken away from them or for their blessings to be used against them by becoming a burden and a curse for them in both worlds. It is important to note, even if a muslim becomes truly grateful they will still face tests and difficulties as they are guaranteed. But if they behave in the correct way they will be guided through every situation so that they obtain peace of mind and body in this world and a great reward in the hereafter. This is similar to the patient who is operated on but feels no pain as they have been anesthetized.

Umar Ibn Khattab, the Second Rightly Guided Caliph, may Allah be pleased with him, once wrote to his son, Abdullah Bin Umar, may Allah be pleased with him, and said, "Allah, the Exalted...recompenses the one who gives for His sake." (Ibn Abd Rabbih, Al Iqad Al Farid, 3/114)

In a Hadith found in Jami At Tirmidhi, number 2029, the Holy Prophet Muhammad, peace and blessings be upon him, advised that charity does not decrease one's wealth.

This is because whatever a muslim spends for the sake of Allah, the Exalted, in respect to any blessing, such as time, Allah, the Exalted, will compensate them. This compensation will be much more than what they originally used. Chapter 2 Al Baqarah, verse 245:

"Who is it that would loan Allah a goodly loan so He may multiply it for him many times over?..."

For example, Allah, the Exalted, may grant the one who spends for His sake with financial opportunities which leads to an overall increase in wealth. In addition, this could be referring to the reality that whatever is destined to be spent on a person, which is their true wealth, can never change irrespective of their behaviour or the behaviour of the entire creation. In fact, a person's provision was allocated to them over fifty thousand years before Allah, the Exalted, created the Heavens and the Earth. This is confirmed in a Hadith found in Sahih Muslim, number 6748. So in reality, one's charity will not change the amount of wealth

which is destined to be spent on them, such as wealth spent on their food.

Umar Ibn Khattab, the Second Rightly Guided Caliph, may Allah be pleased with him, once wrote to his son, Abdullah Bin Umar, may Allah be pleased with him, and said, "No (good) deed of a person is accepted if it is not accompanied with a (good) intention..." (Ibn Abd Rabbih, Al Iqad Al Farid, 3/114)

In a Hadith found in Sunan Ibn Majah, number 3989, the Holy Prophet Muhammad, peace and blessings be upon him, warned that even slightly showing off is polytheism.

This is a minor type of polytheism which does not cause one to lose their faith. Instead it leads to the loss of reward as this muslim acted for the sake of pleasing people when they should have acted to please Allah, the Exalted. In fact, these people will be told on Judgment Day to seek their reward from those they acted for, which will not be possible. This has been warned in a Hadith found in Jami At Tirmidhi, number 3154.

If the Devil cannot prevent one from performing righteous deeds he will attempt to corrupt their intention thereby destroying their reward. If he cannot corrupt their intention in an obvious way he tries to corrupt it through subtle ways. This includes when people subtly show off their righteous deeds to others. Sometimes it is so subtle that the person themselves are not fully aware of what they are doing. As gaining and acting on knowledge is a duty on all, according to a Hadith found in Sunan Ibn Majah, number 224, claiming ignorance will not be accepted by Allah, the Exalted, on Judgment Day.

Subtly showing off often occurs through social media and one's speech. For example, a muslim might inform others they are fasting even though no one directly asked them if they were fasting. Another example is when one publically recites the Holy Quran from memory in front of others thereby showing others they have memorized the Holy Quran. Even criticizing oneself publically can be considered showing off one's humility to others.

To conclude, showing off subtly destroys a muslim's reward and must be avoided in order to safeguard their righteous deeds. This is only possible by learning and acting on Islamic knowledge, such as how to safeguard one's speech.

Umar Ibn Khattab, the Second Rightly Guided Caliph, may Allah be pleased with him, once said, "Indeed, in solitude there is peace from evil companionship." (Imam Bayhaqi, Zuhd Al Kabir, 118)

In a Hadith found in Jami At Tirmidhi, number 2406, the Holy Prophet Muhammad, peace and blessings be upon him, advised how to achieve salvation.

One of these things is that a person should not leave their home unnecessarily. Behaving in this manner leads to wasting time and both verbal and physical sins. If one truly sincerely reflects they will realize that the majority of their sins and the problems they encountered were due to unnecessarily socializing with others. This does not mean it was always the fault of others but it means if one avoids unnecessarily leaving their home they would sin less and encounter less problems and difficulties. This would also free up their time to learn and act on Islamic teachings more which is beneficial in all aspects of one's life.

Umar Ibn Khattab, the Second Rightly Guided Caliph, may Allah be pleased with him, once said, "There is not much good in a people who do not advise each other..." (Imam Al Muhasibi, Risalah Al Mustarshidin, Saad/71)

In a Hadith found in Sahih Bukhari, number 2686, the Holy Prophet Muhammad, peace and blessings be upon him, warned that failing to fulfill the important duty of commanding good and forbidding evil can be understood with the example of a boat with two levels full of people. The people on the lower level keep disturbing the people on the upper level whenever they desire to access water. So they decide to drill a hole in the lower level so that they can access water directly. If the people on the upper level fail to stop them they will all surely drown.

It is important for muslims to never give up commanding good and forbidding evil according to their knowledge in a gentle way. A muslim should never believe that as long as they obey Allah, the Exalted, other misguided people will not be able to affect them in a negative way. A good apple will eventually get affected when placed with rotten apples. Similarly, the muslim who fails to command others to do good will eventually be effected by their negative behavior whether it is subtle or apparent. Even if the wider society has become heedless one should never give up advising their dependents such as their family as not only will their negative behavior affect them more but this is a duty on all muslims according to a Hadith found in Sunan Abu Dawud, number 2928. Even if a muslim is ignored by others they should discharge their duty by persistently advising them in a gentle way which is supported by strong evidence and knowledge. Only in this way will they be protected from their negative effects and pardoned on the Day of Judgment. But if they only care about themselves and ignore the actions of others it is feared that the negative effects of others may well lead to their eventual misguidance.

Umar Ibn Khattab, the Second Rightly Guided Caliph, may Allah be pleased with him, once said, "There is not much good in a people who do not advise each other..." (Imam Al Muhasibi, Risalah Al Mustarshidin, Saad/71)

In a Hadith found in Sahih Bukhari, number 3267, the Holy Prophet Muhammad, peace and blessings be upon him, warned that the one who contradicts their own advice when commanding good and forbidding evil will be punished in Hell.

Instead of following in the footsteps of the righteous predecessors by advising only for the sake of Allah, the Exalted, many people advise for other reasons, such as to gain popularity and worldly things. For example, some scholars often strive to be in the spotlight of gatherings and events and are not pleased with a seat which is to one side as they desire a central seat. When their intention became like this Allah, the Exalted, removed the positive effect of their advice and thus they now have little positive influence over their listeners. They should have shown a practical example instead of saying one thing and doing another. This caused their advice to become ineffective.

Muslims should strive to always act on their own advice before commanding others to do so as behaving in this manner is hated by Allah, the Exalted. Chapter 61 As Saf, verse 3:

"Greatly hateful in the sight of Allah is that you say what you do not do."

This does not mean one must become perfect before advising others as this is not possible. Instead, they should correct their intention and prove this through their actions by striving to act on their own advice before advising others. Only with this attitude will they avoid the punishment mentioned in this Hadith. The failure in acting on this principle has caused the advice of muslims to become ineffective even though the number of advisers has dramatically increased over the years.

Umar Ibn Khattab, the Second Rightly Guided Caliph, may Allah be pleased with him, once said, "...There is no good in a people who do not like those who advise (them on good)..." (Imam Al Muhasibi, Risalah Al Mustarshidin, Saad/71)

If one studies the lives of the righteous predecessors they will observe many differences between them and the muslims of today. One big difference is the way people respond to those who command good and forbid evil, which is a duty on all muslims according to their knowledge. It is important for muslims to understand this behavioural change as it can prevent many arguments and enmity growing between people. In the past muslims loved those who advised them to do good and warned them against bad things. In fact, they did not consider someone a sincere friend until they behaved in this manner with them. They actually even loved those who advised them on things which were not considered sins in Islam but were only disliked things. This is the major change which has occurred. Many muslims nowadays dislike being constructively criticized in this manner. In cases where unlawful things are occurring it is a duty on a muslim to gently and kindly warn against it according to the teachings of Islam even if others dislike their behaviour. But in most cases where others are not committing a sin but are merely committing things which are disliked it is better for a muslim not to criticize them over them as it will only lead to enmity, arguments and it can even cause one to give up advising others because of the negative response they receive. The exception is when the one being advised likes being advised in such a manner. Therefore, a muslim who desires to fulfil their duty and avoid arguments with others should command good and warn against the unlawful but leave aside things which do not fall within these two categories.

Umar Ibn Khattab, the Second Rightly Guided Caliph, may Allah be pleased with him, once said, "Everyday an announcement is made that such and such person has passed away. Soon, a day will come when they announce that Umar has passed away." (Imam Al Muhasibi, Risalah Al Mustarshidin, Saad/111)

Death is something which is certain to occur but the time is unknown so it therefore makes sense that a muslim who believes in the hereafter prioritises preparing for it over preparing for things which might not occur, such as marriage, children or their retirement. It is strange how many muslims have adopted the opposite mentality even though they testify that the world is temporary and uncertain whereas the hereafter is permanent and they are certain to reach it. No matter how one behaves they will be judged regarding their deeds. A muslim should not be fooled into believing that they can and will prepare for the hereafter in the future as this attitude only causes them to delay further until their death occurs and they leave this world with regrets that will not aid them.

So the important thing is not that people will die as this is unavoidable but the key is acting in such a way that one is fully prepared for it. The only way to prepare for it correctly is by acting on the teachings of Islam namely, fulfilling the commands of Allah, the Exalted, refraining from His prohibitions and facing destiny with patience. This is only possible when one prioritises preparing for the hereafter over preparing for things which might not occur.

Umar Ibn Khattab, the Second Rightly Guided Caliph, may Allah be pleased with him, once said, "Everyday an announcement is made that such and such person has passed away. Soon, a day will come when they announce that Umar has passed away." (Imam Al Muhasibi, Risalah Al Mustarshidin, Saad/111)

As one's time is limited they must therefore make use of it before it runs out. This is achieved when one strives to use the blessings they were granted in ways pleasing to Allah, the Exalted.

In reality, in most cases nothing in this material world in itself is good or bad, such as wealth. What makes a thing good or bad is the way it is used. It is important to understand that the very purpose of everything which was created by Allah, the Exalted, was for it to be used correctly according to the teachings of Islam. When something is not used correctly it in reality becomes useless. For example, wealth is useful in both worlds when it is used correctly such as being spent on the necessities of a person and their dependents. But it can become useless and even a curse for its bearer if it is not used correctly, such as being hoarded or spent on sinful things. Simply hoarding wealth causes wealth to lose value. How can paper and metal coins one tucks away be useful? In this respect, there is no difference between a blank piece of paper and a note of money. It is only useful when it is used correctly.

So if a Muslim desires all their worldly possessions to become a blessing for them in both worlds all they have to do is use them correctly according to the teachings found in the Holy Quran and the traditions of the Holy

Prophet Muhammad, peace and blessings be upon him. But if they use them incorrectly then the same blessing will become a burden and curse for them in both worlds. It is as simple as that.

Umar Ibn Khattab, the Second Rightly Guided Caliph, may Allah be pleased with him, once said, "Everyday an announcement is made that such and such person has passed away. Soon, a day will come when they announce that Umar has passed away." (Imam Al Muhasibi, Risalah Al Mustarshidin, Saad/111)

As one's time is limited they must therefore make use of it before it runs out. This is achieved when one strives to use the blessings they were granted in ways pleasing to Allah, the Exalted. One can adopt the correct attitude when they understand the purpose of these blessings.

Every worldly blessing a Muslim possesses is only a means which should aid them in reaching the hereafter safely. It is not an end in itself. For example, wealth is a means one should use in order to obey Allah, the Exalted, by fulfilling the commands of Allah, the Exalted, fulfilling their necessities and the necessities of their dependents. It is not an end or an ultimate goal in itself.

This not only aids a Muslim in maintaining their focus on the hereafter but it also aids them whenever they lose worldly blessings. When a Muslim treats each worldly blessing, such as a child, as a means to please Allah, the Exalted, and reach the hereafter safely then losing it will not have such a detrimental impact on them. They may become sad, which is an acceptable emotion, but they will not become grieved which leads to impatience and other mental problems, such as depression. This is because they firmly believe the worldly blessing they possessed was only a means so losing it does not cause a loss in the ultimate goal namely, Paradise, the loss of which is disastrous. Therefore, still

possessing and concentrating on the ultimate goal will prevent them from becoming grieved.

In addition, they will understand that just like the thing they lost was only a means they firmly believe they will be provided with another means to reach and fulfil their ultimate goal by Allah, the Exalted. This will also prevent them from grieving. Whereas, the one who believes their worldly blessing is the end instead of a means will experience severe grief when losing it as their whole purpose and objective has been lost. This grief will lead to depression and other mental issues.

To conclude, Muslims should treat each blessing they possess as a means to reach the hereafter safely not as an end in itself. This is how one can possess things without being possessed by them. This is how they can keep worldly things in their hands and not in their hearts.

***Umar Ibn Khattab, the Second Rightly Guided Caliph, may Allah be pleased with him, once said, "Refer all actions to the traditions of the Holy Prophet Muhammad, peace and blessings be upon him."
(Imam Ibn Taymiyyah, Al Istiqaamah, 1/5)***

This indicates that one must judge their actions according to the traditions of the Holy Prophet Muhammad, peace and blessings be upon him.

In a Hadith found in Sahih Muslim number 196, the Holy Prophet Muhammad, peace and blessings be upon him, advised that Islam is sincerity towards the Holy Prophet Muhammad, peace and blessings be upon him. This includes striving to acquire knowledge in order to act on his traditions. These traditions include the ones related to Allah, the Exalted, in the form of worship, and his blessed noble character towards the creation. Chapter 68 Al Qalam, verse 4:

"And indeed, you are of a great moral character."

It includes to accept his commands and prohibitions at all times. This has been made a duty by Allah, the Exalted. Chapter 59 Al Hashr, verse 7:

"...And whatever the Messenger has given you - take; and what he has forbidden you - refrain from..."

Sincerity includes to give priority to his traditions over the actions of anyone else as all paths to Allah, the Exalted, are closed except the path of the Holy Prophet Muhammad, peace and blessings be upon him. Chapter 3 Alee Imran, verse 31:

"Say, [O Muḥammad], "If you should love Allah, then follow me, [so] Allah will love you and forgive you your sins..."

One must love all those who supported him during his life and after his passing, whether they are from his Family or his Companions, may Allah be pleased with them all. Supporting those who walk on his path and teach his traditions is a duty on those who desire to be sincere to him. Sincerity also includes loving those who love him and disliking those who criticise him irrespective, of one's relationship with these people. This is all summarised in a single Hadith found in Sahih Bukhari, number 16. It advises that a person cannot have true faith until they love Allah, the Exalted, and the Holy Prophet Muhammad, peace and blessings be upon him, more than the entire creation. This love must be shown through actions not just words.

Umar Ibn Khattab, the Second Rightly Guided Caliph, may Allah be pleased with him, once advised one of his governors by saying, "...as for the person who has been deceived by his worldly life and was preoccupied with his desires, his return (on Judgement Day) will be one of remorse and regret..." (Imam Bayhaqi, Zuhd Al Kabir, 462)

The trumpet blast will lead to the death of the creation. This has been confirmed in a Hadith found in Sahih Muslim, number 7381. The important thing to learn is that this is a call which no one can or will reject responding to. It will lead to the resurrection and final judgment. Therefore, muslims should respond to the call of Allah, the Exalted, through the Holy Prophet Muhammad, peace and blessings be upon him, through sincere obedience by fulfilling the commands of Allah, the Exalted, refraining from His prohibitions and by facing destiny with patience according to the traditions of the Holy Prophet Muhammad, peace and blessings be upon him. Chapter 8 An Anfal, verse 24:

"O you who have believed, respond to Allah and to the Messenger when he calls you to that which gives you life..."

Whoever responds to this call in this world will find the final call easy to endure and respond to. Whereas, the one who lives heedless to the call of Allah, the Exalted, in this world will not find peace in it and they will be forced to answer the call of the trumpet which will be a great burden for them to endure and respond to. A person can only ignore the call of Allah, the Exalted, for so long as the final call will occur, sooner or later, and no one will be able to avoid or ignore it. If this is inevitable it makes sense that one respond to it now, today, instead of living in

heedlessness. If one hears the trumpet blast while heedless no action or regret will benefit them and what comes after for this person will be even more terrifying.

Umar Ibn Khattab, the Second Rightly Guided Caliph, may Allah be pleased with him, once advised one of his governors by saying, "...as for the person who has been deceived by his worldly life and was preoccupied with his desires, his return (on Judgement Day) will be one of remorse and regret..." (Imam Bayhaqi, Zuhd Al Kabir, 462)

In a Hadith found in Sahih Muslim, number 7232, the Holy Prophet Muhammad, peace and blessings be upon him, advised that people will be resurrected on Judgment Day in the same state they died on Earth.

This means that if a person dies on good they will be resurrected on good. But if they die on evil they will be raised in an evil way.

A muslim should not live in heedlessness by believing just because they have faith in Islam it guarantees they will die and therefore be raised in a good state on Judgment Day. If they persist on the disobedience of Allah, the Exalted, and then die in this state without sincerely repenting then they will be raised in an evil way. It does not take a scholar to determine what will happen to this person on Judgment Day.

From this Hadith one can understand that the way they will die will be in the same state they have lived. Meaning, if they lived in the obedience of Allah, the Exalted, by sincerely fulfilling His commands, refraining from His prohibitions and by facing destiny with patience according to the traditions of the Holy Prophet Muhammad, peace and blessings be upon him, then they will die in a good state and therefore be raised in a good

state which includes being raised with the righteous as they practically followed in their footsteps. This has been indicated in a Hadith found in Sahih Bukhari, number 3688.

A muslim should therefore not walk the path to Hell by disobeying Allah, the Exalted, and believe that they will somehow be raised with the pious and end up in Paradise.

Umar Ibn Khattab, the Second Rightly Guided Caliph, may Allah be pleased with him, once said, "The who is inspired to supplicate to Allah, the Exalted, will not have their supplication rejected, as Allah, the Exalted, says in chapter 40 Ghafir, verse 60:

"And your Lord says, "Call upon Me; I will respond to you..." ..."
(Imam Al Jahiz, Al Bayan Wa Al Tabyin, 3/288)

In a Hadith found in Jami At Tirmidhi, number 3371, the Holy Prophet Muhammad, peace and blessings be upon him, advised that supplication is the essence of worship.

This is because it is a practical demonstration of humility and one's servant hood to Allah, the Exalted, as it is befitting for the servant to ask from the Master.

It is important to know that according to a Hadith found in Jami At Tirmidhi, number 3604, every good supplication is accepted in three ways. It is either fulfilled, the equivalent reward is given in the hereafter or an equivalent evil is removed from one's life.

In chapter 40 Ghafir, verse 60, Allah, the Exalted, guarantees a response to all those who perform supplication. Therefore, one should always bear this in mind and persist in supplications.

“And your Lord says, “Call upon Me; I will respond to you...”

Even before supplicating one should ensure their earnings are lawful and what they consume is lawful. The Holy Prophet Muhammad, peace and blessings be upon him, has clearly warned in a Hadith found in Jami At Tirmidhi, number 2989, that the supplication of a person who earns and consumes the unlawful will never be accepted.

The first etiquette of supplication is that one should try to face the Qibla when supplicating. This was the tradition of the Holy Prophet Muhammad, peace and blessings be upon him. An example of this action is found in Sunan An Nasai, number 2899.

One should raise their hands begging Allah, the Exalted, to fulfill their desire as this was the practice of the Holy Prophet Muhammad, peace and blessings be upon him. This is confirmed in a Hadith found in Sahih Bukhari, number 1030.

In a Hadith found in Jami At Tirmidhi, number 3556, the Holy Prophet Muhammad, peace and blessings be upon him, advised that Allah, the Exalted, is too shy and generous to turn away a beggar empty handed who raises their hands to Him.

One should begin and conclude their supplication by first praising Allah, the Exalted, and then sending blessings upon the Holy Prophet Muhammad, peace and blessings be upon him. This has been advised in a Hadith found in Sunan Abu Dawud, number 1481.

In fact, as mentioned in a Hadith found in Jami At Tirmidhi, number 486, a person's supplication remains suspended between the Heavens and the Earth until they send blessings upon the Holy Prophet Muhammad, peace and blessings be upon him.

One should praise Allah, the Exalted, with phrases mentioned in the Holy Quran or the Hadiths of the Holy Prophet Muhammad, peace and blessings be upon him. The beautiful names of Allah, the Exalted, are found extensively throughout these divine teachings and should be utilised. For example, chapter 59 Al Hashr, verse 24:

“He is Allah, the Creator, the Producer, the Fashioner; to Him belong the best names...”

The best supplications are found in the Holy Quran and the Hadiths of the Holy Prophet Muhammad, peace and blessings be upon him, and therefore should be used. For example, chapter 14 Ibrahim, verse 41:

“Our Lord, forgive me and my parents and the believers the Day the account is established.”

But it is absolutely acceptable to supplicate for specific things as long as they are lawful.

As advised in the Holy Quran one should supplicate to Allah, the Exalted, with humility hoping for His mercy and in fear of His greatness. Chapter 7 Al A'raf, verse 56:

“...And invoke Him in fear and aspiration...”

It is vital to supplicate with enthusiasm full well believing Allah, the Exalted, will fulfil one's needs. In addition, as advised in a Hadith found in Jami At Tirmidhi, number 3479, Allah, the Exalted, does not respond to someone who supplicates while heedless or distracted.

The Holy Prophet Muhammad, peace and blessings be upon him, has advised in a Hadith found in Jami At Tirmidhi, number 3505, that when the following verse of the Holy Quran is recited the supplication is always accepted. Chapter 21 Al Anbiya, verse 87:

“...There is no deity except You; exalted are You. Indeed, I have been of the wrongdoers.”

One should seal their supplication with the word, Ameen, as this ensures its acceptance. This has been advised in a Hadith found in Sunan Abu Dawud, number 938.

After the supplication is concluded it is a practice of the Holy Prophet Muhammad, peace and blessings be upon him, to wipe one's hands over their face. This is confirmed in a Hadith found in Sunan Abu Dawud, number 1492.

Finally, one should be persistent in supplicating as giving up is a hasty action which can lead to the supplication being unfulfilled. This warning is given in a Hadith found in Jami At Tirmidhi, number 3387.

One should make it a habit to remember Allah, the Exalted, in times of ease so that Allah, the Exalted, will help them in times of difficulty. This is advised in a Hadith found in Musnad Ahmad, number 2803. As advised in a Hadith found in Jami At Tirmidhi, number 3499, Allah, the Exalted, readily accepts the supplication made after the obligatory prayers and in the last part of the night. A Hadith found in Sahih Bukhari, number 6321, advises that in the last part of the night the divine descent occurs at which point Allah, the Exalted, calls out and responds to supplications. There is a Hadith found in Sunan Abu Dawud, number 521, which advises that the supplication between the two call to prayers is never rejected. The Holy Prophet Muhammad, peace and blessings

be upon him, has declared that a muslim is closest to Allah, the Exalted, while they are prostrating and they should therefore supplicate to Him at this time. This is confirmed in a Hadith found in Sunan An Nasai, number 1138. As mentioned in a Hadith found in Sunan Abu Dawud, number 1046, there is an hour during every Friday where Allah, the Exalted, readily accepts supplications. When a fasting person breaks their fast their supplication is also accepted. This has been advised in a Hadith found in Sunan Ibn Majah, number 1753. One should ask the sick to supplicate for them as it has been advised in a Hadith found in Sunan Ibn Majah, number 1441, that their supplications are like the supplications of the Angels. The supplication made when drinking Zamzam water is always accepted. This has been advised in a Hadith found in Sunan Ibn Majah, number 3062. A Hadith found in Sunan Abu Dawud, number 2540, advises that the supplication at the time when it rains is accepted. A Hadith found in Sunan Abu Dawud, number 1534, encourages people to supplicate for others in their absence as they are readily accepted. If one is facing any form of oppression they should supplicate to Allah, the Exalted, as they will be accepted. This has been advised in a Hadith found in Jami At Tirmidhi, number 1905. This same Hadith advises that the supplication of the traveller is never rejected. Finally, one should encourage their parents to supplicate for them as they are readily accepted. This is supported by a Hadith found in Sunan Ibn Majah, number 3862.

Some do not regularly supplicate to Allah, the Exalted, as they claim that He is All Aware and requires no one to inform Him of their desires. Even though, this is a fact it is better to supplicate as this is the tradition of all the Holy Prophets, peace be upon them all, and has been advised in the Holy Quran. Chapter 40 Ghafir, verse 60:

“And your Lord says, “Call upon Me; I will respond to you.” Indeed, those who disdain My worship will enter Hell [rendered] contemptible.”

Supplicating is an excellent way to demonstrate one's humility and servanthood to Allah, the Exalted. In fact, as mentioned in a Hadith found in Jami At Tirmidhi, number 3370, nothing is more honourable to Allah, the Exalted, than supplication. Finally, Allah, the Exalted, becomes angry when a person does not supplicate to Him as it may indicate they believe they are independent of Allah, the Exalted, which is not true. This is confirmed in a Hadith found in Jami At Tirmidhi, number 3373.

Umar Ibn Khattab, the Second Rightly Guided Caliph, may Allah be pleased with him, once said, "...The one who is inspired to seek forgiveness will not be deprived of acceptance as Allah, the Exalted, says in chapter 73 Al Muzzammil, verse 20:

"...And seek forgiveness of Allāh. Indeed, Allāh is Forgiving..."
(Imam Al Jahiz, Al Bayan Wa Al Tabyin, 3/288)

A divine Hadith found in Jami At Tirmidhi, number 3540, advises the importance and vastness of the forgiveness of Allah, the Exalted. The first part of the Hadith declares that as long as a muslim sincerely supplicates to Allah, the Exalted, and hope's in His mercy they will be forgiven by Him.

This response has in fact been guaranteed for all lawful supplications in the Holy Quran not just for the supplication of forgiveness. Chapter 40 Ghafir, verse 60:

"And your Lord says, "Call upon Me; I will respond to you."..."

In fact, the Holy Prophet Muhammad, peace and blessings be upon him, mentioned this verse and declared that supplication is an act of worship meaning, a righteous deed. This has been advised in a Hadith found in Sunan Abu Dawud, number 1479. A Hadith found in Jami At Tirmidhi,

number 3604, advises that every supplication is accepted in different ways as long as it is a lawful one. The person is either granted what they requested or a reward will be reserved for them in the hereafter or they will be forgiven an equivalent sin. But it is important to note, that in order to receive a positive response a muslim must fulfil the conditions and the etiquettes of the supplication.

One of the greatest supplications a muslim can make is for forgiveness as it is a means for one obtaining blessings, avoiding difficulties in this world and a means to obtaining Paradise and escaping Hell in the next world. Chapter 71 Nuh, verses 10-12:

“And said, 'Ask forgiveness of your Lord. Indeed, He is ever a Perpetual Forgiver. He will send [rain from] the sky upon you in [continuing] showers. And give you increase in wealth and children and provide for you gardens and provide for you rivers.’”

As indicated by the main Hadith under discussion having hope in the infinite mercy of Allah, the Exalted, when supplicating is a condition for forgiveness. In fact, Allah, the Exalted, acts according to His servant's opinion of Him, which has been confirmed in a divine Hadith found in Sahih Bukhari, number 7405.

One of the greatest causes of forgiveness is when a muslim only hopes in Allah, the Exalted, to forgive them full well knowing no one can forgive them or protect them from punishment except Allah, the Exalted.

The next thing mentioned in the main Hadith under discussion is that no matter how many sins a person commits the mercy and forgiveness of Allah, the Exalted, is greater. In fact, it is unlimited therefore a person's limited sins will never be able to overcome it. It is why the Holy Prophet Muhammad, peace and blessings be upon him, advised Muslims to magnify what they supplicate for as nothing is too great for Allah, the Exalted, to grant. This has been confirmed in a Hadith found in Sahih Muslim, number 6812.

The next part of the main Hadith under discussion indicates the importance of sincerely seeking the forgiveness of Allah, the Exalted, which has been mentioned in many verses and other Hadiths. This act of seeking forgiveness is a part of sincere repentance. It can be understood that seeking forgiveness is an act of the tongue while the rest of sincere repentance involves turning away from the sin through actions. It also includes feeling genuine remorse, making a firm promise not to commit the sin again and making up for any rights which have been violated in respect to Allah, the Exalted, and people. It is important to note, that not persisting on the same sin is a condition for the repentance to be accepted. Chapter 3 Alee Imran, verse 135:

“And those who, when they commit an immorality or wrong themselves [by transgression], remember Allah and seek forgiveness for their sins - and who can forgive sins except Allah? - and [who] do not persist in what they have done while they know.”

It is extremely important for a muslim to be persistent in seeking forgiveness as this leads to deliverance from every worry, a way out from every difficulty and support from places where one would not expect. This has been advised in a Hadith found in Sunan Abu Dawud, number 1518.

The next thing mentioned in the main Hadith under discussion is the greatest cause of forgiveness namely, not associating anything to Allah, the Exalted. There are two types of associating things with Allah, the Exalted: major polytheism and minor polytheism. The major type is when one worships things other than Allah, the Exalted, or in addition to Him. The minor version is when one acts for the sake of anyone except Allah, the Exalted, such as showing off. This has been warned in a Hadith found in Sunan Ibn Majah, number 3989. In fact, the one who acts for the sake of people will be told by Allah, the Exalted, on Judgment Day to seek their reward from those they acted for, which will not be possible. This is confirmed in a Hadith found in Jami At Tirmidhi, number 3154. The one who acts in this way will find that they will eventually be exposed in this world and no matter how well they treat others they will never gain their real love or respect because of their bad intention. This has been indicated in a Hadith found in Sahih Muslim, number 6705.

When one realises the Oneness of Allah, the Exalted, they only think, act and speak for the pleasure of Allah, the Exalted, out of fear and love for Him. This behaviour minimises the chances of committing sins and whatever sins do occur will be forgiven by Allah, the Exalted. It is the reason why the Holy Prophet Muhammad, peace and blessings be upon him, declared in a Hadith found in Sunan Ibn Majah, number 3797, that the statement there is none worthy of worship except Allah, the Exalted, removes all wrong actions.

This is the behaviour all muslims must strive to adopt. The foundation of it is fulfilling the commands of Allah, the Exalted, refraining from His prohibitions and being patient with destiny.

Umar Ibn Khattab, the Second Rightly Guided Caliph, may Allah be pleased with him, once said, "...the head of good is hastening to do it." (Imam Al Jahiz, Al Bayan Wa Al Tabyin, 3/289)

In a Hadith found in Jami At Tirmidhi, number 2306, the Holy Prophet Muhammad, peace and blessings be upon him, advised muslims to hasten in performing righteous deeds before seven things occur.

The first is overwhelming poverty. This can refer to financial difficulties which distract a person from the obedience of Allah, the Exalted, which involves fulfilling His commands, refraining from His prohibitions and facing destiny with patience. In addition, stressing over wealth can even push one towards the unlawful. A muslim should remember that any righteous deed rooted in the unlawful will be rejected by Allah, the Exalted. This has been warned in a Hadith found in Sahih Muslim, number 2342. Allah, the Exalted, has allocated provision for the entire creation over fifty thousand years before He created the Heavens and the Earth according to a Hadith found in Sahih Muslim, number 6748. Therefore, a muslim should trust that their lawful provision will reach them as long as they continue to strive for it in lawful ways according to the teachings of Islam. A muslim should remember that Allah, the Exalted, chooses what is best for His servants according to His infinite wisdom. He does not give according to someone's desires as this will most likely lead to their destruction. Chapter 2 Al Baqarah, verse 216:

"...But perhaps you hate a thing and it is good for you; and perhaps you love a thing and it is bad for you. And Allah knows, while you know not."

And chapter 42 Ash Shuraa, verse 27:

“And if Allah had extended [excessively] provision for His servants, they would have committed tyranny throughout the earth. But He sends [it] down in an amount which He wills...”

The next thing mentioned in the main Hadith under discussion is that muslims should hasten in performing righteous deeds before they become distracted by wealth. Wealth itself is not evil but depending on how one obtains it and uses it can either make it a great blessing for them or a great burden for them in both worlds. If a muslim strives to obtain excess wealth while neglecting their duties to Allah, the Exalted, and people while hoarding or misspending their wealth it will become a great curse for them in both worlds. But if a muslim obtains enough to fulfill their needs and the needs of their dependents without excessiveness, waste or extravagance and spends in other ways pleasing to Allah, the Exalted, then they will achieve true richness in both worlds.

The next thing mentioned in the main Hadith under discussion which prevents righteous actions is a debilitating sickness. This is a warning to make use of one's good health before they encounter sickness. One should observe those who have lost their good health either through sickness or through ageing and therefore make use of the good health they possess by striving to gain success in lawful worldly matters as well as religious matters while giving priority to religion over the world. For example, a muslim should use their good health to journey to the Mosques regularly in order to offer their obligatory prayers with

congregation before a time comes when they desire to do this but do not possess the physical strength to do so. The amazing thing about utilizing one's good health correctly is that when a muslim eventually loses it Allah, the Exalted, will continue to grant them the same reward they used to receive when doing good deeds during their time of good health. This has been advised in a Hadith found in Imam Bukhari's, Adab Al Mufrad, number 500. But those who live in heedlessness fail to utilise their good health and therefore receive no reward during their good health or when they fall ill.

This is connected to the next thing mentioned in the main Hadith under discussion namely, senility. A muslim should make use of their youth and strong intelligence before they reach senility. This includes gaining and acting on knowledge and using one's mental strength to obey Allah, the Exalted, by fulfilling His commands, refraining from His prohibitions and by facing destiny with patience. It is important to behave in this manner before senility occurs as even the Holy Prophet Muhammad, peace and blessings be upon him, sought refuge from senility in a Hadith found in Sahih Bukhari, number 6390.

The next thing mentioned in the main Hadith under discussion which prevents righteous actions is a sudden death. Death is certain but the time is unknown. A muslim should not live in heedlessness believing that their death is far away as countless people have and will die long before reaching their life expectancy. Nor should they live in such a way as if they are not going to die at all. Having hopes of a long life can be considered the root of all evil as it causes one to delay performing righteous deeds believing they can always perform them tomorrow. It causes them to delay sincere repentance thereby, failing to change for the better believing they can do this tomorrow. And having hopes for a long life causes one to prioritize obtaining worldly things, such as wealth, in order to make their expected long life on this Earth comfortable.

These prevent one from preparing adequately for the hereafter. Muslims should therefore reduce their hope for a long life so that they change for the better and direct their focus to the permanent hereafter. Muslims should not delay and instead act today as the tomorrow they hope for may never arrive. They should also strive to perform the righteous deeds which will benefit them in case their life ends unexpectedly, such as an ongoing charity, which benefits others as long as the thing is being used, such as a water well. This has been advised in a Hadith found in Jami At Tirmidhi, number 1376.

The next thing mentioned in the main Hadith under discussion is the arrival of the anti-Christ. This event will prevent one from performing righteous deeds and instead tempt them towards disbelief. One lesson to learn from this is the importance of avoiding doubtful things. Just like a person who journeys close to a border is more likely to cross it similarly, a muslim who is surrounded by temptations will more likely be led astray and fail to perform righteous deeds. The one who avoids places and things which tempt them to commit sins will protect their faith and honour. This has been advised in a Hadith found in Jami At Tirmidhi, number 1205. Muslims should therefore guard their faith by avoiding things, places and the people who invite or tempt them towards the disobedience of Allah, the Exalted, and ensure their dependents, such as their children, do the same.

The final thing mentioned in the main Hadith under discussion which prevents one from performing righteous deeds is the Final Hour.

This is when the trumpet blast will occur. The trumpet blast will lead to the death of the creation. This has been confirmed in a Hadith found in

Sahih Muslim, number 7381. The important thing to learn is that this is a call which no one can or will reject responding to. It will lead to the resurrection and final judgment. Therefore, muslims should respond to the call of Allah, the Exalted, through the Holy Prophet Muhammad, peace and blessings be upon him, through sincere obedience by fulfilling the commands of Allah, the Exalted, refraining from His prohibitions and by facing destiny with patience according to the traditions of the Holy Prophet Muhammad, peace and blessings be upon him. Chapter 8 An Anfal, verse 24:

“O you who have believed, respond to Allah and to the Messenger when he calls you to that which gives you life...”

Whoever responds to this call in this world will find the final call easy to endure and respond to. Whereas, the one who lives heedless to the call of Allah, the Exalted, in this world will not find peace in this world and they will be forced to answer the call of the trumpet which will be a great burden for them to endure and respond to. A person can only ignore the call of Allah, the Exalted, for so long as the final call will occur, sooner or later, and no one will be able to avoid or ignore it. If this is inevitable it makes sense that one respond to it now, today, instead of living in heedlessness. If one hears the trumpet blast while heedless no action or regret will benefit them and what comes after for this person will be even more terrifying.

Umar Ibn Khattab, the Second Rightly Guided Caliph, may Allah be pleased with him, once said, "...the head of good is hastening to do it." (Imam Al Jahiz, Al Bayan Wa Al Tabyin, 3/289)

A great obstacle to the obedience of Allah, the Exalted, is having false hope for a long life. It is an extremely blameworthy characteristic as it is the main cause for a muslim giving priority to amassing the material world over preparing for the hereafter. One only needs to assess their average 24 hour day and observe how much time they dedicate to the material world and how much time they dedicate to the hereafter in order to realise this truth. In fact, having false hope for a long life is one of the strongest weapons the Devil uses in order to misguide people. When a person believes they will live long they delay preparing for the hereafter falsely believing they can prepare for it in the near future. In most cases, this near future never comes and a person passes away without adequately preparing for the hereafter.

In addition, false hope for a long life causes one to delay sincere repentance and changing one's character for the better as they believe they have much time left to do this. It encourages a person to hoard the things of this material world, such as wealth, as it convinces them they will need these things during their long life on Earth. The Devil scares people into thinking they must hoard wealth for their old age as they may find no one to support them when they become physically weaker and therefore can no longer work for themselves. They forget that the same way Allah, the Exalted, took care of their provision when they were younger He will provide for them in old age too. In fact, the provision of the creation was allocated over fifty thousand years before the creation of the Heavens and the Earth. This is confirmed in a Hadith found in Sahih Muslim, number 6748. It is strange how a person will dedicate 40 years of their life saving for their retirement which very rarely lasts longer

than 20 years but fails to prepare in the same way for the eternal hereafter.

Islam does not teach muslims to not prepare anything for the world. There is no harm in saving for the near future as long as priority is given to the hereafter. Even though, people admit they may die at any time yet, some behave as if they will live forever in this world. Even to the point that if they were given a promise of eternal life on Earth they would not be able to strive harder in order to accumulate more of the material world due to the restrictions of the day and night. How many people have passed away earlier than expected? And how many learn a lesson from this and change their behaviour?

In reality, one of the greatest pains a person will feel at the time of death or any other stage of the hereafter is regret for delaying their preparation for the hereafter. Chapter 63 Al Munafiqun, verses 10-11:

“And spend [in the way of Allah] from what We have provided you before death approaches one of you and he says, “My Lord, if only You would delay me for a brief term so I would give charity and be of the righteous.” But never will Allah delay a soul when its time has come. And Allah is Aware of what you do.”

A person would be labelled a fool if they dedicated more time and wealth on a house which they were only going to live in for a short while compared to a house they were planning to live in for a very long time.

This is the example of giving priority to the temporal world over the eternal hereafter.

Muslims should work for both the world and the hereafter but know that death does not come to a person at a time, situation or age known to them but it is certain to come. Therefore, preparing for it and what it leads to should take priority over preparing for a future in this world which is not certain to occur.

Umar Ibn Khattab, the Second Rightly Guided Caliph, may Allah be pleased with him, once said, "The person who fears Allah, the Exalted, will not fail to control their anger..." (Imam Al Muhasibi, Risalah Al Mustarshidin, Saad/50)

In a Hadith found in Sahih Bukhari, number 6116, the Holy Prophet Muhammad, peace and blessings be upon him, advised a person not to get angry.

In reality, this Hadith does not mean a person should never get angry as anger is an innate characteristic which is even found in the Holy Prophets, peace be upon them. In fact, in some rare cases anger can be useful for example, in self-defence. This Hadith actually means that a person should control their anger so it does not lead them to sins. In addition, this Hadith shows that anger can lead to many evils and controlling it leads to much good.

Firstly, this advice is a command to adopt all the good characteristics which will encourage one to control their anger, such as patience. This Hadith also indicates that a person should not act according to their anger. Instead, they should struggle with themselves in order to control it so that it does not lead them to sins. Controlling anger for the sake of Allah, the Exalted, is a great deed and leads to divine love. Chapter 3 Alee Imran, verse 134:

"...who restrain anger and who pardon the people - and Allah loves the doers of good."

There are many teachings within Islam which encourage muslims to control their anger. For example, as anger is linked to and inspired by the Devil a Hadith found in Sahih Bukhari, number 3282, advises that an angry person should seek refuge in Allah, the Exalted, from the Devil.

An angered Muslim has been advised in a Hadith found in Jami At Tirmidhi, number 2191, to cling to the ground. This could mean that they should prostrate on the Earth until they calm down. In fact, the more one takes an inactive body position the less chance they will lash out in anger. This has been indicated in a Hadith found in Sunan Abu Dawud, number 4782. Acting on this advice allows one to imprison their anger within themselves until it passes so that it does not negatively affect others.

A Muslim who is angered should follow the advice given in the Hadith found in Sunan Abu Dawud, number 4784. The Holy Prophet Muhammad, peace and blessings be upon him, advised the angry muslim to perform ablution. This is because water counters the innate characteristic of anger namely, heat. If one then offers prayer this would help them control their anger further and lead to a great reward.

The advice discussed so far helps an angry muslim to control their physical actions. In order to control one's speech it is best to refrain from speaking when angered. Unfortunately, words can often have more of a lasting effect on others than physical actions. Countless relationships have been fractured and broken because of words spoken in anger. This behaviour often leads to other sins and crimes as well. It is important for

a muslim to note the Hadith found in Sunan Ibn Majah, number 3970, which warns that it only takes a single evil word to cause a person to plunge into Hell on Judgement Day.

Controlling anger is a great virtue and the one who masters this has been described by the Holy Prophet Muhammad, peace and blessings be upon him, as a strong person in a Hadith found in Sahih Bukhari, number 6114. In fact, the one who swallows their anger for the sake of Allah, the Exalted, meaning, they do not commit a sin because of their anger, will have their heart filled with peace and true faith. This has been advised in a Hadith found in Sunan Abu Dawud, number 4778. This is a characteristic of the sound heart which is mentioned in the Holy Quran. It is the only heart which will be granted safety on the Day of Judgment. Chapter 26 Ash Shu'ara, verses 88 and 89:

"The Day when there will not benefit [anyone] wealth or children. But only one who comes to Allah with a sound heart."

As mentioned earlier, anger within limits can be useful. It should be used for repelling harm to one's self, faith and possessions which if done correctly, according to the teachings of Islam, is counted as anger for the sake of Allah, the Exalted. This was the state of the Holy Prophet Muhammad, peace and blessings be upon him, who was never angered for the sake of his own desires. He only became angry for the sake of Allah, the Exalted, which is confirmed in a Hadith found in Sahih Muslim, number 6050. The character of the Holy Prophet Muhammad, peace and blessings be upon him, was the Holy Quran, which has been advised in a Hadith found in Sahih Muslim, number 1739. This means he

would be pleased with what it was pleased with and angered with what it was angered with.

It is important to note, that becoming angered only for the sake of Allah, the Exalted, is praiseworthy but if this anger causes one to exceed the limits then it becomes blameworthy. It is absolutely vital for one to control their anger according to the teachings of Islam even when they are angered for the sake of Allah, the Exalted. A Hadith found in Sunan Abu Dawud, number 4901, warns of a worshipper who angrily claimed Allah, the Exalted, would not forgive a specific sinful person. As a result this worshipper will be sent to Hell while the sinner will be forgiven on Judgment Day.

The origins of evil consist of four things: failing to control one's desire, fear, evil appetites and anger. Therefore, the one who accepts the advice of this Hadith will remove a quarter of evil from their character and life.

To conclude, it is vital for muslims to control their anger so it does not cause them to act or speak in a way which will lead them to a great regret in both this world and the next.

Umar Ibn Khattab, the Second Rightly Guided Caliph, may Allah be pleased with him, once said, "I am not worried about the state I am in the morning, whether it is a state which I like or dislike. This is because I do not know whether good has been placed in what I like or what I dislike." (Imam Abu Laith Samarqandi, Tanbihul Ghafileen, Saad/364)

It is important for muslims to understand a simple thing which can aid them with patiently facing destiny and the difficulties it brings. A person happily takes a bitter medicine which their doctor prescribes fully trusting in their knowledge, experience and choice all the while believing that their doctor knows what is best for them. This is true even though they are only human and prone to errors. Yet, many muslims fail to place this same level of trust in Allah, the Exalted, even though His knowledge is infinite and His choices always the wisest. Muslims should try to accept destiny and the troubles it brings just like they take the bitter medicine without complaining knowing it is best for them. They should understand that the troubles and difficulties they face are best for them even if they do not understand or observe the wisdoms in them just like they do not understand the science behind the bitter medicine they happily take. Even though in most cases, they will never understand the science behind the bitter medicine they take a time will certainly come, whether in this world or in the hereafter, when the wisdom behind the bitter difficulties they faced will be revealed to them. So a muslim should anticipate this time patiently knowing all will be revealed shortly. Pondering deeply over this can increase one's patience when dealing with difficulties. Chapter 2 Al Baqarah, verse 216:

"...But perhaps you hate a thing and it is good for you; and perhaps you love a thing and it is bad for you. And Allah knows, while you know not."

Umar Ibn Khattab, the Second Rightly Guided Caliph, may Allah be pleased with him, once said, "I am not worried about the state I am in the morning, whether it is a state which I like or dislike. This is because I do not know whether good has been placed in what I like or what I dislike." (Imam Abu Laith Samarqandi, Tanbihul Ghafileen, Saad/364)

Parents often take away things or prevent their children from obtaining certain things such as unhealthy food in order to protect them. This behaviour often causes the child to become sad or angry as they are completely unaware of the wisdom behind the actions of their parent. This parental behaviour is something which is widely accepted in society and is rightfully believed to be a characteristic of a good and responsible parent. Similarly, in life people often lose or are prevented from obtaining certain worldly things by Allah, the Exalted. A muslim must understand that the same way parents keep harmful things away from their children even though their children do not understand the reason behind their choice similarly Allah, the Exalted, acts in this manner according to His infinite wisdom and knowledge in order to protect His servants even if people do not understand the wisdom behind His choices. Therefore, every time a muslim finds themselves in this situation they should reflect on this simple example, which no one would reject irrespective of their faith, so that they are inspired to remain patient and show gratitude for the divine protection Allah, the Exalted, has granted them. They should not act like an immature child by becoming angry and impatient as adults are meant to behave better than children. In fact, children are excused from behaving in such a manner as they lack knowledge and experience whereas adults should not lack this and will therefore be held accountable for their behaviour in both worlds.

Umar Ibn Khattab, the Second Rightly Guided Caliph, may Allah be pleased with him, once wrote to his governor, Abu Musa, may Allah be pleased with him, and said, "Order relatives to visit each other but not to live in close proximity to each other." (Ibn Abd Rabbih, Al Iqad Al Farid, 2/164)

Some possess an extreme attitude whereby they force people, such as relatives, to remain physically together. Even though, it is not an evil intention yet, in this day and age it often leads to more trouble than good. As people are not perfect they will make mistakes which upset others such as their relatives. But if this person only met and conversed with their relatives once in a while there is a much greater chance the mistake will be overlooked by others so that it does not become a point of argument. But if this same person was constantly around their relatives it would be much more likely their attitude and behaviour would lead to arguments and friction amongst their relatives. In other words, a person is less likely to argue and more likely to be tolerant with someone they only see once in a while than someone they are always around. This is a fact which everyone will understand if they ponder over it. Unfortunately, some people do not understand that it is better to be physically separated but be at peace with one another than be together in conflict and friction. Arguments only lead to mental separation which often has more of a negative effect on families than physical separation. Whereas, being physically separated does not lead to a mental separation. In fact, it often leads to greater mutual respect and appreciation. As the famous saying goes separation makes the heart grow fonder.

It is important to note, that it is the duty of a muslim to uphold their ties of kinship irrespective of if they are physically with their relatives or not. But

this discussion means that muslims should not believe a bit of physical separation between people is a bad thing. It in fact can be a cause for the bonds between them to strengthen.

Umar Ibn Khattab, the Second Rightly Guided Caliph, may Allah be pleased with him, once said, "Do not refrain from seeking lawful provision and then ask Allah, the Exalted, to provide for you, when you know the sky neither rains down gold nor silver. Allah, the Exalted, provides provision to people through each other." He then recited chapter 62 Al Jumu'ah, verse 10:

***"And when the prayer has been concluded, disperse within the land and seek from the bounty of Allāh, and remember Allāh often that you may succeed.""* (Ibn Abd Rabbih, Al Iqad Al Farid, 2/325)**

In a Hadith found in Sahih Bukhari, number 2072, the Holy Prophet Muhammad, peace and blessings be upon him, advised that no one has eaten anything better than from the earnings of their own hands.

It is important for muslims not to confuse laziness for trusting in Allah, the Exalted. Unfortunately, many muslims turn away from working a lawful occupation, go on social benefits and inhabit the Mosques claiming to trust in Allah, the Exalted, to provide for them. This is not trusting in Allah, the Exalted, at all. It is only laziness which contradicts the teachings of Islam. True trust in Allah, the Exalted, in respect to gaining wealth is to use the means Allah, the Exalted, provided a person, such as their physical strength, in order to obtain lawful wealth according to the teachings of Islam and then trust that Allah, the Exalted, will provide lawful wealth to them through these means. The aim of trusting in Allah, the Exalted, is not to cause one to give up using the means He has created as this would make them useless and Allah, the Exalted, does not create useless things. The

purpose of trusting in Allah, the Exalted, is to prevent one from earning wealth through doubtful or unlawful means. As a muslim should firmly believe their provision which includes wealth was allocated to them over fifty thousand years before the creation of the Heavens and the Earth. This is confirmed in a Hadith found in Sahih Muslim, number 6748. This allocation cannot change under any circumstances. A muslim's duty is to strive in obtaining this through lawful means which is the tradition of the Holy Prophets, peace be upon him. This has been indicated in a Hadith found in Sahih Bukhari, number 2072. Using the means provided by Allah, the Exalted, is an aspect of trusting in Allah, the Exalted, as He created them for this very purpose. A muslim should therefore not be lazy while claiming trust in Allah, the Exalted, by going on social benefits when they have the means to earn lawful wealth through their own efforts and the means created and provided to them by Allah, the Exalted.

Umar Ibn Khattab, the Second Rightly Guided Caliph, may Allah be pleased with him, once said, "Restrain your souls from their desires because they are constantly searching for them. If you do not restrain them they will drag you to a terrible end..." (Imam Al Jahiz, Al Bayan Wa Al Tabyin, 3/138)

In a Hadith found in Jami At Tirmidhi, number 2451, the Holy Prophet Muhammad, peace and blessings be upon, advised that a muslim cannot become pious until they avoid something which is not harmful to their religion out of caution that it will lead to something which is harmful.

Piety can be summed up to mean fulfilling the commands of Allah, the Exalted, refraining from His prohibitions and facing destiny with patience according to the traditions of the Holy Prophet Muhammad, peace and blessings be upon him. This includes treating others how one desires to be treated by people.

An aspect of piety is to avoid things which are doubtful not just unlawful. This is because doubtful things take a muslim one step closer to the unlawful. And the closer one is to the unlawful the easier it is to fall into it. It is why a Hadith found in Jami At Tirmidhi, number 1205, advises that the one who avoids unlawful and doubtful things and only uses lawful things will protect their religion and honor.

If one observes those who have become misguided in society, in most cases, it occurred gradually not in one sudden step. Meaning, the person first indulged in doubtful things before falling into the unlawful. This is the reason why Islam stresses the need to avoid unnecessary and vain things in one's life as they can lead them to the unlawful. For example, vain and useless speech meaning, speech which derives no benefit nor is it a sin, often leads to evil speech such as backbiting, lying and slander. If a person avoided the first step by not indulging in vain speech they would avoid evil speech. This process can be applied to all things which are vain, unnecessary and especially, doubtful. Therefore, a muslim should strive to adopt piety as described earlier, a branch of which is to avoid vain and doubtful things out of fear they will lead to the unlawful.

Umar Ibn Khattab, the Second Rightly Guided Caliph, may Allah be pleased with him, once said, "...avoiding sin is better than treating it with repentance..." (Imam Al Jahiz, Al Bayan Wa Al Tabyin, 3/138)

In a Hadith found in Jami At Tirmidhi, number 2012, the Holy Prophet Muhammad, peace and blessings be upon him, advised that thinking things through is from Allah, the Exalted, while being hasty is from the Devil.

This is an extremely important teaching to understand and act on as muslims who perform much righteous deeds often destroy them through hastiness. For example, they may utter some evil words in a fit of rage which may cause them to plunge into Hell on Judgment Day. This has been warned in a Hadith found in Jami At Tirmidhi, number 2314.

The vast majority of sins and difficulties, such as arguments, occur because people fail to think things through and instead act in a hasty way. The sign of intelligence is when one thinks before speaking or acting and only precedes when they know their speech or action is good and beneficial in worldly or religious matters.

Even though, a muslim should not delay in performing righteous deeds yet, they should still think things through before performing them. This is because a righteous deed may receive no reward simply because its conditions and etiquettes have not been fulfilled because of one's

hastiness. In this respect, one should only move forward in any matter after they have thought things through.

The one who behaves in this manner will not only minimize their sins and increase their obedience to Allah, the Exalted, but they will minimize the difficulties they encounter, such as arguments and disagreements, in all aspects of their life.

Umar Ibn Khattab, the Second Rightly Guided Caliph, may Allah be pleased with him, once said during a sermon, "...now it seems to me that some people are reading the Holy Quran for the sake of worldly gain. Listen! Seek Allah, the Exalted, through your recitation and seek Him through your actions..." (Imam Al Jahiz, Al Bayan Wa Al Tabyin, 3/138)

It is important for muslims to recognize why their worship Allah, the Exalted, as this reason can be a cause for an increase in obedience to Allah, the Exalted, or in some cases it can lead to disobedience. When one worships Allah, the Exalted, in order to gain lawful worldly things from Him they run the risk of becoming disobedient to Him. This type of person has been mentioned in the Holy Quran. Chapter 22 Al Hajj, verse 11:

"And of the people is he who worships Allah on an edge. If he is touched by good, he is reassured by it; but if he is struck by trial, he turns on his face [to disobedience]. He has lost [this] world and the Hereafter. That is what is the manifest loss."

As they obey Allah, the Exalted, in order to receive worldly blessings the moment they fail to receive them or encounter a difficulty they often become angered which turns them away from the obedience of Allah, the Exalted. These people often obey and disobey Allah, the Exalted, according to the situation they are facing which in reality contradicts true servanthood to Allah, the Exalted.

Even though, desiring lawful worldly things from Allah, the Exalted, is acceptable in Islam yet, if one persists with this attitude they may become like those mentioned in this verse. It is far better to worship Allah, the Exalted, in order to be saved in the hereafter and obtain Paradise. This person is unlikely to alter their behaviour when encountering difficulties. But the highest and best reason is to obey Allah, the Exalted, simply because He is their Lord and the Lord of the universe. This muslim, if sincere, will remain steadfast in all situations and through this obedience they will be granted both worldly and religious blessings which outstrip the worldly blessings the first type of person would ever receive.

To conclude, it is important for muslims to reflect on their intention and if necessary correct it so that it encourages them to remain firm on the obedience of Allah, the Exalted, by fulfilling His commands, refraining from His prohibitions and by facing destiny with patience, in all situations.

Umar Ibn Khattab, the Second Rightly Guided Caliph, may Allah be pleased with him, once said, "...beware of being overweight because it is an impediment." (Imam Al Jahiz, Al Bayan Wa Al Tabyin, 3/23)

In a Hadith found in Jami At Tirmidhi, number 2380, the Holy Prophet Muhammad, peace and blessings be upon him, advised the importance of a balanced diet. He advised that one should split their stomach into three parts. The first part is for food, the second part is for drink and the last part should be left empty for breathing.

This can be achieved when one stops eating before they reach their fill. This was the behaviour of the Holy Prophet Muhammad, peace and blessings be upon him, and his Companions, may Allah be pleased with them.

If people were to act on this advice they would be safe from both physical and mental illnesses. In fact, according to many knowledgeable people one of the main causes of illness is indigestion.

In respect to the heart little food leads to a soft heart, humility of self and weakness of desires and anger. A full stomach results in laziness which prevents worship and other righteous deeds. It induces sleep which causes one to miss out on the voluntary and even the obligatory night prayers. It prevents reflection which is the key to assessing one's deeds and therefore

changing one's character for the better. The one with a full stomach forgets the poor and is therefore less likely to help them. All these negative effects lead to a hard heart. The one who possesses a hard heart will not be safe on the Day of Judgment. Chapter 26 Ash Shu'ara, verses 88-89:

“The Day when there will not benefit [anyone] wealth or children. But only one who comes to Allah with a sound heart.”

The one who is only concerned about their stomach becomes distracted from more important things, such as learning and acting on religious knowledge. Muslims should know that the most fed in this world will be the hungriest on the Day of Judgment. This is confirmed in a Hadith found in Jami At Tirmidhi, number 2478.

Therefore, muslims should strive to obtain a balanced diet so that they avoid the negative effects discussed which will undoubtedly hinder their success in both this world and the next.

Umar Ibn Khattab, the Second Rightly Guided Caliph, may Allah be pleased with him, once said, "If you have religion then you have esteem..." (Ibn Abd Rabbih, Al Iqad Al Farid, 3/102)

First of all, it is important to understand, that the major thing which separates a human from an animal is the fact that people live by a higher moral code. If people abandoned this and simply acted on their desires then there would be no difference between them and animals. In fact, people would be worse as they possess the higher level of thinking yet, still choose to live like animals.

Secondly, whether people want to admit it or not in reality, every person is a servant of something or someone. Some are servants of others, such as Hollywood executives and do whatever they command them to do even if it challenges modesty and shame. Others are servants of their relatives and friends and do whatever it takes to please them. Others are the worse by being servants of their own desires as this is the attitude of animals who generally act to please themselves. The best and highest form of servanthood is being a servant of Allah, the Exalted. This is quite evident if one turns the pages of history which clearly shows that those who were the servants of Allah, the Exalted, such as the Holy Prophets, peace be upon them, were granted the highest honour and respect in this world and will be granted this in the next. Centuries and millennia have passed yet their names are remembered as the pillars and beacons of history. Whereas those who became servants of others especially, their own desires were eventually disgraced in this world even if they achieved some worldly status and they became mere footnotes in history. The media barely remembers those who pass away for more than a few days before moving onto the next person to report on. During their lives these people eventually become sad, lonely,

depressed and even suicidal as selling their souls and decency to their worldly masters did not grant them the contentment they were looking for. One does not need to be a scholar to understand this obvious truth. So if people must be servants they should be the servants of Allah, the Exalted, as lasting honour, greatness and true success lies only in this.

Umar Ibn Khattab, the Second Rightly Guided Caliph, may Allah be pleased with him, once said, "...If you have intelligence then you have a foundation..." (Ibn Abd Rabbih, Al Iqad Al Farid, 3/102)

A great distraction which prevents one from submitting to the obedience of Allah, the Exalted, is ignorance. It can be argued that it is the origin of every sin as the one who truly knows the consequences of sins would never commit them. This refers to true beneficial knowledge which is knowledge that is acted upon. In reality, all knowledge which is not acted on is not beneficial knowledge. The example of the one who behaves in this manner is described in the Holy Quran as a donkey which carries books of knowledge which do not benefit it. Chapter 62 Al Jumu'ah, verse 5:

"...and then did not take it on (did not act upon knowledge) is like that of a donkey who carries volumes [of books]..."

A person who acts on their knowledge rarely slips up and commits sins intentionally. In fact, when this occurs it is only caused by a moment of ignorance where a person forgets to act on their knowledge which results in them sinning.

The Holy Prophet Muhammad, peace and blessings be upon him, once highlighted the seriousness of ignorance in a Hadith found in Jami At

Tirmidhi, number 2322. He declared that everything in the material world is cursed except for the remembrance of Allah, the Exalted, whatever is connected to this remembrance, the scholar and the student of knowledge. This means that all the blessings in the material world will become a curse for the one who is ignorant as they will misuse them thereby committing sins.

In fact, ignorance can be considered a person's worse enemy as it prevents them from protecting themselves from harm and gaining benefit all of which can only be achieved through acting on knowledge. The ignorant commits sins without being aware of them. How can one avoid a sin if they do not know what is considered a sin? Ignorance causes one to neglect their obligatory duties. How can one fulfil their duties if they are unaware of what their duties are?

It is therefore a duty on all Muslims to gain enough knowledge to fulfil all their obligatory duties and avoid sins. This is confirmed in a Hadith found in Sunan Ibn Majah, number 224.

Umar Ibn Khattab, the Second Rightly Guided Caliph, may Allah be pleased with him, once said, "The things which I fear most for you are:...a person's self-conceit." (Salih Ahmad Ash-Shami, Mawaiz Al Sahabah, Pages 143-144)

In a Hadith found in Sahih Muslim, number 265, the Holy Prophet Muhammad, peace and blessings be upon him, warned that a person who possesses even an atom's worth of pride in their heart will not enter Paradise. He clarified that pride is when a person rejects the truth and looks down on others.

No amount of good deeds will benefit someone who possesses pride. This is quite obvious when one observes the Devil and how his countless years of worship did not benefit him when he became proud. In fact, the following verse clearly connects pride with disbelief so a muslim must avoid this evil characteristic at all costs. Chapter 2 Al Baqarah, verse 34:

"And [mention] when We said to the angels, "Prostrate before Adam"; so they prostrated, except for Iblees. He refused and was arrogant and became of the disbelievers."

The proud is the one who rejects the truth when it is presented to them simply because it did not come from them and as it challenges their desires and mentality. The proud person also believes they are superior to others

even though they are unaware of their own ultimate end and the ultimate end of others. This is plain ignorance. In reality, it is foolish to be proud of anything seeing as Allah, the Exalted, created and granted everything a person owns. Even the righteous deeds one performs are only due to the inspiration, knowledge and strength granted by Allah, the Exalted. Therefore, being proud of something which does not innately belong to them is plain foolishness. This is just like a person who becomes proud over a mansion they do not even own or live in.

This is the reason why pride belongs to Allah, the Exalted, as He alone is the Creator and innate Owner of all things. The one who challenges Allah, the Exalted, in pride will be thrown into Hell. This has been confirmed in a Hadith found in Sunan Abu Dawud, number 4090.

A muslim should instead follow in the footsteps of the Holy Prophet Muhammad, peace and blessings be upon him, and adopt humility. The humble truly recognise that all the good they possess and all the evil they are protected from comes from no one except Allah, the Exalted. Therefore, humility is more fitting for a person than pride. A person should not be fooled into believing humility leads to disgrace as no one has been more honoured than the humble servants of Allah, the Exalted. In fact, the Holy Prophet Muhammad, peace and blessings be upon him, has guaranteed an increase in status for the one who adopts humility for the sake of Allah, the Exalted, in a Hadith found in Jami At Tirmidhi, number 2029.

Umar Ibn Khattab, the Second Rightly Guided Caliph, may Allah be pleased with him, once said, "If you hear a word which harms you, lower yourself so that it passes you by." (Ibn Abd Rabbih, Al Iqad Al Farid, 2/130)

All muslims hope that on Judgment Day Allah, the Exalted, will put aside, overlook and forgive their past mistakes and sins. But the strange thing is that most of these same muslims who hope and pray for this do not treat others in the same way. Meaning, they often latch on to the past mistakes of others and use them as weapons against them. This is not referring to those mistakes which have an effect on the present or future. For example, a car accident caused by a driver which physically disables another person is a mistake which will affect the victim in the present and future. This type of mistake is understandably difficult to let go and overlook. But many muslims often latch on to the mistakes of others which do not influence the future in anyway, such as a verbal insult. Even though, the mistake has faded away yet these people insist on reviving and using it against others when the opportunity presents itself. It is a very sad mentality to possess as one should understand that people are not Angels. At the very least a muslim who hopes for Allah, the Exalted, to overlook their past mistakes should overlook the past mistakes of others. Those who refuse to behave in this manner will find that the majority of their relationships are fractured as no relationship is perfect. They will always be a disagreement which can lead to a mistake in every relationship. Therefore, the one who behaves in this manner will end up lonely as their bad mentality causes them to destroy their relationships with others. It is strange that these very people hate to be lonely yet adopt an attitude which drives others away from them. This defies logic and common sense. All people want to be loved and respected while they are alive and after they pass away but this attitude causes the very opposite to occur. While they are alive people become fed up with them and when they die people do not remember them with true affection and love. If they do remember them it is merely out of custom.

Letting the past go does not mean one needs to be overly nice to others but the least one can do is be respectful according to the teachings of Islam. This does not cost anything and requires little effort. One should therefore learn to overlook and let the past mistakes of people go perhaps then Allah, the Exalted, will overlook their past mistakes on the Day of Judgement. Chapter 24 An Nur, verse 22:

“...and let them pardon and overlook. Would you not like that Allah should forgive you? And Allah is Forgiving and Merciful.”

Umar Ibn Khattab, the Second Rightly Guided Caliph, may Allah be pleased with him, once said, "The person who laughs too much, loses his self-esteem and respect. The one who jokes excessively is not taken seriously..." (Ibn Al Jawzi, Sifatul Safwah, 1/149)

In a Hadith found in Jami At Tirmidhi, number 2315, the Holy Prophet Muhammad, peace and blessings be upon him, cursed three times the one who lies in order to make people laugh.

Joking while sticking to the truth is not a sin but it is difficult to do consistently. The one who jokes excessively will eventually slip up and utter words which are sinful, such as lying, backbiting or mocking others. Therefore, it is safer to avoid joking excessively which has been advised in a Hadith found in Jami At Tirmidhi, number 1995. In addition, the one who jokes excessively even if they manage to always speak the truth and not offend anyone will encounter a spiritual disease which has been warned of in a Hadith found in Sunan Ibn Majah, number 4193, namely, a spiritually dead heart. This occurs to the person who jokes and laughs excessively as this mentality demands they always think and discuss funny issues and avoid serious issues. The matter of preparing for death and the hereafter are serious issues and if one avoids thinking and discussing them they will never correctly prepare for them. This lack of preparation will cause their spiritual heart to die. In fact, the more seriously one ponders over the hereafter the less they will laugh and joke. This is indicated in a Hadith found in Sahih Bukhari, number 6486.

Joking too often also causes others to lose respect for them. This can cause many problems, such as not being taken seriously when they command good and forbid evil even if it is to their own children.

Excessively joking often leads to enmity between people as one can easily take things seriously. This leads to fractured and broken relationships. In fact, many people have even become physically and emotionally hurt because of jokes.

In addition, when joking one should avoid laughing loudly or full-mouthed as this is disliked in Islam. The Holy Prophet Muhammad's, peace and blessings be upon him, laugh was a smile according to a Hadith found in Sahih Bukhari, number 6092.

A muslim should avoid lying at all costs even when joking as this would lead to them obtaining a house in the middle of Paradise. This is confirmed in a Hadith found in Sunan Abu Dawud, number 4800.

This does not mean a muslim should not joke at all. Joking from time to time while avoiding other sins, such as lying, is acceptable as the Holy Prophet Muhammad, peace and blessings be upon him, occasionally joked. This is confirmed in a Hadith found in Jami At Tirmidhi, number 1990. It is joking excessively which is disliked and sinful if it is related to a sin. It is a sin to intentionally misinterpret a tradition of the Holy Prophet

Muhammad, peace and blessings be upon him, in order to fulfil one's own desires. If the Holy Prophet Muhammad, peace and blessings be upon him, rarely joked without committing any sins attached to it then muslims should do the same and not exceed the bounds in order to fulfil their own desires.

In addition, there is a big difference between being cheerful with people, such as smiling, and joking excessively. Being cheerful is a blessing of Allah, the Exalted, according to a Hadith found in Imam Bukhari's, Adab Al Mufrad, number 301. Even smiling to make others feel comfortable is recorded as an act of charity according to a Hadith found in Jami At Tirmidhi, number 1970. So one should not believe avoiding joking excessively means that people should always be in a sad and depressed mood.

Umar Ibn Khattab, the Second Rightly Guided Caliph, may Allah be pleased with him, once said to his governor, "...Treat all people equally...be aware of favouritism and partiality in matters which Allah, the Exalted, appointed you over." (Imam Al Jahiz, Al Bayan Wa Al Tabyin, 2/46)

In a Hadith found in Sahih Muslim, number 6543, the Holy Prophet Muhammad, peace and blessings be upon him, advised that Allah, the Exalted, does not judge people based on their outward appearance or their wealth instead He observes and judges people's inward intention and their physical actions.

The first thing to note is that a muslim should always correct their intention when performing any deed as Allah, the Exalted, will only reward them when they perform righteous deeds for His sake. Those who perform deeds for the sake of other people and things will be told to gain their reward from those who they acted for on Judgment Day, which will not be possible. This has been warned in a Hadith found in Jami At Tirmidhi, number 3154.

In addition, this Hadith indicates the importance of equality in Islam. A person is not superior to others by worldly things such as their ethnicity or wealth. Even though, many muslims have erected these barriers such as social castes and sects thereby believing some are better than others Islam has clearly rejected this concept and declared that in this respect all people are equal in the sight of Islam. The only thing which makes one muslim superior to another is their piety meaning, how much they fulfill the

commands of Allah, the Exalted, refrain from His prohibitions and face destiny with patience. Chapter 49 Al Hujurat, verse 13:

“...Indeed, the most noble of you in the sight of Allah is the most righteous of you...”

A muslim should therefore busy themselves in obeying Allah, the Exalted, by fulfilling His rights and the rights of people and not believe that something they possess or belong to will somehow save them from punishment. The Holy Prophet Muhammad, peace and blessings be upon him, has made it clear in a Hadith found in Sahih Muslim, number 6853, that the muslim who lacks in righteous deeds meaning, the obedience of Allah, the Exalted, will not be increased in rank because of their lineage. In reality, this applies to all worldly things such as wealth, ethnicity, gender or social brotherhoods and castes.

Umar Ibn Khattab, the Second Rightly Guided Caliph, may Allah be pleased with him, once said, "An occupation which provides a (lawful) livelihood is better than being dependent on people." (Imam Al Jahiz, Al Bayan Wa Al Tabyin, 2/81)

In a Hadith found in Sahih Muslim, number 7432, the Holy Prophet Muhammad, peace and blessings be upon him, advised that Allah, the Exalted, loves the servant who is independent of the creation. This means that a muslim should fully utilize the means they have been provided by Allah, the Exalted, such as their physical strength in order to fulfill their duties. They should not behave lazily and seek things from people as this habit leads to dependence on them and reduces trusting in Allah, the Exalted. One should firmly believe that no matter what happens whatever is destined to be their provision was allocated to them over fifty thousand years before the creation of the Heavens and the Earth. This is confirmed in a Hadith found in Sahih Muslim, number 6748. A muslim should focus on their efforts and trust that Allah, the Exalted, will grant them what is best for them.

Umar Ibn Khattab, the Second Rightly Guided Caliph, may Allah be pleased with him, once said, "If patience and gratitude were two camels, I would not care which one I rode." (Imam Al Jahiz, Al Bayan Wa Al Tabyin, 3/126)

In a Hadith found in Sahih Muslim, number 7500, the Holy Prophet Muhammad, peace and blessings be upon him, advised that every situation is blessed for a believer. The only condition is that they need to respond to each situation they encounter while obeying Allah, the Exalted, specifically, patience in difficulties and gratitude in times of ease.

There are two aspects of life. One aspect are the situations people find themselves in whether they are times of ease or difficulties. The control of what situation a person faces is out of their hands. Allah, the Exalted, has decided this and there is no escaping them. Therefore, stressing over the situations one faces does not make sense as they are destined and therefore inevitable. The other aspect is a person's reaction to each situation. This is in each person's control and this is what they are judged on for example, showing patience or impatience in a difficult situation. Therefore, a muslim must concentrate on their behaviour and reaction in each situation instead of stressing over being in a situation as this is unavoidable. If a muslim desires to succeed in both worlds they should assess each situation and always act in the obedience of Allah, the Exalted. For example, in times of ease they must use the blessings they possess as prescribed by Islam which is true gratitude to Allah, the Exalted. Chapter 14 Ibrahim, verse 7:

“And [remember] when your Lord proclaimed, 'If you are grateful, I will surely increase you [in favor]...”

And in times of difficulty they must show patience knowing Allah, the Exalted, chooses what is best for His servants even if they do not understand the wisdom behind the choices. Chapter 2 Al Baqarah, verse 216:

“...But perhaps you hate a thing and it is good for you; and perhaps you love a thing and it is bad for you. And Allah knows, while you know not.”

Umar Ibn Khattab, the Second Rightly Guided Caliph, may Allah be pleased with him, once wrote a letter to Abu Musa, may Allah be pleased with him, and said, "...beware of bearing malice..." (Imam Al Jahiz, Al Bayan Wa Al Tabyin, 2/293)

A Hadith found in Sahih Bukhari, number 6853, advises that the Holy Prophet Muhammad, peace and blessings be upon him, never took revenge for himself but instead pardoned and overlooked.

Muslims have been given permission to defend themselves in a proportionate and reasonable way when they are left with no other options. But they should never step over the line as this is a sin. Chapter 2 Al Baqarah, verse 190:

"Fight in the way of Allah those who fight against you but do not transgress. Indeed, Allah does not like transgressors."

As stepping over the mark is difficult to avoid a muslim should therefore adhere to patience, overlook and forgive others as it is not only the tradition of the Holy Prophet Muhammad, peace and blessings be upon him, but also leads to Allah, the Exalted, forgiving their sins. Chapter 24 An Nur, verse 22:

“...and let them pardon and overlook. Would you not like that Allah should forgive you?...”

Forgiving others is also more effective in changing the character of others in a positive way which is the purpose of Islam and a duty on muslims as taking revenge only leads to further enmity and anger between the people involved.

Finally, those who have the bad habit of not forgiving others and always hold onto grudges, even over minor issues, may well find that Allah, the Exalted, does not overlook their faults and instead scrutinizes each of their small sins. A muslim should learn to let things go as this leads to forgiveness and peace of mind in both worlds.

Umar Ibn Khattab, the Second Rightly Guided Caliph, may Allah be pleased with him, once wrote a letter to Abu Musa, may Allah be pleased with him, and said, "...beware of...giving preference to this material world...when two issues are presented to you and one is for Allah, the Exalted, and the other is for this material world, give preference to the hereafter over this world because the world will come to an end while the hereafter is eternal..." (Imam Al Jahiz, Al Bayan Wa Al Tabyin, 2/293)

In a Hadith found in Jami At Tirmidhi, number 2465, the Holy Prophet Muhammad, peace and blessings be upon him, advised that whoever prioritises the hereafter over this material world will be granted contentment, their affairs will be corrected for them and they will receive their destined provision in an easy way.

This half of the Hadith means that whoever correctly fulfils their duties in respect to Allah, the Exalted, and to the creation, such as providing for their family in a lawful manner while avoiding the excess of this material world will be granted contentment. This is when one is pleased with what they possess without being greedy and actively striving to obtain more worldly things. In reality, the one who is content with what they possess is a truly rich person even if they possess little wealth as they become independent of things. Independence of anything makes one rich in respect to it.

In addition, this attitude will allow one to comfortably deal with any worldly issues which may arise during their life. This is because the less one interacts with the material world and focuses on the hereafter the less

worldly issues they will face. The less worldly issues a person faces the more comfortable their life will become. For example, the one who possesses one house will have fewer issues to deal with in respect to it, such as a broken cooker, than the one who possesses ten houses. Finally, this person will easily and pleasantly obtain their lawful provision. Not only this but Allah, the Exalted, will place such grace in their provision that it will cover all their responsibilities and necessities meaning, it will satisfy them and their dependents.

But as mentioned in the other half of this Hadith the one who prioritises the material world over the hereafter meaning, by neglecting their duties or striving for the unnecessary and excess of this material world will find that their need, meaning greed, for worldly things is never satisfied which by definition makes them poor even if they possess much wealth. These people will go from one worldly issue to another throughout the day failing to achieve contentment as they have opened too many worldly doors. And they will receive their destined provision with difficulty and it will not give them satisfaction and never seem enough to fill their greed. This may even push them towards the unlawful which only leads to a loss in both worlds.

Umar Ibn Khattab, the Second Rightly Guided Caliph, may Allah be pleased with him, once wrote a letter to Abu Musa, may Allah be pleased with him, and said, "...visit the muslims who have fallen sick..." (Imam Al Jahiz, Al Bayan Wa Al Tabyin, 2/293)

In a Hadith found in Sahih Muslim, number 6551, the Holy Prophet Muhammad, peace and blessings be upon him, advised that the muslim who visits a sick person is in an orchard of Paradise until they return.

The first thing to note is that this Hadith includes visiting any sick person irrespective of their faith. Even though, this is undoubtedly a great deed it is important for a muslim to firstly perform this righteous deed solely for the pleasure of Allah, the Exalted. If they do it for any other reason such as to show off to people they will not gain reward from Allah, the Exalted.

In addition, they should fulfil the etiquettes and conditions of visiting the sick according to the teachings of Islam in order to obtain their reward. They should not stay long thereby, causing trouble to the sick person and their relatives. In this day and age it is easy to contact the sick and their family beforehand in order to ensure they visit them at the appropriate time as a sick person will be resting throughout the day. They should control their actions and speech so that they avoid all types of sins such as gossiping, backbiting and slandering others. They should encourage the sick to be patient and discuss the rewards associated with it and generally discuss beneficial matters in respect to the world and the hereafter. Only when one behaves in this manner will they obtain the reward outlined in the Hadiths of the Holy Prophet Muhammad, peace and blessings be upon

him. If they fail in this they will either gain no reward or they may well be left with sins depending on how they behaved. Unfortunately, many muslims enjoy performing this righteous deed but fail to fulfill its conditions correctly. Chapter 4 An Nisa, verse 114:

“No good is there in much of their private conversation, except for those who enjoin charity or that which is right or conciliation between people. And whoever does that seeking means to the approval of Allah - then We are going to give him a great reward.”

Umar Ibn Khattab, the Second Rightly Guided Caliph, may Allah be pleased with him, once wrote a letter to Abu Musa, may Allah be pleased with him, and said, "...when a governor strays off course, so do his followers. The most wretched person is the one who causes others to become wretched..." (Imam Al Jahiz, Al Bayan Wa Al Tabyin, 2/293)

In a Hadith found in Jami At Tirmidhi, number 2674, the Holy Prophet Muhammad, peace and blessings be upon him, advised that the one who guides others to something good will receive the same reward as those who act on their advice. And those who guide others to sins will be held accountable as if they committed the sins.

It is important for muslims to be careful when advising and guiding others. A muslim should only advise others in matters of good so that they gain reward from it and avoid advising others to disobey Allah, the Exalted. A person will not escape punishment on Judgment Day by simply claiming they are only inviting others towards sins even if they did not commit the sins themselves. Allah, the Exalted, will hold both the guide and the follower accountable for their actions. Muslims should therefore only advise others to do the things they would do themselves. If they dislike an action being recorded in their book of deeds they should not advise others to perform that action.

Because of this Islamic principle muslims should ensure they gain the adequate knowledge before advising others as they can easily multiply their own sins if they incorrectly advise others.

In addition, this principle is an extremely easy way for muslims to gain reward for actions they cannot perform themselves due to a lack of means, such as wealth. For example, a person who is not financially able to donate charity can encourage others to do so and this will result in them gaining the same reward as the one who gave charity.

Umar Ibn Khattab, the Second Rightly Guided Caliph, may Allah be pleased with him, once said, "Do not allow people to cause you to become neglectful of yourself because you are responsible for yourself..." (Imam Al Jahiz, Al Bayan Wa Al Tabyin, 3/143)

There are countless examples in the world of how a person inspired their friend to take the wrong path in life which caused them serious trouble, such as prison. One should not only be cautious of people who possess bad characteristics as they will influence their friends in a negative way which is confirmed in a Hadith found in Sunan Abu Dawud, number 4833. But a muslim should also be cautious over the people who seem to possess genuine love for them especially those who do not possess real knowledge. This is because the one who does not possess real knowledge will sometimes advise their loved ones incorrectly believing they have fulfilled and shown their love to their companion. For example, a wife may advise her tired husband to offer his obligatory prayer at home instead of at the Mosque with congregation. Even though according to some scholars it is permissible to offer one's obligatory prayer at home yet, this advice will only take one away from one of the greatest traditions of the Holy Prophet Muhammad, peace and blessings be upon him. This in turn will only take them further away from Allah, the Exalted. This wife may believe she has behaved in a loving way even though she has not. This is why gaining useful knowledge is extremely important and a duty on all muslims according to a Hadith found in Sunan Ibn Majah, number 224. This is because some things may seem difficult outwardly yet many blessings are contained within them. And many things may seem easy and even lawful yet they only take one away from Allah, the Exalted. Therefore, a muslim should be cautious and remain firm on the obedience of Allah, the Exalted, by fulfilling His commands, refraining from His prohibitions and by facing destiny with patience and not get fooled by the advice a loved one gives. They should not assume the advice will benefit them just because it comes from a beloved companion.

Umar Ibn Khattab, the Second Rightly Guided Caliph, may Allah be pleased with him, once said, "...do not spend the day in heedless activities because all your actions are being recorded..." (Imam Al Jahiz, Al Bayan Wa Al Tabyin, 3/143)

There are many muslims who dedicate much of their time, effort and wealth on things which are neither righteous deeds nor sins meaning, they are vain things. Vain things can also include acquiring unnecessary things, such as beautifying one's home beyond their necessities. Even though, they might be correct in their claim that they are not committing sins it is important to understand a fact. Namely, time is a precious gift from Allah, the Exalted, which cannot be gained once it departs. All other things can be acquired, such as wealth, all other things except time. So when one dedicates their time as well as other blessings such as wealth to unnecessary and extra things meaning, vain things, it will only lead to a great regret on Judgment Day. This will occur when they observe the reward given to those who made use of their time and performed righteous deeds. Time wasters may have avoided sins which save them from punishment but as they wasted time on vain things they may face criticism. And they will surely lose out on the reward they could have gained if they utilised their time and other blessings correctly.

In addition, it is important to understand that the more one indulges in vain things the closer they are to falling into extravagance and waste both of which are blame worthy. For example, those who waste blessings are considered the siblings of the Devil. And it can be argued when one dedicates their time to vain things they have in fact wasted the precious blessing of time. Chapter 17 Al Isra, verse 27:

“Indeed, the wasteful are brothers of the devils...”

Umar Ibn Khattab, the Second Rightly Guided Caliph, may Allah be pleased with him, once said, "...when you commit a sin then follow it up with a good deed. I do not see anything more swift than a good deed which can overcome a sin." (Imam Al Jahiz, Al Bayan Wa Al Tabyin, 3/143)

In a Hadith found in Jami At Tirmidhi, number 1987, the Holy Prophet Muhammad, peace and blessings be upon him, advised that a muslim should follow up a sin with a righteous deed so that it wipes out the sin. This refers to minor sins only as major sins require sincere repentance. If one adds sincere repentance to their righteous deed then it will erase any sin, minor or major. But a part of acting rightly is to strive not to repeat the sin again as sinning with the intention of following it up with a righteous deed is a dangerous misguiding mentality. One should strive not to commit sins and when they do occur to sincerely repent.

Umar Ibn Khattab, the Second Rightly Guided Caliph, may Allah be pleased with him, once said, "The success of the muslim nation lies in being soft without weakness and firmness without severity." (Imam Al Jahiz, Al Bayan Wa Al Tabyin, 3/255)

In a Hadith found in Imam Munzari's, Awareness and Apprehension, number 2556, the Holy Prophet Muhammad, peace and blessings be upon him, gave glad tidings to the one who humble without a shortcoming meaning, weakness. The humble one submits, accepts and acts on the commands and prohibitions of Allah, the Exalted, thereby proving their servanthood to Him. They readily accept the truth when it is presented to them even if it contradicts their desires and irrespective of who delivers it to them. Meaning, they do not reject the truth believing they know best. They do not look down at others believing they are superior to them because of any worldly thing they possess or because of their obedience to Allah, the Exalted, as they understand that their final outcome or the final outcome of others is unknown to them. Meaning, they may die while Allah, the Exalted, is not pleased with them. This reality should prevent a person from the deadly sin of pride. An atom's worth of which is enough to take one to Hell. This has been warned in a Hadith found in Sahih Muslim, number 265. Humility without weakness means that a muslim always demonstrates kindness to others but is not afraid to defend themselves if necessary nor does their humility cause them to appear disgraced and dishonored.

Umar Ibn Khattab, the Second Rightly Guided Caliph, may Allah be pleased with him, once said, "Destruction is for the ruler on Earth from the Ruler in the Heavens on the Day he will have to meet Him. Except for the ruler who leads with justice, judges according to the truth, does not pass judgement according to his whims, on the basis of family ties, out of worldly desire nor out of fear. He makes the Book of Allah, the Exalted, his mirror before his sight." (Imam Ahmad Ibn Hanbal, Kitab Az Zuhd, Saad/155)

Upholding justice and truth applies to all.

Islam teaches muslims that they should never compromise on their faith in order to gain something from the material world. Chapter 4 An Nisa, verse 135:

"O you who have believed, be persistently standing firm in justice, witnesses for Allah, even if it be against yourselves or parents and relatives..."

As the material world is temporary whatever one gains from it will eventually fade away and they will be held accountable for their actions and attitude in the hereafter. On the other hand, faith is the precious jewel which guides a muslim through all difficulties in this world and in the

hereafter safely. Therefore, it is plain foolishness to compromise the thing which is more beneficial and lasting for the sake of a temporary thing.

Many people especially women, will encounter moments in their lives where they will have to choose whether to compromise on their faith. For example, in some cases a muslim woman may believe that if she removed her scarf and dressed a certain way she would be more respected at work and may even climb the corporate ladder more quickly. Similarly, in the corporate world it is considered important to mingle with colleagues after work hours. So a muslim might find themselves being invited to a pub or club after work.

In times like this it is important to remember that ultimate victory and success will only be granted to those who remain steadfast on the teachings of Islam. Those who act in this way will be granted worldly and religious success. But more importantly their worldly success will not become a burden for them. In fact, it will become a means for Allah, the Exalted, to increase their rank and remembrance amongst mankind. Examples of this are the rightly guided Caliphs of Islam. They did not compromise on their faith and instead remained steadfast throughout their lives and in return Allah, the Exalted, granted them a worldly and religious empire.

All other forms of success are very temporal and sooner or later they become a difficulty for its bearer. One only needs to observe the many celebrities who compromised on their ideals and belief in order to obtain

fame and fortune only for these things to become a cause of their sadness, anxiety, depression, substance abuse and even suicide.

Reflect on these two paths for a moment and then decide which one should be preferred and chosen.

Umar Ibn Khattab, the Second Rightly Guided Caliph, may Allah be pleased with him, once said, "The most beloved person to me is the one who informs me of my faults." (Ibn Sa'd, Kitab Al Tabaqat Al Kabir, 3/156)

Unfortunately, some people experience tests and times of ease yet, do not change their character in a positive way. Even though, there are many possible causes only one will be discussed in this chapter.

In some cases, people do not change for the better because the people around them do not encourage them to do so. In fact, many people have this habit of only patting others on the back and telling them what they want to hear. They somehow believe this is the character of a good companion and friend. They falsely believe acting in this way is a sign of their deep love and respect for others. But this is completely incorrect as this behaviour only encourages one to continue with their attitude without improving it. There is nothing wrong with providing emotional comfort to others but a good friend will always kindly point out the ways in which their friend or relative can improve their character. This will in fact improve the quality and condition of their companion's life in this world and in the next. While merely patting others on the back will only provide temporary comfort to them but in no way will it improve the situation or their character. The correct attitude is possible to achieve without disrespecting others. This is the duty of a person towards others especially, their relatives. In reality, if a person's friend or relative dislikes their good advice then they do not value their relationship with them. A person should never let anything, such as a person's age, prevent them from speaking the truth and kindly advising them to change their attitude for the better. Even if it is one's own parents they should still fulfil this duty as this behaviour is the essence of treating

them kindly. Simply staying quiet just because they are one's parents should not be the attitude of a person unless they know advising them will only lead to further problems for everyone.

A shoulder to cry on is only really useful when it leads to a person changing for the better. Even if a person's attitude in a particular situation is correct none the less there are always lessons they can learn from the situation, which should be pointed out to them by others.

To conclude, one must advise others to do good and turn away from evil and not only provide emotional support by simply patting others on the back. Chapter 5 Al Ma'idah, verse 2:

"...And cooperate in righteousness and piety, but do not cooperate in sin and aggression..."

Umar Ibn Khattab, the Second Rightly Guided Caliph, may Allah be pleased with him, once said, "...By Allah, the Exalted, if the non-Arabs come with good deeds on the Day of Judgement and we (the Arabs) come with no good deeds, they will be closer than us to the Holy Prophet Muhammad, peace and blessings be upon him. A person should therefore, not look at ties of kinship. He should rather work for the reward of Allah, the Exalted. A person's lineage will not take him forward if he falls behind in good actions." (Ibn Sa'd, Kitab Al Tabaqat Al Kabir, 3/157)

In a Hadith found in Sunan Abu Dawud, number 5116, the Holy Prophet Muhammad, peace and blessings be upon him, clearly warned that nobility does not lie in one's lineage as all people are the descendants of the Holy Prophet Adam, peace be upon him, and he was made of dust. Therefore, people should give up boasting about their relatives and lineage.

It is important to understand that even though some ignorant muslims have adopted the attitude of other nations by creating castes and sects thereby believing some people are superior to others based on these groups Islam declared a simple criterion for superiority namely, piety. Meaning, the more a muslim fulfills the commands of Allah, the Exalted, refrains from His prohibitions and faces destiny with patience the greater they are in rank in the sight of Allah, the Exalted. Chapter 49 Al Hujurat, verse 13:

"...Indeed, the most noble of you in the sight of Allah is the most righteous of you..."

This verse destroys all other standards which have been created by ignorant people such as one's race, ethnicity, wealth, gender or social status.

In addition, if a muslim is proud of a pious person in their lineage they should correctly demonstrate this belief by praising Allah, the Exalted, and following in their footsteps. Boasting about others without following in their footsteps will not help someone in either this world or the next. This has been made clear in a Hadith found in Jami At Tirmidhi, number 2945.

Finally, the one who is proud of others but fails to follow in their footsteps is indirectly dishonoring them as the outside world will observe their bad character and assume their righteous ancestor behaved in the same manner. These people should therefore strive harder in the obedience of Allah, the Exalted, because of this reason. These are like those people who adopt the outward traditions and advice of the Holy Prophet Muhammad, peace and blessings be upon him, such as growing a beard or wearing a scarf yet, fail to adopt his inner character. The outside world will only think negatively about the Holy Prophet Muhammad, peace and blessings be upon him, when they observe the bad character of these muslims.

Umar Ibn Khattab, the Second Rightly Guided Caliph, may Allah be pleased with him, once said, "The thing I fear most for this nation is a person who has knowledge on their tongue but ignorance in their heart." (Salih Ahmad Ash-Shami, Mawaiz Al Sahabah, Page 164)

When knowledge does not affect one's spiritual heart it will not affect their bodily limbs and therefore, they will not act on their knowledge. This person will not really benefit themselves or others.

It is important for all Muslims, especially parents, to act on what they advise to others. It is obvious if one turns the pages of history that those who acted on what they preached had a much more positive effect on others compared to those who did not lead by example. The best example being the Holy Prophet Muhammad, peace and blessings be upon him, who not only practiced what he preached but adhered to those teachings more strictly than anyone else. Only with this attitude will Muslims especially, parents have a positive impact on others. For example, if a mother warns her children not to lie as it is a sin but often lies in front of them her children are unlikely to act on her advice. A person's actions will always have more of an impact on others than their speech. It is important to note that this does not mean one needs to be perfect before advising others. It means they should sincerely strive to act on their own advice before advising others. The Holy Quran has made it clear in the following verse that Allah, the exalted, hates this behaviour. In fact, the Holy Prophet Muhammad, peace and blessings be upon him, has warned in a Hadith found in Sahih Bukhari, number 3267, that a person who commanded good but refrained from it themselves and prohibited evil yet acted on it themselves will be punished in severely Hell. Chapter 61 As Saf, verse 3:

“Greatly hateful in the sight of Allah is that you say what you do not do.”

So it is vital for all Muslims to strive to act on their advice themselves then advise others to do the same. Leading by example is the tradition of all the Holy Prophets, peace be upon them, and is the best way to affect others in a positive way.

When Umar Ibn Khattab, the Second Rightly Guided Caliph, may Allah be pleased with him, would observe someone trying to show their humility through their actions, such as bending their head excessively in the prayer, he would rebuke them by saying, "Woe to you! Humility is in the heart." (Salih Ahmad Ash-Shami, Mawaiz Al Sahabah, Page 165)

The servants of Allah, the Exalted, have understood that anything good they possess is solely because Allah, the Exalted, granted it to them. And any evil they are saved from is because Allah, the Exalted, protected them. Is it not foolish to be proud of something that does not belong to someone? Just like a person does not boast about a sports car which does not belong to them Muslims must realize nothing in reality belongs to them. This attitude ensures one remains humble at all times. The humble servants of Allah, the Exalted, fully believe in the Hadith of the Holy Prophet Muhammad, peace and blessings be upon him, found in Sahih Bukhari, number 5673, which declares that the righteous deeds of a person will not take them to Paradise. Only the mercy of Allah, the Exalted, can cause this to occur. This is because every righteous deed is only possible when Allah, the Exalted, provides one with the knowledge, strength, opportunity and inspiration to perform it. Even the acceptance of the deed is dependent on the mercy of Allah, the Exalted. When one bears this in mind it saves them from pride and inspires them to adopt humility. One should always remember that being humble is not a sign of weakness as Islam has encouraged one to defend themselves if necessary. In other words, Islam teaches Muslims to be humble without weakness. In fact, the Holy Prophet Muhammad, peace and blessings be upon him, has confirmed in a Hadith found in Jami At Tirmidhi, number 2029, that whoever humbles themselves before Allah, the Exalted, will be raised by Him. So in reality, humility leads to honor in both worlds. One only needs to reflect on the most humble of the creation to understand this fact namely, the Holy Prophet Muhammad, peace and blessings be upon him. Allah, the Exalted, has clearly ordered

people by ordering the Holy Prophet Muhammad, peace and blessings be upon him, to adopt this important quality. Chapter 26 Ash Shu'ara, verse 215:

“And lower your wing [i.e., show kindness] to those who follow you of the believers.”

The Holy Prophet Muhammad, peace and blessings be upon him, led a humble life. For example, he happily carried out the domestic duties at home thereby proving these chores are gender-neutral. This is confirmed in Imam Bukhari's, Adab Al Mufrad, number 538.

Humility is an inner characteristic that manifests outwards such as the way one walks. This is discussed in another verse chapter 31 Luqman, verse 18:

“And do not turn your cheek [in contempt] toward people and do not walk through the earth exultantly...”

Allah, the Exalted, has made it clear that Paradise is for the humble servants who possess no trace of pride. Chapter 28 Al Qasas, verse 83:

“That home of the Hereafter We assign to those who do not desire exaltedness upon the earth or corruption. And the [best] outcome is for the righteous.”

In fact, the Holy Prophet Muhammad, peace and blessings be upon him, has confirmed in a Hadith found in Jami At Tirmidhi, number 1998, that whoever possesses an atom’s worth of pride will not enter Paradise. Only Allah, the Exalted, has the right to be proud as He is the Creator, Sustainer and Owner of the entire universe.

It is important to note, pride is when one believes they are superior to others and rejects the truth when it is presented to them as they dislike accepting the truth when it comes from other than them. This is confirmed in a Hadith found in Sunan Abu Dawud, number 4092.

Umar Ibn Khattab, the Second Rightly Guided Caliph, may Allah be pleased with him, once said, "O people! Seek knowledge because Allah, the Exalted, grants it to the one whom He loves..." (Imam Ibn Abdul Barr, Jami Bayaan Al Ilm Wa Fadluhu, 1/70)

The Holy Prophet Muhammad, peace and blessings be upon him, advised in a Hadith found in Jami At Tirmidhi, number 2645, that when Allah, the Exalted, desires to give someone good He provides them with Islamic knowledge.

There is no doubt that every muslim irrespective of the strength of their faith desires good in both worlds. Even though many muslims incorrectly believe that this good which they desire lies in fame, wealth, authority, companionship and their career this Hadith makes it crystal clear that true lasting good lies in gaining and acting on Islamic knowledge. It is important to note a branch of religious knowledge is useful worldly knowledge whereby one earns lawful provision in order to fulfil their necessities and the necessities of their dependents. Even though the Holy Prophet Muhammad, peace and blessings be upon him, has pointed out where good lies yet it is a shame how many muslims do not place much value in this. They in most cases only strive to obtain the bare minimum of Islamic knowledge in order to fulfil their obligatory duties and fail to acquire and act on more such as the traditions of the Holy Prophet Muhammad, peace and blessings be upon him. Instead they dedicate their efforts on worldly things believing true good is found there. Many muslims fail to appreciate that the righteous predecessors had to journey for weeks on end just to learn a single verse or Hadith of the Holy Prophet Muhammad, peace and blessings be upon him, whereas today one can study Islamic teachings without leaving their home. Yet, many fail to make use of this blessing

given to the modern day muslims. Out of His infinite mercy Allah, the Exalted, through his Holy Prophet Muhammad, peace and blessings be upon him, has not only pointed out where true good lies but He has also placed this good at one's finger tips. Allah, the Exalted, has informed mankind of where an eternal buried treasure is located which can solve all the problems they may encounter in both worlds. But muslims will only obtain this good once they struggle to acquire and act on it.

Umar Ibn Khattab, the Second Rightly Guided Caliph, may Allah be pleased with him, once said, "A sign of honesty is repentance and acknowledging your sin for the sake of Allah, the Exalted..." (Salih Ahmad Ash-Shami, Mawaiz Al Sahabah, Page 168)

In a Hadith found in Sunan Ibn Majah, number 4251, the Holy Prophet Muhammad, peace and blessings be upon him, advised that people commit sins but the best person who commits sins is the one who sincerely repents.

As people are not Angels they are bound to commit sins. The thing that makes these people special is when they sincerely repent from their sins. Sincere repentance includes feeling remorse, seeking the forgiveness of Allah, the Exalted, and anyone who has been wronged, making a firm promise not to commit the sin or a similar sin again and making up for any rights which have been violated in respect to Allah, the Exalted, and people.

It is important to note, minor sins can be erased through righteous deeds which has been advised in many Hadiths, such as the one found in Sahih Muslim, number 550. It advises that the five daily obligatory prayers and two consecutive Friday congregational prayers erase the minor sins committed in between them as long as major sins are avoided.

Major sins are only erased through sincere repentance. Therefore, a muslim should strive to avoid all sins, minor and major, and if they happen to occur to immediately sincerely repent as the time of death is unknown. And they should continue obeying Allah, the Exalted, by fulfilling His commands, refraining from His prohibitions and by facing destiny with patience.

When people would praise Umar Ibn Khattab, the Second Rightly Guided Caliph, may Allah be pleased with him, he would say, “O Allah! I seek refuge in You from the evil of what they are saying, and I ask You to forgive me of what they do not know (about me).” (Salih Ahmad Ash-Shami, Mawaiz Al Sahabah, Page 168)

Generally speaking, a person must respond correctly to both praise and criticism.

A muslim should always remember that there are two types of people. The first are rightly guided as their criticism of others is based on the criticism and advice found in the Holy Quran and the traditions of the Holy Prophet Muhammad, peace and blessings be upon him. This type will always be constructive and guide one to blessings and the pleasure of Allah, the Exalted, in both worlds. These people will also refrain from over or under praising others. Over praising others can cause them to become proud and arrogant. Under praising others can lead them to becoming lazy and put them off from doing good. This reaction is often observed in children. Praising according to the teachings of Islam will inspire others to strive harder in both worldly and religious matters and it will prevent them from becoming arrogant. Therefore, the praise and constructive criticism of this person should be accepted and acted upon even if it comes from a stranger.

The second type of person criticises based on their own desires. This criticism is mostly unconstructive and only shows one's bad mood and attitude. These people often over and under praise others as they act

based on their own desires. The negative effects of these two were mentioned earlier. Therefore, the criticism and praise of this person should be ignored in the majority of cases even if it comes from a loved one as it will only cause one to become unnecessarily sad in cases of criticism and arrogant in cases of praise.

It is important to remember that a person who over praises others will often over criticise them too. The rule one should always follow is that they should only accept the criticism and praise based on the teachings of Islam. All other things should be ignored and not taken personally.

Umar Ibn Khattab, the Second Rightly Guided Caliph, may Allah be pleased with him, once said, "Do not go to those who hoard worldly things and do not use them in ways pleasing to Allah, the Exalted, because it earns His wrath. Furthermore, it may cause you to criticise the worldly blessings which you have been granted when you see their worldly things." (Salih Ahmad Ash-Shami, Mawaiz Al Sahabah, Page 170)

In a Hadith found in Sunan Ibn Majah, number 4142, the Holy Prophet Muhammad, peace and blessings be upon him, advised Muslims to observe those who possess less worldly things than them instead of those who possess more as this will prevent them from becoming ungrateful.

Unfortunately, some incorrectly observe the lives of others which appear to be better than their own life. For example, normal people often observe celebrities and mistakenly believe their life is better. In most cases, this concept is not true. As people who appear to be in a better situation may well be facing difficulties which would make others not wish to trade places with them. An outsider will only observe things from one point of view. But if they could see the whole story they would realise everyone faces problems and no one has the perfect life irrespective of what their own or how famous they are. Often this misconception is caused by the media. But people fail to remember that the aim of the media is to paint a certain picture of the lives of celebrities which look appealing to read about. In most cases, if they only reported facts without sugar coating them the majority of their customers would turn away from them.

Muslims must avoid this false belief as it is a tool of the Devil who uses it to inspire people to become ungrateful over what they possess. The correct mind-set which has been advised in this Hadith will prevent one becoming ungrateful to Allah, the Exalted. Whenever a muslim feels ungrateful they should shift their focus to the countless people who are living in severe poverty and facing much greater hardships than them.

The grass is not greener on the other side of the fence it is in fact green enough on one's own side. Chapter 2 Al Baqarah, verse 216:

"...But perhaps you hate a thing and it is good for you; and perhaps you love a thing and it is bad for you. And Allah knows, while you know not."

Umar Ibn Khattab, the Second Rightly Guided Caliph, may Allah be pleased with him, once said, "When a slave (of Allah, the Exalted) humbles himself for the sake of Allah, the Exalted, He elevates Him...Such a person is insignificant in his own eyes yet great in the eyes of the people." (Imam Ibn Abdul Barr, Jami Bayaan Al Ilm Wa Fadluhu, 1/153)

In a Hadith found in Jami At Tirmidhi, number 2029, the Holy Prophet Muhammad, peace and blessings be upon him, advised that a person will be raised in rank when they live with humility for the sake of Allah, the Exalted. This occurs as humility is an important aspect of servanthood to Allah, the Exalted. The opposite of humility which is pride only belongs to the Master namely, Allah, the Exalted, as everything which people possess was created and granted by Him. Understanding this reality ensures one avoids pride and instead shows humility by obeying Allah, the Exalted, by fulfilling His commands, refraining from His prohibitions and by facing destiny with patience. This is true servanthood to Allah, the Exalted, and leads to true greatness in both worlds.

Umar Ibn Khattab, the Second Rightly Guided Caliph, may Allah be pleased with him, once said, "Do not look at the fasting and prayers of a person. Rather, look at their honesty when they speak..." (Imam Bayhaqi, Zuhd Al Kabir, 867)

Lying is unacceptable whether it is a small lie which is often called a white lie or when one lies as a joke. All of these types of lies are forbidden. In fact, the one who lies to make people laugh, so their aim is not to deceive someone, has been cursed three times in one Hadith found in Jami At Tirmidhi, number 2315.

Another popular lie people often speak believing it is not a sin is when they lie to children. This is undoubtedly a sin according to Hadiths such as the one found in Sunan Abu Dawud, number 4991. It is plain foolishness to lie to children as they will only adopt this sinful habit from the elder who lies to them. Behaving in this manner shows children lying is acceptable when it is not acceptable according to the teachings of Islam. Only in very rare and extreme cases is lying acceptable for example, lying in order to protect the life of an innocent person.

It is vital to avoid lying as according to one Hadith found in Jami At Tirmidhi, number 1971, it leads to other sins such as backbiting and mocking people. This behaviour leads one to the gates of Hell. When a person continues to lie they are recorded by Allah, the Exalted, as a great liar. It does not take a scholar to predict what will happen to a person on Judgment day who has been recorded by Allah, the Exalted, as a great liar.

All muslims desire the company of the Angels yet when a person lies they are deprived of their company. In fact, the stench that is omitted from the mouth of a liar causes the Angels to move a mile away from them. This is confirmed in a Hadith found in Jami At Tirmidhi, number 1972.

Telling lies which spread to others in society is a such a serious sin that according to a Hadith found in Sahih Bukhari, number 7047, if a person does this and fails to repent they will be punished after their death to such an extent that an iron hook will be placed in their mouth and their facial skin will be torn off. Their face will regenerate instantly and the process will then be repeated. This will continuously occur until the Day of Judgment.

To conclude, all muslims should avoid all forms of lying irrespective of who they are conversing with.

Umar Ibn Khattab, the Second Rightly Guided Caliph, may Allah be pleased with him, once said, “Do not look at the fasting and prayers of a person. Rather, look at...their behaviour when they are entrusted with something...” (Imam Bayhaqi, Zuhd Al Kabir, 867)

In a Hadith found in Jami At Tirmidhi, number 1964, the Holy Prophet Muhammad, peace and blessings be upon him, described the difference between a believer and an evil person.

A true believer can be considered naive in respect to people as they always interpret their words and actions in a positive way instead of always thinking bad about others. They do not judge others and instead treat people how they desire others to treat them. Loving for others what one loves for themselves is in fact the sign of a true believer according to a Hadith found in Jami At Tirmidhi, number 2515. They prove this through their actions by supporting others according to their means such as, financial and emotional support.

This Hadith describes a believer as noble as they act with good character in both public and in private. Meaning, they show good character in respect to Allah, the Exalted, by having a sincere intention and practically fulfill His commands, refrain from His prohibitions and face destiny with patience according to the traditions of the Holy Prophet Muhammad, peace and blessings be upon him. They also fulfill the other aspect of faith which is to show good character to people by treating them according to the teachings of Islam, which includes fulfilling the rights of others, such as their dependents.

On the other hand an evil person behaves opposite to these characteristics. Specifically, they are deceitful and treacherous in respect to the rights they owe Allah, the Exalted, and people. They demand their rights in full but fail to fulfill the rights of others. They strive to fulfill their desires by any means necessary including unlawful means and do not care who they wrong in the process.

It is important for muslims not to only rely on their declaration of faith but also strive to adopt the noble characteristics discussed in Islam.

Umar Ibn Khattab, the Second Rightly Guided Caliph, may Allah be pleased with him, once said, "Do not look at the fasting and prayers of a person. Rather, look at...their abstinence when the material things of this world comes to them." (Imam Bayhaqi, Zuhd Al Kabir, 867)

Islam teaches muslims that every blessing they possess, such as wealth or children, should be contained in their hand not their heart. An excellent way of achieving this is that each blessing should be used according to the commands of Allah, the Exalted, not one's own desire. For example, one should strive to only spend their wealth on things commanded and recommended by Islam, such as a person's own necessities and on the necessities of their dependents while avoiding waste, extravagance and excessiveness. This attitude will prevent one from becoming attached to the blessing meaning, it will ensure the blessing remains in their hands instead of their heart. This is an important concept to understand and act on as it prevents one from becoming too attached to the blessing. As each worldly blessing is bound to pass away this attitude will prevent one from becoming overly sad meaning, becoming grieved and depressed when it eventually does. Keeping the blessing in one's hand might lead to sadness when one eventually lose it but this sadness is acceptable in Islam and does not lead to impatience and mental disorders, such as depression, which severe sadness namely, grief, leads to.

In addition, this attitude prevents one from misusing the blessing which often occurs when it is within one's heart instead of their hands. For example, unnecessarily hoarding wealth and greedily amassing more. This concept has been indicated in chapter 57 Al Hadid, verse 23:

“In order that you not despair over what has eluded you and not exult [in pride] over what He has given you...”

Keeping things in one's hand instead of their heart will ensure they always remember that the blessing belongs to Allah, the Exalted, and not them. This again prevents impatience when one eventually loses it. This has been indicated in chapter 2 Al Baqarah, verse 156:

“Who, when disaster strikes them, say, "Indeed we belong to Allah, and indeed to Him we will return.”

So a muslim must strive to use each blessing according to the teachings of Islam thereby, ensuring it remains in their hands instead of their heart which in fact should contain only the love of Allah, the Exalted.

Umar Ibn Khattab, the Second Rightly Guided Caliph, may Allah be pleased with him, once said, "The person who strives to be independent (of people) through Allah, the Exalted, shall experience sufficiency..." (Imam Bayhaqi, Zuhd Al Kabir, 103)

In a Hadith found in Sahih Bukhari, number 6470, the Holy Prophet Muhammad, peace and blessings be upon him, advised that whoever holds back from asking others will be granted independence. There is no harm in asking for help from others when one is in need but a muslim should not get into this habit as it can lead to a loss of self-respect. This can be dangerous as the one who loses self-respect is more likely to commit sins as they stop caring what Allah, the Exalted, and others think about them.

In addition, a muslim should strive to utilize all the means they have been granted before turning to others for help. The one who behaves in this manner will be granted independence of people by Allah, the Exalted.

Umar Ibn Khattab, the Second Rightly Guided Caliph, may Allah be pleased with him, once said, "...If a person is not satisfied with the little of the world which he has been granted, a lot of what he gathers will not benefit him." (Imam Bayhaqi, Zuhd Al Kabir, 103)

In a Hadith found in Sahih Bukhari, number 6439, the Holy Prophet Muhammad, peace and blessings be upon him, warned that if a person possessed a valley of gold they would desire another and nothing fills their stomach except dust. But Allah, the Exalted, forgives those who repent to Him.

This Hadith warns against possessing too many worldly desires. The problem with them even if they are lawful is that fulfilling one desire only leads to more. One door leads to ten others. And this never ends unless one repents from this behaviour or when they die and the dust of their grave finally fills their stomach. Lawful worldly desires can also lead to unlawful desires as many people who end up in the unlawful began by indulging in lawful desires. The more desires a person has the needier they become which is another name for being poor. This poverty never ends irrespective of how much one obtains or how many desires they fulfill. It is why it has been said that the essential needs of a pauper gets fulfilled as this is guaranteed by Allah, the Exalted, but the desires of kings are left unfulfilled. A muslim should instead strive in this world in order to fulfill their needs and the needs of their dependents without excessiveness, waste or extravagance. And minimize their worldly desires in order to avoid this real poverty and instead prepare adequately for the hereafter by fulfilling the commands of Allah, the Exalted, refraining from His prohibitions and by facing destiny with patience according to the traditions of the Holy Prophet Muhammad, peace and blessings be upon him.

Umar Ibn Khattab, the Second Rightly Guided Caliph, may Allah be pleased with him, once said, "I will praise those of you who strive and criticise those of you who do not strive." (Imam Al Asfahani, Hilyat Al Awliya, 7/71)

Disbelief can be a literal rejecting of Islam or through actions, which involves disobeying Allah, the Exalted, even though one believes in Him. This can be clearly understood by an example. If an unaware person is warned by another of an approaching lion and the unaware person takes practical steps to obtain safety they will be considered someone who believed in the warning given to them as they adapted their behaviour based on the warning. Whereas, if the unaware person does not practically change their behaviour after being warned, people will suspect that they do not believe in the warning given to them even if the unaware person verbally claims belief in the warning given to them.

Some people claim that their belief and obedience to their God is in their hearts and they therefore do not need to demonstrate it practically. Unfortunately, this foolish mentality has infected many Muslims who believe they possess a pure faithful heart even though they fail to fulfil the obligatory duties of Islam. The Holy Prophet Muhammad, peace and blessings be upon him, has clearly declared in a Hadith found in Sunan Ibn Majah, number 3984, that when one's heart is pure the body becomes pure which means their actions become correct. But if one's heart is corrupt the body becomes corrupt which means their actions will be corrupt and incorrect. Therefore, the one who does not obey Allah, the Exalted, by fulfilling their duties practically can never have a pure heart.

In addition, demonstrating one's faith in Allah, the Exalted, practically is their proof and evidence which is required on Judgment Day in order to be granted Paradise. Not having this practical evidence is as silly as a student who hands back a blank exam paper to their teacher claiming their knowledge is in their mind so they therefore do not need to write it down by answering the exam questions. The same way this student would undoubtedly fail so will a person who reaches Judgment Day without the obedience of Allah, the Exalted, in the form of fulfilling His commands, refraining from His prohibitions and by facing destiny with patience, even if they possess faith in their heart.

Umar Ibn Khattab, the Second Rightly Guided Caliph, may Allah be pleased with him, once said, "The peak of humility includes being the first to offer the Islamic greeting of peace to the Muslims whom you meet..." (Imam Abu Laith Samarqandi, Tanbihul Ghafileen, Saad/140)

In a Hadith found in Sahih Bukhari, number 12, the Holy Prophet Muhammad, peace and blessings be upon him, advised a good quality found within Islam. Namely, to spread the Islamic greeting of peace to people one knows and to those they do not know.

It is important to act on this good characteristic as nowadays muslims often only spread the Islamic greeting of peace to those they know. It is important to spread it to all as this leads to love between people and strengthens Islam. In fact, this characteristic leads to Paradise according to a Hadith found in Sahih Muslim, number 194.

A muslim should never forget that they will receive a minimum of ten rewards for every greeting of peace they extend to others even if others fail to reply to them. This has been advised in a Hadith found in Sunan Abu Dawud, number 5195.

Finally, a muslim should fulfill the Islamic greeting of peace correctly by demonstrating this peace in their other speech and actions towards others by keeping their verbal and physical harm away from the self and

possessions of others. This is in fact, the definition of a true muslim and believer according to a Hadith found in Sunan An Nasai, number 4998.

Umar Ibn Khattab, the Second Rightly Guided Caliph, may Allah be pleased with him, once said, "The peak of humility includes...being pleased to sit in unreserved places of an assembly..." (Imam Abu Laith Samarqandi, Tanbihul Ghafileen, Saad/140)

In a Hadith found in Sahih Muslim, number 7432, the Holy Prophet Muhammad, peace and blessings be upon him, advised that Allah, the Exalted, loves the servant who is anonymous. This means a muslim should not strive in worldly or religious matters in order to obtain fame. As this can lead to many sins, such as showing off, and this only destroys one's reward. It is why a Hadith found in Jami At Tirmidhi, number 2376, warns that seeking fame is more destructive to one's religion than two wolves which are let loose on a herd of sheep. Instead, a muslim should strive to fulfill their duties and if they become famous they must maintain sincerity to Allah, the Exalted, without altering their obedience to Him in order to please people as this leads to destruction in both worlds.

Umar Ibn Khattab, the Second Rightly Guided Caliph, may Allah be pleased with him, once said, "...when a person listens to knowledge and becomes fearful and repents from his sins, he returns home without a single sin against him. Therefore, do not avoid the assemblies of the scholars. Allah, the Exalted, did not create any land on the Earth which is more honourable in His sight than the assemblies of scholars." (Imam Abu Laith Samarqandi, Tanbihul Ghafileen, Saad/345)

In a Hadith found in Sahih Muslim, number 6853, the Holy Prophet Muhammad, peace and blessings be upon him, mentioned the blessings obtained by a group of muslims who study and recite the Holy Quran in a Mosque. Namely, tranquillity and mercy will descend upon them, the Angels will surround them and Allah, the Exalted, will mention them to the Heavenly Angels.

This indicates the virtue of learning and studying the Holy Quran. In fact, the Holy Prophet Muhammad, peace and blessings be upon him, has declared in a Hadith found in Sahih Bukhari, number 5027, that the best person is the one who learns the Holy Quran and teaches it to others. It is important to note, this includes acting on the teachings of the Holy Quran. This group of people are so special that Allah, the Exalted, will even forgive the person who unintentionally joins them. This is confirmed in a Hadith found in Sahih Bukhari, number 6408. It is hoped that those who perform this deed regularly will be granted the gifts mentioned earlier namely, tranquillity and the mercy of Allah, the Exalted, throughout their day. Whoever receives these blessings will find peace and ease in all aspects of their life and when they encounter a difficulty these gifts will safely guide them through it. It is hoped that whoever receives the company of the

Angels in this world will be granted their company at the time of their death and in the hereafter. Chapter 41 Fussilat, verse 31:

“We [angels] were your allies in worldly life and [are so] in the Hereafter...”

The next reward coincides with a reality which is mentioned throughout Islamic teachings. What a person gives is what they shall receive. As they remember Allah, the Exalted, with the people on Earth. Allah, the Exalted, remembers them with the Angels in the Heavens. Chapter 2 Al Baqarah, verse 152:

“So remember Me; I will remember you...”

The muslim who adopts the remembrance of Allah, the Exalted, through their speech and actions, by sincerely fulfilling His commands, refraining from His prohibitions and by facing destiny with patience, will be granted a light which guides them through every difficulty until they reach the hereafter and the proximity of Allah, the Exalted, successfully.

Umar Ibn Khattab, the Second Rightly Guided Caliph, may Allah be pleased with him, once said, "Adhere to doing deeds of openness...Your deeds which if they are exposed to people, you will not become embarrassed over them." (Imam Al Ghazali, Ihya Ulum Al Din, 4/113)

In a Hadith found in Jami At Tirmidhi, number 2347, the Holy Prophet Muhammad, peace and blessings be upon him, advised that his true friend is the one who obeys Allah, the Exalted, by fulfilling His commands, refraining from His prohibitions and by facing destiny with patience according to the traditions of the Holy Prophet Muhammad, peace and blessings be upon him, in public and in private. Doing so in private indicates a person's sincerity to Allah, the Exalted, meaning, they only perform righteous deeds for His sake. This is the one who firmly remembers that no matter where they are the inner and outer aspects of their being is constantly being observed by Allah, the Exalted. If one persists on this belief they will adopt excellence of faith which is mentioned in a Hadith found in Sahih Muslim, number 99. It means they act, such as performing the prayer, as if they can observe Allah, the Exalted, watching them. This encourages righteous deeds and prevents sins.

Umar Ibn Khattab, the Second Rightly Guided Caliph, may Allah be pleased with him, once said, “Whenever I faced any difficulty, Allah, the Exalted, blessed me with four bounties: it was not in my religion, it was not worse than it could have been, I was not deprived of being patient and I hoped to gain reward from it.” (Imam Al Ghazali, Ihya Ulum Al Din, 4/394)

It is important for muslims to adopt a positive mind-set as it is a great tool to aid them when dealing with difficulties so that they remain obedient to Allah, the Exalted. Whenever a person faces difficulties they should always understand a truth that the difficulty could have been much worse. If it was a worldly problem they should be grateful it was not an affliction affecting their faith. Instead of dwelling on the immediate sadness which accompanies the difficulty they should concentrate on the end and the reward which is waiting for those who demonstrate patience for the sake of Allah, the Exalted. When a person loses a few blessings they should recount the countless blessings they still possess. In each difficulty, a muslim should remember the verse of the Holy Quran which reminds muslims that there are many hidden wisdoms to difficulties and tests which they have not observed. Therefore, the situation they are facing is better than the situation they desired. Chapter 2 Al Baqarah, verse 216:

“...But perhaps you hate a thing and it is good for you; and perhaps you love a thing and it is bad for you. And Allah knows, while you know not.”

To conclude, a muslim should reflect on these facts and others so that they adopt a positive mind-set which is a key element in dealing with difficulties

in a way which leads to countless blessings in both worlds. Remember, the cup is not half empty it is instead half full.

Umar Ibn Khattab, the Second Rightly Guided Caliph, may Allah be pleased with him, once said, "O poor people! Take up trade because the way is clear. Do not become dependent on people." (Imam Abu Laith Samarqandi, Tanbihul Ghafileen, Saad/354)

It is strange how some muslims have adopted an attitude whereby they use reliance on Allah, the Exalted, as an excuse to be lazy on those matters which contradict their desires. For example, when these muslims are told to gain and act on Islamic knowledge so that they correctly obey Allah, the Exalted, by fulfilling His commands, refraining from His prohibitions and by facing destiny with patience, they boldly reply that Allah, the Exalted, is All Merciful and All Forgiving so they hope He will forgive them even if they do not strive in His obedience. Even though Allah, the Exalted, is All Merciful and All Forgiving He has set a system in this universe which requires one to act if they desire to achieve success.

In addition, if they are so certain on the divine attributes of mercy and forgiveness why do they fail to show the same level of reliance on His divine attribute of being the Provider? Meaning, the One who has allocated the provision to the entire creation over fifty thousand years before He created the Heavens and the Earth. This is confirmed in a Hadith found in Sahih Muslim, number 6748. Why do they not relax at home without claiming benefits or earning through a job in order to obtain their provision and simply rely on Allah, the Exalted, to provide for them the same way they rely on His forgiveness without striving for it? This cherry picking attitude proves their laziness and real incorrect intention. They do not rely on Allah, the Exalted, at all. This attitude must change before one's time comes so that they instead actively obey Allah, the Exalted, and rely

internally on His forgiveness and mercy. Only then will a muslim achieve true success in both worlds.

Umar Ibn Khattab, the Second Rightly Guided Caliph, may Allah be pleased with him, once said, "...anything which harms you is a calamity, when we are afflicted by any calamity we should say what Allah, the Exalted, has advised in chapter 2 Al Baqarah, verse 156:

"Who, when disaster strikes them, say, "Indeed we belong to Allāh, and indeed to Him we will return."” (Imam Ahmad Ibn Hanbal, Kitab Az Zuhd, Saad/266)

In a Hadith found in Imam Bukhari's, Adab Al Mufrad, number 492, the Holy Prophet Muhammad, peace and blessings be upon him, advised that a muslim does not face any type of physical difficulty, irrespective of its size, such as a prick of a thorn, or any emotional difficulty, such as stress, except Allah, the Exalted, erases their sins because of it.

This refers to minor sins as major sins require sincere repentance. This outcome occurs when a muslim remains patient from the onset of the difficulty until the end of their life. This is important to understand as many people believe they can complain initially and then show patience after. This is not true patience instead it is only acceptance which occurs with the passing of time. This has been indicated in a Hadith found in Sunan An Nasai, number 1870. In addition, patience needs to be shown throughout one's life as a person can destroy their reward by showing impatience down the line.

A muslim should remember that it is far better to have their minor sins erased through these difficulties than to reach the Day of Judgment while still possessing them. A muslim should constantly repent and strive to perform righteous deeds in order to erase their minor sins. And if they encounter any physical or emotional difficulties they should remain patient hoping for their minor sins to be erased and to obtain an uncountable reward. Chapter 39 Az Zumar, verse 10:

"...Indeed, the patient will be given their reward without account [i.e., limit]."

Umar Ibn Khattab, the Second Rightly Guided Caliph, may Allah be pleased with him, once said, "O Allah! We certainly do rejoice over whatever You beautified for us. I ask You to enable me to spend it correctly." (Imam Abu Laith Samarqandi, Tanbihul Ghafileen, Saad/380)

In a Hadith found in Jami At Tirmidhi, number 2322, the Holy Prophet Muhammad, peace and blessings be upon him, advised that everything in this material world is cursed except the remembrance of Allah, the Exalted, what is connected to it, the knowledgeable person and the student of knowledge.

The remembrance of Allah, the Exalted, encompasses all the levels of remembrance. Namely, internal silent remembrance, which includes correcting one's intention so that they only act for the sake of Allah, the Exalted. Remembering Allah, the Exalted, via the tongue and the most important is practically remembering Allah, the Exalted, by fulfilling His commands, refraining from His prohibitions and by facing destiny with patience.

Anything which leads to the remembrance of Allah, the Exalted, includes the obedience of Allah, the Exalted, such as striving in the material world in order to fulfill one's necessities and the necessities of their dependents according to the teachings of Islam without waste, excessiveness or extravagance. In reality, this includes any action which appears worldly or religious as long as it involves the obedience of Allah, the Exalted.

Both the knowledgeable person and the student of knowledge are the only people in reality who will obey Allah, the Exalted, correctly as this is not possible to achieve without knowledge. An ignorant person disobeys Allah, the Exalted, without even realizing it as they are unaware of what counts as a sin or a righteous deed. In some cases, one may even believe they are strictly obeying Him even though they are far from it.

To conclude, in reality nothing is really cursed in the material world in itself. It is how a thing is used which determines if it is cursed or not. For example, if wealth is used correctly according to the teachings of Islam then it is a great blessing in both worlds. But if it is misused or hoarded then it will become a curse for its owner in both worlds. This can be applied to all things in this world.

Whenever Umar Ibn Khattab, the Second Rightly Guided Caliph, may Allah be pleased with him, appointed a person to a government position, he wrote an agreement for him and brought people to witness it. He always set the following conditions for the employee: He will not ride a ceremonial horse. He will not eat refined foods. He will not wear fine clothing. He will not shut his door from the needy. If the person did any of these things, he would become eligible for punishment. (Imam Ibn Kathir, Al Bidaya Wal Nihaya, 7/148)

It is quite obvious that the leaders of the modern world take advantage of their position as they often misuse the tax payers money on their own personal things and unnecessary events. It is a shame how things have changed so much since the day of the righteous predecessors. In those days, when they became leaders they in fact became the servants of the people and instead of spending the people's money on their own personal things they would spend their own personal money on the people. Whereas, nowadays the leaders and royal families instead spend the wealth of the people and behave as if they are the masters of the nation.

It is important for muslims to select the righteous predecessors as their role models and adopt their characteristics. For example, muslims must fulfil their duties towards all those under their care which has been advised in a Hadith, found in Sunan Abu Dawud, number 2928. This does not mean one should not care about themselves. It means they should fulfil their own personal duties and then strive to fulfil their duties in respect to their dependents without going overboard. They must first obey Allah, the Exalted, by fulfilling His commands, refraining from His prohibitions and by facing destiny with patience and then fulfil the rights of people.

Umar Ibn Khattab, the Second Rightly Guided Caliph, may Allah be pleased with him, once said, "The best response to a person who disobeys Allah, the Exalted, by mistreating you, is to obey Allah, the Exalted, in your treatment of that person." (Imam Ibn Abdul Malik Al Hindi, Kanz Al Ummal, 16/262)

It is easy to reply evil with evil. But what makes a muslim special is when they reply evil with good. This is the tradition of the Holy Prophet Muhammad, peace and blessings be upon him. It is important to understand that behaving in this manner will never reduce a person's rank in anyway. Otherwise the Holy Prophet Muhammad, peace and blessings be upon him, would not have acted in this way. In fact, a Hadith found in Jami At Tirmidhi, number 2029, advises that when one replies evil with good, such as forgiving others, Allah, the Exalted, raises them in honour. So this attitude does not only benefit others but more importantly it benefits the muslim themselves. Chapter 41 Fussilat, verse 34:

"And not equal are the good deed and the bad. Repel [evil] by that [deed] which is better; and thereupon, the one whom between you and him is enmity [will become] as though he was a devoted friend."

In addition, as advised by this verse if someone adopts this attitude they will find that those who do not treat them well will eventually become ashamed of their actions and change their attitude. Even the most toughest hearts eventually become affected when treated in this manner. For example, when a husband mistreats his wife then it is best for her to rise above a negative reply and instead reply in a nice manner. This will cause

the husband to respect and love his wife more. When a colleague at work shows bad manners it is best to show them the quality of a true muslim by replying with good manners. When one behaves like this the people around them will respect and love them more which will cause their life to become easier. But when a person replies evil with evil they will always face more evil from others which will only make their life harder in both worlds. This is quite obvious if one reflects over this for a moment. It is important to note, when others exceed the limits then one should defend themselves and detach from the person. But in most cases bad character should be replied with good character.

Umar Ibn Khattab, the Second Rightly Guided Caliph, may Allah be pleased with him, once said, "Think the best of people's affairs until you receive clear information about them." (Imam Ibn Abdul Malik Al Hindi, Kanz Al Ummal, 16/262)

In a Hadith found in Sunan Abu Dawud, number 4993, the Holy Prophet Muhammad, peace and blessings be upon him, advised that thinking well about people is an aspect of worshipping Allah, the Exalted, correctly. Meaning, it is an aspect of obeying Allah, the Exalted.

Interpreting things in a negative way often leads to sins such as backbiting and slander. In all cases a muslim should interpret things where possible in a positive way in order to give the benefit of the doubt to others. Unfortunately, adopting a negative mind-set effects people from a family unit to a national level. For example, how many times has a nation gone to war over an assumption and suspicion? The vast majority of scandals which are found in the media are based on assumptions. Even laws have been created which support the use of assumptions and suspicion. This often leads to fractured and broken relationships as people with this mind-set always believe others are taking a dig at them through their words or actions. This prevents one from taking advice from others as they believe they are only being mocked by the one giving advice and it prevents one from giving advice as they believe the other person will not pay any attention to what they say. And a person will refrain from advising the one who possesses this negative mind-set as they believe it will only lead to an argument. This leads to other negative traits such as bitterness.

It is important for Muslims to understand that even if they assume someone is taking a dig at them they should still accept their advice if it is based on the Holy Quran and the traditions of the Holy Prophet Muhammad, peace and blessings be upon him. They should strive to interpret things where possible in a positive way which leads to a positive mentality. And a positive mindset leads to healthy relationships and feelings. Chapter 49 Al Hujurat, verse 12:

“O you who have believed, avoid much [negative] assumption. Indeed, some assumption is sin...”

Umar Ibn Khattab, the Second Rightly Guided Caliph, may Allah be pleased with him, once said, "Do not ask about things which are not presently affecting you. What is present is enough to preoccupy you from things which have not yet occurred." (Imam Ibn Abdul Malik Al Hindi, Kanz Al Ummal, 16/262)

In a Hadith found in Sahih Muslim, number 3257, the Holy Prophet Muhammad, peace and blessings be upon him, warned against asking too many questions as this led to the destruction of the past nations. Muslims should instead do what they have been commanded according to their capacity and refrain from what they have been prohibited from.

Muslims should not adopt this mentality as people who have a habit of asking too many questions often fail in fulfilling their duties and acquiring beneficial knowledge as they are too busy asking and researching about less important and sometimes irrelevant information. This mentality can inspire a person to argue and debate over these types of issues also. Unfortunately, this attitude is quite widespread amongst muslims today as they often argue about non obligatory and less important issues instead of concentrating on fulfilling their obligatory duties and the established traditions of the Holy Prophet Muhammad, peace and blessings be upon him, correctly meaning, fulfilling them with their full etiquettes and conditions.

A muslim should instead research and query about topics which are relevant and important to understand for both worldly and religious matters

otherwise they will follow in the footsteps of the people mentioned in this Hadith and only make their own lives more difficult.

Umar Ibn Khattab, the Second Rightly Guided Caliph, may Allah be pleased with him, once said, "Humble yourself when you see a grave." (Imam Ibn Abdul Malik Al Hindi, Kanz Al Ummal, 16/262)

The grave should remind one that someday they will die and be buried in a grave also.

In a Hadith found in Jami At Tirmidhi, number 2460, the Holy Prophet Muhammad, peace and blessings be upon him, advised that a grave is either a garden of Paradise or a pit of Hell. This Hadith further explains that when a successful believer is placed in their grave it widens and becomes comfortable for them whereas, the grave of a sinful person becomes extremely constricted and harmful for them.

It is important to note, that in reality each person takes the garden of Paradise or pit of Hell with them when they depart this world namely, their deeds. If a muslim obeys Allah, the Exalted, by fulfilling His commands, refraining from His prohibitions and faces destiny with patience according to the traditions of the Holy Prophet Muhammad, peace and blessings be upon him, then it will ensure they prepare the deeds required to make their grave a garden of Paradise. But if they disobey Allah, the Exalted, then their sins will create the pit of Hell they will rest in until the Day of Judgment.

Therefore, muslims must act today and not delay in this preparation as the time of death is unknown and often comes suddenly. Delaying to a tomorrow one may not see is foolish and it only leads to regrets. The same way a person spends much energy and time beautifying their home in this world they must strive harder in beautifying their grave as the journey there is inevitable and the stay there long. And if one suffers in their grave then what follows will only be worse. This has been warned in a Hadith found in Sunan Ibn Majah, number 4267.

In a Hadith found in Sahih Bukhari, number 3294, The Holy Prophet Muhammad, peace and blessings be upon him, advised that whichever path the Second Rightly Guided Caliph of Islam, Umar Bin Khataab, may Allah be pleased with him, took, the Devil would take a different path, meaning, out of fear of him.

One of the reasons why the Devil acted in this way was because he had little influence over Umar Bin Khataab, may Allah be pleased with him. The Devil cannot physically force someone to commit sins. He instead encourages them to do so through whisperings. But in order for them to be effective he requires a person to possess some sort of worldly desire. Then through his whisperings he encourages the growth of this worldly desire until it drives the person to act on it thereby committing a sin. The reason the Devil had little effect on Umar Bin Khataab, may Allah be pleased with him, was because he had removed worldly desires from his heart. His only desires were connected to pleasing Allah, the Exalted. Therefore, if muslims desire to minimise the effect the Devil has on them they should remove unnecessary desires from their heart. This only occurs when one refrains from indulging in the excess and unnecessary aspects of this material world. The more they do this the more these worldly desires will leave their heart until they reach a point where they only desire to please Allah, the Exalted, in all their actions. The Devil will flee from this person as he knows he will have little effect on them. But the more one indulges in the unnecessary aspects of this material world the more worldly desires they will possess and therefore, the more influence the Devil will have over them.

In a Hadith recorded in Imam Suyuti's, Tarikh Al Khulafa, Page 120, the Holy Prophet Muhammad, peace and blessings be upon him, advised that whoever is angry with Umar Ibn Khattab, may Allah be pleased with him, is angry with the Holy Prophet Muhammad, peace and blessings be upon him, and whoever loves Umar Ibn Khattab, may Allah be pleased with him, loves him.

A sign of truly loving Allah, the Exalted, and the Holy Prophet Muhammad, peace and blessings be upon him, is to love all those who love Allah, the Exalted, and the Holy Prophet Muhammad, peace and blessings be upon him, for the sake of Allah, the Exalted, even if this contradicts one's personal opinion about them. This love includes those who proclaim love through their words and more importantly through their actions. For example, it is obvious to all that all the household of the Holy Prophet Muhammad, may Allah be pleased with them, all the Companions, may Allah be pleased with them, and the righteous predecessors possessed this true love. So loving each of them is a duty upon the one who claims love for Allah, the Exalted, and the Holy Prophet Muhammad, peace and blessings be upon him. This has been proven through many Hadiths such as the one found in Sahih Bukhari, number 17. It advises that love for the helpers of the Holy Prophet Muhammad, peace and blessings be upon him, meaning, the residents of the Holy city of Medina is a part of faith and hatred for them is a sign of hypocrisy. In another Hadith found in Jami At Tirmidhi, number 3862, the Holy Prophet Muhammad, peace and blessings be upon him, has clearly warned muslims not to criticize any of the Companions, may Allah be pleased with them, as loving them is a sign of loving the Holy Prophet Muhammad, peace and blessings be upon him, and hating them is a sign of hating the Holy Prophet, peace and blessings be upon him, and Allah, the Exalted. This person will not succeed unless they sincerely repent. The Holy Prophet Muhammad, peace and blessings be upon him, mentioned a similar statement regarding his blessed

household, may Allah be pleased with them, in a Hadith found in Sunan Ibn Majah, number 143.

If a muslim unjustifiably criticises any muslim who demonstrates their love for Allah, the Exalted, it proves their lack of love for Allah, the Exalted. If a muslim commits a sin other muslims should hate the sin but they should, for the sake of Allah, the Exalted, still have love for the sinful muslim because of their love for Allah, the Exalted, and the Holy Prophet Muhammad, peace and blessings be upon him. The sign of loving others is to treat them kindly and respectfully. Simply put, one should treat others how they wish people to treat them.

In addition, a muslim should dislike all those who show dislike for those who love Allah, the Exalted, and the Holy Prophet Muhammad, peace and blessings be upon him, irrespective of if the person is a relative or a stranger. A muslim's feelings should never prevent them from fulfilling this sign of true love for Allah, the Exalted, and the Holy Prophet Muhammad, peace and blessings be upon him. This does not mean they should harm them but they should make it clear to them that hating those who love Allah, the Exalted, and the Holy Prophet, peace and blessings be upon him, is unacceptable. If they persist on this deviant attitude then one should separate from them until they sincerely repent.

Abdullah Bin Mas'ud, may Allah be pleased with him, once advised that the knowledge of Umar Ibn Khattab, may Allah be pleased with him, would outweigh the knowledge of every living being on Earth. (Imam Suyuti, Tarikh Al Khulafa, Page 121)

One must follow in his footsteps by striving to gain and act on Islamic knowledge.

In a Hadith found in Sunan Ibn Majah, number 219, the Holy Prophet Muhammad, peace and blessings be upon him, advised that learning one verse of the Holy Quran is better than offering 100 cycles of voluntary prayer. And learning a topic of Islamic knowledge even if one does not act on it is better than offering 1000 cycles of voluntary prayer.

Learning a verse includes studying and more importantly practically implementing its teachings in one's life. And it is important to note, a muslim will only gain this reward when they sincerely strive to act on the topic of knowledge they have learned and practically implement it when the opportunity presents itself. Only when one does not gain the opportunity to act on their topic of Islamic knowledge will they gain the reward of offering 1000 cycles of prayer even if they do not actually act on it. This is because Allah, the Exalted, judges and rewards people based on their intention and will therefore grant reward to those who would sincerely act when given the opportunity. This is confirmed in a Hadith found in Sahih Bukhari, number 1.

Finally, as indicated by the main Hadith under discussion gaining and acting on knowledge is far superior to voluntary worship. This is because the majority do not understand the Arabic language and are therefore less likely to change their behavior and obedience to Allah, the Exalted, in a positive way as they do not understand the language they use to worship Allah, the Exalted. Whereas, learning and acting on knowledge is much more likely to inspire one to change for the better. This is the reason why some muslims spend decades performing voluntary worship yet, do not improve their behavior towards Allah, the Exalted, or people in the slightest. This by far is not the best course of action.

All praise is due to Allah, Lord of the worlds and may peace and blessings be upon His final Messenger, Muhammad, his noble Family and Companions.

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