

# True

# Reflection

**PodSeries - Vol 27**



**Achieve Noble Character**

**True Reflection**

**ShaykhPod Books**

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# Table of Contents

[Acknowledgements](#)

[Compiler's Notes](#)

[Introduction](#)

[True Reflection](#)

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## **Acknowledgements**

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We pray that Allah, the Exalted, completes His favour on us and accepts each letter of this book in His august court and allows it to testify on our behalf on the Last Day.

All praise to Allah, the Exalted, Lord of the worlds and endless blessings and peace be upon the Holy Prophet Muhammad, on his blessed Household and Companions, may Allah be pleased with them all.

## **Compiler's Notes**

We have tried diligently to do justice in this volume however if there are any short falls found then the compiler is personally and solely responsible for them.

We accept the possibility of faults and shortcomings in an effort to complete such a difficult task. We might have unconsciously stumbled and committed errors for which we ask for indulgence and forgiveness of our readers and the drawing of our attention thereto will be appreciated. We earnestly invite constructive suggestions which can be made to [ShaykhPod.Books@gmail.com](mailto:ShaykhPod.Books@gmail.com).

## Introduction

This book will discuss an important aspect of Noble Character namely, reflection.

According to the Hadith found in Jami At Tirmidhi, number 2003, the Holy Prophet Muhammad, peace and blessings be upon him, has advised that the heaviest thing in the Scales of Judgment Day will be Noble Character. It is one of qualities of the Holy Prophet Muhammad, peace and blessings be upon him, which Allah, the Exalted, complimented in Chapter 68 Al Qalam, Verse 4 of the Holy Quran:

*“And indeed, you are of a great moral character.”*

Therefore, it is a duty on all Muslims to gain and act on the teachings of the Holy Quran and the traditions of the Holy Prophet Muhammad, peace and blessings be upon him, in order to Achieve Noble Character.

## **True Reflection**

Merely performing worship will not raise someone to the highest levels of faith. Muslims can only reach this level by purifying their inner beings. This is achieved by removing the negative characteristics they possess and replacing them with good characteristics. But this is only achieved through serious reflection and self-assessment.

When one recognises their own reality this will encourage them to live like a servant and fulfil the purpose of their creation. This will lead them to recognising Allah, the Exalted, as their Lord, which is the ultimate goal. Chapter 51 Adh Dhariyat, verse 56:

*“And I did not create the jinn and mankind except to worship Me.”*

This self-assessment is vital for triggering one to take the steps needed to purify their character and soul of evil characteristics which is the path of success in both worlds. Some are so lost in the material world they never perform this important deed and therefore decades pass by without them changing one single bit. Muslims must use the time of strength they have been given in order to self-assess and change for the better before they reach the final stage of weakness. At this point they will desire to change but they will not possess the intelligence or strength to do so. This has been indicated in a Hadith found in Sahih Bukhari, number 6412.



One only needs to turn the pages of history to observe those who were given great power and wealth but eventually a time came when their moment of strength ran out and because of their persistent disobedience they were destroyed.

Those who used their moments of strength in the correct way by pleasing Allah, the Exalted, will be blessed by Him in such a way that even after departing from this world they will still be honoured by society.

As the majority of muslims do not understand the Arabic language an abundant amount of worship will not trigger this inner purification. One can only reach it by reflecting on this material world, death, the grave and Hell. Because of this a single moment of reflection can become better than sixty years of voluntary worship.

Those who live without wisdom or reflection habitually make mistakes which only lead to constant stress. It is these people who lead an aimless life with no higher aspirations and move through each day without understanding their true purpose.

The pious always take time out of their day to reflect on their aims, what actions they have performed and whether they have pleased Allah, the exalted, or not. This mentality will ensure that one avoids sins, performs righteous deeds and if they happen to commit sins to sincerely repent. This mentality fits the advice given by the second rightly guided Caliph of Islam, Omar Bin Khataab, may Allah be pleased with him, which is recorded in Imam Asfahani's, Hilyat Al Awliya, number 98. He advised that one should judge their own actions before someone else judges them namely, Allah, the exalted, on the Day of Judgement.

This self-assessment is the key which inspires one to sincerely repent and change for the better. This is the best stage compared to the stage where one only realises their mistakes when another points it out to them. But even this stage requires one to possess good friends and relatives who are wise and sincerely concerned over their eternal welfare instead of only being concerned with the material world. A truly blessed muslim is the one who possesses these types of relatives and friends who aid them to adopt piety.

Reflecting at the start of one's day also ensures a person prioritises their daily tasks and saves time by avoiding those tasks which should be delayed.

The following verse describes the state of successful muslims. They reflect on and are deeply affected by the teachings of Islam and strive to implement them in their lives. If one is affected in this way they should be grateful to Allah, the Exalted, and show no signs of pride. But if one is not

affected in this way they must repent and change before it is too late. Chapter 5 Al Ma'idah, verse 83:

*“And when they hear what has been revealed to the Messenger, you see their eyes overflowing with tears because of what they have recognized of the truth...”*

A lack of self-reflection has caused muslims to become lost in the material world even though Islamic knowledge is more readily available than it ever was. Voluntary worship will only take one so far but to reach the height of faith they must reflect and assess their character. This will inspire them to abandon their evil traits and replace them with good ones. The vital ingredient needed to stimulate this self-assessment and reflection is Islamic knowledge which must be obtained from a reliable source. This is one of the reasons the Holy Prophet Muhammad, peace and blessings be upon him, declared in a Hadith found in Sunan Ibn Majah, number 224, that obtaining this type of knowledge is obligatory on all muslims.

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