

Seeking Refuge from Evil

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Achieve Noble Character

Seeking Refuge from Evil

ShaykhPod Books

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We pray that Allah, the Exalted, completes His favour on us and accepts each letter of this book in His august court and allows it to testify on our behalf on the Last Day.

All praise to Allah, the Exalted, Lord of the worlds and endless blessings and peace be upon the Holy Prophet Muhammad, on his blessed Household and Companions, may Allah be pleased with them all.

Compiler's Notes

We have tried diligently to do justice in this volume however if there are any short falls found then the compiler is personally and solely responsible for them.

We accept the possibility of faults and shortcomings in an effort to complete such a difficult task. We might have unconsciously stumbled and committed errors for which we ask for indulgence and forgiveness of our readers and the drawing of our attention thereto will be appreciated. We earnestly invite constructive suggestions which can be made to ShaykhPod.Books@gmail.com.

Introduction

The following short book discusses some aspects of Seeking Refuge from Evil. This discussion is based on Chapters 113 Al Falaq and 114 An Nas of the Holy Quran:

“Say, “I seek refuge in the Lord of daybreak. From the evil of that which He created. And from the evil of darkness when it settles. And from the evil of the blowers in knots [black magic]. And from the evil of an envier when he envies.””

“Say, “I seek refuge in the Lord of mankind. The Sovereign of mankind. The God of mankind. From the evil of the retreating whisperer. Who whispers [evil] into the breasts of mankind. From among the jinn and mankind.””

Implementing the lessons discussed will aid a Muslim to Achieve Noble Character. According to the Hadith found in Jami At Tirmidhi, number 2003, the Holy Prophet Muhammad, peace and blessings be upon him, has advised that the heaviest thing in the Scales of Judgment Day will be Noble Character. It is one of qualities of the Holy Prophet Muhammad, peace and blessings be upon him, which Allah, the Exalted, complimented in Chapter 68 Al Qalam, Verse 4 of the Holy Quran:

“And indeed, you are of a great moral character.”

Therefore, it is a duty on all Muslims to gain and act on the teachings of the Holy Quran and the traditions of the Holy Prophet Muhammad, peace and blessings be upon him, in order to Achieve Noble Character.

Seeking Refuge from Evil

Chapter 113 – Al Falaq, Verses 1-5

١ قُلْ أَعُوذُ بِرَبِّ الْفَلَقِ

٢ مِنْ شَرِّ مَا خَلَقَ

٣ وَمِنْ شَرِّ غَاسِقٍ إِذَا وَقَبَ

٤ وَمِنْ شَرِّ النَّفَّاثَاتِ فِي الْعُقَدِ

٥ وَمِنْ شَرِّ حَاسِدٍ إِذَا حَسَدَ

“Say, “I seek refuge in the Lord of daybreak.

From the evil of that which He created.

And from the evil of darkness when it settles.

And from the evil of the blowers in knots [black magic].

And from the evil of an envier when he envies.””

“Say, “I seek refuge in the Lord of daybreak.””

Allah, the Exalted, safeguards and preserves the creation and takes care of them with special care. He protects the obedient from the plots and traps of the Devil and He safeguards the disobedient from His immediate punishment in order to give them an opportunity to sincerely repent.

A muslim should act on this divine name by using the means provided to them by Allah, the Exalted, but always trust in His divine care and choices in every situation and outcome they face even if they do not observe the wisdom behind some choices. This inspires patience and even contentment with the choice of Allah, the Exalted. Chapter 65 At Talaq, verse 3:

“...And whoever relies upon Allah - then He is sufficient for him...”

A muslim should also understand that they will only be protected from misguidance and punishment by the Guardian namely, Allah, the Exalted. This removes any signs of pride and ensures they seek His protection through sincere obedience to Him. A muslim must act on this divine name by safeguarding every trust they possess such as their blessings by using them according to the teachings of Islam. They should safeguard their actions and speech from the disobedience of Allah, the Exalted. This will

ensure they receive more blessings from Allah, the Exalted. Chapter 14 Ibrahim, verse 7:

“And [remember] when your Lord proclaimed, 'If you are grateful, I will surely increase you [in favor]...”

“Say, “I seek refuge in the Lord of daybreak.””

Just like Allah, the Exalted, brings the day out after the night, He will bring forth the Day of Judgement. The sleep-wake cycle in itself is a mini resurrection which people witness every day, as sleep is the sister of death.

Logically speaking, the Day of Judgement is something which must occur. If one observes the universe they will notice many examples of balance. For example, the Earth is at a perfect and balanced distance from the Sun. If the Earth was slightly closer or further away from the Sun it would not be inhabitable. Similarly, the water cycle, which involves the evaporation of water from the ocean into the atmosphere which is then condensed in order to produce rain, is perfectly balanced so that the creation can continue living on Earth. The ground was created in a balanced way so that the weak branches and shoots of seeds can penetrate through it in order to provide crops for the creation yet the same ground is tough enough to withstand heavy buildings being built on top of it. There are many such examples that not only clearly indicate a Creator but also balance. But there is one major thing in this world which is clearly unbalanced namely, the actions of mankind. One often observes oppressive and tyrannical people who escape punishment in this world. Conversely, there are countless people who are oppressed by others and face other difficulties yet do not receive their full reward for their patience. Many Muslims who sincerely obey Allah, the Exalted, often face many difficulties in this world and only receive a small share in reward whereas those who openly disobey Allah, the Exalted, enjoy the luxuries of this world and only face some problems. Just like Allah, the Exalted, has set up a balance in all His creations the reward and punishment of actions must also be balanced. But

this obviously does not occur in this world so therefore it must occur in another time namely, the Day of Recompense i.e. the Day of Judgment.

Allah, the Exalted, could reward and punish fully in this world. But one of the wisdoms behind not fully punishing in this world is that Allah, the Exalted, gives opportunity after opportunity to them so that they sincerely repent and correct their behaviour. He does not fully reward Muslims in this world as this world is not Paradise. In addition, believing in the unseen namely, the full reward waiting for a Muslim in the next world, is an important aspect of faith. In fact belief in the unseen is what makes faith special. Believing in something which can be perceived through the five senses, such as receiving full reward in this world, would not be so special.

Having fear of full punishment and hope in receiving full reward in the hereafter will encourage one to abstain from sins and perform righteous deeds.

In order for the Day of Recompense to commence this material world must end. This is because punishment and reward can only be given once everyone's actions terminate. Therefore, the Day of Recompense cannot take place until the actions of people have been concluded. This indicates that the material world must end, sooner or later.

In addition, when one observes the Heavens and Earth and observes the countless cycles of life and death, such as the coming and going of the day and night, the seasons and the lands for growing crops, they will understand that they too will face a cycle of death and life namely, the resurrection on Judgement Day.

When one reflects on this discussion it will strengthen their faith in the Day of Judgement thereby encouraging them to prepare for it by fulfilling the commands of Allah, the Exalted, refraining from His prohibitions and by facing destiny with patience according to the traditions of the Holy Prophet Muhammad, peace and blessings be upon him.

“Say, “I seek refuge in the Lord of daybreak.””

As the non-muslims of Arabia worshipped different Heavenly bodies, such as the Sun and Moon, this verse points out that all of these things were created and are controlled by Allah, the Exalted, alone.

One can strengthen their faith by reflecting on the creations within the Heavens and the Earth. When done correctly this clearly indicates the Oneness of Allah, the Exalted, and His infinite power. Chapter 41 Fussilat, verse 53:

“We will show them Our signs in the horizons and within themselves until it becomes clear to them that it is the truth...”

For example, if a muslim ponders over the night and day and how perfectly in sync they are and the other things linked to them they will truly believe that this is not a random thing meaning, there is a force which ensures everything runs like clockwork. This is the infinite power of Allah, the Exalted. In addition, if one ponders over the perfect timing of the night and day they will realise it clearly indicates that there is only one God namely, Allah, the Exalted. If there were more than one God each god would desire the night and day to occur according to their own desires. This would lead to utter chaos as one God might desire the Sun to rise whereas the other God might desire the night to continue. The perfect uninterrupted system

found within the universe proves there is only one God namely, Allah, the Exalted. Chapter 21 Al Anbiya, verse 22:

“Had there been within them [i.e., the heavens and earth] gods besides Allah, they both would have been ruined...”

“Say, “I seek refuge in the Lord of daybreak. From the evil of that which He created. And from the evil of darkness when it settles.””

These verses teach mankind to remain grateful to Allah, the Exalted, by using the blessings they have been granted in ways pleasing to Him, otherwise these blessings will become a source of evil and distress for them in both worlds.

In reality, in most cases nothing in this material world in itself is good or bad, such as wealth. What makes a thing good or bad is the way it is used. It is important to understand that the very purpose of everything which was created by Allah, the Exalted, was for it to be used correctly according to the teachings of Islam. When something is not used correctly it in reality becomes useless. For example, wealth is useful in both worlds when it is used correctly such as being spent on the necessities of a person and their dependents. But it can become useless and even a curse for its bearer if it is not used correctly, such as being hoarded or spent on sinful things. Simply hoarding wealth causes wealth to lose value. How can paper and metal coins one tucks away be useful? In this respect, there is no difference between a blank piece of paper and a note of money. It is only useful when it is used correctly.

So if a Muslim desires all their worldly possessions to become a blessing for them in both worlds all they have to do is use them correctly according to the teachings found in the Holy Quran and the traditions of the Holy Prophet Muhammad, peace and blessings be upon him. But if they use

them incorrectly then the same blessing will become a burden and curse for them in both worlds. It is as simple as that.

“Say, “I seek refuge in the Lord of daybreak. From the evil of that which He created. And from the evil of darkness when it settles.””

These verses teach mankind to remain grateful to Allah, the Exalted, by using the blessings they have been granted in ways pleasing to Him, otherwise these blessings will become a source of evil and distress for them in both worlds. One can adopt the correct attitude when they understand the purpose of these blessings.

Every worldly blessing a Muslim possesses is only a means which should aid them in reaching the hereafter safely. It is not an end in itself. For example, wealth is a means one should use in order to obey Allah, the Exalted, by fulfilling the commands of Allah, the Exalted, fulfilling their necessities and the necessities of their dependents. It is not an end or an ultimate goal in itself.

This not only aids a Muslim in maintaining their focus on the hereafter but it also aids them whenever they lose worldly blessings. When a Muslim treats each worldly blessing, such as a child, as a means to please Allah, the Exalted, and reach the hereafter safely then losing it will not have such a detrimental impact on them. They may become sad, which is an acceptable emotion, but they will not become grieved which leads to impatience and other mental problems, such as depression. This is because they firmly believe the worldly blessing they possessed was only a means so losing it does not cause a loss in the ultimate goal namely, Paradise, the loss of which is disastrous. Therefore, still possessing and concentrating on the ultimate goal will prevent them from becoming grieved.

In addition, they will understand that just like the thing they lost was only a means they firmly believe they will be provided with another means to reach and fulfil their ultimate goal by Allah, the Exalted. This will also prevent them from grieving. Whereas, the one who believes their worldly blessing is the end instead of a means will experience severe grief when losing it as their whole purpose and objective has been lost. This grief will lead to depression and other mental issues.

To conclude, Muslims should treat each blessing they possess as a means to reach the hereafter safely not as an end in itself. This is how one can possess things without being possessed by them. This is how they can keep worldly things in their hands and not in their hearts.

“Say, “I seek refuge in the Lord of daybreak...from the evil of the blowers in knots.””

The Holy Quran has connected practicing sorcery with unbelief. Chapter 2 Al Baqarah, verse 102:

“...But they [i.e., the two angels] do not teach anyone unless they say, “We are a trial, so do not disbelieve [by practicing magic]...”

Some commit this sin believing it is only forbidden when it is actually connected to disbelief. The Holy Prophet Muhammad, peace and blessings be upon him, classified sorcery as one of the destructive sins meaning, if one does not sincerely repent it may well cause them to enter Hell. This is confirmed in a Hadith found in Sahih Bukhari, number 2766.

It is a deadly major sin as the one who practices it believes it can change the decree of Allah, the Exalted. Meaning, it can rival and challenge the infinite power of Allah, the Exalted, which is clear unbelief. Therefore, muslims must avoid this deadly major sin at all costs.

“Say, "I seek refuge in the Lord of daybreak...from the evil of the blowers in knots.””

When some face difficulties instead of firstly observing themselves and their behaviour to assess whether they need to change for the better and remain steadfast on the obedience of Allah, the Exalted, patiently waiting for relief they instead turn to uneducated and inexperienced people who claim to fix worldly things through spiritual means. These people only cause a muslim to adopt an illness which is far worse than their initial problem namely, paranoia. These people convince muslims that their problems have either been caused by supernatural creatures, such as jinns, or by black magic which someone has used against them. Even though jinns do exist it is very rare for them to affect people in their worldly matters. This incorrect advice causes muslims to become severely paranoid and superstitious over petty things and it even causes them to grow suspicious over their friends and relatives. This only leads to enmity and fractured relationships. This attitude will also damage one's faith in Allah, the Exalted, as they will be advised in many cases to do things which are not advised in the Holy Quran or the traditions of the Holy Prophet Muhammad, peace and blessings be upon him.

It is important for muslims to strengthen their faith through gaining and acting on Islamic knowledge. This will prevent them turning to such foolish people who cannot even fix their own problems let alone fix the problems of others. Strong faith will prevent paranoia affecting them as they will fully rely on Allah, the Exalted, in all situations. Strong faith allows a muslim to understand that even if the entire creation desired to harm them they will not be able to do so unless Allah, the Exalted, allowed it. Similarly, the entire creation cannot benefit them unless Allah, the Exalted, wills it. And

every case and situation only occurs according to a set and unchangeable plan namely, destiny. This has been advised throughout the Holy Quran and the Hadiths of the Holy Prophet Muhammad, peace and blessings be upon him, such as the far reaching Hadith found in Jami At Tirmidhi, number 2516.

To conclude, a muslim when encountering a problem should firstly assess their own behaviour and rectify it if necessary and then remain obedient to Allah, the Exalted, by fulfilling His commands, refraining from His prohibitions and by facing destiny with patience and avoid further problems in the form of paranoia by avoiding people who claim to fix worldly problems in spiritual ways.

“Say, “I seek refuge in the Lord of daybreak...And from the evil of an envier when he envies.””

In a Hadith found in Sunan Ibn Majah, number 4210, the Holy Prophet Muhammad, peace and blessings be upon him, warned that envy destroys good deeds just like fire consumes wood.

Envy is a serious and major sin because the envier’s problem is not with another person in reality it is with Allah, the Exalted, as He is the One who granted the blessing which is envied. So a person’s envy only demonstrates their displeasure with the allocation and choice of Allah, the Exalted. They believe Allah, the Exalted, made a mistake when He allocated a particular blessing to another person instead of them.

Some exert efforts through their speech and actions in order to confiscate the blessing from the other person which is undoubtedly a sin. The worse kind is when the envier strives to remove the blessing from the owner even if the envier does not obtain the blessing. Envy is only lawful when a person does not act on their feelings, dislikes their feelings and strives to obtain a similar blessing without the owner losing the blessing. Even though this type is not a sin it is considered disliked if the envy is over a worldly blessing and praiseworthy if it is over a religious blessing. For example, the Holy Prophet Muhammad, peace and blessings be upon him, mentioned two examples of the praiseworthy type in a Hadith found in Sahih Muslim, number 1896. The first person who can be lawfully envied is the one who acquires and spends lawful wealth in ways pleasing to Allah,

the Exalted. The second person who can be lawfully envied is the one who uses their knowledge in the correct way and teaches it to others.

An envious muslim should strive to remove this feeling from their heart by showing good character and kindness towards the person envied such as praising their good qualities and supplicating for them until their envy becomes love for them.

“Say, “I seek refuge in the Lord of daybreak...And from the evil of an envier when he envies.””

It is obvious that envy has affected many muslims. In fact, the Holy Prophet Muhammad, peace and blessings be upon him, warned this would occur in a Hadith found in Jami At Tirmidhi, number 2510. It leads to many other negative characteristics and problems. For example, it prevents muslims from fulfilling the important duty of supporting good irrespective of who does it as the jealous person does not desire to aid others as they believe the other person's rank in society will increase beyond their own.

A muslim must take steps to remove jealousy from their character. One thing which can aid in this goal is to become content with what a person possesses. Allah, the Exalted, does not give people according to their desires as this might lead to their destruction. He instead gives what is best for each person's faith. Understanding this can eliminate jealousy over what others possess. How many muslims obtained wealth which destroyed their faith? And how many muslims will be forgiven on Judgment Day because of the tests they endured patiently? Chapter 2 Al Baqarah, verse 216:

“...But perhaps you hate a thing and it is good for you; and perhaps you love a thing and it is bad for you. And Allah knows, while you know not.”

The other thing to understand is that as this material world is limited it is easy to become jealous over the things within it. But if a muslim aims for the hereafter and prioritises it over the excess of this material world it would remove jealousy from them. This is because the blessings of the hereafter are unlimited therefore, there is no need to be jealous as there are plenty of blessings to go around in fact, they will never end. But the more one aims and desires the limited things found within the world the more jealous they will become.

“Say, “I seek refuge in the Lord of daybreak. From the evil of that which He created. And from the evil of darkness when it settles. And from the evil of the blowers in knots [black magic]. And from the evil of an envier when he envies.””

Every creature has been created by none other than Allah, the Exalted. Each has been given the ability and free will to perform good or evil deeds. Chapter 91 Ash Shams, verses 7-8:

“And [by] the soul and He who proportioned it. And inspired it [with discernment of] its wickedness and its righteousness.”

It is this free will that each person will be judged upon on the Day of Judgement.

In addition, everything within the universe only occurs with the will of Allah, the Exalted, even the things which appear bad. There are many wisdoms behind each of these things, even if one fails to observe these wisdoms. The duty of a muslim is to remain firm on the sincere obedience of Allah, the Exalted, through every situation, good or bad, as this is the test of life. In reality, the presence of evil in this world is required as one cannot be tested without it.

These verses also make it clear that Allah, the Exalted, alone creates and manages good and evil in this world. They are not two opposites managed by two different entities. Therefore, if one desires to gain benefit and be protected from harm they must sincerely obey and worship Allah, the Exalted, alone.

Furthermore, when one reflects on the main verses under discussion while bearing in mind the teachings of other verses of the Holy Quran and the traditions of the Holy Prophet Muhammad, peace and blessings be upon him, these verses do not seem to be magnifying the two specific evils mentioned namely, black magic and envy, which is the root of the evil eye. If this was the case it seems as though there is somewhat of a discrepancy between these verses and other Islamic teachings. Other teachings make it clear that Allah, the Exalted, decrees harm and benefit and no other has any say in the matter. For example, chapter 57 Al Hadid, verse 22:

“No disaster strikes upon the earth or among yourselves except that it is in a register before We bring it into being - indeed that, for Allāh, is easy.”

And chapter 9 At Tawbah, verse 51:

“Say, “Never will we be struck except by what Allāh has decreed for us; He is our protector.” And upon Allāh let the believers rely.””

And the Hadith which is discussed in detail below teaches this same concept. There are countless other examples. Therefore, it seems that the two specific evils mentioned in the main verses under discussion are being dismissed rather than magnified. One must bear in mind that the fear of these two evils was extremely prevalent in the time of the Holy Prophet Muhammad, peace and blessings be upon him. This fear resulted in people committing acts of polytheism and other major sins in order to protect themselves from them. Therefore, Allah, the Exalted, dismissed this fear that people felt by declaring that as He alone created and controls whatever is within the Heavens and the Earth, which is indicated in the first two verses of this chapter, He alone should be feared and sought for protection through His sincere obedience.

Finally, the Holy Prophet Muhammad, peace and blessings be upon him, indicated the infinite and absolute power and authority of Allah, the Exalted, in a Hadith found in Jami At Tirmidhi, number 2516. This Hadith advises that the entire creation cannot benefit a person if Allah, the Exalted, did not desire them to do so. Similarly, the entire creation together could not harm someone if Allah, the Exalted, did not desire them to. This means only what Allah, the Exalted, decides happens within the universe. It is important to note, that this advice does not indicate one should abandon using means, such as medicine, but it means that one can use the means as they have been created by none other than Allah, the Exalted, but they must understand that Allah, the Exalted, is the only One who decides the outcome of all things. For example, there are many sick people who take medicine and recover from their illness. But there are others who take medicine and do not recover. This indicates that another factor decides the end result namely, the will of Allah, the Exalted. Chapter 9 At Tawbah, verse 51:

“Say, “Never will we be struck except by what Allah has decreed for us...”

The one who understands this knows that anything that affected them could not have been avoided. And those things which missed them could never have been obtained.

It is important to note, that whatever the end result even if it is against a person's desire they should remain patient and truly believe Allah, the Exalted, has chosen the best for them even if they do not observe the wisdom behind the outcome. Chapter 2 Al Baqarah, verse 216:

“...But perhaps you hate a thing and it is good for you; and perhaps you love a thing and it is bad for you. And Allah knows, while you know not.”

When one truly understands this truth they stop relying on the creation knowing they cannot innately harm or benefit them. Instead, they turn to Allah, the Exalted, seeking His support and protection through sincere obedience by fulfilling His commands, refraining from His prohibitions and by facing destiny with patience. This leads a muslim to trusting in Allah, the Exalted. It also encourages one to only fear Allah, the Exalted, as they know the creation cannot harm them without the will of Allah, the Exalted.

Recognising that all things which occur within one's life and the universe originate from Allah, the Exalted, is a part of understanding the Oneness of Allah, the Exalted. This is a topic which has no end and goes beyond only superficially believing that there is none worthy of worship except Allah, the Exalted. When this is fixed in one's heart then they only hope in Allah, the Exalted, knowing He is the only One who can help them. They will only submit and obey Allah, the Exalted, in all aspects of their life. In reality, a person only obeys another in order to receive protection from harm or gain some benefit. Only Allah, the Exalted, can grant this therefore only He deserves to be obeyed and worshipped. If anyone chooses the obedience of another over the obedience of Allah, the Exalted, this shows they believe that this other can bring them some sort of benefit or protect them from harm. This is a sign of the weakness of their faith. The source of all things which occur is Allah, the Exalted, so muslims should only obey Him. Chapter 35 Fatir, verse 2:

“Whatever Allah grants to people of mercy - none can withhold it; and whatever He withholds - none can release it thereafter...”

It is important to note, that obeying a person which encourages the obedience of Allah, the Exalted, in reality is obeying Allah, the Exalted. For example, obeying the Holy Prophet Muhammad, peace and blessings be upon him. Chapter 4 An Nisa, verse 80:

“He who obeys the Messenger has obeyed Allah...”

“Say, “I seek refuge in the Lord of daybreak. From the evil of that which He created. And from the evil of darkness when it settles. And from the evil of the blowers in knots [black magic]. And from the evil of an envier when he envies.””

Protection from all evils and gaining success lies only in the sincere obedience of Allah, the Exalted.

In a divine Hadith of the Holy Prophet Muhammad, peace and blessings be upon him, found in Sahih Bukhari, number 6502, Allah, the Exalted, declares is that when one strives in fulfilling the obligatory duties and performing voluntary righteous deeds He blesses their five senses so that they use them in obedience to Him. This righteous servant will very rarely commit sins. This increase in guidance has been indicated in Chapter 29 Al Ankabut, verse 69:

“And those who strive for Us - We will surely guide them to Our ways...”

This muslim reaches the level of excellence which has been discussed in a Hadith found in Sahih Muslim, number 99. This is when a muslim performs actions, such as the prayer, as if they observe Allah, the Exalted. The one who reaches this level will guard their mind and body from sins. This is the one who when they speak they speak for Allah, the Exalted, when they are silent they are silent for Allah, the Exalted. When they act they act for Him

and when they are still they are for His sake. This is an aspect of monotheism and understanding the Oneness of Allah, the Exalted.

The next thing mentioned in the main Hadith under discussion is that this muslim's supplication will be fulfilled and they will be granted the refuge and protection of Allah, the Exalted. This is a clear lesson for those who desire lawful worldly things. They should not seek to obtain them using any means except through the sincere obedience of Allah, the Exalted. No spiritual teacher or anyone else will be able to grant things to a person unless the person strives in the obedience of Allah, the Exalted and they are destined to obtain those things.

To conclude this Hadith makes it clear that the proximity of Allah, the Exalted, is only gained through sincere obedience to Him in the form of fulfilling His commands, refraining from His prohibitions and being patient with destiny. This is the path of the Holy Prophet Muhammad, peace and blessings be upon him, and the only path of success in both worlds.

“Say, “I seek refuge in the Lord of daybreak. From the evil of that which He created. And from the evil of darkness when it settles. And from the evil of the blowers in knots [black magic]. And from the evil of an envier when he envies.””

Protection from all evils and gaining success lies only in the sincere obedience of Allah, the Exalted.

In a Hadith found in Sunan Ibn Majah, number 1081, the Holy Prophet Muhammad, peace and blessings be upon him, advised muslims how to gain blessings in their provision, divine support and an improvement in their condition and state.

The first thing is to sincerely repent to Allah, the Exalted, before one dies. As the time of death is unknown this Hadith actually indicates sincerely repenting whenever one commits a sin meaning, repenting without delay. This consists of seeking forgiveness from Allah, the Exalted, and whoever else has been wronged, feeling regret, making a firm promise not to commit the same or a similar sin again. And finally, if possible, to make up for any rights which have been violated in respect to Allah, the Exalted, and people.

The next thing advised in the main Hadith is that a muslim must make use of their time before they become preoccupied with responsibilities, an

illness or a difficulty. A muslim can achieve this by obeying Allah, the Exalted, through fulfilling His commands, refraining from His prohibitions and by facing destiny with patience. They must hasten to perform righteous deeds within their means as much as possible without delay as the tomorrow they hope for may never come. It is hoped that the one who behaves in this manner will be supported by Allah, the Exalted, when they are no longer in a position to perform extra righteous deeds due to a change in circumstances.

The next thing mentioned in the main Hadith is that a muslim must strengthen their bond with Allah, the Exalted, by remembering Him much. True remembrance of Allah, the Exalted, consists of three levels. The first is internal remembrance meaning, sincerity to Him. The second level consists of remembering Allah, the Exalted, by speaking good words and avoiding vain and sinful speech. And the highest level is to sincerely obey Allah, the Exalted, through one's actions as outlined earlier.

The final thing mentioned in the main Hadith is giving much charity both hidden and open. This includes both the obligatory and voluntary charity. It is important to note, this means giving charity according to one's means whether it is much or little. Allah, the Exalted, does not observe quantity He observes and judges actions based on quality meaning, one's sincerity. This has been indicated in a Hadith found in Sahih Bukhari, number 1. This leaves muslims with no excuses but to give charity according to their means. In addition, it is important to give charity regularly instead of once in a while as regular deeds are more beloved to Allah, the Exalted, even if they are little. This has been advised in a Hadith found in Sahih Bukhari, number 6465. Finally, those who desire to encourage others to give charity can give it publically. This will lead to them gaining the same reward as

those who donate because of their inspiration. This has been advised in a Hadith found in Sahih Muslim, number 2351. But those who are fearful of showing off, which cancels their reward, should do so privately. Islam has provided many options and opportunities for muslims to gain much reward which lead to the removal of their burdens in both worlds.

Chapter 114 - An Nas, Verses 1-6

قُلْ أَعُوذُ بِرَبِّ النَّاسِ ١

مَلِكِ النَّاسِ ٢

إِلَهِ النَّاسِ ٣

مِن شَرِّ الْوَسْوَاسِ الْخَنَّاسِ ٤

الَّذِي يُوسِّسُ فِي صُدُورِ النَّاسِ ٥

مِنَ الْجِنَّةِ وَالنَّاسِ ٦

“Say, “I seek refuge in the Lord of mankind.

The Sovereign of mankind.

The God of mankind.

From the evil of the retreating whisperer.

Who whispers [evil] into the breasts of mankind.

From among the jinn and mankind.””

“Say, “I seek refuge in the Lord...””

Allah, the Exalted, safeguards and preserves the creation and takes care of them with special care. He protects the obedient from the plots and traps of the Devil and He safeguards the disobedient from His immediate punishment in order to give them an opportunity to sincerely repent.

A muslim should act on this divine name by using the means provided to them by Allah, the Exalted, but always trust in His divine care and choices in every situation and outcome they face even if they do not observe the wisdom behind some choices. This inspires patience and even contentment with the choice of Allah, the Exalted. Chapter 65 At Talaq, verse 3:

“...And whoever relies upon Allah - then He is sufficient for him...”

A muslim should also understand that they will only be protected from misguidance and punishment by the Guardian namely, Allah, the Exalted. This removes any signs of pride and ensures they seek His protection through sincere obedience to Him. A muslim must act on this divine name by safeguarding every trust they possess such as their blessings by using them according to the teachings of Islam. They should safeguard their actions and speech from the disobedience of Allah, the Exalted. This will

ensure they receive more blessings from Allah, the Exalted. Chapter 14 Ibrahim, verse 7:

“And [remember] when your Lord proclaimed, 'If you are grateful, I will surely increase you [in favor]...”

“Say, “I seek refuge in the Lord of mankind.””

This verse is connected to chapter 7 Al A’raf, verse 172 of the Holy Quran:

“And [mention] when your Lord took from the children of Adam - from their loins - their descendants and made them testify of themselves, [saying to them], “Am I not your Lord?” They said, “Yes, we have testified.” [This] - lest you should say on the Day of Resurrection, “Indeed, we were of this unaware.””

All humans were brought forth so that they could take this pledge to Allah, the Exalted. The lesson to understand behind this incident is that all people accepted Allah, the Exalted, as their Lord. Meaning, the One who created them, sustains them and the One who will judge their deeds on the Day of Judgment. It is important for all muslims to fulfil this pledge through sincere obedience to Allah, the Exalted, by fulfilling His commands, refraining from His prohibitions and by facing destiny with patience according to the traditions of the Holy Prophet Muhammad, peace and blessings be upon him.

This verse indicates that Allah, the Exalted, did not ask the creation if they were His servants instead, He asked them if He was their Lord. This is an indication that the will of Allah, the Exalted, should always come before the will and desire of a person. If a muslim has a choice between pleasing

Allah, the Exalted, or someone else this pledge should remind them that the pleasure of Allah, the Exalted, must come first.

This question is also an indication of the infinite mercy of Allah, the Exalted, as He hinted the answer to the creation by wording it as He did. This shows muslims that even though Allah, the Exalted, is the Lord who will judge their deeds yet, He is also infinitely merciful.

The effect of this covenant is deeply embedded in the hearts of all mankind. In fact, this is the nature which has been indicated in a Hadith found in Sahih Muslim, number 6755. From this one can understand that it is important for people not to search for the truth after making their minds up beforehand and then search for evidence which supports their predetermined belief. Only those who open their minds without making a predetermined decision will unlock this covenant which has been embedded deep in their hearts. In fact, having an open mind is important in all issues not just in matters of faith as it helps one to find the truth and the best path. This attitude strengthens society and always encourages peace between people. But the stubbornness of those who predetermine their choices will always create wedges between members of a society which can affect people on a national level. It is important for muslims not to always believe they are correct in worldly matters otherwise they will adopt this stubborn attitude. This will prevent them from accepting the opinions of others which will lead to arguments, enmity and fractured relationships. Therefore, this attitude should be avoided at all costs.

Finally, the fact that this covenant is deeply embedded in a person's heart indicates that it is a duty on muslims to uncover it. This will lead one to certainty of faith which is much stronger than faith based on hearsay meaning, being told by one's family that they are a muslim. Certainty of faith allows a muslim to overcome all difficulties successfully in this world while fulfilling their religious and worldly duties. One only fails in tests and their duties because of weakness in their faith. Certainty of faith is only obtained by gaining and acting on the knowledge found within the Holy Quran and the traditions of the Holy Prophet Muhammad, peace and blessings be upon him. Chapter 41 Fussilat, verse 53:

“We will show them Our signs in the horizons and within themselves until it becomes clear to them that it is the truth...”

“Say, “I seek refuge in the Lord of mankind.””

As the Holy Quran was directed towards mankind this has been stated in this verse but in reality Allah, the Exalted, is Lord of the worlds.

Allah, the Exalted, is the Lord of the Worlds as He is the Creator and Sustainer of the entire universe. He has full control over every single entity from the smallest atom to the largest creation such as the divine throne. Except for a few members of the creation every atom in existence recognises and acknowledges this great fact and thus continuously praises Allah, the Exalted. Chapter 17 Al Isra, verse 44:

"The seven heavens and the earth and whatever is in them exalt Him. And there is not a thing except that it exalts [Allah] by His praise, but you do not understand their [way of] exalting..."

No creature has the power to free themselves of His Lordship whether they believe in Him or not. His Lordship has no equivalent as it includes all of creation. It has no beginning, no end and no decline in authority or control. Allah, the Exalted, in His infinite knowledge knew the weakness of the creation in praising Him, according to His infinite status, so out of mercy He declared how to praise Him in this verse. Otherwise, how can a finite creature praise the Creator, according to His infinite status, without aid from

Allah, the Exalted? This has been confirmed in a Hadith found in Sunan Abu Dawud, number 879.

As Allah, the Exalted, is the Lord of the universe He must be obeyed and never disobeyed. A Muslim must only be obedient to others when it involves the obedience of Allah, the Exalted. Acknowledging the Lordship of Allah, the Exalted, includes acknowledging one's servanthood to Him. This in itself is a clear declaration that a Muslim must not chart their own course in life but they must simply adhere to the commands of their Lord, Allah, the Exalted. Therefore, a Muslim should never declare their servanthood to Allah, the Exalted, by declaring His Lordship through their words and then contradict their declaration through their actions. Chapter 26 Ash Shu'ara, verses 23-24:

"Pharaoh said: "And who is this Lord of the Universe? Moses answered: "The Lord of the heavens and the earth and of all that is between them, if you were only to believe.""

“Say, “I seek refuge in the Lord of mankind.””

The Lordship of Allah, the Exalted, includes sustaining the entire creation. This can occur in two ways. The first is in a general way which includes the entire creation. He grants them provision and guides them to things which are best for them. This allows them to survive in this world.

The second way is specific and includes sustaining those who strive to sincerely obey Allah, the Exalted, by fulfilling His commands, refraining from His prohibitions and facing destiny with patience according to the traditions of the Holy Prophet Muhammad, peace and blessings be upon him. This includes strengthening their faith and removing any distractions and obstacles that could prevent this. It includes protecting them from all things which are bad and guiding them to all things which are good for them in both worlds even if this guidance is not obvious to them. This might be the reason for most of the supplications of the Holy Prophets, peace be upon them, including the word Lord since all their requests and needs came under this specific category.

“Say, “I seek refuge in...the Sovereign of mankind.””

Allah, the Exalted, is the One who possesses all sovereignty which is free of all defects. It is a sovereignty which has no beginning, no end, no reduction and no limit. Allah, the Exalted, has complete and total control over the creation through management and judgment without any limitations, partners or helpers. The King cannot be hindered or prevented from carrying out His will.

By accepting Allah, the Exalted, as the only King a muslim indirectly accepts their servanthood to Him. Therefore, they must fulfil all His commands and avoid all His prohibitions. A true servant never questions the wise decisions of the King and instead submits with full trust to His choices knowing that the wise King only decrees the best for His servant. Chapter 2 Al Baqarah, verse 216:

“...But perhaps you hate a thing and it is good for you; and perhaps you love a thing and it is bad for you. And Allah knows, while you know not.”

When a muslim recognises Allah, the Exalted, as the King they will not turn to another when seeking help and instead only seek His support through sincere obedience to Him. They will always remember if they obey the King He will protect them from the creation. But if they obey the creation over Allah, the Exalted, the creation will not be able to protect them from the

punishment of the only King. This is indicated in a Hadith of the Holy Prophet Muhammad, peace and blessings be upon him, found in Sunan Abu Dawud, number 2625. He declared that there is no obedience to the creation if it leads to the disobedience of the Creator.

A muslim should adopt this characteristic according to their status by purifying their inner spiritual king namely, the spiritual heart through acting on the knowledge found within the Holy Quran and the traditions of the Holy Prophet Muhammad, peace and blessings be upon him. This will cause their servants meaning, their bodily limbs, to obey their spiritual heart in acts of righteousness. The Holy Prophet Muhammad, peace and blessings be upon him, has advised in a Hadith found in Sahih Muslim, number 4094, that if the spiritual heart is pure the rest of the body will be pure but if the spiritual heart is corrupt the whole body will become corrupt. One should not become a slave of their evil desires and instead become a true king which controls their desires according to the teachings of Islam.

Whoever perfects this will be given a spiritual kingdom in both worlds. The ultimate destination of the one who fulfils the rights of the King by perfecting servanthood has been mentioned in the Holy Quran. They will be granted a high station in the presence of the only Omnipotent King. Chapter 54 Al Qamar, verse 55:

“In a seat of honour near a Sovereign, Perfect in Ability.”

“Say, “I seek refuge in...the God of mankind.””

Accepting Allah, the Exalted, as God means He alone must be worshipped. The root of worship is sincerity.

In a Hadith found in Sahih Muslim number 196, the Holy Prophet Muhammad, peace and blessings be upon him, advised that Islam is sincerity towards Allah, the Exalted.

Sincerity towards Allah, the Exalted, includes fulfilling all the duties given by Him in the form of commands and prohibitions, solely for His pleasure. As confirmed in a Hadith found in Sahih Bukhari, number 1, all will be judged by their intention. So if one is not sincere towards Allah, the Exalted, when performing good deeds they will gain no reward in this world or in the next. In fact, according to a Hadith found in Jami At Tirmidhi, number 3154, those who performed insincere deeds will be told on Judgement Day to seek their reward from those who they acted for, which will not be possible. Chapter 98 Al Bayyinah, verse 5.

“And they were not commanded except to worship Allah, [being] sincere to Him in religion.....”

If one is lax in fulfilling their duties towards Allah, the Exalted, it proves a lack of sincerity. Therefore, they should sincerely repent and struggle to fulfil them all. It is important to bear in mind Allah, the Exalted, never burdens one with duties they cannot perform or handle. Chapter 2 Al Baqarah, verse 286.

"Allah does not charge a soul except [with that within] its capacity...."

Being sincere towards Allah, the Exalted, means that one should always choose His pleasure over the pleasure of themselves and others. A Muslim should always give priority to those actions which are for the sake of Allah, the Exalted, over all else. One should love others and dislike their sins for the sake of Allah, the Exalted, and not for the sake of their own desires. When they help others or refuse to take part in sins it should be for the sake of Allah, the Exalted. The one who adopts this mentality has perfected their faith. This is confirmed in a Hadith found in Sunan Abu Dawud, number 4681.

“Say, “I seek refuge in...the God of mankind.””

First of all, it is important to understand, that the major thing which separates a human from an animal is the fact that people live by a higher moral code. If people abandoned this and simply acted on their desires then there would be no difference between them and animals. In fact, people would be worse as they possess the higher level of thinking yet, still choose to live like animals.

Secondly, whether people want to admit it or not in reality, every person is a servant of something or someone. Some are servants of others, such as Hollywood executives and do whatever they command them to do even if it challenges modesty and shame. Others are servants of their relatives and friends and do whatever it takes to please them. Others are the worse by being servants of their own desires as this is the attitude of animals who generally act to please themselves. The best and highest form of servanthood is being a servant of Allah, the Exalted. This is quite evident if one turns the pages of history which clearly shows that those who were the servants of Allah, the Exalted, such as the Holy Prophets, peace be upon them, were granted the highest honour and respect in this world and will be granted this in the next. Centuries and millennia have passed yet their names are remembered as the pillars and beacons of history. Whereas those who became servants of others especially, their own desires were eventually disgraced in this world even if they achieved some worldly status and they became mere footnotes in history. The media barely remembers those who pass away for more than a few days before moving onto the next person to report on. During their lives these people eventually become sad, lonely, depressed and even suicidal as selling their souls and decency to their worldly masters did not grant them the contentment they were looking for.

One does not need to be a scholar to understand this obvious truth. So if people must be servants they should be the servants of Allah, the Exalted, as lasting honour, greatness and true success lies only in this.

“Say, “I seek refuge in...the God of mankind.””

Servanthood to Allah, the Exalted, represents the highest limit of magnification and is only appropriate to the one who has bestowed the greatest of favours. The greatest favour is to bestow life by which one can derive benefit from other favours. The other great favour is to bestow one with things which can benefit them. Both these have been granted by none other than Allah, the Exalted. The first stage of creating life is indicated in the Holy Quran for example, chapter 19 Maryam, verse 9:

“...for I created you before, while you were nothing.”

The second favour is granting things which one can benefit from. An example of this is mentioned in chapter 2 Al Baqarah, verse 29:

“It is He who created for you all of that which is on the earth...”

As these great favours and all others are granted by none other than Allah, the Exalted, therefore He alone is worthy of worship and sincere obedience, which involves fulfilling His commands, refraining from His prohibitions and facing destiny with patience according to the traditions of the Holy Prophet Muhammad, peace and blessings be upon him.

“Say, “I seek refuge in...the God of mankind.””

There are many Hadiths of the Holy Prophet Muhammad, peace and blessings be upon him, which advise mankind that whoever testifies that there is none worthy of worship except Allah, the Exalted, and that the Holy Prophet Muhammad, peace and blessings be upon him, is the servant and final messenger of Allah, the Exalted, will be saved from the fire of Hell. One such example is found in Sahih Bukhari, number 128.

The meaning of these Hadiths is that whoever dies while believing in this testimony will either enter Paradise and escape Hell or they will enter Hell to the extent of their sins and then eventually be allowed into Paradise where they will dwell forever. This has been advised in a Hadith found in Sahih Bukhari, number 7510.

It is important to note, that those who desire to enter Paradise without entering Hell first must not only declare their belief in Islam verbally but they must also fulfil its conditions and obligations. The testimony of faith is undoubtedly the key to Paradise but a key needs teeth in order to unlock a specific door. The teeth of the key to Paradise are its obligations and duties. Without them meaning, the key without its teeth, will not open the door to Paradise. This is proven through many Hadiths which indicate entry into Paradise requires one to fulfil the conditions and duties of Islam. For example, a Hadith found in Sahih Bukhari, number 1397, indicates that the testimony must be supported by actions in the form of the pillars of Islam, such as establishing the obligatory prayers.

The first part of the testimony namely, there is none worthy of worship save Allah, the Exalted, means that Allah, the Exalted, is the only One who must be obeyed and never disobeyed. When one accepts Allah, the Exalted, as their God they must not obey anything which leads to His disobedience as Allah, the Exalted, alone is their Master and they are only His slaves. But the moment one obeys anything which leads to the disobedience of Allah, the Exalted, then they have corrupted their belief in His Oneness which has been indicated in chapter 45 Al Jathiyah, verse 23:

“Have you seen he who has taken as his god his [own] desire...”

The Holy Quran has warned muslims that whoever commits sins is in reality worshipping the Devil as they have obeyed him over the obedience of Allah, the Exalted. Chapter 36 Yaseen, verse 60:

“Did I not enjoin upon you, O children of Adam, that you not worship Satan - [for] indeed, he is to you a clear enemy.”

The muslims who reject their desires, the desires of others and the commands of the Devil and instead only obey Allah, the Exalted, have truly taken Allah, the Exalted, as their God. These muslims have been granted

the protection of Allah, the Exalted, in both worlds. These muslims have practically actualised the testimony of Islam as they supported their verbal and internal claim with sincere actions according to the traditions of the Holy Prophet Muhammad, peace and blessings be upon him. When one acts according to his traditions they have fulfilled the second aspect of the testimony namely, the Holy Prophet Muhammad, peace and blessings be upon him, is the servant and final messenger of Allah, the Exalted. These muslims are the ones referred to in a Hadith found in Sahih Bukhari, number 128. It advises they will be saved from the Hellfire by Allah, the Exalted.

The person who declares Islam with the tongue and internally accepts it is undoubtedly a muslim but their true sincere belief in the Oneness of Allah, the Exalted, is diminished according to their sins.

An aspect of truly acting on the testimony is sincerely loving Allah, the Exalted. In fact, the Holy Prophet Muhammad, peace and blessings be upon him, has indicated this in a Hadith found in Sunan Abu Dawud, number 4681. It advises that this is an aspect of perfecting one's faith. This is when one loves what Allah, the Exalted, loves and hates what He hates. As this was the characteristic of the Holy Prophet Muhammad, peace and blessings be upon him, according to a Hadith found in Sunan Ibn Majah, number 2333, muslims have been commanded to follow him. Chapter 3 Alee Imran, verse 31:

“Say, [O Muhammad], “If you should love Allah, then follow me, [so] Allah will love you and forgive you your sins...”

It is clear from Islamic teachings that loving what Allah, the Exalted, hates and disliking what Allah, the Exalted, loves is a clear indication of a person following their own desires and obeying them over Allah, the Exalted. This attitude reduces one's belief in the Oneness of Allah, the Exalted. The following verse makes it clear that adopting this mentality is a deviation from true belief in the testimony of Islam. Chapter 9 At Tawbah, verse 24:

“Say, [O Muhammad], “If your fathers, your sons, your brothers, your wives, your relatives, wealth which you have obtained, commerce wherein you fear decline, and dwellings with which you are pleased are more beloved to you than Allah and His Messenger and striving in His cause, then wait until Allah executes His command. And Allah does not guide the defiantly disobedient people.””

The one who worships Allah, the Exalted, according to their own desires worships Him on the edge. Meaning, when they face times of ease they become pleased but when they encounter difficulties they turn away from His obedience in anger. Chapter 22 Al Hajj, verse 11:

“And of the people is he who worships Allah on an edge. If he is touched by good, he is reassured by it; but if he is struck by trial, he turns on his face [to unbelief]. He has lost [this] world and the Hereafter. That is what is the manifest loss.”

A Hadith found in Sahih Bukhari, number 6502, informs muslims how to correctly believe and act on the testimony of faith, which prevents one being harmed by the fire of Hell in the next world. This is to first complete the obligatory duties correctly while fulfilling all their conditions and etiquettes. Then one must add to this by performing voluntary righteous deeds, the best of which are the established traditions of the Holy Prophet Muhammad, peace and blessings be upon him. This leads to the love of Allah, the Exalted, and causes Allah, the Exalted, to empower every organ of their body so that they only obey Him. This true and sincere obedience is the fulfilment of the testimony of faith. This is the sound heart which contains only the love of Allah, the Exalted, and is free of worldly desires and the love of the material world. Chapter 26 Ash Shu'ara, verses 88-89:

"The Day when there will not benefit [anyone] wealth or children. But only one who comes to Allah with a sound heart."

It is important to note, this does not mean a muslim becomes free from committing sins but it means they sincerely repent from them whenever they are rarely committed.

To conclude, it is vital for muslims to not only declare the testimony of Islam internally and verbally but they must also show it in their actions as this is the only way to achieve true success in this world and completely escape punishment in the next world also.

“Say, “I seek refuge in the Lord of mankind...From the evil of the retreating whisperer. Who whispers [evil] into the breasts of mankind. From among the jinn...””

This refuge is obtained when one gains and acts on Islamic knowledge in the sincere obedience to Allah, the Exalted, so that they avoid the traps of the Devil.

These verses are connected to chapter 29 Al Ankabut, verse 38:

“...And Satan had made pleasing to them their deeds and averted them from the path...”

As mentioned in this verse the Devil fools people into committing sins and making wrong decisions by beautifying the incorrect choice for them. This occurs in situations when a person must make a choice between two or more options. It also occurs when the choice is between the lawful and unlawful and even between two lawful options. If the Devil cannot guide someone to a sin then he attempts to guide them to the inferior option, even if it is lawful, hoping it will lead to some sort of a sin, such as a person complaining about life and destiny. The Devil beautifies a choice by causing one to focus on its apparent benefit to such a degree that they lose focus on the bigger picture and the consequences of the choice. An adult then behaves like a child who makes choices without reflecting over the

consequences of their actions. This is one of the main reasons why people commit sins. In reality, if one truly reflected on the punishment of sins they would never commit them.

Something which helps in situations like this is to mentally take a step back and assess the options by comparing their long-term benefits and harms. Only when the lawful benefits of something outweighs the harm should a person proceed. The other thing which helps is to deeply reflect on the consequences of the potential options. Some choices might be lawful but if one goes ahead with them it may make their life difficult in the long run. For example, sometimes people rush into marriage with someone they apparently love. They base their decision solely on their feelings instead of reflecting on other more important aspects, for example, if their potential future spouse will make a good life partner or a good parent and if they will help them in their obedience to Allah, the Exalted. Many marriages have ended in divorce because the couple did not reflect on the long term implications of a potential marriage. Many people often claim their spouse was very different before they got married but in most cases they have not changed at all. The truth is that before marriage they did not spend so much time with them so they did not observe certain characteristics which became obvious after marriage.

Some often rush into action and later have regrets as their choice caused them more trouble and in many cases the issue was not a big deal in the first place. This type of action can only be avoided when one reflects on the situation and observes the bigger picture meaning, the wider and long-term implications and consequences of taking a step forward.

One should not only assess if something is lawful or unlawful before making a decision. Even though, this is the most important thing to consider yet, it is not the only thing. As many lawful incorrect choices, which are beautified by the Devil, can lead to trouble further on in life.

To sum up, before making any choice a person must take a step back and reflect deeply over its lawfulness and its potential long-term benefits and harms under the guidance of the Holy Quran and the traditions of the Holy Prophet Muhammad, peace and blessings be upon him. Whoever acts like this will rarely make a wrong choice they later regret.

“Say, "I seek refuge in the Lord of mankind...From the evil of the retreating whisperer. Who whispers [evil] into the breasts of mankind. From among the jinn...””

This refuge is obtained when one gains and acts on Islamic knowledge in the sincere obedience to Allah, the Exalted, so that they avoid the traps of the Devil.

The Devil tries to convince muslims to always observe those who are worse than them in behaviour in order to justify their lack of striving in the obedience of Allah, the Exalted, and improving their character and behaviour for the better. For example, a muslim who offers their obligatory prayers once in a while will observe someone who does not pray at all in order to make themselves feel better. A thief will look at a murderer and convince themselves stealing is not so bad. The examples are endless. It is very strange how these muslims so easily observe those who appear worse than them in order to justify their lack of effort in obeying Allah, the Exalted, but these same people will not observe those who are in a worse off position than them when they face difficulties. For example, the person who suffers from back pain will not observe the one who is physically disabled so that it prevents them from complaining. This attitude has specifically been advised by the Holy Prophet Muhammad, peace and blessings be upon him, in a Hadith found in Jami At Tirmidhi, number 2513.

In addition, if observing those who appear worse in their behaviour does not save one from punishment in a worldly court, such as a thief being

pardoned by a judge because there are many murderers in the world, how can one imagine this excuse will hold up in the court of Allah, the Exalted?

Muslims should therefore avoid this trap of the Devil by observing those who appear better than them so that they are inspired to improve their character and behaviour progressively for the pleasure of Allah, the Exalted. This is what Allah, the Exalted, demands meaning, He does not demand perfection.

“Say, "I seek refuge in the Lord of mankind...From the evil of the retreating whisperer. Who whispers [evil] into the breasts of mankind. From among the jinn..."”

This refuge is obtained when one gains and acts on Islamic knowledge in the sincere obedience to Allah, the Exalted, so that they avoid the traps of the Devil.

It is important to understand that no matter how much religious knowledge one obtains or how much worship and righteous deeds they perform they will never be safe from the attacks and traps of the Devil. This is because the Devil attacks each person according to how much knowledge they possess and how much righteous deeds they perform. For example, he will try to convince the muslim who is strict in offering their obligatory prayers not to offer them in congregation at the Mosque or by convincing them to delay their obligatory prayers beyond their starting times as he knows he will not be able to convince them to completely abandon the obligatory prayers. Whereas, in respect to the muslim who is struggling to establish their obligatory prayers he will attempt to convince them that they are too difficult to establish therefore they should only offer them when they are completely free. He tries to convince those who perform many voluntary righteous deeds not to gain and act on Islamic knowledge in order to improve their character so that they continue to destroy their good deeds through bad characteristics such as, lying and backing.

The Devil aims to prevent a person from reaching a higher level if he cannot convince them to fall in rank through disobedience to Allah, the

Exalted. Therefore, muslims should always be on guard against his attacks and traps by persistently striving to increase in rank, improve their character and avoid acts of disobedience which is all achieved by gaining and acting on Islamic knowledge.

“Say, "I seek refuge in the Lord of mankind...From the evil of the retreating whisperer. Who whispers [evil] into the breasts of mankind. From among the jinn..."”

This refuge is obtained when one gains and acts on Islamic knowledge in the sincere obedience to Allah, the Exalted, so that they avoid the traps of the Devil.

A Hadith found in Sahih Bukhari, number 3294, advises that whichever path the second rightly guided Caliph of Islam, Umar Bin Khataab, may Allah be pleased with him, took the Devil would take a different path, meaning, out of fear of him. One of the reasons why the Devil acted in this way was because he had little influence over Umar Bin Khataab, may Allah be pleased with him. The Devil cannot physically force someone to commit sins. He instead encourages them to do so through whisperings. But in order for them to be effective he requires a person to possess some sort of worldly desire. Then through his whisperings he encourages the growth of this worldly desire until it drives the person to act on it thereby committing a sin. The reason the Devil had little effect on Umar Bin Khataab, may Allah be pleased with him, was because he had removed worldly desires from his heart. His only desires were connected to pleasing Allah, the Exalted. Therefore, if muslims desire to minimise the effect the Devil has on them they should remove unnecessary desires from their heart. This only occurs when one refrains from indulging in the excess and unnecessary aspects of this material world. The more they do this the more these worldly desires will leave their heart until they reach a point where they only desire to please Allah, the Exalted, in all their actions. The Devil will flee from this person as he knows he will have little effect on them. But the more one indulges in the unnecessary aspects of this material world the more worldly

desires they will possess and therefore, the more influence the Devil will have over them.

“Say, "I seek refuge in the Lord of mankind...From the evil of the retreating whisperer. Who whispers [evil] into the breasts of mankind. From among the jinn...””

When some face difficulties instead of firstly observing themselves and their behaviour to assess whether they need to change for the better and remain steadfast on the obedience of Allah, the Exalted, patiently waiting for relief they instead turn to uneducated and inexperienced people who claim to fix worldly things through spiritual means. These people only cause a muslim to adopt an illness which is far worse than their initial problem namely, paranoia. These people convince muslims that their problems have either been caused by supernatural creatures, such as jinns, or by black magic which someone has used against them. Even though jinns do exist it is very rare for them to affect people in their worldly matters. This incorrect advice causes muslims to become severely paranoid and superstitious over petty things and it even causes them to grow suspicious over their friends and relatives. This only leads to enmity and fractured relationships. This attitude will also damage one's faith in Allah, the Exalted, as they will be advised in many cases to do things which are not advised in the Holy Quran or the traditions of the Holy Prophet Muhammad, peace and blessings be upon him.

It is important for muslims to strengthen their faith through gaining and acting on Islamic knowledge. This will prevent them turning to such foolish people who cannot even fix their own problems let alone fix the problems of others. Strong faith will prevent paranoia affecting them as they will fully rely on Allah, the Exalted, in all situations. Strong faith allows a muslim to understand that even if the entire creation desired to harm them they will not be able to do so unless Allah, the Exalted, allowed it. Similarly, the

entire creation cannot benefit them unless Allah, the Exalted, wills it. And every case and situation only occurs according to a set and unchangeable plan namely, destiny. This has been advised throughout the Holy Quran and the Hadiths of the Holy Prophet Muhammad, peace and blessings be upon him, such as the far reaching Hadith found in Jami At Tirmidhi, number 2516.

To conclude, a muslim when encountering a problem should firstly assess their own behaviour and rectify it if necessary and then remain obedient to Allah, the Exalted, by fulfilling His commands, refraining from His prohibitions and by facing destiny with patience and avoid further problems in the form of paranoia by avoiding people who claim to fix worldly problems in spiritual ways.

“Say, "I seek refuge in the Lord of mankind...From the evil of the retreating whisperer. Who whispers [evil] into the breasts of mankind. From among...mankind.””

These verses warn against bad companionship.

In a Hadith found in Sahih Bukhari, number 5534, the Holy Prophet Muhammad, peace and blessings be upon him, described the difference between a good and bad companion. The good companion is like a person who sells perfume. Their companion will either obtain some perfume or at least be affected by the pleasant smell. Whereas, a bad companion is like a blacksmith, if their companion does not burn their clothes they will certainly be affected by the smoke.

Muslims must understand that the people they accompany will have an effect on them whether this affect is positive or negative, obvious or subtle. It is not possible to accompany someone and not be affected by it. A Hadith found in Sunan Abu Dawud, number 4833, confirms that a person is on their companion's religion. Meaning, a person adopts the characteristics of their companion. It is therefore important for muslims to always accompany the righteous as they will undoubtedly affect them in a positive way meaning, they will inspire them to obey Allah, the Exalted, by fulfilling His commands, refraining from His prohibitions and by facing destiny with patience. Whereas, bad companions will either inspire one to disobey Allah, the Exalted, or they will encourage a muslim to concentrate on the material world over preparing for the hereafter. This attitude will become a

great regret for them on Judgment Day even if the things they strive for are lawful but beyond their needs.

Finally, as a person will end up with those they love in the hereafter according to the Hadith found in Sahih Bukhari, number 3688, a muslim must practically show they love for the righteous by accompanying them in this world. But if they accompany bad or heedless people then it proves and indicates they love for them and their ultimate destination in the hereafter. Chapter 43 Az Zukhruf, verse 67:

“Close friends, that Day, will be enemies to each other, except for the righteous.”

“Say, "I seek refuge in the Lord of mankind...From the evil of the retreating whisperer. Who whispers [evil] into the breasts of mankind. From among...mankind.””

These verses warn against bad companionship.

A part of hypocrisy is that a person not only commits evil deeds themselves and abstains from righteous deeds but they encourage others to do the same. They want others to be in the same boat as them so that they find some comfort in their evil character. They not only drown themselves but take others down with them. Muslims must know that a person will be held accountable for every other person who commits a sin because of their invitation. This person will be treated as if they committed the sin even though they only invited others towards it. This has been confirmed in a Hadith found in Sunan Ibn Majah, number 203. This is why some have said that blessed is the person whose evil dies with them because their sins will increase if others act on their evil advice even though they are no longer alive.

“Say, "I seek refuge in the Lord of mankind...From the evil of the retreating whisperer. Who whispers [evil] into the breasts of mankind. From among...mankind.””

These verses warn against bad companionship.

A sign of hypocrisy is that a person spreads corruption in society. This negative characteristic affects all social levels beginning from a family unit and ending at the international level. This type of person dislikes seeing people uniting on good as this may cause the worldly status of others to increase beyond their own. This drives them to backbiting and slander in order to cause people to turn against each other. Their evil attitude destroys their own ties of kinship and when they observe other families who are happy it drives them to destroy their happiness also. They are fault finders who dedicate their time unveiling the mistakes of others in order to drag their social status down. They are the first people to begin gossiping about others and act deaf whenever good things are spoken about. Peace and quiet disturbs them so they seek to create problems in order to entertain themselves. They fail to remember the Hadith found in Sunan Ibn Majah, number 2546. It advises that whoever covers the faults of others Allah, the Exalted, will cover their faults. But whoever seeks out and unveils the faults of others Allah, the Exalted, will expose their faults to the people. So in reality, this type of person is only unveiling their own faults to society even though they believe they are exposing the faults of others.

“Say, "I seek refuge in the Lord of mankind...From the evil of the retreating whisperer. Who whispers [evil] into the breasts of mankind. From among...mankind."”

In a Hadith found in Sahih Muslim, number 290, the Holy Prophet Muhammad, peace and blessings be upon him, warned that the one who spreads malicious gossip will not enter Paradise.

This is the one who spreads gossip whether it is true or not and it leads to problems between people, fractured and broken relationships. This is an evil characteristic and those who behave in such a manner are in fact human devils as this mentality belongs to none other than the Devil as he always strives to cause separation between people. Allah, the Exalted has cursed this type of person in the Holy Quran. Chapter 104 Al Humazah, verse 1:

“Woe to every scorner and mocker.”

How can one expect Allah, the Exalted, to fix their problems and bestow them with blessings if this curse has surrounded them? The only time tale bearing is acceptable is when one is warning others of a danger.

It is a duty on a muslim not to pay any attention to a tale bearer as they are wicked people who should not be trusted or believed. Chapter 49 Al Hujurat, verse 6:

“O you who have believed, if there comes to you a disobedient one with information, investigate, lest you harm a people out of ignorance...”

A muslim should forbid the tale bearer from continuing with this evil characteristic and urge them to sincerely repent. As commanded in the Holy Quran a muslim should not harbour any ill will against the person that supposedly said something bad about them. Chapter 49 Al Hujurat, verse 12:

“O you who have believed, avoid much [negative] assumption. Indeed, some assumption is sin...”

This same verse teaches muslims not to try to prove or disprove the tale bearer by spying on others. Chapter 49 Al Hujurat, verse 12:

“...And do not spy...”

Instead the tale bearer should be ignored. A muslim should not mention the information given to them by the tale bearer to another person or mention the tale bearer as this would make them a tale bearer as well.

Muslims should avoid tale bearing and the company of tale bearers as they can never be worthy of trust or companionship until they sincerely repent.

“Say, “I seek refuge in the Lord of mankind...From the evil of the retreating whisperer. Who whispers [evil] into the breasts of mankind. From among...mankind.””

In a Hadith found in Sahih Muslim, number 6593, the Holy Prophet Muhammad, peace and blessings be upon him, explained the meaning of backbiting and slander.

Backbiting is when one criticizes someone behind their back in a way which would be displeasing to them even though it is the truth. Whereas, slander is similar to backbiting except that the statement is not true. These sins mainly involve speech but can include other things, such as using hand signals. These are major sins and backbiting has been compared to eating the flesh of a dead corpse in the Holy Quran. Chapter 49 Al Hujurat, verse 12:

“...And do not spy or backbite each other. Would one of you like to eat the flesh of his brother when dead? You would detest it...”

It is important to understand that these sins are worse than most of the sins which are between a person and Allah, the Exalted. This is because the sins between a person and Allah, the Exalted, will be forgiven by Him if the sinner sincerely repents. But Allah, the Exalted, will not forgive a backbiter or a slanderer until their victim forgives them first. If they do not then on

Judgment day the good deeds of the backbiter/slanderer will be given to their victim as compensation and if needed the sins of the victim will be given to their backbiter/slanderer until justice is established. This may well cause the backbiter/slanderer to be hurled into Hell. This has been confirmed in a Hadith found in Sahih Muslim, number 6579.

The only times backbiting is lawful is if one is warning and protecting another person of harm or if a person is resolving a complaint against another with a third party, such as a legal case.

One should avoid backbiting and slandering by firstly gaining knowledge on the evil consequences of these major sins. Secondly, a person should only utter words which they would happily say in front of the person full well knowing they would not take it in an offensive way. Thirdly, a muslim should only utter words about another if they would not mind someone else saying those or similar words about them. Meaning, they should talk about others how they want people to talk about them. Finally, a muslim should concentrate on fixing their own faults and when done sincerely it will prevent them from backbiting and slandering others.

“Say, "I seek refuge in the Lord of mankind...From the evil of the retreating whisperer. Who whispers [evil] into the breasts of mankind. From among...mankind.””

In a Hadith found in Sunan Abu Dawud, number 4860, the Holy Prophet Muhammad, peace and blessings be upon him, warned people against speaking negatively about others as this causes ill feelings towards them in people's hearts.

It is often observed that families especially, from the Asian community, become broken over time. This is one of the biggest complaints family members, such as parents often have. They wonder why their children have become separated even though they were once firmly together.

One of the main reasons the relationships between relatives become fractured is because someone has spoken negatively about a person's relative to them. This is often done by a family member. For example, a mother will speak negatively about her son to her other child. This leads to enmity between the two relatives and over time it builds up and creates a wedge between the two. Those who were once like one person become like strangers to one another.

It is important to understand that people are not Angels. Except for a very few, when a negative thing is said to a person about another they will get

affected by it even if they do not desire this to occur. This enmity still occurs even if the initial person who spoke negatively about someone's relative does not intend to create a wedge between relatives. Some often act in this way out of habit and are not trying to damage relationships. For example, parents often adopt this habit and there is no doubt they do not desire the relationships of their children to become fractured or broken.

This attitude has such a serious impact on people's mentality that it also affects relatives that very rarely see or converse with each other. For example, a person will mention negative things about a person's relative to them even though their relative may not even live in the same country as them. This behaviour implants enmity within their heart and with the passing of time they will find that they dislike their distant relative even though they barely know them.

This issue often occurs when two people discuss negative things about others in front of other people. For example, parents may discuss negative things about their relatives in front of their children. Even though, they are not telling their children directly none the less it still affects their hearts. If one truly reflected for a moment they will realise that the majority of the ill feelings they have towards others were not caused by what that person did or said to them directly. In most cases, it occurred because of a third party who mentioned something negative about that person to them.

In cases where one is trying to warn another of some danger then it is perfectly acceptable to mention another person in a negative way. If one is trying to teach another person a lesson for example, if a mother desires to

teach one of her children not to behave as their sibling did they then should follow the footsteps of the Holy Prophet Muhammad, peace and blessings be upon him, and mention the negative thing without naming the person. An example of this beautiful mentality is discussed in a Hadith found in Sahih Bukhari, number 6979. Mentioning a negative thing without naming the person is good enough to teach someone a lesson.

To conclude, muslims should ponder deeply before speaking negatively about their relatives or others, privately or publically. Otherwise, they may well find as time passes their family becomes separated and emotionally distant from one another.

“Say, “I seek refuge in the Lord of mankind...From the evil of the retreating whisperer. Who whispers [evil] into the breasts of mankind. From among...mankind.””

These verses warn against bad companionship.

In a Hadith found in Jami At Tirmidhi, number 2674, the Holy Prophet Muhammad, peace and blessings be upon him, advised that the one who guides others to something good will receive the same reward as those who act on their advice. And those who guide others to sins will be held accountable as if they committed the sins.

It is important for muslims to be careful when advising and guiding others. A muslim should only advise others in matters of good so that they gain reward from it and avoid advising others to disobey Allah, the Exalted. A person will not escape punishment on Judgment Day by simply claiming they are only inviting others towards sins even if they did not commit the sins themselves. Allah, the Exalted, will hold both the guide and the follower accountable for their actions. Muslims should therefore only advise others to do the things they would do themselves. If they dislike an action being recorded in their book of deeds they should not advise others to perform that action.

Because of this Islamic principle muslims should ensure they gain the adequate knowledge before advising others as they can easily multiply their own sins if they incorrectly advise others.

In addition, this principle is an extremely easy way for muslims to gain reward for actions they cannot perform themselves due to a lack of means, such as wealth. For example, a person who is not financially able to donate charity can encourage others to do so and this will result in them gaining the same reward as the one who gave charity.

“Say, “I seek refuge in the Lord of mankind...From the evil of the retreating whisperer. Who whispers [evil] into the breasts of mankind. From among...mankind.””

These verses also encourages one to purify their spiritual heart as evil whisperings comes from one’s own inner devil as well.

In a Hadith found in Sahih Bukhari, number 52, the Holy Prophet Muhammad, peace and blessings be upon him, advised that if one’s spiritual heart is sound the whole body will become sound but if their spiritual heart is corrupt then the whole body will become corrupt.

First of all, this Hadith refutes the foolish belief where one claims to have a purified heart even though their speech and actions are bad. This is because what is inside will eventually manifest outwardly.

The purification of the spiritual heart is only possible when one eliminates evil characteristics from themselves and replaces them with good characteristics discussed in Islamic teachings. This is only possible when one learns and acts on Islamic teachings so that they can sincerely fulfill the commands of Allah, the Exalted, refrain from His prohibitions and face destiny with patience according to the traditions of the Holy Prophet Muhammad, peace and blessings be upon him. Behaving in this manner will lead to a purified spiritual heart. This purification will then reflect in the outward limbs of the body, such as one's tongue and eyes. Meaning, they will only use their organs in ways pleasing to Allah, the Exalted. This is in fact a sign showing the love

Allah, the Exalted, has for His righteous servant according to a Hadith found in Sahih Bukhari, number 6502.

It is important to note, that this purification will guide one through all worldly difficulties successfully so that they achieve both worldly and religious success.

“Say, "I seek refuge in the Lord of mankind...From the evil of the retreating whisperer. Who whispers [evil] into the breasts of mankind. From among...mankind.””

These verses warn against choosing the wrong role model.

If one turns the pages of history they will observe many people who achieved great worldly success and in some cases benefited mankind yet, they will also observe at least one thing which taints their achievements. But if one observes the life of the Holy Prophet Muhammad, peace and blessings be upon him, they will observe nothing except success and countless things which benefit mankind. Even though, there are people who falsely criticise the Holy Prophet Muhammad, peace and blessings be upon him, it is quite evident from his highly accurate and detailed biography which has been verified by reliable muslim and non-muslim historians that this criticism is based on nothing but falsehood. This is why muslims must put aside all role models and instead study and adopt the flawless character of the Holy Prophet Muhammad, peace and blessings be upon him, as this is the only way to achieve real untainted success in both one's worldly and religious life. Chapter 3 Alee Imran, verse 31:

“Say, [O Muhammad], "If you should love Allah, then follow me, [so] Allah will love you and forgive you your sins...”

There is no goal greater than this in this world. In fact, this is what people irrespective of their faith strive to achieve. And Allah, the Exalted, has placed all of it in the footsteps of his Holy Prophet Muhammad, peace and blessings be upon him. Chapter 33 Al Ahzab, verse 21:

“There has certainly been for you in the Messenger of Allah an excellent pattern for anyone whose hope is in Allah and the Last Day and [who] remembers Allah often.”

It is simple, if a person desires worldly and religious success they should follow in the footsteps of the Holy Prophet Muhammad, peace and blessings be upon him. But if they choose a path other than his whatever tainted success they achieve will eventually become a burden for them and it may lead to a punishment on a Great Day.

“Say, "I seek refuge in the Lord of mankind...From the evil of the retreating whisperer. Who whispers [evil] into the breasts of mankind. From among...mankind."”

The retreating whisperer in respect to people include those who are all talk and no action.

An aspect of hypocrisy is when one verbally shows support for others and their good projects such as, building a mosque but when the time comes to take part in the project such as, donating wealth they seem to disappear. Similarly, when people are facing good times they verbally support them reminding others of their loyalty to them. But the moment the people face difficulties these hypocrites offer no emotional or physical support. Instead they criticize them. This was the attitude of the hypocrites in the time of the Holy Prophet Muhammad, peace and blessings be upon him. Chapter 4 An Nisa, verse 62:

“So how [will it be] when disaster strikes them because of what their hands have put forth and then they come to you swearing by Allah, "We intended nothing but good conduct and accommodation."”

“Say, "I seek refuge in the Lord of mankind...From the evil of the retreating whisperer. Who whispers [evil] into the breasts of mankind. From among the jinn and mankind.””

These verse remind muslims the importance of remaining steadfast whenever they are attacked by their enemies namely, the Devil, their inner Devil and those who invite them towards the disobedience of Allah, the Exalted. A muslim should not turn their back on the obedience of Allah, the Exalted, whenever they are tempted by these enemies. They should instead remain steadfast on the obedience to Allah, the Exalted, which involves fulfilling His commands, refraining from His prohibitions and facing destiny with patience. This is achieved by avoiding the places, things and people who invite and tempt them towards sins and the disobedience of Allah, the Exalted. Avoiding the traps of the Devil is only achieved through gaining and acting on Islamic knowledge. The same way traps on a path are only avoided by possessing knowledge of them similarly; Islamic knowledge is required to avoid the traps of the Devil. For example, a muslim might spend much time reciting the Holy Quran but because of their ignorance they might destroy their righteous deeds without realising it through sins such as, backbiting. A muslim is bound to face these attacks so they should therefore prepare for them through the sincere obedience of Allah, the Exalted, and in return gain an uncountable reward. Allah, the Exalted, has guaranteed right guidance for those who struggle in this way for His sake. Chapter 29 Al Ankabut, verse 69:

“And those who strive for Us - We will surely guide them to Our ways...”

Whereas facing these attacks with ignorance and disobedience will only lead one to difficulties and disgrace in both worlds. The same way a soldier that possesses no weapons to defend himself would be defeated; an ignorant muslim will have no weapon to defend himself when facing these attacks which will result in their defeat. Whereas, the knowledgeable muslim is provided with the most powerful weapon which cannot be overcome or beaten namely, sincere obedience of Allah, the Exalted. This is only achieved through sincerely gaining and acting on Islamic knowledge.

“Say, “I seek refuge in the Lord of mankind. The Sovereign of mankind. The God of mankind. From the evil of the retreating whisperer. Who whispers [evil] into the breasts of mankind. From among the jinn and mankind.””

When one reflects on the main verses under discussion while bearing in mind the teachings of other verses of the Holy Quran and the traditions of the Holy Prophet Muhammad, peace and blessings be upon him, they do not seem to be magnifying the two specific evils mentioned namely, the Jinn, such as the Devil, and the evil of people, so that one becomes overly fearful of them. Instead, these verses are making people aware of the fact that the Devil and his minions, from the Jinn and mankind, are plotting against them but as long as they seek the refuge of Allah, the Exalted, through His sincere obedience, they will be protected from their evil, even if this protection is not obvious to them. Meaning, they should not be feared, instead Allah, the Exalted, alone must be feared and obeyed. Chapter 3 Alee Imran, verse 175:

“That is only Satan who frightens [you] of his supporters. So fear them not, but fear Me, if you are [indeed] believers.”

And chapter 4 An Nisa, verse 76:

“...Indeed, the plot of Satan has ever been weak.”

If the main verses are magnifying these two evils it seems as though there is somewhat of a discrepancy between these verses and other Islamic teachings. Other teachings make it clear that Allah, the Exalted, decrees harm and benefit and no other has any say in the matter. For example, chapter 57 Al Hadid, verse 22:

“No disaster strikes upon the earth or among yourselves except that it is in a register before We bring it into being - indeed that, for Allāh, is easy.”

And chapter 9 At Tawbah, verse 51:

“Say, “Never will we be struck except by what Allāh has decreed for us; He is our protector.” And upon Allāh let the believers rely.””

And the Hadith which is discussed in detail below teaches this same concept. There are countless other examples. Therefore, it seems that the two specific evils mentioned in the main verses under discussion are being dismissed rather than magnified. One must bear in mind that the fear of these two evils was extremely prevalent in the time of the Holy Prophet Muhammad, peace and blessings be upon him. This fear resulted in people committing acts of polytheism and other major sins, such as compromising

on the truth, in order to protect themselves from them. For example, chapter 72 Al Jinn, verse 6:

“Men have sought refuge with the jinn in the past, but they only misguided them further.”

Therefore, Allah, the Exalted, dismissed this fear that people felt by declaring that as He alone created and controls all creatures He alone should be feared and sought for protection through His sincere obedience.

Finally, the Holy Prophet Muhammad, peace and blessings be upon him, indicated the infinite and absolute power and authority of Allah, the Exalted, in a Hadith found in Jami At Tirmidhi, number 2516. This Hadith advises that the entire creation cannot benefit a person if Allah, the Exalted, did not desire them to do so. Similarly, the entire creation together could not harm someone if Allah, the Exalted, did not desire them to. This means only what Allah, the Exalted, decides happens within the universe. It is important to note, that this advice does not indicate one should abandon using means, such as medicine, but it means that one can use the means as they have been created by none other than Allah, the Exalted, but they must understand that Allah, the Exalted, is the only One who decides the outcome of all things. For example, there are many sick people who take medicine and recover from their illness. But there are others who take medicine and do not recover. This indicates that another factor decides the end result namely, the will of Allah, the Exalted. Chapter 9 At Tawbah, verse 51:

“Say, “Never will we be struck except by what Allah has decreed for us...”

The one who understands this knows that anything that affected them could not have been avoided. And those things which missed them could never have been obtained.

It is important to note, that whatever the end result even if it is against a person's desire they should remain patient and truly believe Allah, the Exalted, has chosen the best for them even if they do not observe the wisdom behind the outcome. Chapter 2 Al Baqarah, verse 216:

“...But perhaps you hate a thing and it is good for you; and perhaps you love a thing and it is bad for you. And Allah knows, while you know not.”

When one truly understands this truth they stop relying on the creation knowing they cannot innately harm or benefit them. Instead, they turn to Allah, the Exalted, seeking His support and protection through sincere obedience by fulfilling His commands, refraining from His prohibitions and by facing destiny with patience. This leads a muslim to trusting in Allah, the Exalted. It also encourages one to only fear Allah, the Exalted, as they know the creation cannot harm them without the will of Allah, the Exalted.

Recognising that all things which occur within one's life and the universe originate from Allah, the Exalted, is a part of understanding the Oneness of Allah, the Exalted. This is a topic which has no end and goes beyond only superficially believing that there is none worthy of worship except Allah, the Exalted. When this is fixed in one's heart then they only hope in Allah, the Exalted, knowing He is the only One who can help them. They will only submit and obey Allah, the Exalted, in all aspects of their life. In reality, a person only obeys another in order to receive protection from harm or gain some benefit. Only Allah, the Exalted, can grant this therefore only He deserves to be obeyed and worshipped. If anyone chooses the obedience of another over the obedience of Allah, the Exalted, this shows they believe that this other can bring them some sort of benefit or protect them from harm. This is a sign of the weakness of their faith. The source of all things which occur is Allah, the Exalted, so muslims should only obey Him. Chapter 35 Fatir, verse 2:

“Whatever Allah grants to people of mercy - none can withhold it; and whatever He withholds - none can release it thereafter...”

It is important to note, that obeying a person which encourages the obedience of Allah, the Exalted, in reality is obeying Allah, the Exalted. For example, obeying the Holy Prophet Muhammad, peace and blessings be upon him. Chapter 4 An Nisa, verse 80:

“He who obeys the Messenger has obeyed Allah...”

“Say, “I seek refuge in the Lord of mankind. The Sovereign of mankind. The God of mankind. From the evil of the retreating whisperer. Who whispers [evil] into the breasts of mankind. From among the jinn and mankind.””

Protection from all evils and gaining success lies only in the sincere obedience of Allah, the Exalted.

In a divine Hadith of the Holy Prophet Muhammad, peace and blessings be upon him, found in Sahih Bukhari, number 6502, Allah, the Exalted, declares is that when one strives in fulfilling the obligatory duties and performing voluntary righteous deeds He blesses their five senses so that they use them in obedience to Him. This righteous servant will very rarely commit sins. This increase in guidance has been indicated in Chapter 29 Al Ankabut, verse 69:

“And those who strive for Us - We will surely guide them to Our ways...”

This muslim reaches the level of excellence which has been discussed in a Hadith found in Sahih Muslim, number 99. This is when a muslim performs actions, such as the prayer, as if they observe Allah, the Exalted. The one who reaches this level will guard their mind and body from sins. This is the one who when they speak they speak for Allah, the Exalted, when they are silent they are silent for Allah, the Exalted. When they act they act for Him

and when they are still they are for His sake. This is an aspect of monotheism and understanding the Oneness of Allah, the Exalted.

The next thing mentioned in the main Hadith under discussion is that this muslim's supplication will be fulfilled and they will be granted the refuge and protection of Allah, the Exalted. This is a clear lesson for those who desire lawful worldly things. They should not seek to obtain them using any means except through the sincere obedience of Allah, the Exalted. No spiritual teacher or anyone else will be able to grant things to a person unless the person strives in the obedience of Allah, the Exalted and they are destined to obtain those things.

To conclude this Hadith makes it clear that the proximity of Allah, the Exalted, is only gained through sincere obedience to Him in the form of fulfilling His commands, refraining from His prohibitions and being patient with destiny. This is the path of the Holy Prophet Muhammad, peace and blessings be upon him, and the only path of success in both worlds.

“Say, “I seek refuge in the Lord of mankind. The Sovereign of mankind. The God of mankind. From the evil of the retreating whisperer. Who whispers [evil] into the breasts of mankind. From among the jinn and mankind.””

Protection from all evils and gaining success lies only in the sincere obedience of Allah, the Exalted.

In a Hadith found in Sunan Ibn Majah, number 1081, the Holy Prophet Muhammad, peace and blessings be upon him, advised muslims how to gain blessings in their provision, divine support and an improvement in their condition and state.

The first thing is to sincerely repent to Allah, the Exalted, before one dies. As the time of death is unknown this Hadith actually indicates sincerely repenting whenever one commits a sin meaning, repenting without delay. This consists of seeking forgiveness from Allah, the Exalted, and whoever else has been wronged, feeling regret, making a firm promise not to commit the same or a similar sin again. And finally, if possible, to make up for any rights which have been violated in respect to Allah, the Exalted, and people.

The next thing advised in the main Hadith is that a muslim must make use of their time before they become preoccupied with responsibilities, an

illness or a difficulty. A muslim can achieve this by obeying Allah, the Exalted, through fulfilling His commands, refraining from His prohibitions and by facing destiny with patience. They must hasten to perform righteous deeds within their means as much as possible without delay as the tomorrow they hope for may never come. It is hoped that the one who behaves in this manner will be supported by Allah, the Exalted, when they are no longer in a position to perform extra righteous deeds due to a change in circumstances.

The next thing mentioned in the main Hadith is that a muslim must strengthen their bond with Allah, the Exalted, by remembering Him much. True remembrance of Allah, the Exalted, consists of three levels. The first is internal remembrance meaning, sincerity to Him. The second level consists of remembering Allah, the Exalted, by speaking good words and avoiding vain and sinful speech. And the highest level is to sincerely obey Allah, the Exalted, through one's actions as outlined earlier.

The final thing mentioned in the main Hadith is giving much charity both hidden and open. This includes both the obligatory and voluntary charity. It is important to note, this means giving charity according to one's means whether it is much or little. Allah, the Exalted, does not observe quantity He observes and judges actions based on quality meaning, one's sincerity. This has been indicated in a Hadith found in Sahih Bukhari, number 1. This leaves muslims with no excuses but to give charity according to their means. In addition, it is important to give charity regularly instead of once in a while as regular deeds are more beloved to Allah, the Exalted, even if they are little. This has been advised in a Hadith found in Sahih Bukhari, number 6465. Finally, those who desire to encourage others to give charity can give it publically. This will lead to them gaining the same reward as

those who donate because of their inspiration. This has been advised in a Hadith found in Sahih Muslim, number 2351. But those who are fearful of showing off, which cancels their reward, should do so privately. Islam has provided many options and opportunities for muslims to gain much reward which lead to the removal of their burdens in both worlds.

“Say, “I seek refuge in the Lord of mankind. The Sovereign of mankind. The God of mankind. From the evil of the retreating whisperer. Who whispers [evil] into the breasts of mankind. From among the jinn and mankind.””

Protection from all evils and gaining success lies only in the sincere obedience of Allah, the Exalted.

These verses are connected to chapter 7 Al A'raf, verse 201:

“Indeed, those who fear Allah - when an impulse touches them from Satan, they remember [Him] and at once they have insight.”

In a Hadith found in Sahih Bukhari, number 6407, the Holy Prophet Muhammad, peace and blessings be upon him, advised that the difference between the person who remembers Allah, the Exalted, and the one who does not is like a living person compared to a dead person.

It is important for muslims who desire to create a strong connection with Allah, the Exalted, so that they can overcome all difficulties in this world and in the hereafter successfully to remember Allah, the Exalted, as much as possible. Put simply, the more they remember Him the more they will achieve this vital goal.

This is achieved by practically acting on the three levels of the remembrance of Allah, the Exalted. The first level is to remember Allah, the Exalted, internally and silently. This includes correcting one's intention so that they only act in order to please Allah, the Exalted. The second is by remembering Allah, the Exalted, through one's tongue. But the highest and most effective way of strengthening one's bond with Allah, the Exalted, is practically remembering Him with one's limbs. This is achieved by fulfilling His commands, refraining from His prohibitions and by facing destiny with patience according to the traditions of the Holy Prophet Muhammad, peace and blessings be upon him. This requires one to gain and act on Islamic knowledge which in turn is the root of all good and success in both worlds.

Those who remain on the first two levels will receive reward depending on their intention but they are unlikely to increase the strength of their faith and piety unless they move to the third and highest level of the remembrance of Allah, the Exalted.

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