lessons from Prophet Zakariya (PBUH)

PodSeerah - Vol 25



🗛 chieve Noble Character

Lessons from Prophet Zakariya (PBUH)

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Lessons from Prophet Zakariya (PBUH)

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All praises are for Allah, the Exalted, Lord of the worlds, who has given us the inspiration, opportunity and strength to complete this volume. Blessings and peace be upon the Holy Prophet Muhammad whose path has been chosen by Allah, the Exalted, for the salvation of mankind.

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We pray that Allah, the Exalted, completes His favour on us and accepts each letter of this book in His august court and allows it to testify on our behalf on the Last Day.

All praise to Allah, the Exalted, Lord of the worlds and endless blessings and peace by upon the Holy Prophet Muhammad, on his blessed Household and Companions, may Allah be pleased with them all.

Compiler's Notes

We have tried diligently to do justice in this volume however if there are any short falls found then the compiler is personally and solely responsible for them.

We accept the possibility of faults and shortcomings in an effort to complete such a difficult task. We might have unconsciously stumbled and committed errors for which we ask for indulgence and forgiveness of our readers and the drawing of our attention thereto will be appreciated. We earnestly invite constructive suggestions which can be made to ShaykhPod.Books@gmail.com.

Introduction

The following short book discusses some Lessons from the Life of the Holy Prophet Zakariya, peace be upon him, which have been discussed in the Holy Quran and the Hadiths of the Holy Prophet Muhammad, peace and blessings be upon him.

Implementing the lessons discussed will aid a Muslim to Achieve Noble Character. According to the Hadith found in Jami At Tirmidhi, number 2003, the Holy Prophet Muhammad, peace and blessings be upon him, has advised that the heaviest thing in the Scales of Judgment Day will be Noble Character. It is one of qualities of the Holy Prophet Muhammad, peace and blessings be upon him, which Allah, the Exalted, complimented in Chapter 68 Al Qalam, Verse 4 of the Holy Quran:

"And indeed, you are of a great moral character."

Therefore, it is a duty on all Muslims to gain and act on the teachings of the Holy Quran and the traditions of the Holy Prophet Muhammad, peace and blessings be upon him, in order to Achieve Noble Character.

Lessons from Prophet Zakariya (PBUH)

Chapter 3 - Alee Imran, Verses 38-41

هُنَالِكَ دَعَا زَكَرِبًا رَبَّهُ، قَالَ رَبِّ هَبْ لِي مِن لَّدُنكَ ذُرِّيَةً طَيِّبَةً إِنَّكَ سَمِيعُ ٱلدُّعَآءِ اللهُ عَنَالِكَ دَعَا زَكَرِبًا رَبَّهُ، قَالَ رَبِّ هَبْ لِي مِن لَدُنكَ ذُرِّيَةً طَيِّبَةً إِنَّكَ سَمِيعُ ٱلدُّعَآءِ اللهُ فَنَادَتُهُ ٱلْمَكَثِمِكَةُ وَهُو قَآبِمُ يُصَلِّي فِي ٱلْمِحْرَابِ أَنَّ ٱللّهَ يُبَشِّرُكَ بِيَحْيَى مُصَدِّقًا بِكَلِمَةٍ مِّنَ ٱللّهِ وَسَارَتُهُ ٱلْمَكَثِمِكَةُ وَهُو قَآبِمُ يُصَلِّحِينَ اللهِ وَسَيِّدًا وَحَصُورًا وَنَبِيتًا مِّنَ ٱلصَّلِحِينَ اللهِ اللهِ اللهِ اللهِ اللهِ اللهُ اللهِ اللهِ اللهُ الل

قَالَ رَبِّأَنَّ يَكُونُ لِي غُلَامٌ وَقَدْ بَلَغَنِيَ ٱلْكِبَرُ وَٱمْرَأَتِي عَاقِرٌ قَالَ كَذَلِكَ ٱللَّهُ يَفْعَلُ مَا يَشَآءُ اللَّهُ يَشَاءُ اللَّهُ يَشَاءُ اللَّهُ اللَّهُ يَشَاءُ اللَّهُ اللِّهُ اللَّهُ اللَّهُ اللَّهُ اللَّهُ اللَّهُ اللَّهُ اللَّهُ اللِّهُ اللَّهُ اللْلِهُ اللَّهُ اللَّهُ اللَّهُ الللللَّهُ اللَّهُ اللَّهُ اللَّ

قَالَ رَبِّ ٱجْعَلَ لِيَّ ءَايَةً قَالَ ءَايَتُكَ أَلَّا تُكَلِّمُ ٱلنَّاسَ ثَلَاثَةَ أَيَّامِ إِلَّارَمْزًا وَأَذْكُر رَّبَكَ كَالَّهُ اللَّاسَ ثَلَاثَةَ أَيَّامِ إِلَّارَمْزًا وَأَذْكُر رَّبَكَ كَالَاثَةَ أَيَّامِ إِلَّارَمْزًا وَأَذْكُر رَّبَكَ كَالَالُهُ اللَّاسَ اللَّالَ اللَّاسَ اللَّلَاسَةَ اللَّاسَ اللَّلَاسَ اللَّاسَ اللَّاسَاسَ اللَّاسَ اللَّاسَ اللَّاسَ اللَّاسَ اللَّلَّ اللَّاسَ اللَّلَّ اللَّاسَ اللَّاسَ اللَّاسَ اللَّاسَ اللَّاسَ اللَّاسَ اللَّاسَ اللَّاسَ اللَّاسَ اللَّاسَالَ اللَّلَاسَ اللَّلَاسَ اللَّاسَ اللَّ

"At that, Zechariah called upon his Lord, saying, "My Lord, grant me from Yourself a good offspring. Indeed, You are the Hearer of supplication."

So the angels called him while he was standing in prayer in the chamber, "Indeed, Allah gives you good tidings of John, confirming a word from Allah and [who will be] honorable, chaste and a prophet from among the righteous."

He said, "My Lord, how will I have a boy when I have reached old age and my wife is barren?" He [the angel] said, "Such is Allah; He does what He wills."

He said, "My Lord, make for me a sign." He said, "Your sign is that you will not [be able to] speak to the people for three days except by gesture.

And remember your Lord much and exalt [Him with praise] in the evening and the morning.""

"At that, Zechariah called upon his Lord, saying, "My Lord, grant me from Yourself a good offspring... So the angels called him while he was standing in prayer in the chamber, "Indeed, Allāh gives you good tidings of John...a prophet...""

After witnessing the pious development of Maryam, may Allah be pleased with her, and the miraculous provision she was provided with the Holy Prophet Zakariya, peace be upon him, desired to have a child like Maryam, may Allah be pleased with her, who would continue his mission to guide mankind meaning, he asked for a Holy Prophet, peace be upon them. Chapter 3 Alee Imran, verse 37:

"So her Lord accepted her with good acceptance and caused her to grow in a good manner and put her in the care of Zechariah. Every time Zechariah entered upon her in the prayer chamber, he found with her provision. He said, "O Mary, from where is this [coming] to you?" She said, "It is from Allāh. Indeed, Allāh provides for whom He wills without account.""

Even though, there is nothing wrong with asking for lawful worldly things a Muslim should not be fooled into believing this is what the Holy Prophet Zakariya, peace be upon him, done. He did not supplicate for a child who would carry on his name which the vast majority of Muslims do. He instead requested for a Holy Prophet, peace be upon him, who would continue his mission in spreading the word of Allah, the Exalted. So in fact, he did not request for a worldly thing but a religious blessing from Allah, the Exalted. This is further supported by chapter 19 Maryam, verses 4-6:

"He said, "My Lord, indeed my bones have weakened, and my head has filled with white, and never have I been in my supplication to You, my Lord, unhappy [i.e., disappointed]. And indeed, I fear the successors after me, and my wife has been barren, so give me from Yourself an heir. Who will inherit me and inherit from the family of Jacob. And make him, my Lord, pleasing [to You]."

The inheritance mentioned in this supplication refers to this religious mission and not to worldly things as the Holy Prophets, peace be upon them, do not leave wealth as inheritance instead they only leave behind knowledge. This has been confirmed in a Hadith found in Sunan Ibn Majah, number 223.

This event also teaches Muslims to correct their intention meaning, the things they desire should be connected to the hereafter and not only to the material world. For example, a married couple should desire a child for the purpose of increasing the number of the obedient servants of Allah, the Exalted, on Earth and not for worldly reasons. And this intention should be supported and proven by one's actions such as being patient when they request is not fulfilled. A Muslim who desires religious things only does so in order to please Allah, the Exalted. And if Allah, the Exalted, chooses not to grant that thing to them they should accept His choice with patience as this is what pleases Allah, the Exalted.

"...Indeed, You are the Hearer of supplication."

Allah, the Exalted, is the One who answers all supplications by either fulfilling one's requests, removing an equivalent sin from their book of deeds or by saving reward for them in the hereafter as long as the etiquettes and conditions of a supplication are fulfilled. This is confirmed in a Hadith found in Jami At Tirmidhi, number 3604. Allah, the Exalted, is in fact far too generous and shy to turn away a beggar from His door empty handed. This is confirmed in a Hadith found in Jami At Tirmidhi, number 3556.

The Muslim who understands this divine name will persist on supplicating to Allah, the Exalted, and never give up hope of an answer. They will strive to fulfil all the conditions and etiquettes of a supplication in order to guarantee its acceptance.

A Muslim must act on this divine name by fulfilling the good requests of people. In fact, a Hadith found in Shama'il At Tirmidhi, number 335, advises that the Holy Prophet Muhammad, peace and blessings be upon him, never turned someone down when asked for something good.

"So the angels called him while he was standing in prayer in the chamber, "Indeed, Allāh gives you good tidings of John, confirming a word from Allāh...""

The word of Allah, the Exalted, the Holy Prophet Yahya, peace be upon him, confirmed and supported was the Holy Prophet Eesa, peace be upon him, who Allah, the Exalted, created with a divine command. Chapter 3 Alee Imran, verse 59:

"Indeed, the example of Jesus to Allah is like that of Adam. He created him from dust; then He said to him, "Be," and he was."

The main verse under discussion therefore encourages Muslims to support anything and anyone which is good. Since the passing of the righteous predecessors the strength of the Muslim nation has weakened dramatically. It is logical that the greater the number of people in a group the stronger the group will become yet Muslims have somehow defied this logic. The strength of the Muslim nation has only decreased as the number of Muslims have increased. One of the main reasons this has occurred is connected to chapter 5 Al Ma'idah, verse 2 of the Holy Quran:

[&]quot;...And cooperate in righteousness and piety, but do not cooperate in sin and aggression..."

Allah, the Exalted, clearly commands Muslims to aid each other in any matter which is good and not support each other in any matter which is bad. This is what the righteous predecessors acted on but many Muslims have failed to follow in their footsteps. Many Muslims now observe who is doing an action instead of observing what they are doing. If the person is linked to them for example, a relative, they support them even if the thing is not good. Similarly, if the person has no relationship with them they turn away from supporting them even if the thing is good. This attitude completely contradicts the traditions of the righteous predecessors. They would support others in good irrespective of who was doing it. In fact, they went so far on acting on this verse of the Holy Quran that they would even support those they did not get on with as long as it was a good thing.

The other thing connected to this is that many Muslims fail to support each other in good as they believe the person they are supporting will gain more prominence than them. This condition has even affected scholars and Islamic educational institutes. They make lame excuses not to aid others in good as they do not have a relationship with them and they fear their own institution will be forgotten and those they help will gain further respect in society. But this is completely wrong as one only needs to turn the pages of history to observe the truth. As long as one's intention is to please Allah, the Exalted, supporting others in good will increase their respect within society. Allah, the Exalted, will cause the hearts of the people to turn to them even if their support is for another organisation, institution or person. For example, when the Holy Prophet Muhammad, peace and blessings be upon him, departed this world Umar Bin Khattab, may Allah be pleased with him, could have easily challenged for the Caliphate and would have found plenty of support in his favour. But he knew the right thing to do was to nominate Abu Bakkar Siddique, may Allah be pleased with him, as the first Caliph of Islam. Umar Bin Khattab, may Allah be pleased with him, did not worry about being forgotten by society if he supported another person. He instead obeyed the command in the verse mentioned earlier and supported what was right. This is confirmed in the Hadiths found in Sahih Bukhari numbers 3667 and 3668. The honour and respect of Umar Bin Khattab, may Allah be pleased with him, within society only increased by this action. This is obvious to those who are aware of Islamic history.

Muslims must reflect on this deeply, change their mentality and strive to aid others in good irrespective of who is doing it and not hold back fearing their support will cause them to be forgotten within society. Those who obey Allah, the Exalted, will never be forgotten in both this world and the next. In fact, their respect and honour will only grow in both worlds.

"So the angels called him while he was standing in prayer in the chamber, "Indeed, Allāh gives you good tidings of John...[who will be] honorable...""

In a Hadith found in Sunan Ibn Majah, number 4119, the Holy Prophet Muhammad, peace and blessings be upon him, advised that the best people are those who remind others of Allah, the Exalted, when they are observed.

This does not refer to those who adopt an Islamic outward appearance. such as growing a beard or wearing a scarf, as many of these people do not remind others of Allah, the Exalted, at all. This Hadith refers to those who learn and act on Islamic knowledge so that they sincerely obey Allah, the Exalted, by fulfilling His commands, refraining from His prohibitions and by facing destiny with patience according to traditions of the Holy Prophet Muhammad, peace and blessings be upon him. This leads to the purification of one's heart which leads to the purification of their outward limbs. This has been advised in a Hadith found in Sunan Ibn Majah, number 3984. This will cause others to remember Allah, the Exalted, when they observe these righteous Muslims. And this remembrance will only increase when these righteous Muslims speak as they only speak in ways pleasing to Allah, the Exalted, meaning, they avoid evil and vain speech and only speak on beneficial matters in respect to the world and the hereafter. This remembrance further increases when one observes their actions as they practically implement the teachings of Islam thereby, acting only in ways pleasing to Allah, the Exalted. For example, they love, dislike, give and withhold only for the sake of Allah, the Exalted. This leads to perfecting one's faith according to a Hadith found in Sunan Abu Dawud, number 4681.

"So the angels called him while he was standing in prayer in the chamber, "Indeed, Allāh gives you good tidings of John...[who will be] chaste...""

In a Hadith found in Sahih Bukhari, number 6474, the Holy Prophet Muhammad, peace and blessings be upon him, guaranteed Paradise to the person who safeguards their mouth and chastity.

The first thing mentioned indicates safeguarding one's speech. Meaning, a Muslim must avoid all types of evil speech such as backbiting as it only takes a single evil word to cause someone to plunge into Hell on Judgment Day. This has been warned in a Hadith found in Jami At Tirmidhi, number 2314.

In addition, a Muslim should avoid all vain and useless speech as this only wastes one's precious time which will be a great regret for them on Judgment Day. In addition, vain speech is often the first step before sinful speech therefore, it is best to avoid it. One should either speak good or remain silent. This has been advised in a Hadith found in Sahih Muslim, number 176.

The main Hadith under discussion also advises to safeguard oneself from consuming the unlawful. This will lead to all of one's righteous deeds being rejected irrespective of their intention. This has been warned in a Hadith found in Sahih Muslim, number 2342.

The second aspect of the main Hadith under discussion advises Muslims to safeguard their chastity meaning, avoid unlawful relationships. A Muslim has been given a way to achieving this namely, marriage. If a Muslim is not in the right position to get married, such as financially, then they should fast often as this reduces carnal desires. This has been advised in a Hadith found in Sahih Bukhari, number 1905.

Finally, as these two aspects combined lead to Paradise it is therefore the reason why getting married has been labeled completing half of one's faith in a Hadith found in Al Mu'jam Al Awsat, number 992.

"So the angels called him while he was standing in prayer in the chamber, "Indeed, Allāh gives you good tidings of John...[who will be] chaste...""

In a long Hadith found in Sahih Bukhari, number 6806, the Holy Prophet Muhammad, peace and blessings be upon him, mentioned seven groups of people who will be granted shade on the Day of Judgment by Allah, the Exalted.

This shade will protect them from the horrors of the Day of Judgment which includes the unbearable heat caused by the Sun being brought within two miles of the creation. This has been warned in a Hadith found in Jami At Tirmidhi, number 2421.

One of these groups includes a person who is invited towards fornication but rejects it out of the fear of Allah, the Exalted. Controlling one's desire especially when no one except Allah, the Exalted, will know about it is a great deed. Muslims should strive to avoid situations where they might be invited to sins by firstly avoiding places where sins are more common, such as a nightclub. This is extremely important as a person's environment often has a deep impact on their attitude and behaviour. Just like a student is more likely to study in a quiet library compared to a busy and loud house a Muslim is less likely to be attracted to sins when they avoid places where sins occur regularly and openly. The other important thing is to avoid people who openly commit sins and invite others to them. A person will adopt the characteristics of their companions whether good or bad. This has been indicated in a Hadith found in Sunan Abu Dawud, number 4833. Muslims should not only ensure they accompany good people but also encourage their

dependents, such as their children, to do the same. If Muslims truly concentrated on this it will dramatically reduce the amount of youth who become involved in gangs and crime. Chapter 43 Az Zukhruf, verse 67:

"Close friends, that Day, will be enemies to each other, except for the righteous."

"So the angels called him while he was standing in prayer in the chamber, "Indeed, Allāh gives you good tidings of John...a prophet...""

The purpose of sending Holy Prophets, peace be upon them, is for them to be sincerely obeyed and followed. In a Hadith found in Sahih Muslim number 196, the Holy Prophet Muhammad, peace and blessings be upon him, advised that Islam is sincerity towards the Holy Prophet Muhammad, peace and blessings be upon him. This includes striving to acquire knowledge in order to act on his traditions. These traditions include the ones related to Allah, the Exalted, in the form of worship, and his blessed noble character towards the creation. Chapter 68 Al Qalam, verse 4:

"And indeed, you are of a great moral character."

It includes to accept his commands and prohibitions at all times. This has been made a duty by Allah, the Exalted. Chapter 59 Al Hashr, verse 7:

"...And whatever the Messenger has given you - take; and what he has forbidden you - refrain from..."

Sincerity includes to give priority to his traditions over the actions of anyone else as all paths to Allah, the Exalted, are closed except the path of the Holy Prophet Muhammad, peace and blessings be upon him. Chapter 3 Alee Imran, verse 31:

"Say, [O Muḥammad], "If you should love Allah, then follow me, [so] Allah will love you and forgive you your sins..."

One must love all those who supported him during his life and after his passing, whether they are from his Family or his Companions, may Allah be pleased with them all. Supporting those who walk on his path and teach his traditions is a duty on those who desire to be sincere to him. Sincerity also includes loving those who love him and disliking those who criticise him irrespective, of one's relationship with these people. This is all summarised in a single Hadith found in Sahih Bukhari, number 16. It advises that a person cannot have true faith until they love Allah, the Exalted, and the Holy Prophet Muhammad, peace and blessings be upon him, more than the entire creation. This love must be shown through actions not just words.

"So the angels called him while he was standing in prayer in the chamber, "Indeed, Allāh gives you good tidings of John...from among the righteous.""

Righteousness cannot be achieved without gaining and acting on Islamic knowledge so that one can fulfill the commands of Allah, the Exalted, refrain from His prohibitions and face destiny with patience according to the traditions of the Holy Prophet Muhammad, peace and blessings be upon him. Chapter 35 Fatir, verse 28:

"...Only those fear Allah, from among His servants, who have knowledge..."

In a Hadith found in Jami At Tirmidhi, number 2451, the Holy Prophet Muhammad, peace and blessings be upon, advised that a Muslim cannot become righteous until they avoid something which is not harmful to their religion out of caution that it will lead to something which is harmful. Therefore, an aspect of righteousness is to avoid things which are doubtful not just unlawful. This is because doubtful things takes a Muslim one step closer to the unlawful and the closer one is to the unlawful the easier it is to fall into it. It is why a Hadith found in Jami At Tirmidhi, number 1205, advises that the one who avoids unlawful and doubtful things will protect their religion and honor. If one observes those who have become misguided in society, in most cases, this occurred gradually not in one sudden step. Meaning, the person first indulged in doubtful things before falling into the unlawful. This is the reason why Islam stresses the need to avoid unnecessary and vain things in one's life as they can lead them to the unlawful. For example, vain and useless speech which is not classified sinful by Islam often leads to evil speech,

such as backbiting, lying and slander. If a person avoids the first step by not indulging in vain speech they will undoubtedly avoid evil speech. This process can be applied to all things which are vain, unnecessary and especially, doubtful.

"So the angels called him while he was standing in prayer in the chamber, "Indeed, Allāh gives you good tidings of John...from among the righteous.""

In a Hadith found in Sunan Abu Dawud, number 4031, the Holy Prophet Muhammad, peace and blessings be upon him, advised that a person who imitates a people is counted as one of them.

All Muslims irrespective of the strength of their faith desire to be counted and end up with the righteous in the next world. But this Hadith clearly warns that a Muslim will only be considered a righteous person and end up with them if they imitate the righteous. This imitation is a practical thing not only a declaration through words. This imitation is correctly done by fulfilling the commands of Allah, the Exalted, refraining from His prohibitions and by facing destiny with patience according to the traditions of the Holy Prophet Muhammad, peace and blessings be upon him.

But those who verbally declare their love for the righteous and fail to imitate them and instead imitate the characteristics found in hypocrites and the sinful will be considered and judged as one of them. This does not mean they will lose their faith but it means they will be judged as disobedient Muslims. How can a disobedient Muslim be counted as an obedient Muslim and end up with the righteous? This is only wishful thinking which has no value in Islam. Chapter 59 Al Hashr, verse 20:

"Not equal are the companions of the Fire and the companions of Paradise. The companions of Paradise - they are the attainers [of success]."

"So the angels called him while he was standing in prayer in the chamber, "Indeed, Allāh gives you good tidings of John...He said, "My Lord, how will I have a boy when I have reached old age and my wife is barren?" He [the angel] said, "Such is Allāh; He does what He wills.""

This event teaches Muslims that whenever they encounter a difficult situation they should remain firm on the obedience of Allah, the Exalted, trusting that He will provide them a way out of it even if this seems impossible at the time. Chapter 65 At Talaq, verse 2:

"...And whoever fears Allah - He will make for him a way out."

A Muslim should understand that Allah, the Exalted, chooses the best for His servants even if the wisdoms behind the difficulty are not obvious. It is a person's reaction which either leads to blessings or the anger of Allah, the Exalted. One only needs to reflect on the countless examples in their own life where they believed something was bad only to change their mind later on and vice versa. This is just like when a person takes a bitter medicine prescribed to them by a doctor. Even though the medicine is bitter they still take it believing it will benefit them. It is strange how a Muslim can trust a doctor whose knowledge is limited and who is not absolutely certain the bitter medicine will benefit them and fail to trust Allah, the Exalted, whose knowledge is infinite and when He only decrees the best for His servants.

A Muslim should understand the difference between wishful thinking and trust in Allah, the Exalted. The person who does not obey Allah, the Exalted, and then expects Him to help them in difficulties is a wishful thinker. The one who will gain the help of Allah, the Exalted, which is indicated in this great event, is the one who sincerely strives in the obedience of Allah, the Exalted, which involves fulfilling His commands, refraining from His prohibitions and facing destiny with patience and then trusts His judgment without complaining or questioning His choice.

"...He [the angel] said, "Such is Allāh; He does what He wills.""

The Holy Prophet Muhammad, peace and blessings be upon him, indicated the infinite and absolute power and authority of Allah, the Exalted, in a Hadith found in Jami At Tirmidhi, number 2516. This Hadith advises that the entire creation cannot benefit a person if Allah, the Exalted, did not desire them to do so. Similarly, the entire creation together could not harm someone if Allah, the Exalted, did not desire them to. This means only what Allah, the Exalted, decides happens within the universe. It is important to note, that this advice does not indicate one should abandon using means, such as medicine, but it means that one can use the means as they have been created by none other than Allah, the Exalted, but they must understand that Allah, the Exalted, is the only One who decides the outcome of all things. For example, they are many sick people who take medicine and recover from their illness. But they are others who take medicine and do not recover. This indicates that another factor decides the end result namely, the will of Allah, the Exalted. Chapter 9 At Tawbah, verse 51:

"Say, "Never will we be struck except by what Allah has decreed for us..."

The one who understands this knows that anything that affected them could not have been avoided. And those things which missed them could never have been obtained.

It is important to note, that whatever the end result even if it is against a person's desire they should remain patient and truly believe Allah, the Exalted, has chosen the best for them even if they do not observe the wisdom behind the outcome. Chapter 2 Al Bagarah, verse 216:

"...But perhaps you hate a thing and it is good for you; and perhaps you love a thing and it is bad for you. And Allah knows, while you know not."

When one truly understands this truth they stop relying on the creation knowing they cannot innately harm or benefit them. Instead, they turn to Allah, the Exalted, seeking His support and protection through sincere obedience by fulfilling His commands, refraining from His prohibitions and by facing destiny with patience. This leads a Muslim to trusting in Allah, the Exalted. It also encourages one to only fear Allah, the Exalted, as they know the creation cannot harm them without the will of Allah, the Exalted.

Recognising that all things which occur within one's life and the universe originate from Allah, the Exalted, is a part of understanding the Oneness of Allah, the Exalted. This is a topic which has no end and goes beyond only superficially believing that there is none worthy of worship except Allah, the Exalted. When this is fixed in one's heart then they only hope in Allah, the Exalted, knowing He is the only One who can help them. They will only submit and obey Allah, the Exalted, in all aspects of their life. In reality, a person only obeys another in order to receive protection from harm or gain some benefit. Only Allah, the Exalted, can grant this therefore only He deserves to be obeyed and worshipped. If anyone chooses the obedience of another over the obedience of Allah, the Exalted, this shows they believe that this other can bring them some sort

of benefit or protect them from harm. This is a sign of the weakness of their faith. The source of all things which occur is Allah, the Exalted, so Muslims should only obey Him. Chapter 35 Fatir, verse 2:

"Whatever Allah grants to people of mercy - none can withhold it; and whatever He withholds - none can release it thereafter..."

It is important to note, that obeying a person which encourages the obedience of Allah, the Exalted, in reality is obeying Allah, the Exalted. For example, obeying the Holy Prophet Muhammad, peace and blessings be upon him. Chapter 4 An Nisa, verse 80:

"He who obeys the Messenger has obeyed Allah..."

"So the angels called him while he was standing in prayer in the chamber, "Indeed, Allāh gives you good tidings of John...He said, "My Lord, make for me a sign." He said, "Your sign is that you will not [be able to] speak to the people for three days except by gesture..."

The Holy Prophet Zakariya, peace be upon him, did not request a sign as he had doubts. He only asked for a sign in order to further strengthen his certainty of faith, which in turn would strengthen his obedience to Allah, the Exalted. So in this respect, he was requesting for the ability to obey Allah, the Exalted, more.

Therefore, Muslims must follow in his footsteps by gaining and acting on Islamic knowledge so that they too increase their obedience to Allah, the Exalted, through certainty of faith.

All Muslims have faith in Islam but the strength of their faith varies from person to person. For example, the one who follows the teachings of Islam because their family told them to is not the same as the one who believes in it through evidence. A person who has heard about something will not believe in it in the same way as the one who has witnessed the thing with their own eyes.

As confirmed in a Hadith found in Sunan Ibn Majah, number 224, gaining useful knowledge is a duty on all Muslims. One of the reasons for this is that it is the best way a Muslim can strengthen their faith in Islam. This is important to pursue as the stronger one's certainty of faith

the greater the chance they will remain steadfast on the correct path, especially when facing difficulties. In addition, having certainty of faith has been described as one of the best things one can possess in a Hadith found in Sunan Ibn Majah, number 3849. This knowledge should be obtained by studying the Holy Quran and the Hadith of the Holy Prophet Muhammad, peace and blessings be upon him, through a reliable source.

Allah, the Exalted, did not only declare a truth in the Holy Quran but He also provided evidence for it through examples. Not only examples which are to be found in the past nations but examples which have been placed in one's very own life. For example, in the Holy Quran Allah, the Exalted, advises that sometimes a person loves a thing even though it will cause them trouble if they obtained it. Similarly, they might hate a thing while there is much hidden good in it for them. Chapter 2 Al Baqarah, verse 216:

"...But perhaps you hate a thing and it is good for you; and perhaps you love a thing and it is bad for you. And Allah knows, while you know not."

There are many examples of this truth in history such as the Pact of Hudaiba. Some Muslims believed this pact, which was made with the non-Muslims of Mecca, would completely favour the latter group. Yet, history clearly shows that it favoured Islam and the Muslims. This event is discussed in the Hadiths found in Sahih Bukhari, numbers 2731 and 2732.

If one reflects on their own life they will find many examples when they believed something was good when it was actually bad for them and vice versa. These examples prove the authenticity of this verse and help one's faith strengthen.

Another example is found in chapter 79 An Naziat, verse 46:

"It will be, on the Day they see it (Judgement Day) as though they had not remained [in the world] except for an afternoon or a morning thereof."

If one turns the pages of history they will clearly observe how great empires came and went. But when they left they passed away in such a way as if they were only on Earth for a moment. All but a few of their signs have faded away as if they were never present on Earth in the first place. Similarly, when one reflects on their own life they will realise that no matter how old they are and no matter how slow certain days might have felt overall their life so far has passed in a flash. Understanding the truthfulness of this verse strengthens one's certainty of faith and this inspires them to prepare for the hereafter before their time runs out.

The Holy Quran and the Hadith of the Holy Prophet Muhammad, peace and blessings be upon him, are full of such examples. Therefore, one should strive to learn and act on these divine teachings so that they adopt certainty of faith. The one who achieves this will not be shaken by any difficulty they face and will remain steadfast on the path which leads to the gates of Paradise. Chapter 41 Fussilat, verse 53:

"We will show them Our signs in the horizons and within themselves until it becomes clear to them that it is the truth..."

"So the angels called him while he was standing in prayer in the chamber, "Indeed, Allāh gives you good tidings of John...He said, "My Lord, make for me a sign." He said, "Your sign is that you will not [be able to] speak to the people for three days except by gesture. And remember your Lord much and exalt [Him with praise] in the evening and the morning.""

This special blessing signified a time of ease for the Holy Prophet Zakariya, peace be upon him, and during this time of ease Allah, the Exalted, reminded him to remain firm on His obedience.

Muslims often increase their obedience to Allah, the Exalted, such as attending the Mosques for the congregational prayers or reciting more spiritual exercises in times of difficulty. But in times of ease they often relax and become lazy. But it is important to note, that generally it is more important to be more on guard and increase one's obedience during times of ease then times of difficulty. This is because one often sins more during times of ease than difficulty, such as abandoning their obligatory duties. If one reviews the different misguided people in history, such as Pharaoh and Quroon they will observe that their sins only multiplied during times of ease. Someone who is facing a difficulty where they are stuck and have no option but to patiently wait for relief is less likely to sin as they desire to be relieved of their difficulty. Whereas, a person experiencing times of ease will be in a better position to enjoy and over indulge in worldly things which often leads to sins. For example, a person facing poverty is less likely to sin as many sins require wealth. Whereas, a wealthy person is in an easier position to commit those sins, such as purchasing alcohol or drugs. Therefore, Muslims should take note of this and ensure they maintain or even increase their obedience to Allah, the Exalted, during times of ease so that they do not fall into sins and disobedience.

In addition, the one who is obedient to Allah, the Exalted, by fulfilling His commands and refraining from His prohibitions during times of ease will gain the support of Allah, the Exalted, during their times of difficulty which will aid them to overcome them successfully. Chapter 47 Muhammad, verse 7:

"O you who have believed, if you support Allah, He will support you and plant firmly your feet."

"...And remember your Lord much and exalt [Him with praise] in the evening and the morning."

In a Hadith found in Sahih Bukhari, number 6407, the Holy Prophet Muhammad, peace and blessings be upon him, advised that the difference between the person who remembers Allah, the Exalted, and the one who does not is like a living person compared to a dead person.

It is important for Muslims who desire to create a strong connection with Allah, the Exalted, so that they can overcome all difficulties in this world and in the hereafter successfully to remember Allah, the Exalted, as much as possible. Put simply, the more they remember Him the more they will achieve this vital goal.

This is achieved by practically acting on the three levels of the remembrance of Allah, the Exalted. The first level is to remember Allah, the Exalted, internally and silently. This includes correcting one's intention so that they only act in order to please Allah, the Exalted. The second is by remembering Allah, the Exalted, through one's tongue. But the highest and most effective way of strengthening one's bond with Allah, the Exalted, is practically remembering Him with one's limbs. This is achieved by fulfilling His commands, refraining from His prohibitions and by facing destiny with patience according to the traditions of the Holy Prophet Muhammad, peace and blessings be upon him. This requires one to gain and act on Islamic knowledge which in turn is the root of all good and success in both worlds.

Those who remain on the first two levels will receive reward depending on their intention but they are unlikely to increase the strength of their faith and piety unless they move to the third and highest level of the remembrance of Allah, the Exalted.

"...and exalt [Him with praise] in the evening and the morning."

The word evening in this verse can include the time between midday until sunset. This has been mentioned in Tafsir Al Qurtubi, Volume 3, Page 300. In this respect this time could be referring to the late afternoon (Asr) prayer and the morning mentioned in this verse could be referring to the dawn (Fajar) prayer.

In a Hadith found in Sahih Bukhari, number 574, the Holy Prophet Muhammad, peace and blessings be upon him, advised that whoever establishes the two cool obligatory prayers will enter Paradise.

The two cool obligatory prayers refer to the dawn and late afternoon obligatory prayers as during these two times the weather is cooler than at other times meaning, before sunrise and before sunset.

Establishing the obligatory prayers includes fulfilling all their conditions and etiquettes correctly according to the traditions of the Holy Prophet Muhammad, peace and blessings be upon him, such as offering them on time. In fact, offering them as soon as they occur is one of the most beloved deeds to Allah, the Exalted. This has been advised in a Hadith found in Sahih Muslim, number 252.

Even though, there are five obligatory prayers which must be established yet, only two have been mentioned in the main Hadith under discussion. This is because these two prayers are arguably the two hardest to establish. The obligatory dawn prayer occurs at a time when most people are asleep. Therefore, it requires much energy and motivation in order to leave one's comfortable bed in order to offer it correctly. The obligatory late afternoon prayer mostly occurs at a time where most people have completed their working day and have returned home tired. So to leave one's relaxation after a tiring and even stressful day of work in order to correctly offer their obligatory prayer is difficult. Therefore, if one correctly establishes these two prayers they will through the mercy of Allah, the Exalted, find it easier to establish the other obligatory prayers, which usually occur at more convenient times.

Muslims should therefore strive to establish all their obligatory prayers as it is the very essence of Islam and it in fact separates belief from disbelief. This has been confirmed in a Hadith found in Jami At Tirmidhi, number 2618.

Chapter 19 - Maryam, Verses 2-6

ذِكْرُرَحْمَتِ رَبِّكَ عَبْدَهُ، زَكْرِيًّا آنَ

إِذْ نَادَى رَبُّهُ ونِدَآءً خَفِيًّا ﴿ اللَّهُ اللَّهُ اللَّهُ اللَّهُ اللَّهُ اللَّهُ اللَّهُ اللَّهُ اللَّ

قَالَ رَبِّ إِنِي وَهَنَ ٱلْعَظْمُ مِنِي وَٱشْتَعَلَ ٱلرَّأْسُ شَيْبًا وَلَمْ أَكُنْ فَالْ رَبِّ إِنِي وَهَنَ ٱلْعَظْمُ مِنِي وَٱشْتَعَلَ ٱلرَّأْسُ شَيْبًا وَلَمْ أَكُنْ بِدُعَآبِكَ رَبِ شَقِيتًا الْأَنْ

وَ إِنِي خِفْتُ ٱلْمَوَ لِيَ مِن وَرَآءِ ى وَكَانَتِ ٱمْرَأَ قِي عَاقِرًا فَهَبْ لِي مِن لَّدُنكَ وَلِيًّا (اللهِ اللهِ ا

يَرِثُنِي وَيَرِثُ مِنْ ءَالِ يَعْقُوبَ وَٱجْعَلُهُ رَبِّ رَضِيًا اللهُ

"[This is] a mention of the mercy of your Lord to His servant Zechariah.

When he called to his Lord a private call [i.e., supplication].

He said, "My Lord, indeed my bones have weakened, and my head has filled with white, and never have I been in my supplication to You, my Lord, unhappy [i.e., disappointed].

And indeed, I fear the successors after me, and my wife has been barren, so give me from Yourself an heir.

Who will inherit me and inherit from the family of Jacob. And make him, my Lord, pleasing [to You].""

"[This is] a mention of the mercy of your Lord to His servant Zechariah."

This verse indicates the highest rank a person can reach namely, a sincere servant of Allah, the Exalted. If there was a greater rank than this Allah, the Exalted, would have referred to the Holy Prophet Zakariya, peace be upon him, with it. This truth has been indicated in many Hadiths, such as the one found in Sahih Muslim, number 851, where the Holy Prophet Muhammad, peace and blessings be upon him, referred to himself as the servant of Allah, the Exalted, before declaring his Messengership. This is a clear lesson to all muslims that if they desire ultimate success and the highest ranks in both worlds they must become true servants of Allah, the Exalted. This is only achieved by following in the footsteps of the greatest servant of Allah, the Exalted, namely, the Holy Prophet Muhammad, peace and blessings be upon him. Servanthood is not possible to achieve any other way. Chapter 3 Alee Imran, verse 31:

"Say, [O Muhammad], "If you should love Allah, then follow me, [so] Allah will love you and forgive you your sins. And Allah is Forgiving and Merciful."

"[This is] a mention of the mercy of your Lord to His servant Zechariah."

Allah, the Exalted, is the Most Merciful according to His infinite status. This attribute means that Allah, the Exalted, bestows countless favours on the creation and is always extremely kind to them. This same characteristic has been attributed to others such as the Holy Prophet Muhammad, peace and blessings be upon him. Chapter 9 At Tawbah, verse 128:

"There has certainly come to you a Messenger from among yourselves. Grievous to him is what you suffer; [he is] concerned over you [i.e., your guidance] and to the believers is kind and merciful."

When used in reference to the creation merciful means soft-hearted and compassionate. A muslim must adopt these qualities by looking at the creation through the eye of mercy and by treating them with mercy and compassion whether they are obedient or sinful. Many Hadiths such as the one found in Sahih Muslim, number 6030, indicate that the one who does not show mercy to others will not be shown mercy by Allah, the Exalted. So it is vital for muslims to show mercy to all through their actions such as financial and physical help and through their words such as supplicating for them. Islam in fact rewards a muslim who shows mercy to all living things such as animals. This has been confirmed in a Hadith found in Sunan Abu Dawud, number 2550. In addition, the mercy they show should not be selective or occasional instead they should strive to demonstrate mercy at all times with all of creation.

"[This is] a mention of the mercy of your Lord to His servant Zechariah. When he called to his Lord a private call [i.e., supplication]."

These verses indicate the sincerity of the Holy Prophet Zakariya, peace be upon him, as he supplicated in private to Allah, the Exalted.

In a Hadith found in Jami At Tirmidhi, number 3154, the Holy Prophet Muhammad, peace and blessings be upon him, warned that those who perform deeds for the sake of people, such as showing off, instead of doing them for the pleasure of Allah, the Exalted, will be told to gain their reward on Judgment Day from the people they acted for which in reality is not possible to do.

It is important to understand that the foundation of all deeds and even Islam itself is one's intention. It is the very thing which Allah, the Exalted, judges people on according to a Hadith found in Sahih Bukhari, number 1. A muslim should ensure they perform all religious and useful worldly actions for the sake of Allah, the Exalted, so that they gain reward from Him in both worlds. A sign of this correct mentality is that this person neither expects nor desires people to appreciate or show gratitude to them for the deeds they perform. If one desires this then it indicates their incorrect intention.

In addition, acting with the correct intention prevents sadness and bitterness as the one who acts for the sake of people will eventually encounter ungrateful people who will make them annoyed and bitter as they feel they wasted their effort and time. Unfortunately, this is seen in parents and relatives as they often fulfill their duties towards their children and relatives for their sake instead of for the pleasure of Allah, the Exalted. But the one who acts for the sake of Allah, the exalted, will fulfill all their duties towards others such as their children and never become bitter or enraged when they fail to show gratitude towards them. This attitude leads to peace of mind and general happiness as they know Allah, the Exalted, is fully aware of their righteous deed and will reward them for it. This is the way all muslims must act otherwise they may well be left empty handed on the Day of Judgment.

"[This is] a mention of the mercy of your Lord to His servant Zechariah. When he called to his Lord a private call [i.e., supplication]."

In a Hadith found in Jami At Tirmidhi, number 3371, the Holy Prophet Muhammad, peace and blessings be upon him, advised that supplication is the essence of worship.

This is because it is a practical demonstration of humility and one's servant hood to Allah, the Exalted, as it is befitting for the servant to ask from the Master.

It is important to know that according to a Hadith found in Jami At Tirmidhi, number 3604, every good supplication is accepted in three ways. It is either fulfilled, the equivalent reward is given in the hereafter or an equivalent evil is removed from one's life.

In chapter 40 Ghafir, verse 60, Allah, the Exalted, guarantees a response to all those who perform supplication. Therefore, one should always bear this in mind and persist in supplications.

"And your Lord says, "Call upon Me; I will respond to you..."

Even before supplicating one should ensure their earnings are lawful and what they consume is lawful. The Holy Prophet Muhammad, peace and blessings be upon him, has clearly warned in a Hadith found in Jami At Tirmidhi, number 2989, that the supplication of a person who earns and consumes the unlawful will never be accepted.

The first etiquette of supplication is that one should try to face the Qibla when supplicating. This was the tradition of the Holy Prophet Muhammad, peace and blessings be upon him. An example of this action is found in Sunan An Nasai, number 2899.

One should raise their hands begging Allah, the Exalted, to fulfill their desire as this was the practice of the Holy Prophet Muhammad, peace and blessings be upon him. This is confirmed in a Hadith found in Sahih Bukhari, number 1030.

In a Hadith found in Jami At Tirmidhi, number 3556, the Holy Prophet Muhammad, peace and blessings be upon him, advised that Allah, the Exalted, is too shy and generous to turn away a beggar empty handed who raises their hands to Him.

One should begin and conclude their supplication by first praising Allah, the Exalted, and then sending blessings upon the Holy Prophet Muhammad, peace and blessings be upon him. This has been advised in a Hadith found in Sunan Abu Dawud, number 1481.

In fact, as mentioned in a Hadith found in Jami At Tirmidhi, number 486, a person's supplication remains suspended between the Heavens and the Earth until they send blessings upon the Holy Prophet Muhammad, peace and blessings be upon him.

One should praise Allah, the Exalted, with phrases mentioned in the Holy Quran or the Hadiths of the Holy Prophet Muhammad, peace and blessings be upon him. The beautiful names of Allah, the Exalted, are found extensively throughout these divine teachings and should be utilised. For example, chapter 59 Al Hashr, verse 24:

"He is Allah, the Creator, the Producer, the Fashioner; to Him belong the best names..."

The best supplications are found in the Holy Quran and the Hadiths of the Holy Prophet Muhammad, peace and blessings be upon him, and therefore should be used. For example, chapter 14 Ibrahim, verse 41:

"Our Lord, forgive me and my parents and the believers the Day the account is established."

But it is absolutely acceptable to supplicate for specific things as long as they are lawful.

As advised in the Holy Quran one should supplicate to Allah, the Exalted, with humility hoping for His mercy and in fear of His greatness. Chapter 7 Al A'raf, verse 56:

"...And invoke Him in fear and aspiration..."

It is vital to supplicate with enthusiasm full well believing Allah, the Exalted, will fulfil one's needs. In addition, as advised in a Hadith found in Jami At Tirmidhi, number 3479, Allah, the Exalted, does not respond to someone who supplicates while heedless or distracted.

The Holy Prophet Muhammad, peace and blessings be upon him, has advised in a Hadith found in Jami At Tirmidhi, number 3505, that when the

following verse of the Holy Quran is recited the supplication is always accepted. Chapter 21 Al Anbiya, verse 87:

"...There is no deity except You; exalted are You. Indeed, I have been of the wrongdoers."

One should seal their supplication with the word, Ameen, as this ensures its acceptance. This has been advised in a Hadith found in Sunan Abu Dawud, number 938.

After the supplication is concluded it is a practice of the Holy Prophet Muhammad, peace and blessings be upon him, to wipe one's hands over their face. This is confirmed in a Hadith found in Sunan Abu Dawud, number 1492.

Finally, one should be persistent in supplicating as giving up is a hasty action which can lead to the supplication being unfulfilled. This warning is given in a Hadith found in Jami At Tirmidhi, number 3387.

One should make it a habit to remember Allah, the Exalted, in times of ease so that Allah, the Exalted, will help them in times of difficulty. This is advised in a Hadith found in Musnad Ahmad, number 2803. As advised in a

Hadith found in Jami At Tirmidhi, number 3499, Allah, the Exalted, readily accepts the supplication made after the obligatory prayers and in the last part of the night. A Hadith found in Sahih Bukhari, number 6321, advises that in the last part of the night the divine descent occurs at which point Allah, the Exalted, calls out and responds to supplications. There is a Hadith found in Sunan Abu Dawud, number 521, which advises that the supplication between the two call to prayers is never rejected. The Holy Prophet Muhammad, peace and blessings be upon him, has declared that a muslim is closest to Allah, the Exalted, while they are prostrating and they should therefore supplicate to Him at this time. This is confirmed in a Hadith found in Sunan An Nasai, number 1138. As mentioned in a Hadith found in Sunan Abu Dawud, number 1046, there is an hour during every Friday where Allah, the Exalted, readily accepts supplications. When a fasting person breaks their fast their supplication is also accepted. This has been advised in a Hadith found in Sunan Ibn Majah, number 1753. One should ask the sick to supplicate for them as it has been advised in a Hadith found in Sunan Ibn Majah, number 1441, that their supplications are like the supplications of the Angels. The supplication made when drinking Zamzam water is always accepted. This has been advised in a Hadith found in Sunan Ibn Majah, number 3062. A Hadith found in Sunan Abu Dawud, number 2540, advises that the supplication at the time when it rains is accepted. A Hadith found in Sunan Abu Dawud, number 1534, encourages people to supplicate for others in their absence as they are readily accepted. If one is facing any form of oppression they should supplicate to Allah, the Exalted, as they will be accepted. This has been advised in a Hadith found in Jami At Tirmidhi, number 1905. This same Hadith advises that the supplication of the traveller is never rejected. Finally, one should encourage their parents to supplicate for them as they are readily accepted. This is supported by a Hadith found in Sunan Ibn Majah, number 3862.

Some do not regularly supplicate to Allah, the Exalted, as they claim that He is All Aware and requires no one to inform Him of their desires. Even though, this is a fact it is better to supplicate as this is the tradition of all the Holy Prophets, peace be upon them all, and has been advised in the Holy Quran. Chapter 40 Ghafir, verse 60:

"And your Lord says, "Call upon Me; I will respond to you." Indeed, those who disdain My worship will enter Hell [rendered] contemptible."

Supplicating is an excellent way to demonstrate one's humility and servanthood to Allah, the Exalted. In fact, as mentioned in a Hadith found in Jami At Tirmidhi, number 3370, nothing is more honourable to Allah, the Exalted, than supplication. Finally, Allah, the Exalted, becomes angry when a person does not supplicate to Him as it may indicate they believe they are independent of Allah, the Exalted, which is not true. This is confirmed in a Hadith found in Jami At Tirmidhi, number 3373.

"[This is] a mention of the mercy of your Lord to His servant Zechariah...He said, "My Lord, indeed my bones have weakened, and my head has filled with white...""

A muslim should recognise their innate weakness and demonstrate this through actions and words just like the Holy Prophet Zakariya, peace be upon him, did. This is an aspect of humility which increases the chances of a supplication being accepted.

The servants of Allah, the Exalted, have understood that anything good they possess is solely because Allah, the Exalted, granted it to them. And any evil they are saved from is because Allah, the Exalted, protected them. Is it not foolish to be proud of something that does not belong to someone? Just like a person does not boast about a sports car which does not belong to them muslims must realize nothing in reality belongs to them. This attitude ensures one remains humble at all times. The humble servants of Allah, the Exalted, fully believe in the Hadith of the Holy Prophet Muhammad, peace and blessings be upon him, found in Sahih Bukhari, number 5673, which declares that the righteous deeds of a person will not take them to Paradise. Only the mercy of Allah, the Exalted, can cause this to occur. This is because every righteous deed is only possible when Allah, the Exalted, provides one with the knowledge, strength, opportunity and inspiration to perform it. Even the acceptance of the deed is dependent on the mercy of Allah, the Exalted. When one bares this in mind it saves them from pride and inspires them to adopt humility. One should always remember that being humble is not a sign of weakness as Islam has encouraged one to defend themself if necessary. In other words, Islam teaches muslims to be humble without weakness. In fact, the Holy Prophet Muhammad, peace and blessings be upon him, has confirmed in a Hadith found in Jami At Tirmidhi, number 2029, that whoever humbles themself before Allah, the Exalted, will be raised by Him. So in reality, humility leads to honor in both worlds. One only needs to reflect on the most humble of the creation to understand this fact namely, the Holy Prophet Muhammad, peace and blessings be upon him. Allah, the Exalted, has clearly ordered people by ordering the Holy Prophet Muhammad, peace and blessings be upon him, to adopt this important quality. Chapter 26 Ash Shu'ara, verse 215:

"And lower your wing [i.e., show kindness] to those who follow you of the believers."

The Holy Prophet Muhammad, peace and blessings be upon him, led a humble life. For example, he happily carried out the domestic duties at home thereby proving these chores are gender-neutral. This is confirmed in Imam Bukhari's, Adab Al Mufrad, number 538.

Chapter 25 Al Furqan, verse 63, shows that humility is an inner characteristic that manifests outwards such as the way one walks. This is discussed in another verse chapter 31 Luqman, verse 18:

"And do not turn your cheek [in contempt] toward people and do not walk through the earth exultantly..."

Allah, the Exalted, has made it clear that Paradise is for the humble servants who possess no trace of pride. Chapter 28 Al Qasas, verse 83:

"That home of the Hereafter We assign to those who do not desire exaltedness upon the earth or corruption. And the [best] outcome is for the righteous."

In fact, the Holy Prophet Muhammad, peace and blessings be upon him, has confirmed in a Hadith found in Jami At Tirmidhi, number 1998, that whoever possesses an atom's worth of pride will not enter Paradise. Only Allah, the Exalted, has the right to be proud as He is the Creator, Sustainer and Owner of the entire universe.

It is important to note, pride is when one believes they are superior to others and rejects the truth when it is presented to them as they dislike accepting the truth when it comes from other than them. This is confirmed in a Hadith found in Sunan Abu Dawud, number 4092.

"[This is] a mention of the mercy of your Lord to His servant Zechariah...He said, "...and never have I been in my supplication to You, my Lord, unhappy [i.e., disappointed].""

One should fulfil an important aspect of gratitude which is to mention the blessings of Allah, the Exalted, during their supplication which leads to an increase in blessings when it is supported by gratitude shown in one's actions. Chapter 14 Ibrahim, verse 7:

"And [remember] when your Lord proclaimed, 'If you are grateful, I will surely increase you [in favor]..."

In fact, a muslim must ensure they fulfill all three aspects of gratitude so that they avoid becoming a denier of Allah, the Exalted, as the one who is ungrateful in reality, scorns the One who granted them the blessings. Chapter 2 Al Baqarah, verse 152:

"...And be grateful to Me and do not deny Me."

The three aspects of gratitude are to internally acknowledge Allah, the Exalted, as the sole Creator and Provider of all blessings. An aspect of this is to correct one's intention so that they only perform actions to please

Allah, the Exalted. The next aspect is to praise Allah, the Exalted, via the tongue. And the final and highest aspect is to practically show gratitude through one's actions by using each blessing as prescribed by Islam in order to please Allah, the Exalted.

As true gratitude leads to an increase in blessings muslims should fear that showing ingratitude may cause the blessings they possess to either be taken away from them or for their blessings to be used against them by becoming a burden and a curse for them in both worlds. It is important to note, even if a muslim becomes truly grateful they will still face tests and difficulties as they are guaranteed. But if they behave in the correct way they will be guided through every situation so that they obtain peace of mind and body in this world and a great reward in the hereafter.

"[This is] a mention of the mercy of your Lord to His servant Zechariah...He said, "...and never have I been in my supplication to You, my Lord, unhappy [i.e., disappointed].""

This also indicates his contentment with the decrees of Allah, the Exalted.

Patience is a key element required in order to fulfil the three aspects of faith: fulfilling the commands of Allah, the Exalted, refraining from His prohibitions and facing destiny. But a higher and more rewarding level than patience is contentment. This is when a muslim deeply believes that Allah, the Exalted, only chooses the best for His servants and they therefore prefer His choice over their own. Chapter 2 Al Baqarah, verse 216:

"...But perhaps you hate a thing and it is good for you; and perhaps you love a thing and it is bad for you. And Allah knows, while you know not."

A patient muslim understands that anything which effected them, such as a difficulty, could not have been avoided even if the entire creation aided them. Similarly, whatever missed them could not have affected them. The one who truly accepts this fact will not exult and grow proud over anything they obtain knowing Allah, the Exalted, allocated that thing to them. Nor will they grieve over anything which they fail to obtain knowing Allah, the Exalted, did not allocate that thing to them and nothing in existence can alter this fact. Chapter 57 Al Hadid, verses 22-23:

"No disaster strikes upon the earth or among yourselves except that it is in a register¹ before We bring it into being - indeed that, for Allah, is easy. In order that you not despair over what has eluded you and not exult [in pride] over what He has given you..."

In addition, the Holy Prophet Muhammad, peace and blessings be upon him, has advised in a Hadith found in Sunan Ibn Majah, number 79, that when something occurs a muslim should firmly believe it was decreed and nothing could have changed the outcome. And a muslim should not have regrets believing they could have prevented the outcome if they somehow behaved differently as this attitude only causes the Devil to encourage them towards impatience and complaining about destiny. A patient muslim truly understands that whatever Allah, the Exalted, has chosen is best for them even if they do not observe the wisdom behind it. The one who is patient does desire a change in their situation and even supplicates for it but they do not complain about what has occurred. Being persistently patient can lead a muslim to a greater level namely, contentment.

The one who is content does not desire things to change as they know the choice of Allah, the Exalted, is better than their choice. This muslim firmly believes and acts on the Hadith found in Sahih Muslim, number 7500. It advises that every situation is best for the believer. If they encounter a problem they should show patience which leads to blessings. And if they experience times of ease they should show gratitude which also leads to blessings.

It is important to know that Allah, the Exalted, tests those He loves. If they show patience they will be rewarded but if they are angered it only proves their lack of love for Allah, the Exalted. This is confirmed in a Hadith found in Jami At Tirmidhi, number 2396.

A muslim should be patient or content with the choice and decree of Allah, the Exalted, in both times of ease and hardship. This will reduce one's distress and provide them with much blessings in both worlds. Whereas, impatience will only destroy the reward they could have received. Either way a muslim will go through the situation decreed by Allah, the Exalted, but it is their choice whether they desire reward or not.

A muslim will never reach full contentment until they behaviour is equal in times of difficulty and ease. How can a true servant go to the Master namely, Allah, the Exalted, for a judgment and then become unhappy if the choice does not match their desire. There is a real possibility that if a person gets what they desire it will destroy them. Chapter 2 Al Baqarah, verse 216:

"...But perhaps you hate a thing and it is good for you; and perhaps you love a thing and it is bad for you. And Allah knows, while you know not."

"[This is] a mention of the mercy of your Lord to His servant Zechariah...He said, "...and never have I been in my supplication to You, my Lord, unhappy [i.e., disappointed].""

In a long divine Hadith found in Sahih Bukhari, number 7405, Allah, the Exalted, advises that He acts and treats His servant according to their perception of Him. This means if a muslim has good thoughts and expects good from Allah, the Exalted, He in turn will not disappoint them. Similarly, if a person harbours negative thoughts about Allah, the Exalted, such as believing they will not be forgiven then Allah, the Exalted, may act according to their belief.

It is important to note, there is a vast difference between true hope in Allah, the Exalted, which this Hadith refers to and wishful thinking. Wishful thinking is when one fails to strive in the obedience of Allah, the Exalted, by fulfilling His commands, refraining from His prohibitions and by facing destiny with patience and then expects Allah, the Exalted, to forgive them. This is not true hope it is merely wishful thinking. This is like a farmer who fails to plant any seeds, fails to water their crop and still hopes to reap a large harvest. True hope is when one strives to obey Allah, the Exalted, and whenever they slip up they sincerely repent and then hope for the mercy and forgiveness of Allah, the Exalted. This is like a farmer who plants seeds, waters their crop, dedicates effort to keeping the crop healthy and then hopes for a large harvest. The Holy Prophet Muhammad, peace and blessings be upon him, has summarised this explanation in a Hadith found in Jami At Tirmidhi, number 2459.

Generally speaking, a muslim should harbour more fear of Allah, the Exalted, during their life as it prevents sins which is superior to hope which inspires one to perform righteous deeds especially, the voluntary type. But during periods of illness and difficulty and especially at the time of death a muslim should have nothing but hope in the mercy of Allah, the Exalted, even if they have spent their life disobeying Him as this has specifically been commanded by the Holy Prophet Muhammad, peace and blessings be upon him, in a Hadith found in Sahih Muslim, number 2877.

"[This is] a mention of the mercy of your Lord to His servant Zechariah...He said, "...And indeed, I fear the successors after me...""

This indicates the great sincerity and care he possessed towards other people.

In a Hadith found in Sahih Muslim number 196, the Holy Prophet Muhammad, peace and blessings be upon him, advised that Islam is sincerity towards the general public. This includes desiring the best for them at all times and showing this through one's words and actions. It includes advising others to do good, forbidding them from evil, to be merciful and kind to others at all times. This can be summed up by a single Hadith found in Sahih Muslim, number 170. It warns that one cannot be a true believer until they love for others what they desire for themself.

Being sincere to people is so important that according to the Hadith found in Sahih Bukhari, number 57, the Holy Prophet Muhammad, peace and blessings be upon him, placed this duty next to establishing the obligatory prayer and donating the obligatory charity. From this Hadith alone one can understand its importance as it has been placed with two vital obligatory duties.

It is a part of sincerity towards people that one is pleased when they are happy and sad whenever they are grieved as long as their attitude does not contradict the teachings of Islam. A high level of sincerity includes one going to extreme limits to make the lives of others better, even if this puts themself in difficulty. For example, one may sacrifice purchasing certain things in order to donate the wealth to the needy. Desiring and striving to always unite people on good is a part of sincerity towards others. Whereas, dividing others is a characteristic of the Devil. Chapter 17 Al Isra, verse 53:

"...Satan certainly seeks to sow discord among them..."

One way of uniting people is to veil the faults of others and advise them privately against sins. The one who acts in this way will have their sins veiled by Allah, the Exalted. This is confirmed in a Hadith found in Jami At Tirmidhi, number 1426. Whenever possible one should advise and teach the aspects of religion and the important aspects of the world to others so that both their worldly and religious lives improve. A proof of one's sincerity to others is that they support them in their absence for example, from the slander of others. Turning away from others and only worrying about oneself is not the attitude of a muslim. In fact, this is how most animals behave. Even if one cannot change the whole society they can still be sincere in helping those in their life, such as their relatives and friends. Simply put, one must treat others how they desire people to treat them. Chapter 28 Al Qasas, verse 77:

"...And do good as Allah has done good to you..."

"[This is] a mention of the mercy of your Lord to His servant Zechariah...He said, "...And indeed, I fear the successors after me, and my wife has been barren, so give me from Yourself an heir. Who will inherit me and inherit from the family of Jacob. And make him, my Lord, pleasing [to You].""

Even though, there is nothing wrong with asking for lawful worldly things a muslim should not be fooled into believing this is what the Holy Prophet Zakariya, peace be upon him, done. He did not supplicate for a child who would carry on his name which the vast majority of muslims do. He instead requested for a Holy Prophet, peace be upon him, who would continue his mission in spreading the word of Allah, the Exalted. So in fact, he did not request for a worldly thing but a religious blessing from Allah, the Exalted. The inheritance mentioned in this supplication refers to this religious mission and not to worldly things as the Holy Prophets, peace be upon them, do not leave wealth as inheritance instead they only leave behind knowledge. This has been confirmed in a Hadith found in Sunan Ibn Majah, number 223.

This great event also teaches muslims to correct their intention meaning, the things they desire should be connected to the hereafter and not only to the material world. For example, a married couple should desire a child for the purpose of increasing the number of the obedient servants of Allah, the Exalted, on Earth and not for worldly reasons. And this intention should be supported and proven by one's actions such as being patient when they request is not fulfilled. A muslim who desires religious things only does so in order to please Allah, the Exalted. And if Allah, the Exalted, chooses not to grant that thing to them they should accept His choice with patience as this Exalted. is what pleases Allah. the

"[This is] a mention of the mercy of your Lord to His servant Zechariah...He said, "...so give me from Yourself an heir. Who will inherit me and inherit from the family of Jacob. And make him, my Lord, pleasing [to You].""

Muslims must follow in the footsteps of the Holy Prophet Zakariya, peace be upon him, by supporting their supplication for a righteous child by practically raising them in the correct way.

In a Hadith found in Jami At Tirmidhi, number 1952, the Holy Prophet Muhammad, peace and blessings be upon him, advised that the most virtuous gift a parent can give their child is to teach them good character.

This Hadith reminds muslims to be more concerned about the faith of their relatives, such as their children, over acquiring and imparting wealth and properties to them. It is important to understand, worldly legacies come and go. How many rich and powerful people have built massive empires only for them to be torn apart and forgotten shortly after their death? The few signs left behind from some of these legacies only endure in order to warn people not to follow in their footsteps. An example is the great empire of Pharaoh. Unfortunately, many muslims are so concerned about teaching their children how to build an empire and acquire much wealth and properties that they neglect teaching them the sincere obedience of Allah, the Exalted, which involves fulfilling His commands, refraining from His prohibitions and facing destiny with patience. This includes good manners towards Allah, the Exalted, and the creation. A muslim should not be fooled into believing they have plenty of time for teaching their children good

manners as their moment of death is unknown and often pounces on people unexpectedly.

In addition, it is extremely difficult to teach good manners to children when they get older and become set in their ways. Today is the day a muslim should truly reflect on the gift they wish to impart to their children and relatives. This is how a muslim sends forward good to the hereafter but also leaves good behind as a righteous child which supplicates for their deceased parent benefits them. This has been confirmed in a Hadith found in Jami At Tirmidhi, number 1376. It is hoped that the one who is surrounded by good in this way will be forgiven by Allah, the Exalted.

Chapter 19 - Maryam, Verses 7-11

قَالَ كَذَالِكَ قَالَ رَبُّكَ هُوَ عَلَىَّ هَيِّنُ وَقَدْ خَلَقْتُكَ مِن قَبْلُ وَلَمْ تَكُ شَيْئًا ()

قَالَ رَبِّ ٱجْعَكُ لِيِّ ءَايَةً قَالَ ءَايَتُكَ أَلَّا ثُكَلِّمَ ٱلنَّاسَ ثَلَثَ لَيَالِ سَوِيًّا اللَّ

فَخَرَجَ عَلَىٰ قَوْمِهِ عِنَ ٱلْمِحْرَابِ فَأُوْحَى إِلَيْهِمْ أَن سَبِّحُواْ بُكُرَةً وَعَشِيًّا السَّ

"[He was told], "O Zechariah, indeed We give you good tidings of a boy whose name will be John. We have not assigned to any before [this] name."

He said, "My Lord, how will I have a boy when my wife has been barren and I have reached extreme old age?"

- [An angel] said, "Thus [it will be]; your Lord says, 'It is easy for Me, for I created you before, while you were nothing.'"
- [Zechariah] said, "My Lord, make for me a sign." He said, "Your sign is that you will not speak to the people for three nights, [being] sound."
 - So he came out to his people from the prayer chamber and signalled to them to exalt [Allah] in the morning and afternoon."

"[He was told], "O Zechariah, indeed We give you good tidings of a boy whose name will be John. We have not assigned to any before [this] name.""

In a Hadith found in Sahih Bukhari, number 2409, the Holy Prophet Muhammad, peace and blessings be upon him, advised that each person is a guardian and responsible for the things under their care.

The greatest thing a muslim is a guardian of is their faith. Therefore, they must strive to fulfill its responsibility by fulfilling the commands of Allah, the Exalted, refraining from His prohibitions and by facing destiny with patience according to the traditions of the Holy Prophet Muhammad, peace and blessings be upon him.

This guardianship also includes every blessing one has been granted by Allah, the Exalted, which includes external things such as wealth and internal things such as one's body. A muslim must fulfill the responsibility of these things by using them in the way prescribed by Islam. For example, a muslim should only use their eyes to look at lawful things and their tongue to utter only lawful and useful words.

This guardianship also extends to others within one's life such as relatives and friends. A muslim must fulfill this responsibility by fulfilling their rights such as providing for them and gently commanding good and forbidding

evil according to the teachings of Islam. One should not cut off from others especially over worldly issues. Instead, they should continue to treat them kindly hoping they will change for the better. This guardianship includes one's children. A muslim must guide them by leading by example as this by far is the most effective way in guiding children. They must obey Allah, the Exalted, practically as discussed earlier and teach their children to do the same.

"[He was told], "O Zechariah, indeed We give you good tidings of a boy whose name will be John. We have not assigned to any before [this] name.""

Muslims must follow in the footsteps of the Holy Prophet Zakariya, peace be upon him, by raising their children in the correct way.

In a Hadith found in Jami At Tirmidhi, number 1952, the Holy Prophet Muhammad, peace and blessings be upon him, advised that the most virtuous gift a parent can give their child is to teach them good character.

This Hadith reminds muslims to be more concerned about the faith of their relatives, such as their children, over acquiring and imparting wealth and properties to them. It is important to understand, worldly legacies come and go. How many rich and powerful people have built massive empires only for them to be torn apart and forgotten shortly after their death? The few signs left behind from some of these legacies only endure in order to warn people not to follow in their footsteps. An example is the great empire of Pharaoh. Unfortunately, many muslims are so concerned about teaching their children how to build an empire and acquire much wealth and properties that they neglect teaching them the sincere obedience of Allah, the Exalted, which involves fulfilling His commands, refraining from His prohibitions and facing destiny with patience. This includes good manners towards Allah, the Exalted, and the creation. A muslim should not be fooled into believing they have plenty of time for teaching their children good manners as their moment of death is unknown and often pounces on people unexpectedly.

In addition, it is extremely difficult to teach good manners to children when they get older and become set in their ways. Today is the day a muslim should truly reflect on the gift they wish to impart to their children and relatives. This is how a muslim sends forward good to the hereafter but also leaves good behind as a righteous child which supplicates for their deceased parent benefits them. This has been confirmed in a Hadith found in Jami At Tirmidhi, number 1376. It is hoped that the one who is surrounded by good in this way will be forgiven by Allah, the Exalted.

"[He was told], "O Zechariah, indeed We give you good tidings of a boy whose name will be John. We have not assigned to any before [this] name." He said, "My Lord, how will I have a boy when my wife has been barren and I have reached extreme old age?" [An angel] said, "Thus [it will be]; your Lord says, "It is easy for Me, for I created you before, while you were nothing.""

This great event teaches muslims that whenever they encounter a difficult situation they should remain firm on the obedience of Allah, the Exalted, trusting that He will provide them a way out of it even if this seems impossible at the time just like He done for the Holy Prophet Zakariya, peace be upon him. Chapter 65 At Talaq, verse 2:

"...And whoever fears Allah - He will make for him a way out."

A muslim should understand that Allah, the Exalted, chooses the best for His servants even if the wisdoms behind the difficulty are not obvious. It is a person's reaction which either leads to blessings or the anger of Allah, the Exalted. One only needs to reflect on the countless examples in their own life where they believed something was bad only to change their mind later on and vice versa. This is just like when a person takes a bitter medicine prescribed to them by a doctor. Even though the medicine is bitter they still take it believing it will benefit them. It is strange how a muslim can trust a doctor whose knowledge is limited and who is not absolutely certain the bitter medicine will benefit them and fail to trust Allah, the Exalted, whose knowledge is infinite and when He only decrees the best for His servants.

A muslim should understand the difference between wishful thinking and trust in Allah, the Exalted. The person who does not obey Allah, the Exalted, and then expects Him to help them in difficulties is a wishful thinker. The one who will gain the help of Allah, the Exalted, which is indicated in this great event, is the one who sincerely strives in the obedience of Allah, the Exalted, which involves fulfilling His commands, refraining from His prohibitions and facing destiny with patience and then trusts His judgment without complaining or questioning His choice.

"...your Lord says, "It is easy for Me, for I created you before, while you were nothing.""

Allah, the Exalted, is Al Khaliq, which means the Creator, Al Baari which means the Maker and Al Musawwir which means the Fashioner.

The Creator is the One who brings something into existence. In reality, there is no Creator except Allah, the Exalted, as He is the only One who creates without any aid from another. On other hand, an inventor only invents things through the aid of Allah, the Exalted. Chapter 37 As Saffat, verse 96:

"While Allah created you and that which you do?"

The Maker is the One who arranges all of the creation and prepares them for receiving the forms He has chosen for them which is linked to the next divine name mentioned earlier namely, the Fashioner.

The Creator makes things manifest. The Maker chooses their shape, appearance, and time of creation. The Fashioner fashions the creation according to His divine will.

After understanding these divine names a muslim must trust Allah, the Exalted, in all situations. If Allah, the Exalted, created and manages the entire universe He is more than capable in sorting out a person's problems. In addition, these names indicate that Allah, the Exalted, is the One who creates and chooses all things. So a muslim should not challenge the choice of Allah, the Exalted, as this leads to nothing except disappointment. It is therefore better to submit obediently and patiently await relief knowing that Allah, the Exalted, only decrees the best for His servants even if this wisdom is not obvious to them. As a muslim is short sighted it is better to trust in the Creator whose wisdom has no limits. Chapter 2 Al Baqarah, verse 216:

"...But perhaps you hate a thing and it is good for you; and perhaps you love a thing and it is bad for you. And Allah knows, while you know not."

"[He was told], "O Zechariah, indeed We give you good tidings of a boy whose name will be John..." [Zechariah] said, "My Lord, make for me a sign." He said, "Your sign is that you will not speak to the people for three nights, [being] sound.""

He only asked for a sign in order to give his heart peace and satisfaction. This is an aspect of certainty of faith.

All muslims have faith in Islam but the strength of their faith varies from person to person. For example, the one who follows the teachings of Islam because their family told them to is not the same as the one who believes in it through evidence. A person who has heard about something will not believe in it in the same way as the one who has witnessed the thing with their own eyes.

As confirmed in a Hadith found in Sunan Ibn Majah, number 224, gaining useful knowledge is a duty on all muslims. One of the reasons for this is that it is the best way a muslim can strengthen their faith in Islam. This is important to pursue as the stronger one's certainty of faith the greater the chance they will remain steadfast on the correct path, especially when facing difficulties. In addition, having certainty of faith has been described as one of the best things one can possess in a Hadith found in Sunan Ibn Majah, number 3849. This knowledge should be obtained by studying the Holy Quran and the Hadith of the Holy Prophet Muhammad, peace and blessings be upon him, through a reliable source.

Allah, the Exalted, did not only declare a truth in the Holy Quran but He also provided evidence for it through examples. Not only examples which are to be found in the past nations but examples which have been placed in one's very own life. For example, in the Holy Quran Allah, the Exalted, advises that sometimes a person loves a thing even though it will cause them trouble if they obtained it. Similarly, they might hate a thing while there is much hidden good in it for them. Chapter 2 Al Baqarah, verse 216:

"...But perhaps you hate a thing and it is good for you; and perhaps you love a thing and it is bad for you. And Allah knows, while you know not."

There are many examples of this truth in history such as the Pact of Hudaiba. Some muslims believed this pact, which was made with the non-muslims of Mecca, would completely favour the latter group. Yet, history clearly shows that it favoured Islam and the muslims. This event is discussed in the Hadiths found in Sahih Bukhari, numbers 2731 and 2732.

If one reflects on their own life they will find many examples when they believed something was good when it was actually bad for them and vice versa. These examples prove the authenticity of this verse and help one's faith strengthen.

Another example is found in chapter 79 An Naziat, verse 46:

"It will be, on the Day they see it (Judgement Day) as though they had not remained [in the world] except for an afternoon or a morning thereof."

If one turns the pages of history they will clearly observe how great empires came and went. But when they left they passed away in such a way as if they were only on Earth for a moment. All but a few of their signs have faded away as if they were never present on Earth in the first place. Similarly, when one reflects on their own life they will realise that no matter how old they are and no matter how slow certain days might have felt overall their life so far has passed in a flash. Understanding the truthfulness of this verse strengthens one's certainty of faith and this inspires them to prepare for the hereafter before their time runs out.

The Holy Quran and the Hadith of the Holy Prophet Muhammad, peace and blessings be upon him, are full of such examples. Therefore, one should strive to learn and act on these divine teachings so that they adopt certainty of faith. The one who achieves this will not be shaken by any difficulty they face and will remain steadfast on the path which leads to the gates of Paradise. Chapter 41 Fussilat, verse 53:

"We will show them Our signs in the horizons and within themselves until it becomes clear to them that it is the truth..."

"[He was told], "O Zechariah, indeed We give you good tidings of a boy whose name will be John..." [Zechariah] said, "My Lord, make for me a sign." He said, "Your sign is that you will not speak to the people for three nights, [being] sound." So he came out to his people from the prayer chamber and signalled to them to exalt [Allāh] in the morning and afternoon."

These verses indicate that one must, in all circumstances, use the means they have been given in ways pleasing to Allah, the Exalted. The Holy Prophet Zakariya, peace be upon him, temporarily lost the power of speech yet this did not prevent him from sincerely obeying Allah, the Exalted, and encouraging others to do the same.

Unfortunately, some muslims have adopted a weak characteristic which only hinders them from improving for the better. Namely, they compare their situation and circumstances to others who are facing easier circumstances and use this as an excuse not to increase their obedience to Allah, the Exalted, by fulfilling His commands, refraining from His prohibitions and by facing destiny with patience according to the traditions of the Holy Prophet Muhammad, peace and blessings be upon him. For example, a person who works full time excuses their lack of striving in the obedience of Allah, the Exalted, by comparing themself to someone who works part time and simply claims it is easier for them to increase their obedience to Allah, the Exalted, as they have more free time. Or a poorer muslim turns away from giving any form of charity by observing those who possess more wealth and claims that the wealthy person can more easily give charity than them. They fail to understand that these excuses may make their souls feel better but it does not aid them in this world or in the next. Allah, the Exalted, does not desire people to act according to the

means of others He only desires people to act in His obedience according to their own means. For example, a person who works full time can dedicate whatever free time they possess in the obedience of Allah, the Exalted, even if that is less than someone who works part time. In this respect what the part timer does has no effect on the one who works full time so using them as an excuse not to strive harder is simply a lame excuse. The poor muslim should simply donate according to their means even if that is much less than the wealthy person as Allah, the Exalted, will judge them on what they do and He will not judge them according to what other muslims do.

Muslims should give up these useless excuses and simply obey Allah, the Exalted, according to their own means.

"[He was told], "O Zechariah, indeed We give you good tidings of a boy whose name will be John..." [Zechariah] said, "My Lord, make for me a sign." He said, "Your sign is that you will not speak to the people for three nights, [being] sound." So he came out to his people from the prayer chamber and signalled to them to exalt [Allāh] in the morning and afternoon."

These verses indicate that one must, in all circumstances, use the means they have been given in ways pleasing to Allah, the Exalted. The Holy Prophet Zakariya, peace be upon him, temporarily lost the power of speech yet this did not prevent him from sincerely obeying Allah, the Exalted, and encouraging others to do the same.

In a Hadith found in Sahih Muslim, number 7500, the Holy Prophet Muhammad, peace and blessings be upon him, advised that every situation is blessed for a believer. The only condition is that they need to respond to each situation they encounter while obeying Allah, the Exalted, specifically, patience in difficulties and gratitude in times of ease.

There are two aspects of life. One aspect are the situations people find themselves in whether they are times of ease or difficulties. The control of what situation a person faces is out of their hands. Allah, the Exalted, has decided this and there is no escaping them. Therefore, stressing over the situations one faces does not make sense as they are destined and therefore inevitable. The other aspect is a person's reaction to each situation. This is in each person's control and this is what they are judged on for example, showing patience or impatience in a difficult situation.

Therefore, a muslim must concentrate on their behaviour and reaction in each situation instead of stressing over being in a situation as this is unavoidable. If a muslim desires to succeed in both worlds they should assess each situation and always act in the obedience of Allah, the Exalted. For example, in times of ease they must use the blessings they possess as prescribed by Islam which is true gratitude to Allah, the Exalted. Chapter 14 Ibrahim, verse 7:

"And [remember] when your Lord proclaimed, 'If you are grateful, I will surely increase you [in favor]..."

And in times of difficulty they must show patience knowing Allah, the Exalted, chooses what is best for His servants even if they do not understand the wisdom behind the choices. Chapter 2 Al Baqarah, verse 216:

"...But perhaps you hate a thing and it is good for you; and perhaps you love a thing and it is bad for you. And Allah knows, while you know not."

"So he came out to his people from the prayer chamber and signalled to them to exalt [Allāh] in the morning and afternoon."

In a Hadith found in Sahih Bukhari, number 6407, the Holy Prophet Muhammad, peace and blessings be upon him, advised that the difference between the person who remembers Allah, the Exalted, and the one who does not is like a living person compared to a dead person.

It is important for muslims who desire to create a strong connection with Allah, the Exalted, so that they can overcome all difficulties in this world and in the hereafter successfully to remember Allah, the Exalted, as much as possible. Put simply, the more they remember Him the more they will achieve this vital goal.

This is achieved by practically acting on the three levels of the remembrance of Allah, the Exalted. The first level is to remember Allah, the Exalted, internally and silently. This includes correcting one's intention so that they only act in order to please Allah, the Exalted. The second is by remembering Allah, the Exalted, through one's tongue. But the highest and most effective way of strengthening one's bond with Allah, the Exalted, is practically remembering Him with one's limbs. This is achieved by fulfilling His commands, refraining from His prohibitions and by facing destiny with patience according to the traditions of the Holy Prophet Muhammad, peace and blessings be upon him. This requires one to gain and act on Islamic knowledge which in turn is the root of all good and success in both worlds.

Those who remain on the first two levels will receive reward depending on their intention but they are unlikely to increase the strength of their faith and piety unless they move to the third and highest level of the remembrance of Allah, the Exalted.

"So he came out to his people from the prayer chamber and signalled to them to exalt [Allāh] in the morning and afternoon."

In a Hadith found in Sahih Bukhari, number 574, the Holy Prophet Muhammad, peace and blessings be upon him, advised that whoever establishes the two cool obligatory prayers will enter Paradise.

The two cool obligatory prayers refer to the dawn and late afternoon obligatory prayers as during these two times the weather is cooler than at other times meaning, before sunrise and before sunset.

Establishing the obligatory prayers includes fulfilling all their conditions and etiquettes correctly according to the traditions of the Holy Prophet Muhammad, peace and blessings be upon him, such as offering them on time. In fact, offering them as soon as they occur is one of the most beloved deeds to Allah, the Exalted. This has been advised in a Hadith found in Sahih Muslim, number 252.

Even though, there are five obligatory prayers which must be established yet, only two have been mentioned in the main Hadith under discussion. This is because these two prayers are arguably the two hardest to establish. The obligatory dawn prayer occurs at a time when most people are asleep. Therefore, it requires much energy and motivation in order to leave one's comfortable bed in order to offer it correctly. The obligatory late

afternoon prayer mostly occurs at a time where most people have completed their working day and have returned home tired. So to leave one's relaxation after a tiring and even stressful day of work in order to correctly offer their obligatory prayer is difficult. Therefore, if one correctly establishes these two prayers they will through the mercy of Allah, the Exalted, find it easier to establish the other obligatory prayers, which usually occur at more convenient times.

Muslims should therefore strive to establish all their obligatory prayers as it is the very essence of Islam and it in fact separates belief from disbelief. This has been confirmed in a Hadith found in Jami At Tirmidhi, number 2618.

"So he came out to his people from the prayer chamber and signalled to them to exalt [Allāh] in the morning and afternoon."

In a Hadith found in Sahih Muslim number 196, the Holy Prophet Muhammad, peace and blessings be upon him, advised that Islam is sincerity towards the general public. This includes desiring the best for them at all times and showing this through one's words and actions. It includes advising others to do good, forbidding them from evil, to be merciful and kind to others at all times. This can be summed up by a single Hadith found in Sahih Muslim, number 170. It warns that one cannot be a true believer until they love for others what they desire for themself.

Being sincere to people is so important that according to the Hadith found in Sahih Bukhari, number 57, the Holy Prophet Muhammad, peace and blessings be upon him, placed this duty next to establishing the obligatory prayer and donating the obligatory charity. From this Hadith alone one can understand its importance as it has been placed with two vital obligatory duties.

It is a part of sincerity towards people that one is pleased when they are happy and sad whenever they are grieved as long as their attitude does not contradict the teachings of Islam. A high level of sincerity includes one going to extreme limits to make the lives of others better, even if this puts themself in difficulty. For example, one may sacrifice purchasing certain things in order to donate the wealth to the needy. Desiring and striving to always unite people on good is a part of sincerity towards others. Whereas, dividing others is a characteristic of the Devil. Chapter 17 Al Isra, verse 53:

"... Satan certainly seeks to sow discord among them..."

One way of uniting people is to veil the faults of others and advise them privately against sins. The one who acts in this way will have their sins veiled by Allah, the Exalted. This is confirmed in a Hadith found in Jami At Tirmidhi, number 1426. Whenever possible one should advise and teach the aspects of religion and the important aspects of the world to others so that both their worldly and religious lives improve. A proof of one's sincerity to others is that they support them in their absence for example, from the slander of others. Turning away from others and only worrying about oneself is not the attitude of a muslim. In fact, this is how most animals behave. Even if one cannot change the whole society they can still be sincere in helping those in their life, such as their relatives and friends. Simply put, one must treat others how they desire people to treat them. Chapter 28 Al Qasas, verse 77:

"...And do good as Allah has done good to you..."

"So he came out to his people from the prayer chamber and signalled to them to exalt [Allāh] in the morning and afternoon."

In a Hadith found in Jami At Tirmidhi, number 2674, the Holy Prophet Muhammad, peace and blessings be upon him, advised that the one who guides others to something good will receive the same reward as those who act on their advice. And those who guide others to sins will be held accountable as if they committed the sins.

It is important for muslims to be careful when advising and guiding others. A muslim should only advise others in matters of good so that they gain reward from it and avoid advising others to disobey Allah, the Exalted. A person will not escape punishment on Judgment Day by simply claiming they are only inviting others towards sins even if they did not commit the sins themselves. Allah, the Exalted, will hold both the guide and the follower accountable for their actions. Muslims should therefore only advise others to do the things they would do themselves. If they dislike an action being recorded in their book of deeds they should not advise others to perform that action.

Because of this Islamic principle muslims should ensure they gain the adequate knowledge before advising others as they can easily multiply their own sins if they incorrectly advise others.

In addition, this principle is an extremely easy way for muslims to gain reward for actions they cannot perform themselves due to a lack of means, such as wealth. For example, a person who is not financially able to donate charity can encourage others to do so and this will result in them gaining the same reward as the one who gave charity.

Chapter 21 - Al Anbiya, Verses 89-90

وَزَكَرِتَا إِذْ نَادَكَ رَبَّهُ، رَبِّ لَا تَذَرِّنِي فَكُرْدًا وَأَنتَ خَيْرُ ٱلْوَرِثِينَ اللهُ فَالسَّتَجَبِّنَا لَهُ، وَوَهَبِّنَا لَهُ، يَحْيَلُ وَأَصْلَحْنَ اللهُ، زَوْجَهُ إِنَّهُمْ فَالسَّتَجَبِّنَا لَهُ، وَوَهَبِّنَا لَهُ، يَحْيَلُ وَأَصْلَحْنَ اللهُ، زَوْجَهُ إِنَّهُمْ فَالسَّتَجَبِّنَا لَهُ، وَوَهَبِّنَا لَهُ يَكُونُ وَأَصْلَحْنَ اللهُ وَكُهُمُ إِنَّهُمْ فَالسَّعِينَ اللهُ وَكُلُونِ وَيَدَّعُونَنَا رَغَبًا وَرَهَبًا وَكَانُوا لَنَا خَلْشِعِينَ اللهُ ا

"And [mention] Zechariah, when he called to his Lord, "My Lord, do not leave me alone [with no heir], while You are the best of inheritors."

So We responded to him, and We gave to him John, and amended for him his wife. Indeed, they used to hasten to good deeds and supplicate Us in hope and fear, and they were to Us humbly submissive."

"And [mention] Zechariah, when he called to his Lord, "My Lord, do not leave me alone [with no heir]...So We responded to him, and We gave to him John, and amended for him his wife..."

This supplication is mentioned in more detail in chapter 19 Maryam, verses 4-6:

"He said, "My Lord, indeed my bones have weakened, and my head has filled with white, and never have I been in my supplication to You, my Lord, unhappy [i.e., disappointed]. And indeed, I fear the successors after me, and my wife has been barren, so give me from Yourself an heir. Who will inherit me and inherit from the family of Jacob. And make him, my Lord, pleasing [to You]."

This supplication of the Holy Prophet Zakariya, peace be upon him, teaches muslims some etiquettes of supplicating to Allah, the Exalted. A muslim should recognise their innate weakness and demonstrate this through actions and words just like the Holy Prophet Zakariya, peace be upon him, did. This is an aspect of humility which increases the chances of a supplication being accepted.

In addition, one should fulfil an important aspect of gratitude which is to mention the blessings of Allah, the Exalted, during their supplication which leads to an increase in blessings when it is supported by gratitude shown in one's actions. Chapter 14 Ibrahim, verse 7:

"And [remember] when your Lord proclaimed, 'If you are grateful, I will surely increase you [in favor]..."

Even though, there is nothing wrong with asking for lawful worldly things a muslim should not be fooled into believing this is what the Holy Prophet Zakariya, peace be upon him, done. He did not supplicate for a child who would carry on his name which the vast majority of muslims do. He instead requested for a Holy Prophet, peace be upon him, who would continue his mission in spreading the word of Allah, the Exalted. So in fact, he did not request for a worldly thing but a religious blessing from Allah, the Exalted. The inheritance mentioned in this supplication refers to this religious mission and not to worldly things as the Holy Prophets, peace be upon them, do not leave wealth as inheritance instead they only leave behind knowledge. This has been confirmed in a Hadith found in Sunan Ibn Majah, number 223.

This great event also teaches muslims to correct their intention meaning, the things they desire should be connected to the hereafter and not only to the material world. For example, a married couple should desire a child for the purpose of increasing the number of the obedient servants of Allah, the Exalted, on Earth and not for worldly reasons. And this intention should be supported and proven by one's actions such as being patient when they request is not fulfilled. A muslim who desires religious things only does so in order to please Allah, the Exalted. And if Allah, the Exalted, chooses not

to grant that thing to them they should accept His choice with patience as this is what pleases Allah, the Exalted. This has been indicated in the main verses under discussion, as Allah, the Exalted, is the best Heir whether the Holy Prophet Zakariya, peace be upon him, was given a son or not.

"...while You are the best of inheritors."

Allah, the Exalted, will inherit everything on Earth and all those upon it as in reality everything was created and belongs to none other than Him.

A muslim who understands this divine name will not attach to anything in the material world and instead use everything they have been granted in order to gain the proximity of Allah, the Exalted, by fulfilling His commands, refraining from His prohibitions and by facing destiny with patience. If muslims use the things they possess according to their desires such as their wealth they will become a burden for them in both worlds and they will ultimately lose the things during their life or when they die. But if they use them in the correct way they will become a blessing for them in both worlds.

A muslim must act on this divine name by striving to become an inheritor of the Holy Prophets, peace be upon them, which is achieved by learning and acting on the knowledge found within Islam. This has been advised in a Hadith found in Sunan Ibn Majah, number 223. This inheritance will endure as it is connected to Allah, the Exalted, whereas all worldly inheritance will perish.

"And [mention] Zechariah, when he called to his Lord...So We responded to him..."

Allah, the Exalted, is the One who answers all supplications by either fulfilling one's requests, removing an equivalent sin from their book of deeds or by saving reward for them in the hereafter as long as the etiquettes and conditions of a supplication are fulfilled. This is confirmed in a Hadith found in Jami At Tirmidhi, number 3604. Allah, the Exalted, is in fact far too generous and shy to turn away a beggar from His door empty handed. This is confirmed in a Hadith found in Jami At Tirmidhi, number 3556.

The muslim who understands this divine name will persist on supplicating to Allah, the Exalted, and never give up hope of an answer. They will strive to fulfil all the conditions and etiquettes of a supplication in order to guarantee its acceptance.

A muslim must act on this divine name by fulfilling the good requests of people. In fact, a Hadith found in Shama'il At Tirmidhi, number 335, advises that the Holy Prophet Muhammad, peace and blessings be upon him, never turned someone down when asked for something good.

"...Indeed, they [the family of Prophet Zakariya, peace be upon him] used to hasten to good deeds..."

In a Hadith found in Jami At Tirmidhi, number 2306, the Holy Prophet Muhammad, peace and blessings be upon him, advised muslims to hasten in performing righteous deeds before seven things occur.

The first is overwhelming poverty. This can refer to financial difficulties which distract a person from the obedience of Allah, the Exalted, which involves fulfilling His commands, refraining from His prohibitions and facing destiny with patience. In addition, stressing over wealth can even push one towards the unlawful. A muslim should remember that any righteous deed rooted in the unlawful will be rejected by Allah, the Exalted. This has been warned in a Hadith found in Sahih Muslim, number 2342. Allah, the Exalted, has allocated provision for the entire creation over fifty thousand years before He created the Heavens and the Earth according to a Hadith found in Sahih Muslim, number 6748. Therefore, a muslim should trust that their lawful provision will reach them as long as they continue to strive for it in lawful ways according to the teachings of Islam. A muslim should remember that Allah, the Exalted, chooses what is best for His servants according to His infinite wisdom. He does not give according to someone's desires as this will most likely lead to their destruction. Chapter 2 Al Bagarah, verse 216:

"...But perhaps you hate a thing and it is good for you; and perhaps you love a thing and it is bad for you. And Allah knows, while you know not."

And chapter 42 Ash Shuraa, verse 27:

"And if Allah had extended [excessively] provision for His servants, they would have committed tyranny throughout the earth. But He sends [it] down in an amount which He wills..."

The next thing mentioned in the main Hadith under discussion is that muslims should hasten in performing righteous deeds before they become distracted by wealth. Wealth itself is not evil but depending on how one obtains it and uses it can either make it a great blessing for them or a great burden for them in both worlds. If a muslim strives to obtain excess wealth while neglecting their duties to Allah, the Exalted, and people while hoarding or misspending their wealth it will become a great curse for them in both worlds. But if a muslim obtains enough to fulfill their needs and the needs of their dependents without excessiveness, waste or extravagance and spends in other ways pleasing to Allah, the Exalted, then they will achieve true richness in both worlds.

The next thing mentioned in the main Hadith under discussion which prevents righteous actions is a debilitating sickness. This is a warning to make use of one's good health before they encounter sickness. One should observe those who have lost their good health either through sickness or through ageing and therefore make use of the good health they possess by striving to gain success in lawful worldly matters as well as religious

matters while giving priority to religion over the world. For example, a muslim should use their good health to journey to the Mosques regularly in order to offer their obligatory prayers with congregation before a time comes when they desire to do this but do not possess the physical strength to do so. The amazing thing about utilizing one's good health correctly is that when a muslim eventually loses it Allah, the Exalted, will continue to grant them the same reward they used to receive when doing good deeds during their time of good health. This has been advised in a Hadith found in Imam Bukhari's, Adab Al Mufrad, number 500. But those who live in heedlessness fail to utilise their good health and therefore receive no reward during their good health or when they fall III.

This is connected to the next thing mentioned in the main Hadith under discussion namely, senility. A muslim should make use of their youth and strong intelligence before they reach senility. This includes gaining and acting on knowledge and using one's mental strength to obey Allah, the Exalted, by fulfilling His commands, refraining from His prohibitions and by facing destiny with patience. It is important to behave in this manner before senility occurs as even the Holy Prophet Muhammad, peace and blessings be upon him, sought refuge from senility in a Hadith found in Sahih Bukhari, number 6390.

The next thing mentioned in the main Hadith under discussion which prevents righteous actions is a sudden death. Death is certain but the time is unknown. A muslim should not live in heedlessness believing that their death is far away as countless people have and will die long before reaching their life expectancy. Nor should they live in such a way as if they are not going to die at all. Having hopes of a long life can be considered the root of all evil as it causes one to delay performing righteous deeds

believing they can always perform them tomorrow. It causes them to delay sincere repentance thereby, failing to change for the better believing they can do this tomorrow. And having hopes for a long life causes one to prioritize obtaining worldly things, such as wealth, in order to make their expected long life on this Earth comfortable. These prevent one from preparing adequately for the hereafter. Muslims should therefore reduce their hope for a long life so that they change for the better and direct their focus to the permanent hereafter. Muslims should not delay and instead act today as the tomorrow they hope for may never arrive. They should also strive to perform the righteous deeds which will benefit them in case their life ends unexpectedly, such as an ongoing charity, which benefits others as long as the thing is being used, such as a water well. This has been advised in a Hadith found in Jami At Tirmidhi, number 1376.

The next thing mentioned in the main Hadith under discussion is the arrival of the anti-Christ. This event will prevent one from performing righteous deeds and instead tempt them towards disbelief. One lesson to learn from this is the importance of avoiding doubtful things. Just like a person who journeys close to a border is more likely to cross it similarly, a muslim who is surrounded by temptations will more likely be led astray and fail to perform righteous deeds. The one who avoids places and things which tempt them to commit sins will protect their faith and honour. This has been advised in a Hadith found in Jami At Tirmidhi, number 1205. Muslims should therefore guard their faith by avoiding things, places and the people who invite or tempt them towards the disobedience of Allah, the Exalted, and ensure their dependents, such as their children, do the same.

The final thing mentioned in the main Hadith under discussion which prevents one from performing righteous deeds is the Final Hour.

This is when the trumpet blast will occur. The trumpet blast will lead to the death of the creation. This has been confirmed in a Hadith found in Sahih Muslim, number 7381. The important thing to learn is that this is a call which no one can or will reject responding to. It will lead to the resurrection and final judgment. Therefore, muslims should respond to the call of Allah, the Exalted, through the Holy Prophet Muhammad, peace and blessings be upon him, through sincere obedience by fulfilling the commands of Allah, the Exalted, refraining from His prohibitions and by facing destiny with patience according to the traditions of the Holy Prophet Muhammad, peace and blessings be upon him. Chapter 8 An Anfal, verse 24:

"O you who have believed, respond to Allah and to the Messenger when he calls you to that which gives you life..."

Whoever responds to this call in this world will find the final call easy to endure and respond to. Whereas, the one who lives heedless to the call of Allah, the Exalted, in this world will not find peace in this world and they will be forced to answer the call of the trumpet which will be a great burden for them to endure and respond to. A person can only ignore the call of Allah, the Exalted, for so long as the final call will occur, sooner or later, and no one will be able to avoid or ignore it. If this is inevitable it makes sense that one respond to it now, today, instead of living in heedlessness. If one hears the trumpet blast while heedless no action or regret will benefit them and what comes after for this person will be even more terrifying.

"...Indeed, they [the family of Prophet Zakariya, peace be upon him] used to...supplicate Us in hope and fear..."

In a Hadith found in Jami At Tirmidhi, number 3371, the Holy Prophet Muhammad, peace and blessings be upon him, advised that supplication is the essence of worship.

This is because it is a practical demonstration of humility and one's servant hood to Allah, the Exalted, as it is befitting for the servant to ask from the Master.

It is important to know that according to a Hadith found in Jami At Tirmidhi, number 3604, every good supplication is accepted in three ways. It is either fulfilled, the equivalent reward is given in the hereafter or an equivalent evil is removed from one's life.

In chapter 40 Ghafir, verse 60, Allah, the Exalted, guarantees a response to all those who perform supplication. Therefore, one should always bear this in mind and persist in supplications.

"And your Lord says, "Call upon Me; I will respond to you..."

Even before supplicating one should ensure their earnings are lawful and what they consume is lawful. The Holy Prophet Muhammad, peace and blessings be upon him, has clearly warned in a Hadith found in Jami At Tirmidhi, number 2989, that the supplication of a person who earns and consumes the unlawful will never be accepted.

The first etiquette of supplication is that one should try to face the Qibla when supplicating. This was the tradition of the Holy Prophet Muhammad, peace and blessings be upon him. An example of this action is found in Sunan An Nasai, number 2899.

One should raise their hands begging Allah, the Exalted, to fulfill their desire as this was the practice of the Holy Prophet Muhammad, peace and blessings be upon him. This is confirmed in a Hadith found in Sahih Bukhari, number 1030.

In a Hadith found in Jami At Tirmidhi, number 3556, the Holy Prophet Muhammad, peace and blessings be upon him, advised that Allah, the Exalted, is too shy and generous to turn away a beggar empty handed who raises their hands to Him.

One should begin and conclude their supplication by first praising Allah, the Exalted, and then sending blessings upon the Holy Prophet Muhammad, peace and blessings be upon him. This has been advised in a Hadith found in Sunan Abu Dawud, number 1481.

In fact, as mentioned in a Hadith found in Jami At Tirmidhi, number 486, a person's supplication remains suspended between the Heavens and the Earth until they send blessings upon the Holy Prophet Muhammad, peace and blessings be upon him.

One should praise Allah, the Exalted, with phrases mentioned in the Holy Quran or the Hadiths of the Holy Prophet Muhammad, peace and blessings be upon him. The beautiful names of Allah, the Exalted, are found extensively throughout these divine teachings and should be utilised. For example, chapter 59 Al Hashr, verse 24:

"He is Allah, the Creator, the Producer, the Fashioner; to Him belong the best names..."

The best supplications are found in the Holy Quran and the Hadiths of the Holy Prophet Muhammad, peace and blessings be upon him, and therefore should be used. For example, chapter 14 Ibrahim, verse 41:

"Our Lord, forgive me and my parents and the believers the Day the account is established."

But it is absolutely acceptable to supplicate for specific things as long as they are lawful.

As advised in the Holy Quran one should supplicate to Allah, the Exalted, with humility hoping for His mercy and in fear of His greatness. Chapter 7 Al A'raf, verse 56:

"...And invoke Him in fear and aspiration..."

It is vital to supplicate with enthusiasm full well believing Allah, the Exalted, will fulfil one's needs. In addition, as advised in a Hadith found in Jami At Tirmidhi, number 3479, Allah, the Exalted, does not respond to someone who supplicates while heedless or distracted.

The Holy Prophet Muhammad, peace and blessings be upon him, has advised in a Hadith found in Jami At Tirmidhi, number 3505, that when the

following verse of the Holy Quran is recited the supplication is always accepted. Chapter 21 Al Anbiya, verse 87:

"...There is no deity except You; exalted are You. Indeed, I have been of the wrongdoers."

One should seal their supplication with the word, Ameen, as this ensures its acceptance. This has been advised in a Hadith found in Sunan Abu Dawud, number 938.

After the supplication is concluded it is a practice of the Holy Prophet Muhammad, peace and blessings be upon him, to wipe one's hands over their face. This is confirmed in a Hadith found in Sunan Abu Dawud, number 1492.

Finally, one should be persistent in supplicating as giving up is a hasty action which can lead to the supplication being unfulfilled. This warning is given in a Hadith found in Jami At Tirmidhi, number 3387.

One should make it a habit to remember Allah, the Exalted, in times of ease so that Allah, the Exalted, will help them in times of difficulty. This is advised in a Hadith found in Musnad Ahmad, number 2803. As advised in a

Hadith found in Jami At Tirmidhi, number 3499, Allah, the Exalted, readily accepts the supplication made after the obligatory prayers and in the last part of the night. A Hadith found in Sahih Bukhari, number 6321, advises that in the last part of the night the divine descent occurs at which point Allah, the Exalted, calls out and responds to supplications. There is a Hadith found in Sunan Abu Dawud, number 521, which advises that the supplication between the two call to prayers is never rejected. The Holy Prophet Muhammad, peace and blessings be upon him, has declared that a muslim is closest to Allah, the Exalted, while they are prostrating and they should therefore supplicate to Him at this time. This is confirmed in a Hadith found in Sunan An Nasai, number 1138. As mentioned in a Hadith found in Sunan Abu Dawud, number 1046, there is an hour during every Friday where Allah, the Exalted, readily accepts supplications. When a fasting person breaks their fast their supplication is also accepted. This has been advised in a Hadith found in Sunan Ibn Majah, number 1753. One should ask the sick to supplicate for them as it has been advised in a Hadith found in Sunan Ibn Majah, number 1441, that their supplications are like the supplications of the Angels. The supplication made when drinking Zamzam water is always accepted. This has been advised in a Hadith found in Sunan Ibn Majah, number 3062. A Hadith found in Sunan Abu Dawud, number 2540, advises that the supplication at the time when it rains is accepted. A Hadith found in Sunan Abu Dawud, number 1534, encourages people to supplicate for others in their absence as they are readily accepted. If one is facing any form of oppression they should supplicate to Allah, the Exalted, as they will be accepted. This has been advised in a Hadith found in Jami At Tirmidhi, number 1905. This same Hadith advises that the supplication of the traveller is never rejected. Finally, one should encourage their parents to supplicate for them as they are readily accepted. This is supported by a Hadith found in Sunan Ibn Majah, number 3862.

Some do not regularly supplicate to Allah, the Exalted, as they claim that He is All Aware and requires no one to inform Him of their desires. Even though, this is a fact it is better to supplicate as this is the tradition of all the Holy Prophets, peace be upon them all, and has been advised in the Holy Quran. Chapter 40 Ghafir, verse 60:

"And your Lord says, "Call upon Me; I will respond to you." Indeed, those who disdain My worship will enter Hell [rendered] contemptible."

Supplicating is an excellent way to demonstrate one's humility and servanthood to Allah, the Exalted. In fact, as mentioned in a Hadith found in Jami At Tirmidhi, number 3370, nothing is more honourable to Allah, the Exalted, than supplication. Finally, Allah, the Exalted, becomes angry when a person does not supplicate to Him as it may indicate they believe they are independent of Allah, the Exalted, which is not true. This is confirmed in a Hadith found in Jami At Tirmidhi, number 3373.

"...Indeed, they [the family of Prophet Zakariya, peace be upon him] used to...supplicate Us in hope and fear..."

In a long divine Hadith found in Sahih Bukhari, number 7405, Allah, the Exalted, advises that He acts and treats His servant according to their perception of Him. This means if a muslim has good thoughts and expects good from Allah, the Exalted, He in turn will not disappoint them. Similarly, if a person harbours negative thoughts about Allah, the Exalted, such as believing they will not be forgiven then Allah, the Exalted, may act according to their belief.

It is important to note, there is a vast difference between true hope in Allah, the Exalted, which this Hadith refers to and wishful thinking. Wishful thinking is when one fails to strive in the obedience of Allah, the Exalted, by fulfilling His commands, refraining from His prohibitions and by facing destiny with patience and then expects Allah, the Exalted, to forgive them. This is not true hope it is merely wishful thinking. This is like a farmer who fails to plant any seeds, fails to water their crop and still hopes to reap a large harvest. True hope is when one strives to obey Allah, the Exalted, and whenever they slip up they sincerely repent and then hope for the mercy and forgiveness of Allah, the Exalted. This is like a farmer who plants seeds, waters their crop, dedicates effort to keeping the crop healthy and then hopes for a large harvest. The Holy Prophet Muhammad, peace and blessings be upon him, has summarised this explanation in a Hadith found in Jami At Tirmidhi, number 2459.

Generally speaking, a muslim should harbour more fear of Allah, the Exalted, during their life as it prevents sins which is superior to hope which inspires one to perform righteous deeds especially, the voluntary type. But during periods of illness and difficulty and especially at the time of death a muslim should have nothing but hope in the mercy of Allah, the Exalted, even if they have spent their life disobeying Him as this has specifically been commanded by the Holy Prophet Muhammad, peace and blessings be upon him, in a Hadith found in Sahih Muslim, number 2877.

"...Indeed, they [the family of Prophet Zakariya, peace be upon him] used to...supplicate [worship] Us in hope and fear, and they were to Us humbly submissive."

True worship involves sincerity. In a Hadith found in Sahih Muslim number 196, the Holy Prophet Muhammad, peace and blessings be upon him, advised that Islam is sincerity towards Allah, the Exalted.

Sincerity towards Allah, the Exalted, includes fulfilling all the duties given by Him in the form of commands and prohibitions, solely for His pleasure. As confirmed in a Hadith found in Sahih Bukhari, number 1, all will be judged by their intention. So if one is not sincere towards Allah, the Exalted, when performing good deeds they will gain no reward in this world or in the next. In fact, according to a Hadith found in Jami At Tirmidhi, number 3154, those who performed insincere deeds will be told on Judgement Day to seek their reward from those who they acted for, which will not be possible. Chapter 98 Al Bayyinah, verse 5.

"And they were not commanded except to worship Allah, [being] sincere to Him in religion....."

If one is lax in fulfilling their duties towards Allah, the Exalted, it proves a lack of sincerity. Therefore, they should sincerely repent and struggle to fulfil them all. It is important to bear in mind Allah, the Exalted, never

burdens one with duties they cannot perform or handle. Chapter 2 Al Baqarah, verse 286.

"Allah does not charge a soul except [with that within] its capacity...."

Being sincere towards Allah, the Exalted, means that one should always choose His pleasure over the pleasure of themself and others. A Muslim should always give priority to those actions which are for the sake of Allah, the Exalted, over all else. One should love others and dislike their sins for the sake of Allah, the Exalted, and not for the sake of their own desires. When they help others or refuse to take part in sins it should be for the sake of Allah, the Exalted. The one who adopts this mentality has perfected their faith. This is confirmed in a Hadith found in Sunan Abu Dawud, number 4681.

"...Indeed, they [the family of Prophet Zakariya, peace be upon him]...were to Us humbly submissive."

The servants of Allah, the Exalted, have understood that anything good they possess is solely because Allah, the Exalted, granted it to them. And any evil they are saved from is because Allah, the Exalted, protected them. Is it not foolish to be proud of something that does not belong to someone? Just like a person does not boast about a sports car which does not belong to them muslims must realize nothing in reality belongs to them. This attitude ensures one remains humble at all times. The humble servants of Allah, the Exalted, fully believe in the Hadith of the Holy Prophet Muhammad, peace and blessings be upon him, found in Sahih Bukhari, number 5673, which declares that the righteous deeds of a person will not take them to Paradise. Only the mercy of Allah, the Exalted, can cause this to occur. This is because every righteous deed is only possible when Allah, the Exalted, provides one with the knowledge, strength, opportunity and inspiration to perform it. Even the acceptance of the deed is dependent on the mercy of Allah, the Exalted. When one bares this in mind it saves them from pride and inspires them to adopt humility. One should always remember that being humble is not a sign of weakness as Islam has encouraged one to defend themself if necessary. In other words, Islam teaches muslims to be humble without weakness. In fact, the Holy Prophet Muhammad, peace and blessings be upon him, has confirmed in a Hadith found in Jami At Tirmidhi, number 2029, that whoever humbles themself before Allah, the Exalted, will be raised by Him. So in reality, humility leads to honor in both worlds. One only needs to reflect on the most humble of the creation to understand this fact namely, the Holy Prophet Muhammad, peace and blessings be upon him. Allah, the Exalted, has clearly ordered people by ordering the Holy Prophet Muhammad, peace and blessings be upon him, to adopt this important quality. Chapter 26 Ash Shu'ara, verse 215:

"And lower your wing [i.e., show kindness] to those who follow you of the believers."

The Holy Prophet Muhammad, peace and blessings be upon him, led a humble life. For example, he happily carried out the domestic duties at home thereby proving these chores are gender-neutral. This is confirmed in Imam Bukhari's, Adab Al Mufrad, number 538.

Chapter 25 Al Furqan, verse 63, shows that humility is an inner characteristic that manifests outwards such as the way one walks. This is discussed in another verse chapter 31 Luqman, verse 18:

"And do not turn your cheek [in contempt] toward people and do not walk through the earth exultantly..."

Allah, the Exalted, has made it clear that Paradise is for the humble servants who possess no trace of pride. Chapter 28 Al Qasas, verse 83:

"That home of the Hereafter We assign to those who do not desire exaltedness upon the earth or corruption. And the [best] outcome is for the righteous."

In fact, the Holy Prophet Muhammad, peace and blessings be upon him, has confirmed in a Hadith found in Jami At Tirmidhi, number 1998, that whoever possesses an atom's worth of pride will not enter Paradise. Only Allah, the Exalted, has the right to be proud as He is the Creator, Sustainer and Owner of the entire universe.

It is important to note, pride is when one believes they are superior to others and rejects the truth when it is presented to them as they dislike accepting the truth when it comes from other than them. This is confirmed in a Hadith found in Sunan Abu Dawud, number 4092.

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