The Quran's Effect on the Believer

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🗛 chieve Noble Character

The Quran's Effect on the Believer

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The Quran's Effect on the Believer

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We pray that Allah, the Exalted, completes His favour on us and accepts each letter of this book in His august court and allows it to testify on our behalf on the Last Day.

All praise to Allah, the Exalted, Lord of the worlds and endless blessings and peace by upon the Holy Prophet Muhammad, on his blessed Household and Companions, may Allah be pleased with them all.

Compiler's Notes

We have tried diligently to do justice in this volume however if there are any short falls found then the compiler is personally and solely responsible for them.

We accept the possibility of faults and shortcomings in an effort to complete such a difficult task. We might have unconsciously stumbled and committed errors for which we ask for indulgence and forgiveness of our readers and the drawing of our attention thereto will be appreciated. We earnestly invite constructive suggestions which can be made to ShaykhPod.Books@gmail.com.

Introduction

The following short book discusses the Quran's Effect on the Believer. This discussion is based on Chapter 39 Az Zumar, Verse 23 of the Holy Quran:

"Allah has sent down the best statement: a consistent Book wherein is reiteration. The skins shiver therefrom of those who fear their Lord; then their skins and their hearts relax at the remembrance [i.e., mention] of Allah. That is the guidance of Allah by which He guides whom He wills. And one whom Allah sends astray - for him there is no guide."

Implementing the lessons discussed will aid a Muslim to Achieve Noble Character. According to the Hadith found in Jami At Tirmidhi, number 2003, the Holy Prophet Muhammad, peace and blessings be upon him, has advised that the heaviest thing in the Scales of Judgment Day will be Noble Character. It is one of qualities of the Holy Prophet Muhammad, peace and blessings be upon him, which Allah, the Exalted, complimented in Chapter 68 Al Qalam, Verse 4 of the Holy Quran:

"And indeed, you are of a great moral character."

Therefore, it is a duty on all Muslims to gain and act on the teachings of the Holy Quran and the traditions of the Holy Prophet Muhammad, peace and blessings be upon him, in order to Achieve Noble Character.

The Quran's Effect on the Believer

Chapter 39 - Az Zumar, Verse 23

الله نَزَّلَ أَحْسَنَ ٱلْحَدِيثِ كِنْبَا مُّتَشَبِهَا مَّتَانِيَ نَقْشَعِرُ مِنْهُ جُلُودُ اللهُ نَزَّلَ أَحْسَنَ الْحَدِيثِ كِنْبَا مُّتَشَبِهَا مَّتَانِي نَقْشُعِرُ مِنْهُ جُلُودُ هُمْ وَقُلُوبُهُمْ إِلَى ذِكْرِ اللهُ اللهُ وَلَا يَخْشُونَ رَبِّهُمْ مُمَّ تَلِينُ جُلُودُ هُمْ وَقُلُوبُهُمْ إِلَى ذِكْرِ اللهُ فَمَا لَهُ وَمَن يُضَلِلِ اللهُ فَمَا لَهُ وَمَن يُضَلِلِ اللهُ فَمَا لَهُ مَن يَشَاهُ وَمَن يُضَلِلِ اللهُ فَمَا لَهُ مِن هَا إِلَى مَن هَا إِلَى اللهُ فَمَا لَهُ مِن هَا إِلَى اللهُ اللهُ اللهُ مَن هَا إِلَى اللهُ اللهُ

"Allah has sent down the best statement: a consistent Book wherein is reiteration. The skins shiver therefrom of those who fear their Lord; then their skins and their hearts relax at the remembrance [i.e., mention] of Allah. That is the guidance of Allah by which He guides whom He wills. And one whom Allah sends astray - for him there is no guide."

"Allah has sent down the best statement: a consistent Book wherein is reiteration..."

This indicates that one must persistently turn back to the Holy Quran as it is easy to become heedless to its teachings. The one who behaves in this manner will fulfil its rights.

In a Hadith found in Imam Munzari's, Awareness and Apprehension, number 30, the Holy Prophet Muhammad, peace and blessings be upon him, advised that the Holy Quran will intercede on Judgment Day. Those who follow it during their lives on Earth will be led to Paradise on Judgment Day. But those who neglect it during their lives on Earth will find that it pushes them into Hell on Judgment Day.

The Holy Quran is a book of guidance. It is not merely a book of recitation. Muslims must therefore strive to fulfill all aspects of the Holy Quran to ensure that it guides them to success in both worlds. The first aspect is reciting it correctly and regularly. The second aspect is to understand it. And the final aspect is to act on its teachings according to the traditions of the Holy Prophet Muhammad, peace and blessings be upon him. Those who behave in such a manner are the ones who are given glad tidings of right guidance through every difficulty in this world and its intercession on the Day of Judgment. But as warned by this Hadith the Holy Quran is only guidance and a mercy for those who correctly act on its aspects according to the traditions of the Holy Prophet Muhammad, peace and blessings be upon him. But those who misinterpret it and instead act according to their desires in order to gain worldly things, such as fame, will be deprived of this

right guidance and its intercession on Judgment Day. In fact, their complete loss in both worlds will only increase until they sincerely repent. Chapter 17 Al Isra, verse 82:

"And We send down of the Quran that which is healing and mercy for the believers, but it does not increase the wrongdoers except in loss."

Finally, it is important to understand that even though the Holy Quran is a cure for worldly problems a muslim should not only use it for this purpose. Meaning, they should not only recite it in order to fix their worldly problems thereby, treating the Holy Quran like a tool which is removed during a difficulty and then placed back in a toolbox. The main function of the Holy Quran is to guide one to the hereafter safely. Neglecting this main function and only using it to fix one's worldly problems is not correct as it contradicts the behaviour of a true muslim. It is like the one who purchases a car with many different accessories yet, it possesses no engine. There is no doubt that this person is simply foolish.

"Allāh has sent down the best statement: a consistent Book wherein is reiteration..."

The Holy Quran possesses an uncountable amount of qualities which separates it from any other worldly book. This aspect of the Holy Quran is so intense that it cannot even be explained or discussed over countless lifetimes. But a few of these qualities will be mentioned here. First of all, in the Holy Quran, Allah, the Exalted, has given an open challenge to the entire universe (not just people) and not only a challenge to those who were present when this divine revelation was revealed but to all of creation till the end of time. The challenge being if the people believed the Holy Quran was not a divine revelation from Allah, the Exalted, then they should produce a chapter that can rival a chapter of the Holy Quran. Chapter 2 Al Baqarah, verse 23:

"And if you are in some doubt, concerning what We sent down upon Our special devotee, then bring one chapter like it, and call upon all your helpers beside Allah, if you are truthful."

There is no book on the entire planet that can and has given this type of open challenge. But over 1400 years ago the Holy Quran gave this challenge to the entire universe and to this day this challenge has not been won by the non-Muslims nor will it ever be God willing.

Another quality of the Holy Quran is that it stated the outcome of future events. But the more amazing thing about these statements is that the outcomes seemed impossible at the time. For example chapter 48 Al Fath, verse 28:

"It is He Who sent His Messenger with guidance and the religion of truth that he may make it prevail over all other religions And Sufficient is Allah as witness."

When this verse was revealed the entire city of Mecca was Islam so when the people of Mecca heard this verse, unfortunately for them, they believed that Islam was too feeble and would therefore not survive long and certainly would not spread beyond the borders of Mecca let alone the entire world. But within a some years Allah, the Exalted, fulfilled this promise.

Another example of how the Holy Quran prophesied a future event which was unimaginable at the time is found in chapter 30 Ar Rum, verses 2-5:

"The Romans have been subdued. In the nearby land and after their subjugation they will soon overcome. In a few years. The command is of Allah only before and after. And on that day the believers shall rejoice. With the help of Allah, He helps whom He pleases. And He is the Might, and Merciful."

These verses of the Holy Quran were revealed during a time where the Romans (Christians) were at war with the Persians (Fire worshippers). This war has been confirmed by many authentic historic books. At this particular time the Persians were on the verge of winning the war. At one point Rome itself was surrounded by the Persians. But Allah, the Exalted, stated that the Romans would eventually reign victorious. The non-Muslims of Mecca who themselves were idol worshippers favoured the Persians and agreed with the majority that it was impossible for the Romans to win. But Allah, the Exalted, as always proved these verses true and allowed the Romans victory.

A final example which appeals to the scientists of the world is seen in chapter 21 Al Anbiya, verse 33:

"And it is He Who created the night and the day and the sun and the moon. Each one is floating in a circumference."

For centuries scientists have fought over theories on how exactly the solar system is arranged e.g. whether the sun remains still and the Earth rotates around or vice versa. Only relatively recently it has been proven by scientists from all different faiths and backgrounds that each object; sun, moon and the Earth all rotate on their own axes and rotate around each other in a set orbit. But Allah, the Exalted, declared this over 1400 years ago. All the science related verses of the Holy Quran are slowly being proven by scientists today. This is a huge piece of evidence that proves

that the Holy Quran are the words of the One and only true God, Allah, the Exalted, who has created this universe and everything in it, because only a Creator can truly explain his creations.

Even though many commands of the Holy Quran may not be understood by people does not mean they are incorrect. Certain verses of the Holy Quran whose wisdom was hidden to man became apparent when society reached a certain level of development. As the whole Holy Quran is a book of wisdom and guidance it must be accepted irrespective if one understands its commands or not. This situation is just like a child who is suffering from a cold and desires ice cream but is not given it by their parent. The child will continue to cry without understanding the wisdom behind but those that possess knowledge will agree with the parent even though outwardly it appears as if the decision of the parent is wronging the child.

When studying the Holy Quran one will realize that it contains different levels of superiority through both obvious and subtle meanings that it discusses. Chapter 11 Hud, verse 1:

[&]quot;...[This is] a Book whose verses are perfected and then presented in detail from [one who is] Wise and Aware."

The expressions in it are unparalleled and its meanings are explained in a simple straight forward way. Its verses are extremely eloquent and no other text can surpass it. The Holy Quran also mentioned the stories of the previous nations in detail even though the Holy Prophet Muhammad, peace and blessings be upon him, was not educated in history. It commanded every type of good and forbade every type of evil, those that affect an individual and those that affect an entire society so that peace and security can spread throughout homes and society. The Holy Quran is free from exaggerations, lies or falsehood unlike poems and stories. All the verses, whether short or long, in the Holy Quran are beneficial. Even when the same story is repeated in the Holy Quran different important lessons can be learned from it. Unlike all other books the Holy Quran does not become boring when it is repeatedly recited and a seeker of truth never gets fed up of studying it. The Holy Quran not only provides warnings and promises but supports them with unshakeable and clear proofs. When the Holy Quran discusses anything which can seem abstract, such as adopting patience, it always provides an easy and practical way of implementing it. It encourages one to fulfil the purpose of their creation and prepare for the eternal hereafter in a simple yet profound way. It makes the straight path clear and appealing to the one who desires true success in both worlds. The knowledge within it is timeless and can be applied to every society and age. It is a healing for every emotional, economical and physical difficulty when it is understood and applied correctly. It is the cure for every problem an individual or an entire society can ever encounter. One only needs to turn the pages of history to observe the societies which implemented the teachings of the Holy Quran correctly in order to understand its all encompassing benefits. Centuries have passed yet not even a single letter has been edited in the Holy Quran as Allah, the Exalted, promised to safeguard it. No other book in history possesses this quality. Chapter 15 Al Hijr, verse 9:

"Indeed, it is We who sent down the message [i.e., the Quran], and indeed, We will be its guardian."

This is undoubtedly the greatest and timeless miracle of Allah, the Exalted, granted to His final Holy Prophet Muhammad, peace and blessings be upon him. But the only one who will benefit from it is the one who seeks the truth whereas the seekers of their desires will only find it difficult to hear and follow. Chapter 17 Al Isra, verse 82:

"And We send down of the Quran that which is healing and mercy for the believers, but it does not increase the wrongdoers except in loss."

"Allah has sent down the best statement: a consistent Book wherein is reiteration..."

Some muslims have adopted a mentality whereby they are always trying to discover different things and teachings in respect to Islam. They purposely seek lectures and knowledge which is supposedly new and different from what they have already experienced. Even though, this is not an evil characteristic it is an attitude which can lead to misguidance. This can occur when one fails to act on the knowledge they have already heard and studied yet strive to experience new Islamic information and knowledge. Simply put, if a muslim has failed to understand and act on what they already know how can learning new things benefit them? Acting on what one has already listened to and studied is the very reason why the Holy Quran and the Hadiths of the Holy Prophet Muhammad, peace and blessings be upon him, often repeat key pieces of information. For example, Allah, the Exalted, only needed to command muslims to establish their prayers once yet He has done it many times throughout the Holy Quran. The same way a student cannot progress to the next level or academic year without acting on the knowledge they have already studied a muslim will not be able to progress towards the closeness of Allah, the Exalted, unless they act on the knowledge they already possess even if they search and listen to new things. Some foolishly seek knowledge connected to higher levels of piety without even acting on the basic principles of faith such as, refraining from lying and backbiting.

The Holy Quran has made it clear that revising important information one already possesses is beneficial and the correct attitude as this person is more likely to act on their knowledge then the one who only seeks new knowledge. In fact, this attitude benefits the believers. Therefore, if one

does not obtain benefit from being reminded about things they already know then they must reassess their faith. Chapter 51 Adh Dhariyat, verse 55:

"And remind, for indeed, the reminder benefits the believers."

"Allah has sent down the best statement: a consistent Book wherein is reiteration..."

The one who desires to spread the word of Islam should strive to frequently remind others of good. People can become heedless quickly therefore, reminding them consistently is important. Chapter 28 Al Qasas, verse 51:

"And We have [repeatedly] conveyed to them the word [i.e., the Qur'ān] that they might be reminded."

Just like students who revise their notes repeatedly in order to reinforce its knowledge into their minds one will benefit from being frequently reminded of the true word of Islam. One should not just offer good advice once and then give up. Repeating good words is like continuous drops of water which with time penetrates the toughest of structures. This is the tradition of Allah, the Exalted, and all the Holy Prophets, peace be upon them all. For example, Allah, the Exalted, only needed to command muslims to establish the obligatory prayers once yet He has done it many times throughout the Holy Quran.

The Holy Prophet Nuh, peace be upon him, spent approximately 950 years continuously spreading the word of faith to his people. Chapter 29 Al Ankabut, verse 14:

"And We certainly sent Noah to his people, and he remained among them a thousand years minus fifty years..."

The Holy Prophet Muhammad, peace and blessings be upon him, used every moment to spread the word of Islam and even in his last moments advised the Companions, may Allah be pleased with them all, to adhere to Islamic teachings. This has been recorded in a Hadith found in Sunan Ibn Majah, number 2697. Therefore, one should adopt this attitude and not fall prey to the whisperings of the Devil by giving up offering advice after a few occasions. The duty of a muslim who invites others to Islam is to do it consistently but whether this effects the hearts of the people is out of their control.

But it is important to stress there is a difference between being regular and hounding others. A muslim should not constantly command others to good as this can become overbearing and burdensome for others. In fact, the Holy Prophet Muhammad, peace and blessings be upon him, refrained from giving too many lectures as he did not want the Companions, may Allah be pleased with them all, becoming bored and overburdened. This is why the Companion, Abdullah Bin Masood, may Allah be pleased with him, only gave lectures on Thursdays even though he was requested to give more. This is confirmed in a Hadith found in Sahih Muslim, number 7127.

"...The skins shiver therefrom of those who fear their Lord..."

This indicates that the real fear of Allah, the Exalted, physically affects a muslim's behaviour.

Piety/Fearing Allah, the Exalted, cannot be achieved without gaining and acting on Islamic knowledge so that one can fulfill the commands of Allah, the Exalted, refrain from His prohibitions and face destiny with patience according to the traditions of the Holy Prophet Muhammad, peace and blessings be upon him. Chapter 35 Fatir, verse 28:

"...Only those fear Allah, from among His servants, who have knowledge..."

In a Hadith found in Jami At Tirmidhi, number 2451, the Holy Prophet Muhammad, peace and blessings be upon, advised that a muslim cannot become pious until they avoid something which is not harmful to their religion out of caution that it will lead to something which is harmful. Therefore, an aspect of piety is to avoid things which are doubtful not just unlawful. This is because doubtful things takes a muslim one step closer to the unlawful and the closer one is to the unlawful the easier it is to fall into it. It is why a Hadith found in Jami At Tirmidhi, number 1205, advises that the one who avoids unlawful and doubtful things will protect their religion and honor. If one observes those who have become misquided in society,

in most cases, this occurred gradually not in one sudden step. Meaning, the person first indulged in doubtful things before falling into the unlawful. This is the reason why Islam stresses the need to avoid unnecessary and vain things in one's life as they can lead them to the unlawful. For example, vain and useless speech which is not classified sinful by Islam often leads to evil speech, such as backbiting, lying and slander. If a person avoids the first step by not indulging in vain speech they will undoubtedly avoid evil speech. This process can be applied to all things which are vain, unnecessary and especially, doubtful.

"...then their skins and their hearts relax at the remembrance of Allāh..."

This indicates that the remembrance of Allah, the Exalted, is not only done via the tongue but includes one's physical behaviour also.

In a Hadith found in Sahih Bukhari, number 6407, the Holy Prophet Muhammad, peace and blessings be upon him, advised that the difference between the person who remembers Allah, the Exalted, and the one who does not is like a living person compared to a dead person.

It is important for muslims who desire to create a strong connection with Allah, the Exalted, so that they can overcome all difficulties in this world and in the hereafter successfully to remember Allah, the Exalted, as much as possible. Put simply, the more they remember Him the more they will achieve this vital goal.

This is achieved by practically acting on the three levels of the remembrance of Allah, the Exalted. The first level is to remember Allah, the Exalted, internally and silently. This includes correcting one's intention so that they only act in order to please Allah, the Exalted. The second is by remembering Allah, the Exalted, through one's tongue. But the highest and most effective way of strengthening one's bond with Allah, the Exalted, is practically remembering Him with one's limbs. This is achieved by fulfilling

His commands, refraining from His prohibitions and by facing destiny with patience according to the traditions of the Holy Prophet Muhammad, peace and blessings be upon him. This requires one to gain and act on Islamic knowledge which in turn is the root of all good and success in both worlds.

Those who remain on the first two levels will receive reward depending on their intention but they are unlikely to increase the strength of their faith and piety unless they move to the third and highest level of the remembrance of Allah, the Exalted.

"...then their skins and their hearts relax at the remembrance of Allāh..."

This indicates that the remembrance of Allah, the Exalted, is not only done via the tongue but includes one's physical behaviour also. Meaning, remembering Allah, the Exalted, involves sincerely obeying Him practically.

It is important for muslims to strive in the obedience of Allah, the Exalted, by fulfilling His commands, refraining from His prohibitions and by facing destiny with patience as Allah, the Exalted, has guaranteed a good life in both worlds for the one who behaves in this manner. Chapter 16 An Nahl, verse 97:

"Whoever does righteousness, whether male or female, while he is a believer - We will surely cause him to live a good life, and We will surely give them their reward [in the Hereafter] according to the best of what they used to do."

This good life will protect a muslim from severe grief, depression and other extreme moods and mental disorders which can destroy a person's life. Even though, muslims will face difficulties which will sadden them but if they obey Allah, the Exalted, this sadness will never become extreme and effect their entire life on a long term basis. This is because a muslim who strives in the obedience of Allah, the Exalted, has an excellent reason to

continue moving forward through their difficulty without giving up and turning to depression and even suicide. For example, they look forward to the countless reward which will be granted to the patient. Chapter 39 Az Zumar, verse 10:

"...Indeed, the patient will be given their reward without account [i.e., limit]."

Whereas, the muslim who does not strive in the obedience of Allah, the Exalted, and only claims the title of being a muslim with their tongue will not be granted this attitude and a good life. And whenever they face difficulties it will drive them to extreme moods and mental disorders which will destroy their entire life.

"...then their skins and their hearts relax at the remembrance of Allāh..."

This indicates that the remembrance of Allah, the Exalted, is not only done via the tongue but includes one's physical behaviour also. Meaning, remembering Allah, the Exalted, involves sincerely obeying Him practically.

In a Hadith found in Jami At Tirmidhi, number 2465, the Holy Prophet Muhammad, peace and blessings be upon him, advised that whoever prioritises the hereafter over this material world will be granted contentment, their affairs will be corrected for them and they will receive their destined provision in an easy way.

This half of the Hadith means that whoever correctly fulfils their duties in respect to Allah, the Exalted, and to the creation, such as providing for their family in a lawful manner while avoiding the excess of this material world will be granted contentment. This is when one is pleased with what they possess without being greedy and actively striving to obtain more worldly things. In reality, the one who is content with what they possess is a truly rich person even if they possess little wealth as they become independent of things. Independence of anything makes one rich in respect to it.

In addition, this attitude will allow one to comfortably deal with any worldly issues which may arise during their life. This is because the less one

interacts with the material world and focuses on the hereafter the less worldly issues they will face. The less worldly issues a person faces the more comfortable their life will become. For example, the one who possesses one house will have fewer issues to deal with in respect to it, such as a broken cooker, than the one who possesses ten houses. Finally, this person will easily and pleasantly obtain their lawful provision. Not only this but Allah, the Exalted, will place such grace in their provision that it will cover all their responsibilities and necessities meaning, it will satisfy them and their dependents.

But as mentioned in the other half of this Hadith the one who prioritises the material world over the hereafter meaning, by neglecting their duties or striving for the unnecessary and excess of this material world will find that their need, meaning greed, for worldly things is never satisfied which by definition makes them poor even if they possess much wealth. These people will go from one worldly issue to another throughout the day failing to achieve contentment as they have opened too many worldly doors. And they will receive their destined provision with difficulty and it will not give them satisfaction and never seem enough to fill their greed. This may even push them towards the unlawful which only leads to a loss in both worlds.

"...then their skins and their hearts relax at the remembrance of Allāh..."

This indicates that the remembrance of Allah, the Exalted, is not only done via the tongue but includes one's physical behaviour also. Meaning, remembering Allah, the Exalted, involves sincerely obeying Him practically.

It is a universal aim and goal for all people, irrespective of their faith or social class, to achieve peace of mind in this world. It is the ultimate reason why people strive in this material world, work long hours and dedicate the majority of their efforts to this world. People desire to obtain such a life whereby they have no stresses or worries such as financial difficulties. But it is strange how people, especially muslims, look for peace of mind in the wrong place. Just like a person who desires to watch a football game yet, goes to a cricket match. Allah, the Exalted, has made it clear that true peace of mind only lies in His obedience which involves fulfilling His commands, refraining from His prohibitions and being patient with destiny. Chapter 13 Ar Ra'd, verse 28:

"...Unquestionably, by the remembrance of Allah hearts are assured."

Whenever a person seeks peace of mind in the material world it will only lead them further away from their goal. Whenever a person sets a target in respect to this material world that target will only lead onto more targets.

This continues until the person departs this world without obtaining what they were looking for. It is obvious that the rich do not obtain true peace of mind as they stress more than normal people and whatever they obtain of the world ends up becoming a burden for them. It is why the Holy Prophet Muhammad, peace and blessings be upon him, advised in a Hadith found in Jami At Tirmidhi, number 2465, that the one who focuses on the hereafter will be blessed with a rich heart and Allah, the Exalted, will organize their affairs meaning, they will obtain peace of mind. But the one who focuses on the material world will only see their poverty and their affairs will become scattered meaning, they will not achieve peace of mind. The one who obeys Allah, the Exalted, will find peace of mind even if they possess little of this world. But the one who is lost in the material world will go from one worldly door to another but will never find true peace as it has not been placed there. If a person wants to watch a football game they should not go to a cricket match and if a muslim desires peace of mind they should not search for it in the material world as it lies only in the obedience of Allah, the Exalted. It is important to note, that those who adhere to the teachings of Islam will encounter difficulties throughout their lives as this is guaranteed but through their obedience Allah, the Exalted, will remove fear and grief from them so that they remain firm and steadfast on the correct path. This is similar to the one who only feels slight discomfort from a medical procedure as they have been anaesthetised.

"Allāh has sent down the best statement: a consistent Book wherein is reiteration. The skins shiver therefrom of those who fear their Lord; then their skins and their hearts relax at the remembrance [i.e., mention] of Allāh..."

This indicates that the real fear of Allah, the Exalted, and His remembrance physically affects a muslim's behaviour.

Even though, the number of preachers has increased over time and accessing information has become easier yet the strength of muslims has only weakened. One of the reasons is that many muslims have adopted a mentality which has hindered them from learning and acting on Islamic knowledge namely, they believe merely listening to Islamic knowledge is good enough to succeed. This is a trap of the Devil and completely contradicts the attitude of the Companions, may Allah be pleased with them, and the righteous predecessors. They not only listened to religious knowledge but they fully intended and fulfilled this intention by acting on the knowledge they heard. Failing to act in this way has caused the faith of muslims to weaken. It is the reason why some muslims have spent decades attending religious gatherings and talks yet have not changed for the better at all. The danger of this attitude is that eventually people will fall lower by believing that they can simply declare Islam with their tongues without the need to listen or act on religious teachings. Muslims will be left with ignorance as their guide which will only lead them to destruction.

"Allāh has sent down the best statement: a consistent Book wherein is reiteration. The skins shiver therefrom of those who fear their Lord; then their skins and their hearts relax at the remembrance [i.e., mention] of Allāh..."

This indicates that the real fear of Allah, the Exalted, and His remembrance physically affects a muslim's behaviour.

Listening correctly to the word of Allah, the Exalted, is the only way one can correctly adhere to its teachings. It is important to understand the difference between hearing and listening. Hearing is simply acknowledging a sound with one's mind even if they fail to make sense of the noise. For example, a person may hear someone shouting at them from a great distance but they will not be able to understand what they are saying. Whereas, listening involves hearing a sound and understanding it so that one's behaviour changes. For example, a person giving a specific verbal instruction to another who responds appropriately after hearing and understanding the instructions.

Muslims need to hear the word of Allah, the Exalted, and strive to understand it so that it affects their behaviour in a positive way. Unfortunately, many Muslims have failed to live up to this in respect to the Holy Quran as they are good at hearing the recitation of the Holy Quran but fail to correctly listen to it which involves understanding and acting on its teachings.

To conclude, simply hearing the word of Allah, the Exalted, is not good enough to obtain success one must strive to instead truly listen to it.

"Allāh has sent down the best statement: a consistent Book wherein is reiteration. The skins shiver therefrom of those who fear their Lord; then their skins and their hearts relax at the remembrance [i.e., mention] of Allāh..."

This is the character of the humble.

The servants of Allah, the Exalted, have understood that anything good they possess is solely because Allah, the Exalted, granted it to them. And any evil they are saved from is because Allah, the Exalted, protected them. Is it not foolish to be proud of something that does not belong to someone? Just like a person does not boast about a sports car which does not belong to them muslims must realize nothing in reality belongs to them. This attitude ensures one remains humble at all times. The humble servants of Allah, the Exalted, fully believe in the Hadith of the Holy Prophet Muhammad, peace and blessings be upon him, found in Sahih Bukhari, number 5673, which declares that the righteous deeds of a person will not take them to Paradise. Only the mercy of Allah, the Exalted, can cause this to occur. This is because every righteous deed is only possible when Allah, the Exalted, provides one with the knowledge, strength, opportunity and inspiration to perform it. Even the acceptance of the deed is dependent on the mercy of Allah, the Exalted. When one bares this in mind it saves them from pride and inspires them to adopt humility. One should always remember that being humble is not a sign of weakness as Islam has encouraged one to defend themself if necessary. In other words, Islam teaches muslims to be humble without weakness. In fact, the Holy Prophet Muhammad, peace and blessings be upon him, has confirmed in a Hadith found in Jami At Tirmidhi, number 2029, that whoever humbles themself before Allah, the Exalted, will be raised by Him. So in reality, humility leads to honor in both worlds. One only needs to reflect on the most humble of the creation to understand this fact namely, the Holy Prophet Muhammad, peace and blessings be upon him. Allah, the Exalted, has clearly ordered people by ordering the Holy Prophet Muhammad, peace and blessings be upon him, to adopt this important quality. Chapter 26 Ash Shu'ara, verse 215:

"And lower your wing [i.e., show kindness] to those who follow you of the believers."

The Holy Prophet Muhammad, peace and blessings be upon him, led a humble life. For example, he happily carried out the domestic duties at home thereby proving these chores are gender-neutral. This is confirmed in Imam Bukhari's, Adab Al Mufrad, number 538.

Chapter 25 Al Furqan, verse 63, shows that humility is an inner characteristic that manifests outwards such as the way one walks. This is discussed in another verse chapter 31 Luqman, verse 18:

"And do not turn your cheek [in contempt] toward people and do not walk through the earth exultantly..."

Allah, the Exalted, has made it clear that Paradise is for the humble servants who possess no trace of pride. Chapter 28 Al Qasas, verse 83:

"That home of the Hereafter We assign to those who do not desire exaltedness upon the earth or corruption. And the [best] outcome is for the righteous."

In fact, the Holy Prophet Muhammad, peace and blessings be upon him, has confirmed in a Hadith found in Jami At Tirmidhi, number 1998, that whoever possesses an atom's worth of pride will not enter Paradise. Only Allah, the Exalted, has the right to be proud as He is the Creator, Sustainer and Owner of the entire universe.

It is important to note, pride is when one believes they are superior to others and rejects the truth when it is presented to them as they dislike accepting the truth when it comes from other than them. This is confirmed in a Hadith found in Sunan Abu Dawud, number 4092.

"...That is the guidance of Allāh by which He guides whom He wills. And one whom Allāh sends astray - for him there is no guide."

Allah, the Exalted, guides those who sincerely try to obey Him. But those who persistently disobey Him are left to wander blindly in misguidance. Therefore, it is vital for Muslims to sincerely obey Allah, the Exalted, as persistent disobedience leads to corruption of the spiritual heart and one's actions.

This is similar to a person who is warned by a judge not to behave in an unlawful way but after the person persists on this behaviour the judge gives the order for them to be locked up in prison. Therefore, Allah, the Exalted, has not wronged them they have only wronged themselves.

But it is important to note that as being abandoned in misguidance is a spiritual thing and therefore hidden to mankind, it is important for Muslims not to assume certain people have reached this point. Instead they should think positively about all people and therefore sincerely practically aid them in reforming their belief and behaviour.

Allah, the Exalted, has created human beings with the best possible capabilities. He gave them knowledge and power to differentiate between good and evil and even placed in them an innate inclination to like what is good and to dislike and avoid what is evil. This has been indicated in a Hadith found in Jami At Tirmidhi, number 2389. Allah, the Exalted, has also granted mankind free will to choose between good and

evil. This choice plays a role in enhancing or diminishing a person's natural faculties of reason. Chapter 91 Ash Shams, verses 9-10:

"He has succeeded who purifies it [the spiritual heart – the greatest faculty of reason]. And he has failed who instills it [with corruption]."

When a person chooses a path of goodness their natural potential develops and Allah, the Exalted, grants them further support in their efforts. Chapter 29 Al Ankabut, verse 69:

"And those who strive for Us - We will surely guide them to Our ways..."

But if one follows their evil desires and chooses the evil path gradually their spiritual hearts will become engrossed with darkness and no good will remain therein. This has been indicated in a Hadith found in Jami At Tirmidhi, number 3334. If a person fails to repent then the main verse under discussion comes into effect. This person becomes so engrossed in evil that they find joy in their evil mentality and actions. They absolutely hate anything good.

In a Hadith found in Sahih Bukhari, number 52, the Holy Prophet Muhammad, peace and blessings be upon him, advised that if one's spiritual heart is sound the whole body will become sound but if their spiritual heart is corrupt then the whole body will become corrupt.

First of all, this Hadith refutes the foolish belief where one claims to have a purified heart even though their speech and actions are bad. This is because what is inside will eventually manifest outwardly.

The purification of the spiritual heart is only possible when one eliminates evil characteristics from themself and replaces them with good characteristics discussed in Islamic teachings. This is only possible when one learns and acts on Islamic teachings so that they can sincerely fulfill the commands of Allah, the Exalted, refrain from His prohibitions and face destiny with patience according to the traditions of the Holy Prophet Muhammad, peace and blessings be upon him. Behaving in this manner will lead to a purified spiritual heart. This purification will then reflect in the outward limbs of the body, such as one's tongue and eyes. Meaning, they will only use their organs in ways pleasing to Allah, the Exalted. This is in fact a sign showing the love Allah, the Exalted, has for His righteous servant according to a Hadith found in Sahih Bukhari, number 6502.

It is important to note, that this purification will guide one through all worldly difficulties successfully so that they achieve both worldly and religious success.

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